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2024 U20 Pan American & World Team Selection Process (Women)

Birth Years: 2004-2007 Location: Spokane, WA Date: April 12-14, 2024

UWW U20 Pan American & World Weights
50 kg
53 kg
55 kg
57 kg
59 kg
62 kg
65 kg
68 kg
72 kg
76 kg

Above are the ten UWW U20 weights (kgs) that will be used in determining the 2024 U20 Pan American & World Teams. The trials event will take place at the Women's Age Group Nationals in Spokane, WA on April 12-14, 2024. No true seconds will be wrestled at this event.

The U20 World Championships are currently scheduled for September 2-8, 2024, in Pontevedra, Spain. USA Wrestling will follow rank order 1st-8th place finish for selection of the 2024 World Team. Finals will be a best of three series.

The U20 Pan American Championships are currently scheduled for July 11-14, 2024, in Lima, Peru. USA Wrestling will follow rank order 2nd-8th place finish for selection of the 2024 Pan American Team.

*A passport will be required, so it is highly recommended that you plan on securing a passport at your earliest convenience. USA Wrestling will work down the list in rank order. If for any reason an athlete can't make the weight or is unable to pay the participation fee, USA Wrestling reserves the right to take the necessary steps to fill the team as quickly as possible.

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