



# USA National Karate-do Federation National Championships and Team Trials Division Lists



## JUNIOR ELITE (NATIONAL TEAM TRIAL) DIVISIONS

**YOU MUST BE A U.S. CITIZEN TO ENTER ANY DIVISION ON THIS PAGE!**

Elite Divisions are for those competitors that are attempting to become members of the US Senior or Junior National Teams. To enter any of these divisions the competitor **MUST** be a U.S. Citizen at the time the registration is submitted. Competitors that medal in these divisions are eligible to become a member of the National Team Pool in accordance with the USA-NKF team guidelines. Any person competing in an Elite Division must compete as Advanced or higher in ALL other divisions in which they compete.

**Be prepared to show proof of citizenship even if you have already submitted it!**

## JR CADET, CADET, JUNIOR & UNDER 21 ELITE KUMITE

A competitor may compete in exactly ONE of the following divisions

<b>ES500</b>	12-13 Male Elite Kumite -40 Kg	<b>ES514</b>	14-15 Female Elite Kumite -47 Kg	<b>ES528</b>	18-20 Male Elite Kumite -60 Kg
<b>ES501</b>	12-13 Male Elite Kumite -45 Kg	<b>ES515</b>	14-15 Female Elite Kumite -54 Kg	<b>ES529</b>	18-20 Male Elite Kumite -67 Kg
<b>ES502</b>	12-13 Male Elite Kumite -50 Kg	<b>ES516</b>	14-15 Female Elite Kumite -61 Kg	<b>ES530</b>	18-20 Male Elite Kumite -75 Kg
<b>ES503</b>	12-13 Male Elite Kumite -55 Kg	<b>ES517</b>	14-15 Female Elite Kumite +61 Kg	<b>ES531</b>	18-20 Male Elite Kumite -84 Kg
<b>ES504</b>	12-13 Male Elite Kumite +55 Kg			<b>ES532</b>	18-20 Male Elite Kumite +84 Kg
		<b>ES518</b>	16-17 Male Elite Kumite -55 Kg		
<b>ES505</b>	12-13 Female Elite Kumite -42 Kg	<b>ES519</b>	16-17 Male Elite Kumite -61 Kg	<b>ES533</b>	18-20 Female Elite Kumite -50 Kg
<b>ES506</b>	12-13 Female Elite Kumite -47 Kg	<b>ES520</b>	16-17 Male Elite Kumite -68 Kg	<b>ES534</b>	18-20 Female Elite Kumite -55 Kg
<b>ES507</b>	12-13 Female Elite Kumite -52 Kg	<b>ES521</b>	16-17 Male Elite Kumite -76 Kg	<b>ES535</b>	18-20 Female Elite Kumite -61 Kg
<b>ES508</b>	12-13 Female Elite Kumite +52Kg	<b>ES522</b>	16-17 Male Elite Kumite +76 Kg	<b>ES536</b>	18-20 Female Elite Kumite -68 Kg
				<b>ES537</b>	18-20 Female Elite Kumite +68 Kg
<b>ES509</b>	14-15 Male Elite Kumite -52 Kg	<b>ES523</b>	16-17 Female Elite Kumite -48 Kg		
<b>ES510</b>	14-15 Male Elite Kumite -57 Kg	<b>ES524</b>	16-17 Female Elite Kumite -53 Kg		
<b>ES511</b>	14-15 Male Elite Kumite -63 Kg	<b>ES525</b>	16-17 Female Elite Kumite -59 Kg		
<b>ES512</b>	14-15 Male Elite Kumite -70 Kg	<b>ES526</b>	16-17 Female Elite Kumite -66 Kg		
<b>ES513</b>	14-15 Male Elite Kumite +70 Kg	<b>ES527</b>	16-17 Female Elite Kumite +66 Kg		

## JR CADET, CADET, JUNIOR & UNDER 21 ELITE KATA

A competitor may compete in exactly ONE of the following divisions

<b>EK500</b>	12-13 Male Elite Kata	<b>EK504</b>	16-17 Male Elite Kata	<b>EK506</b>	18-20 Male Elite Kata
<b>EK501</b>	12-13 Female Elite Kata	<b>EK505</b>	16-17 Female Elite Kata	<b>EK507</b>	18-20 Female Elite Kata
<b>EK502</b>	14-15 Male Elite Kata				
<b>EK503</b>	14-15 Female Elite Kata				

## ELITE TEAM KATA

Medaling in these categories does **NOT** guarantee participation at any international event. Final decisions regarding Team Kata participation will be made by the USA Karate National Team Committee

Competitors in these categories must be prepared to demonstrate Bunkai in appropriate rounds as perscribed by WKF/USA Karate Rules of Competition

<b>ETK500</b>	14-17 Male Elite Team Kata		<b>ETK502</b>	18-20 Male Elite Team Kata
<b>ETK501</b>	14-17 Female Elite Team Kata		<b>ETK503</b>	18-20 Female Elite Team Kata



# USA National Karate-do Federation National Championships and Team Trials Division Lists



## NON ELITE KATA

A competitor may compete in exactly ONE of the following divisions

K300	5 & Under Female Beg/Nov Kata	K344	11 Female Intermediate Kata	K388	16 Male Intermediate Kata
K301	5 & Under Male Beg/Nov Kata	K345	11 Female Advanced Kata	K389	16 Male Advanced Kata
K302	6 Female Beginner Kata	K346	11 Male Beginner Kata	K390	17 Female Beginner Kata
K303	6 Female Novice Kata	K347	11 Male Novice Kata	K391	17 Female Novice Kata
K304	6 Female Intermediate Kata	K348	11 Male Intermediate Kata	K392	17 Female Intermediate Kata
K305	6 Female Advanced Kata	K349	11 Male Advanced Kata	K393	17 Female Advanced Kata
K306	6 Male Beginner Kata	K350	12 Female Beginner Kata	K394	17 Male Beginner Kata
K307	6 Male Novice Kata	K351	12 Female Novice Kata	K395	17 Male Novice Kata
K308	6 Male Intermediate Kata	K352	12 Female Intermediate Kata	K396	17 Male Intermediate Kata
K309	6 Male Advanced Kata	K353	12 Female Advanced Kata	K397	17 Male Advanced Kata
K310	7 Female Beginner Kata	K354	12 Male Beginner Kata	K398	18-34 Female Beginner Kata
K311	7 Female Novice Kata	K355	12 Male Novice Kata	K399	18-34 Female Novice Kata
K312	7 Female Intermediate Kata	K356	12 Male Intermediate Kata	K400	18-34 Female Intermediate Kata
K313	7 Female Advanced Kata	K357	12 Male Advanced Kata	K401	18-34 Male Beginner Kata
K314	7 Male Beginner Kata	K358	13 Female Beginner Kata	K402	18-34 Male Novice Kata
K315	7 Male Novice Kata	K359	13 Female Novice Kata	K403	18-34 Male Intermediate Kata
K316	7 Male Intermediate Kata	K360	13 Female Intermediate Kata	K404	35 & Over Female Beg/Nov Kata
K317	7 Male Advanced Kata	K361	13 Female Advanced Kata	K405	35 & Over Female Int/Adv Kata
K318	8 Female Beginner Kata	K362	13 Male Beginner Kata	K406	45 & Over Female Beg/Nov Kata
K319	8 Female Novice Kata	K363	13 Male Novice Kata	K407	45 & Over Female Int/Adv Kata
K320	8 Female Intermediate Kata	K364	13 Male Intermediate Kata	K408	55 & Over Female Beg/Nov Kata
K321	8 Female Advanced Kata	K365	13 Male Advanced Kata	K409	55 & Over Female Int/Adv Kata
K322	8 Male Beginner Kata	K366	14 Female Beginner Kata	K410	35 & Over Male Beg/Nov Kata
K323	8 Male Novice Kata	K367	14 Female Novice Kata	K411	35 & Over Male Int/Adv Kata
K324	8 Male Intermediate Kata	K368	14 Female Intermediate Kata	K412	45 & Over Male Beg/Nov Kata
K325	8 Male Advanced Kata	K369	14 Female Advanced Kata	K413	45 & Over Male Int/Adv Kata
K326	9 Female Beginner Kata	K370	14 Male Beginner Kata	K414	55 & Over Male Beg/Nov Kata
K327	9 Female Novice Kata	K371	14 Male Novice Kata	K415	55 & Over Male Int/Adv Kata
K328	9 Female Intermediate Kata	K372	14 Male Intermediate Kata	K416	Female 18-34 Advanced Kata*
K329	9 Female Advanced Kata	K373	14 Male Advanced Kata	K417	Male 18-34 Advanced Kata*
K330	9 Male Beginner Kata	K374	15 Female Beginner Kata	<b>*These divisions are to both US Citizens &amp; Non-US Citizens. Competitors in these divisions may not compete in Senior (Adult) Elite/Team Trial Kata</b>	
K331	9 Male Novice Kata	K375	15 Female Novice Kata		
K332	9 Male Intermediate Kata	K376	15 Female Intermediate Kata		
K333	9 Male Advanced Kata	K377	15 Female Advanced Kata		
K334	10 Female Beginner Kata	K378	15 Male Beginner Kata		
K335	10 Female Novice Kata	K379	15 Male Novice Kata		
K336	10 Female Intermediate Kata	K380	15 Male Intermediate Kata		
K337	10 Female Advanced Kata	K381	15 Male Advanced Kata		
K338	10 Male Beginner Kata	K382	16 Female Beginner Kata		
K339	10 Male Novice Kata	K383	16 Female Novice Kata		
K340	10 Male Intermediate Kata	K384	16 Female Intermediate Kata		
K341	10 Male Advanced Kata	K385	16 Female Advanced Kata		
K342	11 Female Beginner Kata	K386	16 Male Beginner Kata		
K343	11 Female Novice Kata	K387	16 Male Novice Kata		

**BEGINNER (Beg):=10th kyu-8th kyu/1 Year of Training & Under    NOVICE (Nov):=7th kyu-5th kyu/1-2 Years of Training**

**INTERMEDIATE (Int):=4th kyu-2nd kyu/2-4 Years of Training    ADVANCED (Adv):=1st kyu & higher/4+ Years of Training**

**ELITE (Elt): Recommended Minimum Rank of 1st Dan & 5+ Years of Training**

A competitor must compete at the same age level in all event categories in which they compete.

Note: A competitor over 34 years of age may choose to compete in divisions restricted to 18-34 years of age, however if they do so they must compete as 18-34 in ALL event categories.



Where Olympic Journeys Begin



# USA National Karate-do Federation National Championships and Team Trials Division Lists



## NON ELITE KUMITE

A competitor may compete in exactly ONE of the following divisions

S300	5 & Under Female Beg/Nov Kumite	S343	11 Female Novice Kumite	S386	16 Male Beginner Kumite	S404	18-34 Female Adv Kumite* -65Kg
S301	5 & Under Male Beg/Nov Kumite	S344	11 Female Intermediate Kumite	S387	16 Male Novice Kumite	S405	18-34 Female Adv Kumite* +65Kg
S302	6 Female Beginner Kumite	S345	11 Female Advanced Kumite	S388	16 Male Intermediate Kumite	S406	18-34 Male Adv Kumite* -75Kg
S303	6 Female Novice Kumite	S346	11 Male Beginner Kumite	S389	16 Male Advanced Kumite	S407	18-34 Male Adv Kumite* +75Kg
S304	6 Female Intermediate Kumite	S347	11 Male Novice Kumite	S390	17 Female Beginner Kumite	S408	35+ Female Beginner Kumite
S305	6 Female Advanced Kumite	S348	11 Male Intermediate Kumite	S391	17 Female Novice Kumite	S409	35+ Female Novice Kumite
S306	6 Male Beginner Kumite	S349	11 Male Advanced Kumite	S392	17 Female Intermediate Kumite	S410	35+ Female Intermediate Kumite
S307	6 Male Novice Kumite	S350	12 Female Beginner Kumite	S393	17 Female Advanced Kumite	S411	35+ Female Advanced Kumite
S308	6 Male Intermediate Kumite	S351	12 Female Novice Kumite	S394	17 Male Beginner Kumite	S412	35+ Male Beginner Kumite
S309	6 Male Advanced Kumite	S352	12 Female Intermediate Kumite	S395	17 Male Novice Kumite	S413	35+ Male Novice Kumite
S310	7 Female Beginner Kumite	S353	12 Female Advanced Kumite	S396	17 Male Intermediate Kumite	S414	35+ Male Intermediate Kumite
S311	7 Female Novice Kumite	S354	12 Male Beginner Kumite	S397	17 Male Advanced Kumite	S415	35+ Male Advanced Kumite
S312	7 Female Intermediate Kumite	S355	12 Male Novice Kumite	S398	18-34 Female Beginner Kumite	S416	45+ Male Advanced Kumite
S313	7 Female Advanced Kumite	S356	12 Male Intermediate Kumite	S399	18-34 Female Novice Kumite	S417	55+ Male Advanced Kumite
S314	7 Male Beginner Kumite	S357	12 Male Advanced Kumite	S400	18-34 Female Intermediate Kumite	S418	45+ Female Advanced Kumite
S315	7 Male Novice Kumite	S358	13 Female Beginner Kumite	S401	18-34 Male Beginner Kumite	S419	55+ Female Advanced Kumite
S316	7 Male Intermediate Kumite	S359	13 Female Novice Kumite	S402	18-34 Male Novice Kumite		
S317	7 Male Advanced Kumite	S360	13 Female Intermediate Kumite	S403	18-34 Male Intermediate Kumite		
S318	8 Female Beginner Kumite	S361	13 Female Advanced Kumite	<b>*These divisions are open to both US Citizens &amp; Non-US Citizens. Competitors in these divisions may not compete in Senior (Adult) Elite/Team Trial Kumite</b>			
S319	8 Female Novice Kumite	S362	13 Male Beginner Kumite				
S320	8 Female Intermediate Kumite	S363	13 Male Novice Kumite				
S321	8 Female Advanced Kumite	S364	13 Male Intermediate Kumite				
S322	8 Male Beginner Kumite	S365	13 Male Advanced Kumite				
S323	8 Male Novice Kumite	S366	14 Female Beginner Kumite	ES610	18-34 Male Open Kumite**	ES611	18-34 Female Open Kumite**
S324	8 Male Intermediate Kumite	S367	14 Female Novice Kumite	<b>**These divisions are open to both US Citizens &amp; Non-US Citizens. Advance Competitors may also compete in the open weight division</b>			
S325	8 Male Advanced Kumite	S368	14 Female Intermediate Kumite				
S326	9 Female Beginner Kumite	S369	14 Female Advanced Kumite				
S327	9 Female Novice Kumite	S370	14 Male Beginner Kumite				
S328	9 Female Intermediate Kumite	S371	14 Male Novice Kumite				
S329	9 Female Advanced Kumite	S372	14 Male Intermediate Kumite				
S330	9 Male Beginner Kumite	S373	14 Male Advanced Kumite				
S331	9 Male Novice Kumite	S374	15 Female Beginner Kumite				
S332	9 Male Intermediate Kumite	S375	15 Female Novice Kumite				
S333	9 Male Advanced Kumite	S376	15 Female Intermediate Kumite				
S334	10 Female Beginner Kumite	S377	15 Female Advanced Kumite				
S335	10 Female Novice Kumite	S378	15 Male Beginner Kumite				
S336	10 Female Intermediate Kumite	S379	15 Male Novice Kumite				
S337	10 Female Advanced Kumite	S380	15 Male Intermediate Kumite				
S338	10 Male Beginner Kumite	S381	15 Male Advanced Kumite				
S339	10 Male Novice Kumite	S382	16 Female Beginner Kumite				
S340	10 Male Intermediate Kumite	S383	16 Female Novice Kumite				
S341	10 Male Advanced Kumite	S384	16 Female Intermediate Kumite				
S342	11 Female Beginner Kumite	S385	16 Female Advanced Kumite				

BEGINNER (Beg):=10th kyu-8th kyu/1 Year of Training & Under NOVICE (Nov):=7th kyu-5th kyu/1-2 Years of Training

INTERMEDIATE (Int):=4th kyu-2nd kyu/2-4 Years of Training ADVANCED (Adv):=1st kyu & higher/4+ Years of Training

ELITE (El): Recommended Minimum Rank of 1st Dan & 5+ Years of Training

A competitor must compete at the same age & skill level in all event categories in which they compete.

Note: A competitor over 34 years of age may choose to compete in divisions restricted to 18-34 years of age, however if they do so they must compete as 18-34 in ALL event categories.

# USA National Karate-do Federation National Championships and Team Trials Division Lists



A Competitor may compete in ONE of the following divisions

## LONG WEAPONS - KOBUDO

<b>WB300</b>	9 & Under Female Beg/Nov Bo	<b>WB313</b>	12-13 Male Beg/Nov Bo	<b>WB325</b>	16-17 Male Beg/Nov Bo
<b>WB301</b>	9 & Under Female Int/Adv Bo	<b>WB314</b>	12-13 Male Int Bo	<b>WB326</b>	16-17 Male Int Bo
<b>WB302</b>	9 & Under Male Beg/Nov Bo	<b>WB315</b>	12-13 Male Adv Bo	<b>WB327</b>	16-17 Male Adv Bo
<b>WB303</b>	9 & Under Male Int/Adv Bo	<b>WB316</b>	14-15 Female Beg/Nov Bo	<b>WB328</b>	18-34 Female Beg/Nov Bo
<b>WB304</b>	10-11 Female Beg/Nov Bo	<b>WB317</b>	14-15 Female Int Bo	<b>WB329</b>	18-34 Female Int Bo
<b>WB305</b>	10-11 Female Int Bo	<b>WB318</b>	14-15 Female Adv Bo	<b>WB330</b>	18-34 Female Adv Bo
<b>WB306</b>	10-11 Female Adv Bo	<b>WB319</b>	14-15 Male Beg/Nov Bo	<b>WB331</b>	18-34 Male Beg/Nov Bo
<b>WB307</b>	10-11 Male Beg/Nov Bo	<b>WB320</b>	14-15 Male Int Bo	<b>WB332</b>	18-34 Male Int Bo
<b>WB308</b>	10-11 Male Int Bo	<b>WB321</b>	14-15 Male Adv Bo	<b>WB333</b>	18-34 Male Adv Bo
<b>WB309</b>	10-11 Male Adv Bo	<b>WB322</b>	16-17 Female Beg/Nov Bo	<b>WB334</b>	35+ Female Bo
<b>WB310</b>	12-13 Female Beg/Nov Bo	<b>WB323</b>	16-17 Female Int Bo	<b>WB335</b>	35+ Male Bo
<b>WB311</b>	12-13 Female Int Bo	<b>WB324</b>	16-17 Female Adv Bo		
<b>WB312</b>	12-13 Female Adv Bo				

## SHORT WEAPONS - KOBUDO

(Sai, Tonfa, Kama & Nunchaku)					
		<b>WS313</b>	12-13 Male Beg/Nov Short Weapons	<b>WS325</b>	16-17 Male Beg/Nov Short Weapons
<b>WS300</b>	9 & Under Female Beg/Nov Short Weapon	<b>WS314</b>	12-13 Male Int Short Weapons	<b>WS326</b>	16-17 Male Int Short Weapons
<b>WS301</b>	9 & Under Female Int/Adv Short Weapons	<b>WS315</b>	12-13 Male Adv Short Weapons	<b>WS327</b>	16-17 Male Adv Short Weapons
<b>WS302</b>	9 & Under Male Beg/Nov Short Weapons	<b>WS316</b>	14-15 Female Beg/Nov Short Weapons	<b>WS328</b>	Female 18-34 Beg/Nov Short Weapons
<b>WS303</b>	9 & Under Male Int/Adv Short Weapons	<b>WS317</b>	14-15 Female Int Short Weapons	<b>WS329</b>	Female 18-34 Int Short Weapons
<b>WS304</b>	10-11 Female Beg/Nov Short Weapons	<b>WS318</b>	14-15 Female Adv Short Weapons	<b>WS330</b>	Female 18-34 Adv Short Weapons
<b>WS305</b>	10-11 Female Int Short Weapons	<b>WS319</b>	14-15 Male Beg/Nov Short Weapons	<b>WS331</b>	Male 18-34 Beg/Nov Short Weapons
<b>WS306</b>	10-11 Female Adv Short Weapons	<b>WS320</b>	14-15 Male Int Short Weapons	<b>WS332</b>	Male 18-34 Int Short Weapons
<b>WS307</b>	10-11 Male Beg/Nov Short Weapons	<b>WS321</b>	14-15 Male Adv Short Weapons	<b>WS333</b>	Male 18-34 Adv Short Weapons
<b>WS308</b>	10-11 Male Int Short Weapons	<b>WS322</b>	16-17 Female Beg/Nov Short Weapons	<b>WS334</b>	35+ Female Short Weapons
<b>WS309</b>	10-11 Male Adv Short Weapons	<b>WS323</b>	16-17 Female Int Short Weapons	<b>WS335</b>	35+ Male Short Weapons
<b>WS310</b>	12-13 Female Beg/Nov Short Weapons	<b>WS324</b>	16-17 Female Adv Short Weapons		
<b>WS311</b>	12-13 Female Int Short Weapons				
<b>WS312</b>	12-13 Female Adv Short Weapons				

## IAIDO/SWORD

A competitor may compete in exactly ONE of the following divisions

<b>IS300</b>	Iaido/Sword Nov Division	<b>IS301</b>	Iaido/Sword Int Division	<b>IS302</b>	Iaido/Sword Adv Division
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**BEGINNER (Beg):=10th kyu-8th kyu/1 Year of Training & Under    NOVICE (Nov):=7th kyu-5th kyu/1-2 Years of Training**  
**INTERMEDIATE (Int):=4th kyu-2nd kyu/2-4 Years of Training    ADVANCED (Adv):=1st kyu & higher/4+ Years of Training**  
**ELITE (Elt): Recommended Minimum Rank of 1st Dan & 5+ Years of Training**

A competitor must compete at the same age level in all event categories in which they compete.  
 Note: A competitor over 34 years of age may choose to compete in divisions restricted to 18-34 years of age,  
 however if they do so they must compete as 18-34 in ALL event categories.



Where Olympic Journeys Begin

# USA National Karate-do Federation National Championships and Team Trials Division Lists



## SENIOR ELITE DIVISIONS

YOU **MUST** BE A U.S. CITIZEN TO ENTER ANY DIVISION ON THIS PAGE!  
READ THESE INSTRUCTIONS CAREFULLY BEFORE REGISTERING.

Elite Divisions are for those competitors that are attempting to become members of the US Senior or Junior National Teams. To enter any of these divisions the competitor **MUST** be a U.S. Citizen at the time the registration is submitted. Competitors that medal in these divisions are eligible to become a member of the National Team Pool in accordance with the USA-NKF team guidelines. Any person competing in an Elite Division must compete as Advanced or higher in ALL other divisions in which they compete.

Be prepared to show proof of citizenship even if you have already submitted it!

## SENIOR ELITE KATA

A competitor may compete in exactly ONE of the following divisions

<b>EK600</b>	16-34 Male Elite Kata		<b>EK601</b>	16-34 Female Elite Kata
<b>Blind Visually Impaired Divisions</b>			<b>Wheelchair Divisions</b>	
<b>EPK400</b>	16+ Female Elite Para-Kata		<b>EPK402</b>	16+ Female Para-Kata
<b>EPK401</b>	16+ Male Elite Para-Kata		<b>EPK403</b>	16+ Male Para-Kata
<b>Intellectually Impaired Divisions with Downs Syndrome</b>			<b>Intellectually Impaired Divisions without Downs Syndrome</b>	
<b>EPK404</b>	16+ Female Elite Para-Kata		<b>EPK406</b>	16+ Female Elite Para-Kata
<b>EPK405</b>	16+ Male Elite Para-Kata		<b>EPK407</b>	16+ Male Elite Para-Kata

## ELITE TEAM KATA

Competitors in these categories must be prepared to demonstrate Bunkai in appropriate rounds as perscribed by WKF/USA Karate Rules of Competition

<b>ETK600</b>	16-34 Male Elite Team Kata		<b>ETK601</b>	16-34 Female Elite Team Kata
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## SENIOR ELITE KILO KUMITE

A competitor may compete in exactly ONE of the following divisions

<b>ES600</b>	18-34 Male Elite Kumite -60 Kg		<b>ES605</b>	18-34 Female Elite Kumite -50 Kg
<b>ES601</b>	18-34 Male Elite Kumite -67 Kg		<b>ES606</b>	18-34 Female Elite Kumite -55 Kg
<b>ES602</b>	18-34 Male Elite Kumite -75 Kg		<b>ES607</b>	18-34 Female Elite Kumite -61Kg
<b>ES603</b>	18-34 Male Elite Kumite -84 Kg		<b>ES608</b>	18-34 Female Elite Kumite -68Kg
<b>ES604</b>	18-34 Male Elite Kumite +84 Kg		<b>ES609</b>	18-34 Female Elite Kumite +68Kg

## SENIOR KUIIMTE

A competitor may compete in exactly ONE of the following divisions

\*These divisions are open to both US Citizens & Non-US Citizens. Advance and Elite competitors ages 18-34 may compete in Open Kumite

<b>ES610</b>	18-34 Male Open Kumite		<b>ES611</b>	18-34 Female Open Kumite
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# USA National Karate-do Federation National Championships and Team Trials Division Lists



<b>STYLE SPECIFIC KATA</b>				
A competitor may compete in exactly ONE of the following divisions				
<b>Shito-Ryu Kata</b>			<b>Goju-Ryu Kata</b>	
<b>SK300</b>	16-34 Female Adv Shito-Ryu Kata		<b>SK304</b>	16-34 Female Adv Goju-Ryu Kata
<b>SK301</b>	16-34 Male Adv Shito-Ryu Kata		<b>SK305</b>	16-34 Male Adv Goju-Ryu Kata
<b>Shotokan Kata</b>			<b>Wado-Ryu Kata</b>	
<b>SK302</b>	16-34 Female Adv Shotokan Kata		<b>SK306</b>	16-34 Female Adv Wado-Ryu Kata
<b>SK303</b>	16-34 Male Adv Shotokan Kata		<b>SK307</b>	16-34 Male Adv Wado-Ryu Kata

## PARA-KARATE

Blind Visually Impaired Divisions		Wheelchair Divisions		Para-Weapons	
<b>PK300</b>	17 & Under Female Beg/Nov Para-Kata	<b>PK316</b>	17 & Under Female Beg/Nov Para-Kata	<b>PK332</b>	17 & Under Female Beg/Nov
<b>PK301</b>	17 & Under Female Int/Adv Para-Kata	<b>PK317</b>	17 & Under Female Int/Adv Para-Kata	<b>PK333</b>	17 & Under Female Int/Adv
<b>PK302</b>	17 & Under Male Beg/Nov Para-Kata	<b>PK318</b>	17 & Under Male Beg/Nov Para-Kata	<b>PK334</b>	17 & Under Male Beg/Nov
<b>PK303</b>	17 & Under Male Int/Adv Para-Kata	<b>PK319</b>	17 & Under Male Int/Adv Para-Kata	<b>PK335</b>	17 & Under Male Int/Adv
<b>PK304</b>	18+ Female Beg/Nov Para-Kata	<b>PK320</b>	18+ Female Beg/Nov Para-Kata	<b>PK336</b>	18+ Female Beg/Nov
<b>PK305</b>	18+ Female Int/Adv Para-Kata	<b>PK321</b>	18+ Female Int/Adv Para-Kata	<b>PK337</b>	18+ Female Int/Adv
<b>PK306</b>	18+ Male Beg/Nov Para-Kata	<b>PK322</b>	18+ Male Beg/Nov Para-Kata	<b>PK338</b>	18+ Male Beg/Nov
<b>PK307</b>	18+ Male Int/Adv Para-Kata	<b>PK323</b>	18+ Male Int/Adv Para-Kata	<b>PK339</b>	18+ Male Int/Adv
Intellectually Impaired Divisions with Downs Syndrome		Intellectually Impaired Divisions without Downs Syndrome		Physical Disability (Non Wheelchair bound) without Intellectual Disability Divisions	
<b>PK308</b>	17 & Under Female Beg/Nov Para-Kata	<b>PK324</b>	17 & Under Female Beg/Nov Para-Kata	<b>PK340</b>	17 & Under Female Beg/Nov Para-Kata
<b>PK309</b>	17 & Under Female Int/Adv Para-Kata	<b>PK325</b>	17 & Under Female Int/Adv Para-Kata	<b>PK341</b>	17 & Under Female Int/Adv Para-Kata
<b>PK310</b>	17 & Under Male Beg/Nov Para-Kata	<b>PK326</b>	17 & Under Male Beg/Nov Para-Kata	<b>PK342</b>	17 & Under Male Beg/Nov Para-Kata
<b>PK311</b>	17 & Under Male Int/Adv Para-Kata	<b>PK327</b>	17 & Under Male Int/Adv Para-Kata	<b>PK343</b>	17 & Under Male Int/Adv Para-Kata
<b>PK312</b>	18+ Female Beg/Nov Para-Kata	<b>PK328</b>	18+ Female Beg/Nov Para-Kata	<b>PK344</b>	18+ Female Beg/Nov Para-Kata
<b>PK313</b>	18+ Female Int/Adv Para-Kata	<b>PK329</b>	18+ Female Int/Adv Para-Kata	<b>PK345</b>	18+ Female Int/Adv Para-Kata
<b>PK314</b>	18+ Male Beg/Nov Para-Kata	<b>PK330</b>	18+ Male Beg/Nov Para-Kata	<b>PK346</b>	18+ Male Beg/Nov Para-Kata
<b>PK315</b>	18+ Male Int/Adv Para-Kata	<b>PK331</b>	18+ Male Int/Adv Para-Kata	<b>PK347</b>	18+ Male Int/Adv Para-Kata
<b>PARA TEAM KATA</b>		*Elite Para Kata Divisions EPK400-EPK407 are listed on the Senior Elite Division Sheet			
<b>PK348</b>	Male/Female Beg/Nov				
<b>PK349</b>	Male/Female Int/Adv				

**BEGINNER (Beg):**=10th kyu-8th kyu/1 Year of Training & Under   
**NOVICE (Nov):**=7th kyu-5th kyu/1-2 Years of Training  
**INTERMEDIATE (Int):**=4th kyu-2nd kyu/2-4 Years of Training   
**ADVANCED (Adv):**=1st kyu & higher/4+ Years of Training



# USA National Karate-do Federation National Championships and Team Trials Division Lists



## TEAM KUMITE

A competitor may compete in exactly ONE of the following divisions

*\*3 athletes per team with 1 alternate*

<b>TS300</b>	7 & Under Beg/Nov Female Team Kumite	<b>TS311</b>	10-11 Int/Adv Male Team Kumite	<b>TS322</b>	16-17 Beg/Nov Male Team Kumite
<b>TS301</b>	7 & Under Int/Adv Female Team Kumite	<b>TS312</b>	12-13 Beg/Nov Female Team Kumite	<b>TS323</b>	16-17 Int/Adv Male Team Kumite
<b>TS302</b>	7 & Under Beg/Nov Male Team Kumite	<b>TS313</b>	12-13 Int/Adv Female Team Kumite	<b>TS324</b>	18-34 Beg/Nov Female Team Kumite
<b>TS303</b>	7 & Under Int/Adv Male Team Kumite	<b>TS314</b>	12-13 Beg/Nov Male Team Kumite	<b>TS325</b>	18-34 Int/Adv Female Team Kumite
<b>TS304</b>	8-9 Beg/Nov Female Team Kumite	<b>TS315</b>	12-13 Int/Adv Male Team Kumite	<b>TS326</b>	18-34 Beg/Nov Male Team Kumite
<b>TS305</b>	8-9 Int/Adv Female Team Kumite	<b>TS316</b>	14-15 Beg/Nov Female Team Kumite	<b>TS327</b>	18-34 Int/Adv Male Team Kumite
<b>TS306</b>	8-9 Beg/Nov Male Team Kumite	<b>TS317</b>	14-15 Int/Adv Female Team Kumite	<b>TS328</b>	35+ Beg/Nov Female Team Kumite
<b>TS307</b>	8-9 Int/Adv Male Team Kumite	<b>TS318</b>	14-15 Beg/Nov Male Team Kumite	<b>TS329</b>	35+ Int/Adv Female Team Kumite
<b>TS308</b>	10-11 Beg/Nov Female Team Kumite	<b>TS319</b>	14-15 Int/Adv Male Team Kumite	<b>TS330</b>	35+ Beg/Nov Male Team Kumite
<b>TS309</b>	10-11 Int/Adv Female Team Kumite	<b>TS320</b>	16-17 Beg/Nov Female Team Kumite	<b>TS331</b>	35+ Int/Adv Male Team Kumite
<b>TS310</b>	10-11 Beg/Nov Male Team Kumite	<b>TS321</b>	16-17 Int/Adv Female Team Kumite		

## TEAM KATA

if you are interested in participating in Team Kata on the Senior or Junior National Teams.

**Teams in these categories will NOT perform Bunkai in any round**

Female Divisions		Male Divisions		Mixed Gender Divisions	
<b>TK300</b>	9 & Under Beg/Nov Female Team Kata	<b>TK310</b>	9 & Under Beg/Nov Male Team Kata	<b>TK320</b>	9 & Under Beg/Nov Mixed Team Kata*
<b>TK301</b>	9 & Under Int/Adv Female Team Kata	<b>TK311</b>	9 & Under Int/Adv Male Team Kata	<b>TK321</b>	9 & Under Int/Adv Mixed Team Kata*
<b>TK302</b>	10-13 Beg/Nov Female Team Kata	<b>TK312</b>	10-13 Beg/Nov Male Team Kata	<b>TK322</b>	10-13 Beg/Nov Mixed Team Kata*
<b>TK303</b>	10-13 Int/Adv Female Team Kata	<b>TK313</b>	10-13 Int/Adv Male Team Kata	<b>TK323</b>	10-13 Int/Adv Mixed Team Kata*
<b>TK304</b>	14-17 Beg/Nov Female Team Kata	<b>TK314</b>	14-17 Beg/Nov Male Team Kata	<b>TK324</b>	14-17 Beg/Nov Mixed Team Kata*
<b>TK305</b>	14-17 Int/Adv Female Team Kata	<b>TK315</b>	14-17 Int/Adv Male Team Kata	<b>TK325</b>	14-17 Int/Adv Mixed Team Kata*
<b>TK306</b>	18-34 Beg/Nov Female Team Kata	<b>TK316</b>	18-34 Beg/Nov Male Team Kata	<b>TK326</b>	18-34 Beg/Nov Mixed Team Kata*
<b>TK307</b>	18-34 Int/Adv Female Team Kata	<b>TK317</b>	18-34 Int/Adv Male Team Kata	<b>TK327</b>	18-34 Int/Adv Mixed Team Kata*
<b>TK308</b>	35+ Beg/Nov Female Team Kata	<b>TK318</b>	35+ Beg/Nov Male Team Kata	<b>TK328</b>	35+ Beg/Nov Mixed Team Kata*
<b>TK309</b>	35+ Int/Adv Female Team Kata	<b>TK319</b>	35+ Int/Adv Male Team Kata	<b>TK329</b>	35+ Int/Adv Mixed Team Kata*
<b>Family Divisions</b>				*These divisions are for team kata of mixed gender of males and females. Team may be comprised of two males and one female or one male and two females. All competitors must meet the age requirements.	
<b>TK330</b>	Beg/Nov Family Team Kata**				
<b>TK331</b>	Int/Adv Family Team Kata**				
**These divisions are for team kata whose members are of the same immediate family. There are no gender or age requirements					

**BEGINNER (Beg):=10th kyu-8th kyu/1 Year of Training & Under    NOVICE (Nov):=7th kyu-5th kyu/1-2 Years of Training**  
**INTERMEDIATE (Int):=4th kyu-2nd kyu/2-4 Years of Training    ADVANCED (Adv):=1st kyu & higher/4+ Years of Training**  
**ELITE (Elt): Recommended Minimum Rank of 1st Dan & 5+ Years of Training**

A competitor must compete at the same age level in all event categories in which they compete.

Note: A competitor over 34 years of age may choose to compete in divisions restricted to 18-34 years of age, however if they do so they must compete as 18-34 in ALL event categories.