




2025-2026 Figure Skating Kickoff

Presented by the Artistic Sport Committee
2025

Where Can I Get Rules Information?

Membership/Join • Members & Clubs • Events & Results • Sport Discipline • Governance • Coaches & Officials • Athlete Safety • About • Resources • Team USA Athletes

SafetySport/Injury Safety

Artistic Skating Rules and Information

2025-2026 Rules and Requirements

- [2025-2026 Requirements](#)
- [2025-2026 Requirement Materials](#)
- [2025-2026 Dance Book](#)
- [World Skate 2026 Regulations](#)
- [2025-2026 Costume Rule Clarification](#)
- [2025-2026 Golden Skater Waltz Clarification](#)
- [International Competitions Guidelines](#)

FORMS

- [Content Sheets](#)
- [Certificate of Music Authentication Template](#)
- [Waiver Request for USARS National Championships](#)
- [2024-2025 Tab Code- Spreadsheet](#)
- [Officials Exam Study Guides/Mock Judging Forms](#)

EDUCATIONAL TOOLS

- [Figure Technical Manual](#)
- [World Skate AND USARS Calculator](#)
- [Seminars](#)

Previous Years Rules, Requirements, & Information

2025-2026 USARS Figure Rules Page -

<https://www.usarollersports.org/figure-w-full-nav/figure-skating-rules>

- All rulebooks: Youth, Elite, Adult, & C
 - Requirement grid
- Dance Diagrams (please use diagrams provided in the current dance book)
 - Technical Manuals
- 2025-2026 Dance Music Selection- don't forget to download!

Have a rule inquiry? Submit your question to:

figurerules@usarollersports.org



Where Can I Submit Suggestions, Questions, or Proposals?

Best place - Your Regional Coaches Rep!

2025-2026 Coaches Regional Representatives:

South Central- Robyn Young- roborlrsk8r@verizon.net

Southwest- Alexa Schlackman- a.c.schlack@gmail.com

Southeast- Cindy Schrader- amschrader@aol.com

Southern- Vickie Bateman- astrosk8orlando@gmail.com

Great Lakes- Amber Burgess- burgessamber28@gmail.com

Northwest- Carrie Youngren- skagitskatfigureskating@gmail.com

North Central- Erin Drew Gaber- erindrewgaber@gmail.com

Northeast- Robin Orcutt- robinmorcutt@gmail.com

Eastern- Janet Jordan- janetjordan02@verizon.net

Also an option - email the ASC!

figurecommittee@usarollersports.org

2025-2026 ASC Members : Jody Harrah (Chair), Amy Waters (Vice Chair),
Jessica Gaudy (athlete rep), Katelyn Lee (athlete rep), Jaymee Meloy (secretary, athlete rep),
Jamie Chekon, Michelle Higby, John Hultquist, Stephanie Moore



Adults



Rules of Participation

AR AD.106 General Rules of Participation

- (a) Any adult division skater who is a USA Roller Sports Elite, Advanced (AC3), Certified (AC2), or Registered coach (AC1), and wishes to receive coaching credentials for the National Championships in a given year MUST skate the Gold skill level in any Adult event for that competitive season.

AR AD.107 Special Eligibility Rules for Bronze Divisions

- (a) Any skater who is, or has ever been, a USA Roller Sports Elite, Advanced (AC3), Certified (AC2), or Registered (AC1) coach is not eligible to compete in any Bronze event. However, a skater who has not participated as an Elite, Advanced (AC3), Certified (AC2), or Registered (AC1) coach in the past 15 years may petition the Figure Sport Committee for permission to compete in a Bronze-level event.

2025-2026 Adult Loop Event Update & Reminders

AR AD.301 Adult Loop Divisions

Adult Women Loops	Adult Men Loops
Bronze 1 Women Loops (age 18-44)	Bronze Men Loops (age 18 & over)
Bronze 2 & 3 Women Loops (age 45 & over)	
Silver 1 Women Loops (age 18-44)	Silver Men Loops (age 18 & over)
Silver 2 & 3 Women Loops (age 45 & over)	
Gold Women Loops (age 18 & over)	Gold Men Loops (age 18 & over)
Classic Gold Women Loops (age 18 & over)	Classic Gold Men Loops (age 18 & over)

Reminder: AR AD.502 Team Eligibility

There may NOT be a substitution of team dance partners in between the Regional and National Championships

2025-2026 Original Compulsory Dance (OCD) Scoring Process

AR AD.704 Original Compulsory Dance Evaluation Procedures

OFFICIAL PANEL

- (a) Will consist of 3-5 Judges
- (b) Before the start of the event, the judges will be given the dance notes, steps, and the diagrams to evaluate.
- (c) Please submit all diagrams and notes in a black and white format.

SCORING – Each Skater/Dance will receive 2 scores

1. Evaluation of the Dance Diagram (A Mark- score of 1-100)
 - a. Are the dance notes and diagram clear and specific?
 - b. Can the dance be performed by other skaters at the same skill level?

The current Judging Rubric can be found [here](#)

1. Skating of the Dance (B Mark- score of 1-100)
 - b. The judging criteria are based on timing, quality of edge, carriage, baseline, and execution of steps.
 - c. Choice of music and overall adherence to the selected theme.



2025-2026 Classic Creative Solo Show



2025-2026 USA ROLLER SPORTS REQUIREMENTS

Updated 9/3/2025

2025-2026 Creative Solo & Creative Duet Show Requirements

Element	Description
Each season, THREE (3) elements from the below grid will be chosen for each creative solo and duet category:	
Balance Maneuver	<ul style="list-style-type: none"> Skaters will choose two (2) or more positions to present one after the other. Both positions must be clearly different and on one (1) foot. Each position must be held three (3) or more seconds once desired position is attained. Maximum three (3) steps may be used in between each position. No minimum number of steps in between positions required. Skaters must change direction in some way (forward to backward and/or clockwise to anticlockwise direction of travel, or vice versa) from the first position to the second position. For duet: Must maintain some form of contact throughout and skaters may be in different positions.
Stationary Dancing Element	<ul style="list-style-type: none"> This element is performed in place (dancing within an approximate three-foot radius). Skaters should dance and move in place to the music for eight to twelve (8-12) seconds. Skaters may sit, kneel, or lie on the floor during this element. For duet: Can be in contact and/or not in contact throughout but must stay within the radius.
Footwork sequence	<ul style="list-style-type: none"> Skaters will skate any steps of their choice on the selected baseline for the season. Potential baselines include: <ul style="list-style-type: none"> Diagonal Long axis Serpentine V For duet: Can be in contact and/or not in contact but must be within twelve (12) feet of each other throughout.
Character Sequence	<ul style="list-style-type: none"> This element must start from a stop or stop-and-go position. Skaters must cover as much floor as possible while in character to the music/theme. Should take no longer than thirty (30) seconds to complete. Skaters must include four (4) of the six (6) elements selected for the season. Elements are chosen from the skating elements listed below. <ol style="list-style-type: none"> Leap (stag jump, split jump, butterfly, fly camel, etc.) Spin (on toe stop or wheels) two (2) revolutions or more Full revolution jump (does not have to be a standard freestyle jump) Spread eagle OR spread-eagle variation (Ina Bauer, hackenmond, etc.) Spiral OR spiral variation (Biellmann, ring, invert, charlotte, etc.) Illusion Forward to backward choctaw (closed or open) Closed mohawk Change edge Cross front Cross chasse Skaters should use any linking steps, turns, etc. to connect the skating elements and to cover as much floor as possible in the suggested time frame. Skaters can perform more than four (4) skating elements but must perform at least four (4) from those chosen for the season. For duet: Can be in contact and/or not in contact but must be within twelve (12) feet of each other throughout.
Travel Turn Sequence	<ul style="list-style-type: none"> Four to eight (4-8) consecutive three-turns on one (1) foot followed by four to eight (4-8) consecutive three-turns on the other foot AND/OR in the other direction. Maximum three (3) steps may be used in between each set of traveling turns. No minimum number of steps in between sets required. For duet: Must be in contact and/or not in contact but must be within twelve (12) feet of each other.

Classic

Program Length	Balance Maneuver	Stationary Dancing Element	Footwork Sequence	Character Sequence	Travel Turn Sequence
Max 2:15	YES	NO	YES (serpentine)	YES	NO

2025-2026 Character Sequence

Choose four (4) of the six (6) skating elements selected for the season:

- Leap (stag jump, split jump, butterfly, fly camel, etc.)
- Spin (on toe stop or wheels) two (2) revolutions or more
- Spread eagle OR spread-eagle variation (Ina Bauer, hackenmond, etc.)
- Spiral OR spiral variation (Biellmann, ring, invert, charlotte, etc.)
- Forward to backward choctaw (closed or open)
- Change edge

All skating elements must be clear and prominent in order to be identified and to receive credit.

Dance Reminders



2025-2026 USA ROLLER SPORTS REQUIREMENTS

Updated 9/3/2025



Clarifications

Championship Draw

- The championship draw for all figure, team and solo dance events will be posted to the USARS website on April 1st. World Skate National figure draw will take place on the practice day at the National Championships. This can be adjusted by the ASC if needed. The requirements will be reversed from the Regional Championships to the National Championships.
- If an event holds an elimination round and a final round, the “elimination listings” will be skated for the elimination round and “final listings” for final round.
- If an event is skated as “final only” the “elimination listings” will be skated for the final round.
- Adult dance draw will be opposite groups for Solo and Team Dance and will not skate the same dances at Regionals or Nationals.

Solo Dance Requirements

- Solo dances will be skated with women’s steps when applicable unless otherwise noted as “men’s steps.”

Dance Diagrams 2025 – 2026 Domestic USARS Events



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[CLICK HERE](#) to access the 2025-2026 USARS Dance Music.

[CLICK HERE](#) to access the 2026 World Skate Dance and Solo Dance Diagram Book.

<https://www.usarollersports.org/figure-w-full-nav/figure-skating-rules>

Artistic Skating Rules and Information

2025-2026 Rules and Requirements

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2025-2026 Golden Skater Waltz Clarification



2025-2026 Golden Skaters' Waltz Clarification from the Artistic Sport Committee

For all USA Roller Sports sanctioned events, the Golden Skaters' Waltz will be skated without any of the optional modifications.

All skaters will compete the dance at the designated 138 tempo and without eliminating steps 4-5 and/or steps 14-15.

Please refer to the [2025-2026 USARS Dance Diagram Book](#) for the diagram of the dance which includes all steps without modification.

Youth



2025-2026 Youth Event Updates

Update to “B” Youth Events: Figures, Loops, Dance, & Free Skating Solo

Level (B)
Juvenile B*
Elementary B
Freshman B
Sophomore B

***Juvenile & Elementary B Solo Dance are now separate events!**

“B” Events (only) Revised Sliding Scale

Number of B Skaters	Number of B Skaters to Qualify for Nationals
1-9	3 qualify
10-14	4 qualify
15+	5 qualify

AR YD.105 Level (B) Events – Limited Participation

Skaters/teams who have placed 2nd or 3rd in a Level (B) event of five (5) or fewer contestants at the National Championships are eligible to skate Level (B) divisions in that discipline for future competitions. In Level (B) events of five (5) or fewer contestants, ONLY the skaters/teams who have placed 1st at the National Championships are not eligible to compete in Level (B) events in that discipline in subsequent skating seasons. **Placements 1-2-3 at the National Championships in Juvenile Team or Elementary Team, in an event with 5 (five) or fewer contestants, does NOT prevent participation in the Freshman/Sophomore B Team event in subsequent skating seasons.**

2025-2026 Youth Free Skating Update



2025-2026 USA ROLLER SPORTS REQUIREMENTS

Updated 9/3/2025

2025-2026 Domestic Free Skating Requirements

Freshman B and Sophomore B 3:00 +/- 10

- | | | |
|--|---|---|
| <ul style="list-style-type: none">• Maximum twelve (12) jumps (including jumps used in combinations), consisting of 1 rotation jumps, axel, double toe loop, and double salchow.• Maximum two (2) jump combinations – maximum four (4) jumps each.• Must include an axel or waltz jump, either solo or in combination.• Must include a toe loop (single or double), either solo or in combination.• Axel and doubles cannot be performed more than twice. If performed twice, one must be in combination. The same 1 rotation jump cannot be performed more than three (3) times. | <ul style="list-style-type: none">• Maximum three (3) spins allowed.• One must be a combination spin (max 4 positions) and include a sit spin.• One must be a solo spin.• If a third spin is presented, it may be a solo spin or a combination spin (maximum three (3) positions).• Camel, upright, and sit positions are allowed (no heel, broken, or inverted). | <p>One (1) footwork sequence to cover $\frac{1}{4}$ of the skating floor. Should take no longer than thirty (30) seconds to complete. Must start from a stop and include at least 4 of: three turn, mohawk, traveling turn, spiral, bracket, rocker, counter, and Choctaw.</p> |
|--|---|---|

AR YD.505 Inline Free Skating Requirements

The Open Youth Inline Division is now known as:

Open Inline

Age restriction (17 and under) and content requirements have not changed



2025-2026 World Skate Pairs Update

Rule AR YD.600 Pairs

AR YD.601 Pairs Divisions

TOT pairs has been officially added for the 2025-2026 season!

Events	Domestic
Tot	
Mini	Juvenile
Espoir	Elementary
Cadet	Fresh/Soph
Youth	



2025-2026 International Compulsory Solo Dance Updates

Rule AR YD.1000 Solo Dance – International & Tot- Youth

AR YD.1007 Judging Period

For the Juvenile/Elementary and Freshman/Sophomore International Compulsory Solo Dance divisions, costume changes between dance performances are permitted. However, please note that the competition schedule will proceed without any pauses or delays to accommodate these changes.

Other Interruptions

During the skating of the International Compulsory Solo Dance divisions, the skater beginning the dance (as specified by the announcer at the discretion of the event referee) shall have the right of way. Subsequent skaters in that flight shall yield the right of way to skaters already in motion. Interruptions of skating based on failure to comply will result in a penalty of five (5) points for the offending skater. Such a penalty will be assessed by the judge.

In such instances, the involved skaters shall loop around and pick up the skating of the dance as close as possible to the point of interruption without interfering with the other skaters again and complete their normal repetitions or duration of the dance being skated. The judges shall complete the judging of the interrupted skater without penalty.

The event referee will determine whether the correct number of repetitions have been completed by all the skaters in the flight and will instruct the judges on incomplete repetitions or flight time skated.

If, in the determination of the Chief Referee, the skater violates these rules to gain a competitive advantage, the Chief Referee will direct the tabulators to take a five (5) point deduction from each judge's score. The Chief Referee may consult the event referee and event judges in making this determination on each infraction.

2025-2026 Youth Creative Solo Show & Duet Requirement Update



2025-2026 USA ROLLER SPORTS REQUIREMENTS Updated 9/3/2025

2025-2026 Creative Solo & Creative Duet Show Requirements

Element	Description
Balance Maneuver	<ul style="list-style-type: none"> Each season, THREE (3) elements from the below grid will be chosen for each creative solo and duet category: Skaters will choose two (2) or more positions to present one after the other. Both positions must be clearly different and on one (1) foot. Each position must be held three (3) or more seconds once desired position is attained. Maximum three (3) steps may be used in between each position. No minimum number of steps in between positions required. Skaters must change direction in some way (forward to backward and/or clockwise to anticlockwise direction of travel, or vice versa) from the first position to the second position. For duet: Must maintain some form of contact throughout and skaters may be in different positions.
Stationary Dancing Element	<ul style="list-style-type: none"> This element is performed in place (dancing within an approximate three-foot radius). Skaters should dance and move in place to the music for eight to twelve (8-12) seconds. Skaters may sit, kneel, or lie on the floor during this element. For duet: Can be in contact and/or not in contact throughout but must stay within the radius.
Footwork sequence	<ul style="list-style-type: none"> Skaters will skate any steps of their choice on the selected baseline for the season. Potential baselines include: <ul style="list-style-type: none"> Diagonal Long axis Serpentine V For duet: Can be in contact and/or not in contact but must be within twelve (12) feet of each other throughout.
Character Sequence	<ul style="list-style-type: none"> This element must start from a stop or stop-and-go position. Skaters must cover as much floor as possible while in character to the music/theme. Should take no longer than thirty (30) seconds to complete. Skaters must include four (4) of the six (6) elements selected for the season. Elements are chosen from the skating elements listed below. <ul style="list-style-type: none"> Leap (stag jump, split jump, butterfly, fly camel, etc.) Spin (on toe stop or wheels) two (2) revolutions or more Full revolution jump (does not have to be a standard freestyle jump) Spread eagle OR spread-eagle variation (Ina Bauer, hackenmond, etc.) Spiral OR spiral variation (Biellmann, ring, invert, charlotte, etc.) Illusion Forward to backward choctaw (closed or open) Closed mohawk Change edge Cross front Cross chasse Skaters should use any linking steps, turns, etc. to connect the skating elements and to cover as much floor as possible in the suggested time frame. Skaters can perform more than four (4) skating elements but must perform at least four (4) from those chosen for the season. For duet: Can be in contact and/or not in contact but must be within twelve (12) feet of each other throughout.
Travel Turn Sequence	<ul style="list-style-type: none"> Four to eight (4-8) consecutive three-turns on one (1) foot followed by four to eight (4-8) consecutive three-turns on the other foot AND/OR in the other direction.

Character Sequence

- This element must start from a stop or stop-and-go position.
- Skaters must cover as much floor as possible while in character to the music/theme. Should take no longer than thirty (30) seconds to complete.
- Skaters must include four (4) of the six (6) elements selected for the season. Elements are chosen from the skating elements listed below.
 - Leap (stag jump, split jump, butterfly, fly camel, etc.)
 - Spin (on toe stop or wheels) two (2) revolutions or more
 - Full revolution jump (does not have to be a standard freestyle jump)
 - Spread eagle OR spread-eagle variation (Ina Bauer, hackenmond, etc.)
 - Spiral OR spiral variation (Biellmann, ring, invert, charlotte, etc.)
 - Illusion
 - Forward to backward choctaw (closed or open)
 - Closed mohawk
 - Change edge
 - Cross front
 - Cross chasse
- Skaters should use any linking steps, turns, etc. to connect the skating elements and to cover as much floor as possible in the suggested time frame.
- Skaters can perform more than four (4) skating elements but must perform at least four (4) from those chosen for the season.
- For duet: Can be in contact and/or not in contact but must be within twelve (12) feet of each other throughout.

2025-2026 Character Sequence

Choose four (4) of the six (6) skating elements selected for the season:

- Leap (stag jump, split jump, butterfly, fly camel, etc.)
- Spin (on toe stop or wheels) two (2) revolutions or more
- Spread eagle OR spread-eagle variation (Ina Bauer, hackenmond, etc.)
- Spiral OR spiral variation (Biellmann, ring, invert, charlotte, etc.)
- Forward to backward choctaw (closed or open)
- Change edge

All skating elements must be clear and prominent in order to be identified and to receive credit.

2025-2026 Youth Creative Solo Show & Duet Updates



2025-2026 USA ROLLER SPORTS REQUIREMENTS

Updated 9/3/2025



Juvenile A					
Program Length	Balance Maneuver	Stationary Dancing Element	Footwork Sequence	Character Sequence	Travel Turn Sequence
Max 2:15	YES	YES	NO	YES	NO
Elementary A					
Program Length	Balance Maneuver	Stationary Dancing Element	Footwork Sequence	Character Sequence	Travel Turn Sequence
Max 2:15	YES	NO	NO	YES	YES
Open B					
Program Length	Balance Maneuver	Stationary Dancing Element	Footwork Sequence	Character Sequence	Travel Turn Sequence
Max 2:15	YES	YES	NO	YES	NO
Open A					
Program Length	Balance Maneuver	Stationary Dancing Element	Footwork Sequence	Character Sequence	Travel Turn Sequence
Max 2:15	NO	NO	YES (serpentine)	YES	YES
Classic					
Program Length	Balance Maneuver	Stationary Dancing Element	Footwork Sequence	Character Sequence	Travel Turn Sequence
Max 2:15	YES	NO	YES (serpentine)	YES	NO
Elementary Duet					
Program Length	Balance Maneuver	Stationary Dancing Element	Footwork Sequence	Character Sequence	Travel Turn Sequence
Max 2:15	YES	YES	YES (long axis)	NO	NO
Open Duet					
Program Length	Balance Maneuver	Stationary Dancing Element	Footwork Sequence	Character Sequence	Travel Turn Sequence
Max 2:15	YES	YES	YES (long axis)	NO	NO

Show Events Creative Solo & Duet

Event Name	Time	Notes
Juvenile A Creative Solo	Max 2:15	See pages 7 & 8 (below) for requirements
Elementary A Creative Solo	Max 2:15	
Open A Creative Solo (13+)	Max 2:15	
Open B Creative Solo (all ages)	Max 2:15	
Classic Creative Solo	Max 2:15	
Elementary Creative Duet	Max 2:15	
Open Creative Duet (13+)	Max 2:15	

Reminder:

AR YD.1105 Creative Solo Show Rules

(b) Skaters/teams who participate in Junior or Senior Free Skating, Pairs, Solo Dance, or Team Dance divisions may not compete in any Creative Solo Show event in the same competitive season.

(c) Skaters/teams who participate in any World Skate event may not compete in Open B Creative Solo Show in the same competitive season.

2025-2026 Youth Rule REMINDERS

- Skaters may NOT participate in a Level (B) event and a World Skate division of the same discipline at the same qualifying championship. (NOTE: Team Dance and Solo Dance are separate disciplines.)

AR YD.104 Level (A) Events – Open to All Skaters/Teams

- In Team Dance, Solo Dance, and Figures ONLY, skaters/teams may skate one (1) Level (A) event AND one (1) **Tot-Youth** event in that discipline at the same qualifying championship. Placement in the **Tot-Youth** divisions has no effect on future eligibility in Level (A) divisions. (NOTE: Team Dance and Solo Dance are separate disciplines.)

AR YD.105 Level (B) Events – Limited Participation

- Skaters/teams who have placed 2nd or 3rd in a Level (B) event of five (5) or fewer contestants at the National Championships are eligible to skate Level (B) divisions in that discipline for future competitions. In Level (B) events of five (5) or fewer contestants, ONLY the skaters/teams who have placed 1st at the National Championships are not eligible to compete in Level (B) events in that discipline in subsequent skating seasons. **Placements 1-2-3 at the National Championships in Juvenile Team or Elementary Team, in an event with 5 (five) or fewer teams, does NOT prevent participation in the Freshman/Sophomore B Team event in subsequent skating seasons.**
- Skaters/teams who have never qualified for finals in a Level (A) event where there was an elimination round at the National Championships are eligible to skate Level (B) divisions in that discipline for future competitions.

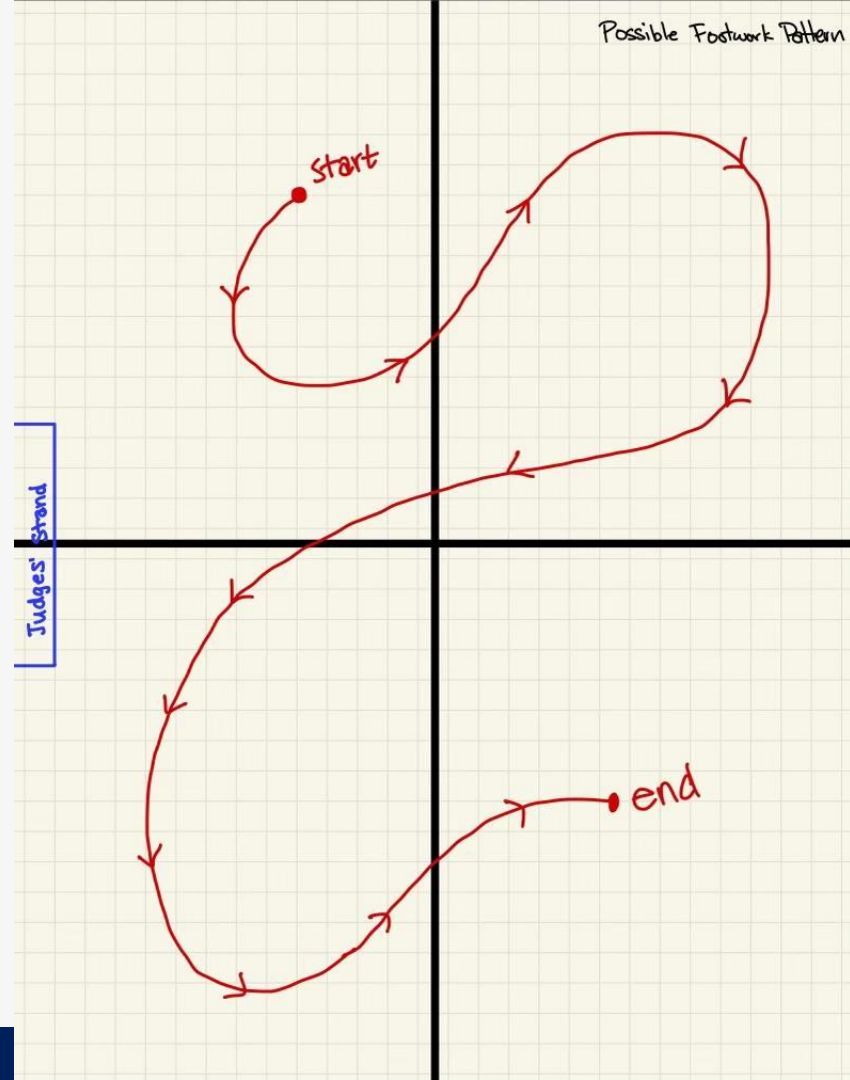
AR YD.107 Other Events

- **Placement 1-2-3 in the Junior or the Senior division at the World Championships qualifying competition will prevent participation in any Youth Division events in the same discipline in subsequent skating seasons, excluding quartet, precision, and show team events.**



2025-2026 Youth Free Skating Reminder

$\frac{3}{4}$ of the floor
footwork example



General Information



2025-2026 Waiver to the Next Higher Championship Update

Youth, Adult, & Elite

AR AD.111

Waiver to Next Higher Championship

The Artistic Sport Committee (ASC) may, at its sole discretion, grant permission for a skater to advance to the next higher championship when the skater was unable to compete at a Regional Championship if **all** the following conditions are met:

- (a) The skater completes a proper [Waiver Request Form](#), and the ASC receives the duly-completed form within 24 hours of the conclusion of the applicable qualifying **Regional** Championship.
- (b) The skater is eligible to compete in the event(s) for which the waiver is sought.
- (c) The skater must be entered to compete in the event at the qualifying **(Regional)** championship by submitting a proper application and paying all applicable fees **by the date set by the Regional Meet Director**.
- (d) The total number of skaters who advance to the next higher championship if the waiver is granted does not exceed the maximum number allowed to qualify under the sliding scale outlined in the above table(s).
- (e) The skater is not given a placement or an award.
- (f) The highest open placement available must be awarded at any official contest leading to and including the National Championships.
- (g) The ASC finds that the skater has shown good faith and fully demonstrated an intent to compete in the event, but for the cause that prevented the skater from competing. **Such causes include:**
 - (i) **Injury or illness preventing the ability to compete at the time of the Regional Championships**
 - (ii) **Representing Team USA at an international competition during the time of the Regional Championships**
 - (iii) **Overlapping dates of Regional Championships for team members with different Regional locations and individual event commitments**
 - (iv) **Other unforeseen catastrophic circumstances**

Reminders

General Costume Rules- Youth & Adult

- Costumes which are very low cut at the neck, or which show bare midriffs are considered show costumes and are not suitable for Championships skating.
- The appearance of nudity of a costume is considered a violation of the rules and will be penalized, (this means too much use of body-stocking material which gives the appearance of nudity).

AR ED.105 Junior Eligibility

- (a) In order to be eligible to compete in a Junior event, a skater or team may not have previously competed in a Senior event in the same discipline at an International Competition (WSATC 2.03.01). This does **not** apply to partnerships in Senior Team Dance and Senior Pairs in which the partnership terminates; if one partner is still eligible by age to compete in the Junior division, they may do so with a different partner.
- (b) Skaters who place 1st, 2nd, or 3rd at the National Championships (or a “World Championships qualifying competition”) in Senior will no longer be eligible for Junior in subsequent years in that discipline, unless the skater is entering a new partnership in Team Dance or Pairs as described in AR ED.105 (a).



Skating attire, when worn outside the competition facility, should be covered.



Update to Domestic Figure Scoring

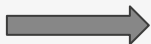
The domestic figure scoring deductions have been updated for the 2025-2026 skating season!

New deduction
breakdown



Error	Domestic Deduction (out of 100)	World Skate Deduction (out of 10.0)
Incorrect Turn	-10	-1.0
Fall	-10	-1.0
Foot Down - Major	-10	-1.0
Foot Down - Minor	-5	-0.5
Incorrect Stop	-10	-1.0
Other Errors	Assessed by Judge	Assessed by Judge

Former deduction
breakdown



Error	Domestic Deduction (out of 100)	World Skate Deduction (out of 10.0)
Incorrect Turn	-20	-1.0
Fall	-20	-1.0
Foot Down - Major	-10	-1.0
Foot Down - Minor	-10	-0.5
Incorrect Stop	-10	-1.0
Other Errors	Assessed by Judge	Assessed by Judge



Elite



2025-2026 Costume Rules



2025-2026 Costume Rule Clarifications from the Artistic Sport Committee

For all domestic competitions, including the 2026 National Championships, World Skate costume rules will be followed and enforced for Junior and Senior events in free skating, pairs, solo dance, team dance, quartet, precision, and show disciplines only. These costume rules can be found in the [World Skate 2026 General Rulebook](#).

The above means that the World Skate costume rules will not apply to any World Skate figure events at any domestically held competition or qualifying championship.

The above also means that the World Skate costume rules will not apply to any event Youth and under for any discipline at any domestically held competition or qualifying championships.

Furthermore, all World Skate categories that are exempt from World Skate costume rules are expected to follow the USARS costume rules for the 2025-2026 season. Please see costume rules for 2024-2025 USARS season while our 2025-2026 rulebooks await approval at the fall board meeting this month. The USARS costume rules have not changed for the current season.

All skaters who plan to attend international competitions must be prepared to follow World Skate costume rules for all age groups and disciplines. This includes events such as the America's Cup, World Cup Series, Pan-American Championships, World Championships, World Figure Cup, etc. Please be aware that these costume rules are strictly enforced at these events, and this includes during official training. These costume rules can be found in the [World Skate 2026 General Rulebook](#).

To summarize:

For domestic competition, USARS is adopting the 2026 World Skate costume rules for Junior and Senior World Skate events ONLY (including official practices)

ALL International competitions (including America's Cup) will follow World Skate costume rules through Senior

Exception:

ALL World Skate figure events are exempt from the 2026 World Skate costume rules, domestically.

All other events should follow the general costume rules in the USARS rulebook.



2025-2026 Costume Rules

GENERAL RULES FOR ARTISTIC SKATING

WORLD SKATE

3.9 COSTUME REQUIREMENTS

- Penalties resulting from the violation of the costume rules will be 1.0.
- Judges will have the option to push a costume violation button. If most of the officials including Referee agree, the deduction will be applied.
- A deduction for costume violation from the Referee will occur if ANY ITEM falls off the athlete. It is mandatory all items be properly secured.
- Costumes rules apply for anything worn on the body.
- Costumes (all disciplines) and props (show) must NOT contain any copyrighted logos, trademarks, religious or political images, symbolism, symbols or messages. Federation logos are allowed.

Free skating, inline, dance, solo dance, and pairs

- In all artistic competitive roller-skating events, the costumes should be in character with the music but should not be such to cause embarrassment to the skater, judges, or spectators.
- Training costumes are not required to be in character; however, all other costume rules apply in training.
- Costumes must be constructed as one piece, modest, dignified and appropriate for athletic competition - not **garish** or **theatrical** in design. The clothing must not give the effect of excessive nudity.
- Feathers and fringes will be considered a theatrical prop and penalized.
- Any piece of the costume including beads, buttons, crystals, mirrors, studs, pearls, half pearls, rhinestones etc. on the costumes must be very **securely stitched** so as not to cause obstruction to the following contestants. Rhinestones, stones, bigger than 4mm in any dimension ARE NOT PERMITTED. Sequins of any size are allowed. All decorative embellishments must be **securely stitched** to the fabric.
- Accessories and Props of any nature are not permitted.
- Costume remains the same throughout a performance with no additions during the performance, i.e. no use of props of any kind from beginning to the end.
- The painting of any part of the body is considered a "show" and is not allowed.

All Costume rules can be found under the 2026 General tab on the World Skate website.

See link below:

[2026 World Skate General Rules](#)



2025-2026 Junior and Senior World Team Selections - Minimum Scores

Event	(Jr) Solo Dance	(Jr) Team Dance	(Jr) Free Skating	(Jr) Pairs	(Jr) Inline FS	(Jr) Quartet	(Jr) Peci sion
Men	85	85	95	60	65	30	20
Women	85		80		60		



Event	(Sr) Solo Dance	(Sr) Team Dance	(Sr) Free Skating	(Sr) Pairs	(Sr) Inline Free Skating	(Sr) Quartet	(Sr) Small Show	(Sr) Large Show	(Sr) Peci sion
Men	90	90	130	110	90	40	25	25	40
Women	90		85		70				



2025-2026 Elite Rule Book Updates

AR ED.105 Junior Eligibility

- (a) In order to be eligible to compete in a Junior event, a skater or team may not have previously competed in a Senior event in the same discipline at an International Competition (WSATC 2.03.01). This does **not** apply to partnerships in Senior Team Dance and Senior Pairs in which the partnership terminates; if one partner is still eligible by age to compete in the Junior division, they may do so with a different partner.
- (b) Skaters who place 1st, 2nd, or 3rd at the National Championships (or a “World Championships qualifying competition”) in Senior will no longer be eligible for Junior in the subsequent year in that discipline, unless the skater is entering a new partnership in Team Dance or Pairs as described in AR ED.105 (a).

AR ED.502 Team Eligibility *(Reminder)*

- There may NOT be a substitution of partners in between the Regional and National Championships or the National and World Championships.

World Skate Updates



World Skate Seminar Update Notice

Clarifications after the seminar

General

- Using the Hammer by the referee during the execution of an element, will lead to the exclusion of the **complete** element (it will be started out "m") by the system. This will happen even if just a part (footwork sequence or combo spin) of the element is out of time.

Freestyle:

- 1) CHOREO SEQUENCE
 - The traveling is not included in the turns required for the level, nevertheless, can be used as a choreographic movement in the element.
 - Skaters may use more than three (3) of the listed turns, however the turns executed after the 3rd will not be considered for the level.
- 2) SAVED COMBO
 - The 50% will be discounted from the whole combo. The rule is applied both in Short and Long Programs.
- 3) LUTZ
 - Technical Panel will call Lutz or Lutz no edge ONLY if declared in the Content Sheet. This means that if the skater executes a Lutz jump and it has not been declared, it will be called Flip.
- 4) The rule about the maximum number of Lutz/Flip jump allowed will be applied regardless of the number of rotations presented (single, double or triple).
- 5) DIFFERENT FEET SPIN COMBOS
 - If the entry to the spin is prepared by three turns on the left foot and at the end there is a change to the right foot, the spin is considered started on the right.
 - To receive the 20% bonus on the most difficult combo spin, all the positions on both combos must be confirmed.
 - The rule is applied for Minis, Espoir, Cadet, Youth, Junior and Senior.
 - This rule applies for Inverted, Broken, and all the spins in camel positions (regardless of edge and direction).
- 6) FUTURE CHANGES 2027
 - Thoren will be considered just a connecting jump of one revolution. For Tots and Minis, it will be still called as one rotation jump.

Dance and Solo Dance:

STYLE DANCE

- All rhythms must be chosen from those offered within the theme specified by World Skate each year. Nevertheless, the rhythm/dance style of the pattern dance may be any of the listed rhythms/dance styles within the required theme so long as the tempo (bpm) is correct.

COMPULSORY DANCES PROMOTIONAL

- The pattern dance for the Style dance will be skated as the specified section or only one pattern (if the dance is a half floor pattern). This aligns the rules with World Skate International Grades.

CHOREOGRAPHIC STOP

- Couple Dance. The displacement of the skater from the initial stopped position shall be of no more than an imaginary circle within a range of 5m diameter from the initial place of stop.

ONE SET CLUSTER

- The jump used as a feature cannot be a toe assisted jump and can land on the other foot.
- After the landing of the jump used as feature in between turns, the edge cannot be changed.
- It is possible to use the Body movement before and after the jump. Remember that at the landing of the jump edge cannot change.

TRAVELING

- If a skater presents the change of foot in the Style Dance, it is possible to use it also in the Free Dance, however it won't be considered toward the level.
- Extra Features are not allowed in Tots, Minis, Espoir and Promotional Basic. If used, they will be penalized as an illegal element.

Pairs:

- From 2028, to be eligible for the maximum quota of entries in both Men's and Ladies' Free Skating (as defined in General Rules 2.5), each Federation must also present one Pair in the same category. If no Pair is entered, the quota of Free

Skating entries will be reduced by one; however, each Federation shall always be entitled to enter at least one skater per category.

This rule will be applied in Cadet and Youth in 2028, then also to Junior in 2029 and Senior in 2030.

Show, Quartets and Precision

- For Show, Quartet, and Precision, a deduction of 0.5 per occurrence is applied each time a skater and/or a group of skaters touches the barrier or skates outside the competition surface, regardless of how many skaters are involved in that occurrence.

This document as well as many of the documents shown on this webinar can be found on the USA Roller Sports website under Artistic Skating Rules and Information

[Artistic-Figure Skating Rules | USA Roller-Sports](#)



Page, Item	Change/Addition/Removal	Rationale
Page 10, Technical Elements	Spread eagle or Ina Bauer as Skating Element and/or Difficult entry will be confirmed only if presented with a CLEAR torso Move.	Promotes choreographic quality Discourages box ticking to get the levels
Pg.11 and 26 Pattern dance	Change of penalty for missing the repeat of step 1 or next step required by the pattern. If this doesn't happen Technical Panel will lower one level. If this doesn't happen Technical Panel will penalize 0.5.	Skaters will be awarded the correct number of Key Points executed. Inconsistencies between element calls and Key Points were detrimental to the clarity and image.
Pg. 16, Choreo Stop	The displacement of the skater from the initial stopped position shall be of no more than an imaginary circle within a range of 5m diameter from the initial place of stop.	Ensures that the Choreographic Stop is used as intended — to pause and interpret the music, not continue skating through it like a Choreographic sequence
Pg. 16, Choreo Stop	The element begins with the transition from the previous element and ends with the transition into the next element. If performed as the first or last element of the program there must be transitions before and after the element.	Provides definition of the element within the choreography
Pg.18, Cluster	No change of edge is allowed in the first two turns of the cluster. Change of edges are always allowed except after the difficult entry.	Promotes variety in presentation, musicality and choreographic freedom.
Pg. 19, One Set Cluster	New Element. One Set Cluster Sequence (see document for details in red)	Clarifies the distinction between Style and Free Dance, while promoting precision, technical quality, and balanced program structure
Page 20, Traveling	Group 1: Difficult entry in the first set of the element: Stag Jump or Split. Toe stop is allowed on the landing of the leap.	Increase in spectacular kinds of difficult entries.
Pg. 21, Traveling	Group 4 – Extra features (For categories Cadet, Youth, Junior and Senior ONLY)	Promotes quality of other features, encouraging age and developmental appropriate progression
Pg. 21, Traveling	Changes in Group 4 – Extra feature values	Adjusted technical values reflect more appropriately the skaters' actual ability to execute these skills effectively.
Pg. 21, Traveling	All the Group 4 Extra Features presented in the Style Dance will not be taken into consideration in the Free Dance.	Encourages variety and choreographic creativity Enhances technical ability Enhances audience appeal
Page 26, Penalties by the Referee	Time of the program less than the minimum or more than the maximum. 0.5 point each 10 seconds or part thereof.	Reduces common occurrence of programs going overtime

2025-2026 World Skate Updates

- The next slides have key rule changes for World Skate events - **these are not all inclusive**
- Skaters and coaches must check the 2026 World Skate Regulations for full rules - all changes are outlined at the start of each book including the reasoning for the changes
- If you do not see the outlined changes at the start of each rulebook, please head to worldskate.org for the most up-to-date versions.

2025-2026 World Skate General Rule Updates

- **Cadet & Youth:**

- ranking points will be awarded for the Continental Cups approved by World Skate (e.g. America's Cup, Pacific Cup), World Cups and Continental Championships.

- **Costume rules:**

- Costumes must be constructed as one piece, modest, dignified and appropriate for athletic competition – not garish or theatrical in design.
- The clothing must not give the effect of excessive nudity.
- **Men's costumes do not need to be unitards, but should remain intact as to not expose a bare midriff.**

- **Time of the Programs:**

- 0.5 deduction for every 10 seconds or part thereof over the maximum time or under the minimum time.
- If the skater is in the middle of an element when the maximum time allotted is passed, then the skater will not receive credit for the entire element.

- **Cup/World Championships training:**

- Only one training for each discipline will be provided (skaters may rent the official floor before/during the competition).



2025-2026 World Skate General Rule Updates


- Academy of World Skate coaches Online Classes 2026. The classes of the seminar will be available online in the Platform (by the end of February).
- **Future Updates: Entry Quotas**
 - **2028:** To be eligible for the maximum quota of entries in both mens and ladies free skating (as defined in General Rules 2.5), each Federation must also present one Pair in the same category.
 - If no Pair is entered, the quota of Free Skating entries will be reduced by one; however, each Federation shall always be entitled to enter at least one skater per category.
 - This rule will be applied in **Cadet** and **Youth** in **2028**, then also to **Junior** in **2029** and **Senior** in **2030**.

2025-2026 World Skate Team Dance & Solo Dance Updates

- **New element - One Set Cluster**

- Clarifications:
 - There can be no change of edge after the jump whether it is used as a difficult entry or as a feature between turns.
 - If the jump is used as a difficult entry, it may not be used as a feature between turns.
 - Toe assisted jumps are not allowed.
 - The jump used between turns can land on the opposite foot.
 - The body feature move can be used directly after the jump feature as long as there is no change of edge.

- **Updates to the definition and features of Traveling, Cluster, and Choreo Stop elements**

- **Choreo Stop:** the diameter of the space allowed has been reduced to a diameter of 5 meters. If this is the first element, it must be preceded by a transition of at least 10 seconds, and if it is the last element, it must be followed by a transition of at least 15 seconds.
 - **Clusters in Cluster Sequence, Footwork Sequence, and Artistic Sequence:** A change of edge is now allowed after the first turn in the sequence.
 - **Traveling:** any features used in the Style Dance will not be counted in the Free Dance. It is possible to present a feature used in the style dance again in the free dance, however it will not be taken into consideration toward the level. Stag/split jump are now allowed as difficult entries where toe stop is allowed on landing.
- 

2025-2026 World Skate Team Dance & Solo Dance Updates

- **Tot thru Espoir:** Group 4 features in traveling sequence are no longer allowed.
- Ina Bauer and spread eagle are only recognized as skating elements or difficult entry if present with clear torso move.
- Change of penalty for missed repeat of step 1 of pattern dance: -0.5 from total score
- Updates to calling and values for Team Dance no hold elements (traveling, no hold cluster, and no hold footwork sequence): separate levels are called for the Man and the Woman, then they are summed
- **Update for Style Dance music:** Strict adherence to a specified decade is no longer required. However, use caution, because the music must preserve the appropriate instrumentation and characterization of the decade associated with the medley.
 - *e.g., For Swing Medley, electro swing is not allowed because it uses electronic instruments.*
 - *the rhythm or dance style of the PtSq may be any of the listed rhythms/dance styles with the required theme so long as the tempo (BPM required) is correct*

2025-2026 Free Skating

JUMPS

- **Cadet thru Senior:** Jump combination in short program reduced to 2-3 jumps including connecting jumps.
- **Espoir thru Senior:** if a skater uses a toeloop, a saving toeloop, or if the Technical Panel determines that the combination jump has been “saved” – for example but not limited to:
 - A step-out followed by a three turn
 - A half thoren and three turn
 - A fall-out with one or both hands on the floor

the technical panel will call “saved” and the entire combination jump will receive only 50% of its base value.

- **Tot Free:** at least one toe loop and salchow as solo jump and/or in combination must be present
- **Flip & Lutz:** A maximum of three (3) Flip and/or Lutz jumps combined is permitted per program. Any flip or lutz jump in excess will be starred out and receive no value. If the skater declares Lutz in the program content sheet but performs a Flip, it will be called as “lutz no edge” If the skater does not declare Lutz on the content sheet the **jump will automatically be called a flip.**



2025-2026 Free Skating

FOOTWORK

- **Espoir thru Senior:**
 - Levelled choreo sequence to replace the footwork sequence in the free program.
 - skaters must confirm bracket, rocker, counter, and/or loop turns to receive a level.
 - Other types of turns may be used throughout the choreo sequence but will not count toward the level.
 - Please see the 2026 World Skate Free Skating Rule Book for more details.
- **Using CCW and CW spinning directions:** 15% on all the positions following the change of direction.
- **Different Feet Feature:** Presenting 2 combo spins where the first combo begins with any camel or camel variation (invert, broken, heel, etc.) on the right foot and the other combo spin starts with any camel or camel variation on the left foot (or vise versa). When all the positions in BOTH combo spins are confirmed, the most difficult spin of the 2 will receive a bonus of 20%.
- Differences in the difficult spin values



2025-2026 Free Skating

SPINS

- **Using CCW and CW spinning directions:** 15% on all the positions following the change of direction.
- **Different Feet Feature:**
 - Presenting two combo spins where the first combo begins with any camel or camel variation (invert, broken, heel, etc.) on the right foot and the other combo spin starts with any camel or camel variation on the left foot (or vise versa).
 - When all the positions in BOTH combo spins are confirmed, the most difficult spin of the 2 will receive a bonus of 20%.
- **Positions/Variations:** See World Skate Rollart values to see updates to values of spin positions/variatiions.



2025-2026 Inline

- Several changes to requirements in the short and free programs to align with quad events.
- Choreo sequence in place of footwork in long program (choreo sequence clarifications from free skating portion applies)
- Spins: 15% spin bonus for change of direction. Also note changes to values of difficult spin positions to promote variety.



2025-2026 Pairs

- **CONTACT SPINS:** One combination contact spin. Maximum 3 positions. The three positions must be different.
- **THROW JUMPS:** Maximum two throw jumps (must be different jumps). Maximum one triple or 2A
- **LIFT – STAR LIFT:** Star position of the lady. In this case, the no hands by the lady feature and one handed of the man feature is included and will not be added as an extra feature. Star position if it is presented with no hands by the lady and one hand by the man.
- **LIFTS – SKATING ELEMENTS:** The feature Skating Element will be only taken into consideration only once per program
- **CLARIFICATION ON CHANGE OF AXIS IN THE COMBINATION LIFTS:** To confirm the “change of axis” feature, the change must happen within half a rotation and be clear. The starting and finishing axes must be defined correctly. It should go from VERTICAL(perpendicular to the floor) to HORIZONTAL (parallel to the floor) or vice versa.
- **CLARIFICATION ON THE DIFFICULT ENTRY OF THE LADY IN DEATH SPIRAL:** As well specified in the rule book, the difficult entry for the lady should be confirmed only if it is really challenging for the lady to control her entry phase in the element. It should be right before the beginning of the entry of the death spiral.
- Choreo sequence in place of footwork in long program (see previous clarification)



2025-2026 Precision

- Time for Senior Precision increased to 4:45 +/- 10
- Several changes to clarifications and adjustments to elements - see book for details

2025-2026 Quartet

- Adjustment to canon element change of edge and turn allowance
- Change to required turns for line element
- Adjustment/clarification of difficult entries of synchronized travel and synchronized cluster elements

Judges Commissions



Figure/Artistic Officials



JUDGES:

“C” Commission: Candidate must be a minimum of 15 years old and a current USA Roller Sports member. The candidate must have the recommendation of a club officer and have served as a mock judge with mentor. (More details upon applying) The candidate must successfully complete the written exam (open book).

“B” Commission: Candidate must be a minimum of 16 years old, a current USA Roller Sports member, hold a valid “C” commission, and be fully accredited in all artistic disciplines. Arrangements must be made with the USA Roller Sports national office to have this exam proctored by an authorized individual. Upon successful completion of the written exam, the candidate must complete an oral interview with a USA Roller Sports approved panel.

Figure/Artistic Officials



“A” Commission: Candidate must be a current USA Roller Sports member that has held a “B” commission for at least 2 years and/or an “AA” (alt.) commission for one year. The candidate must have successfully served as a non-compensated invited official at the National Championships. This commission is awarded to National Championship (national panel) judges only.

Link to website for all study guides

<https://www.usarollersports.org/certification-requirements>

EMAIL Officials Committee to Test for Commissions or any questions.

artisticofficials@usarollersports.org

Celebrating 2025



2025 Jr Pan Am Games

Sean Folstein
2025 Bronze Medalist
Jr Pan Am Games
Jr Men Solo Dance



August 2025

USA

Asunción, Paraguay

2025 JR. PAN AM GAMES QUALIFIERS!

LILLIAN GARDNER	SEAN FOLSTEIN	DAVID CHESTNUT
JUNIOR WOMEN SOLO	JUNIOR MEN SOLO	JUNIOR MEN FREESKATING

Three photographs of skaters performing on ice. The first photo shows a female skater in a blue dress performing a solo dance move. The second photo shows a male skater in a patterned shirt performing a solo dance move. The third photo shows a male skater in a white shirt performing a freeskating move.

2025 Team USA - Figures



2025 WORLD FIGURE CUP TEAM USA
Buenos Aires, Argentina




Jeffrey Moats
Senior Men Figures

BRONZE MEDALIST

2025 WORLD FIGURE CUP TEAM USA
Buenos Aires, Argentina




Mason Jacques
Cadet Men Figures

BRONZE MEDALIST

2025 Figure Cup Team

2025 WORLD FIGURE CUP TEAM USA

CADET	YOUTH
<p>BOYS:</p> <p>MASON JACQUES TRISTEN INGRAHAM MACLAYNE CRAWFORD</p> <p>GIRLS:</p> <p>KAITLYN WILLIAMS PAULA TERNEUS ANANYA HARIHARAN</p>	<p>MEN:</p> <p>ETHAN WU</p> <p>LADIES:</p> <p>ARYA YOUNGREN NEHA VASUDEVAN KAYLIN KUSKE</p>
JUNIOR	SENIOR
<p>MEN:</p> <p>CADEN FISCHER RAFAEL MARTINEZ JOSIAH WALKUP</p> <p>LADIES:</p> <p>LYDIA CASTELBLANCO MADISON GRAY LILLIAN GARDNER</p>	<p>MEN:</p> <p>JOSIAH BISHOP SEAN FOLSTEIN JEFFREY MOATS</p> <p>LADIES:</p> <p>MADISON KELLIS COURTNEY KENNEDY CHRISTY MALENE</p>

TEAM USA STAFF:
COACH SCOTT BARTELL & MANAGER CARRIE YOUNGREN



2025 WORLD FIGURE CUP TEAM USA
Buenos Aires, Argentina




Rafael Martinez
Junior Men Figures

BRONZE MEDALIST

2025 WORLD FIGURE CUP TEAM USA
Buenos Aires, Argentina




Tristen Ingraham
Cadet Men Figures

SILVER MEDALIST

2025 Team USA - Dance & Pairs



2025 Team USA - Free Skating



2025 Team USA - Quartet





Jeremy Liu
2025 World Bronze Medalist
Jr Inline Free Skating



Michael Slowey & Susanna Spatz
2025 World Bronze Medalists
Sr Pairs

What's coming...



World Skate Calendar

- Argentina Seminar & Athletes Camp - December 2025 - Buenos Aires, Argentina
 - America's Cup - Jan 16-22nd, 2026 (valuable for ranking) - Florida USA
 - Seminar with Nicola Genchi - January 23-25, 2026 - Florida USA
 - World Cup (Artistic International Series)-valuable for ranking:
 - Buenos Aires, Argentina - April 10-19
 - Garmisch, Germany - May 1-10
 - Last Chance & Final:
 - Last Chance - Cesena, Italy - May 27th-31st
 - Final - Cesena, Italy - June 1st-7th
 - Pan American Championships (valuable for ranking) - TBD
- World Skate Games - October 7-17, 2026 - Asunción, Paraguay
 - World Cup Figures - September 2026 - TBD
 - Academy Leaders Training - TBD

World Skate Games 2026



The World Skate Games 2026 Official Event Calendar is now available @ [World Skate Games 2026 Information](#)



Upcoming Championship Information



NATIONAL CHAMPIONSHIP DATES AND LOCATION: ARTISTIC AND SPEED

2026 - Speedway Sports Complex - Lincoln, Neb.

- SPEED - July 7-15 (**practice is July 8**/team check-in is July 7)
- ARTISTIC - July 17 - August 2

2027 - Speedway Sports Complex - Lincoln, Neb.

- SPEED - July 6-14 (**practice is July 7**/team check-in is July 6)
- ARTISTIC - July 16 - August 1

***Detailed schedules will be posted at usarollersports.org**
Speedway Sports Complex is located at:

345 Speedway Circle
Lincoln, NE 68502

Join us for the C
Championships to be run
concurrently with the
National Championships

Upcoming Training Information



USA
ROLLER SPORTS

USA Roller Sports Artistic Seminar



Semoran Skateway
2670 Cassel Creek Blvd.
Casselberry, FL 32707



Nicola Genchi
World Skate ATC Chairman

● **SEMINAR FOR SKATERS,
OFFICIALS, AND COACHES**

● **FREE SKATING,
SOLO DANCE,
COUPLES DANCE,
AND PAIRS**



**Registration details
coming soon!**

● **RULES, UPDATES,
AND MORE!**

**In-rink
Friday and
Sunday.**

Semoran
Skateway

**Saturday
classroom
lessons.**

TBD

January 23-25, 2026

USA Coaches will receive
continuing education credit.



Any questions?
artisticseminar26@gmail.com





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USA ROLLER SPORTS MERCHANDISE &
FAN WEAR- MUSEUM MERCHANDISE-
TEAM USA AND FANATICS

Questions from the Field

[Click here](#) to watch the Webinar for responses to the following questions.



Questions:

1-simplifying the national entry process

2-New American dances added this year.

3-Consideration to some of the requirements in the younger/lower divisions. Some of the items are too big of a leap from one division to the next, as well as some of the "B" are closer to "A". More emphasis needs to be placed on our Domestic program or we will lose our customers. Not everyone is cut out or will be in our Sport long enough to be World Skate capable. I have full respect for the WS platform, but we must skillfully structure our Domestic. Use the Roll Art scoring system for Domestic but cater to our Domestic skaters for the requirements. Thank You!

4-I noticed this past year what appears to be a distinct shift in the judging preferences in the CREATIVE SOLO events. Many of the medal winners appeared to have focused less on the creative aspect, as had been awarded in the past; and more on World Skate type dance steps and footwork. Especially evident in the Classic event. Understand there's some ambiguity because it's in the Show category. Classic Freestyle and it's evolution.

5-Costume one piece clarification please.

6-Understand changes to Espoir and Elementary dance, freestyle, figures, and loops events.



Questions:

7- C championship. When and qualifications rules

8-Coaches certification levels and how to move up.

9-Overview of new World Skate Rules; specifically one set cluster for dance, specifically combo jumps and spins for freestyle.

10-Can the season's skating schedule for all the regional clubs be decided at the start of the season and disseminated to all the club members. Really frustrating that the USARS community does very poorly in providing the information and have to rely on word of mouth .

11-World Skate Academy Dance and Freeskating courses. Are World Skate/International elements permissible in Domestic events such as international runs without penalization?

USA Roller Sports Coaches Certification Roll Out

USA Roller Sports Coaches Certification Program

Updated Structure for Coaches Certification

USA Roller Sports has updated the program for continuing education for all USARS Coaches.

Coaching certification levels will be based on each individual's chosen level of participation in this USARS program.

Experienced and new coaches alike will benefit from the updated structure of training.




USARS Coaches Education Certification Program

AC1, AC2, and AC3 coaches tests will soon be accessible online. This initiative aims to provide greater convenience and flexibility for all participants.

Stay tuned for further updates, including the exact launch date and detailed instructions on accessing the tests.



USA Roller Sports Coaches Certification Program




**AC1 - BASIC
USARS Figure Coach**

Prerequisite
Pass the General Figure Skating Basics Certification Test

The AC1 USARS National Basics Test is good for 1 year only


*Annual Continued Education



**AC2 - PROFESSIONAL
USARS Figure Coach**

Prerequisite
AC1 Coach for 1 year
+
Pass the Standard AC2 Certification Test


*Annual Continued Education



**AC3 - ADVANCED
USARS Figure Coach**

Prerequisite
AC2 Coach for a minimum of 3 years
+
Pass the Standard AC3 Certification Test

*Annual Continued Education



NEW - SPECIALIST - USARS Figure Coach

Prerequisite... AC2 Coach +
Begin discipline specific training at the AC2 Professional Level
Pass the Standard AC3 Advanced Certification test

Pass the Specialist Certification Test which can include any of the following USARS disciplines: Figures, Dance, Free Skating, Pairs or Precision.

- Applies toward your coaches renewal requirements
- Recognition in newsletters and at National Championships
- Pins for each specialty discipline

*Annual Continued Education



USARS Elite Coach - Candidates for USARS Elite Coach shall continue to be selected by the Elite Coaches Committee and the Board of Directors. Continued Education encouraged.



World Skate Academy Certification - USARS Certified World Skate Artistic Coaches must be approved by USARS. Prerequisites: AC3 Advanced, Specialists or Elite Certified coaches and recommended for coaches with skaters participating in all World Skate age categories. World Skate decides each year how many coaches it accepts per discipline. For more details visit: www.worldskate.org/about/world-skate-academy



Those interested in teaching Star Skate or similar Learn to Skate group classes to new, beginner and non-competitive skaters. This can include gym teachers, fitness trainers, school instructors recreation center staff and others who are not USARS based. **USARS Star Skate Registered Developmental Coaches**, age 18 +, cannot coach a competitive events or give private lessons. **USARS Star Skate Registered Apprentice Coaches**, age 16-17, must be accompanied by a USARS Certified Coach. For more details visit: www.learnroller skate.org/



National Governing Body for Roller Sports

[Click here](#) for a link
to the coaches
certification
brochure.



Thank you for attending!