

## **WSO PA-WV MEETING**

**May 18, 2022**

**Meeting Called by: Jim Rutter, President at 7:40pm**

### **Attendees:**

Jim Rutter, Kyle Fields, Tom Duer, Alfred Rizk, Fred Dorman, Kristen Erickson, Mariah Park, Michelle Picking

## **AGENDA ITEMS: Old Business**

### **State Championship Info – CHANGED**

**Date: October 8 & 9**

**Location: Dorman's Sport Performance, Altoona**

**Hotels: Fred has 2 hotels he's used in the past – will communicate about block rates**

**Registration Fee: \$85 individual, \$50 Team – CoEd 8-10 per team**

**Jim to work on getting this sanctioned, he's speaking with Alexandra.**

**Need method of connecting with clubs – Jim has means to pull emails from WSO side of USA Weightlifting. Can forward an updated list.**

**Need to start compiling records for both WV and PA so we know what the last current record was. Both old weight classes and new ones if there are any. Jim going to get database to Kristen so she can start compiling ones for PA. Alfred to work on WV**

### **IMPORTANT INFO:**

**COMPETITION PLATFORMS – 2**

**COMPETITION SETS – 2**

**LIST OF WHAT WE HAVE VS WHAT'S NEEDED – FRED WILL MAKE AND SEND OUT IN WHAT'S APP**

**LIGHT BOXES – MARIAH HAS ONE (GET SCHEMATIC TO MICHELLE- Jim could probably build one) KYLE MAY HAVE ACCESS TO ANOTHER ONE  
KYLE DOING CANVA DESIGN TO POST ON IG  
MEET - 2 DAYS CAPPED AT 240 ATHLETES  
MEDALS FOR – SNATCH, CJ, TOTAL IN ALL CLASSES (YOUTH, JUNIOR, SENIOR, MASTERS)**

**PRIZES OR PACKAGES – TOM SENDING LIST OUT OF WHAT THEY'VE USED IN PAST FOR VENDOR TIERS/PACKAGE OPTIONS**

**HEAD SHOTS AND BIO'S TO KYLE FOR IG -  
Still need: Fred, Mariah, Tom, Jim, Kristen  
Please get them to him as soon as possible.**

**TIERED SYSTEM FOR ATHLETE SUPPORT -  
Kyle to resend this so all can review and vote on it next meeting**

**ELITE ATHLETES –  
Mariah has list and will begin reaching out this coming week. Will give report next meeting**

**MENTORSHIP PROGRAM –  
Need to get something out to all clubs and CF gyms  
Offer up and coming coaches ½ hour phone call with their choice of coach  
First 3-5 who are offered.  
Need to send Jim how much we're willing to do and in what capacity so he knows how to pair**

**NEXT MEETING WILL BE HELD DURING NATIONALS WEEK ONCE SCHEDULE COMES OUT.**

**Michelle to put reminder in What's App on the 28<sup>th</sup> which should be after the schedule is out. Once I have everyone's schedule, I'll come up with several options for us to meet. May be hybrid with some people not being in town yet etc.**

