

# HOW TO: Upload Results to Sport80

Step 1: Download the results template

Step 2: Fill out template categories (do not add or change the template)

A	B	C	D	E	F	G	H
Lifter Membership ID	Lift Date (YYYY-MM-DD)	Age Category	Bodyweight (kg)	Snatch Weight (kg) Lift 1	Snatch Weight (kg) Lift 2	Snatch Weight (kg) Lift 3	Clean & Jerk Weight (kg) 1
123456	2001-01-01	Open Women's	100.00	100	-105	106	

Choose a category from the list

Put a (-) for a missed lift

Step 3: Click "Results Submission" in your meet sanction and click upload

Upload File

[Click here to download template](#)

No Results Have Been Submitted.

Please Note: Re-uploading results for an event will replace all current results for that event with the latest upload. Once an event has been approved you will not be able to re-upload results.

Upload File



# Troubleshooting Tips:

1. The template is text sensitive, do not use copy/paste
2. Ensure the membership id# is correct and matches the information in the athletes profile
3. Ensure the excel file is closed before you click upload

Still need help? Email us at [usaw@usaweightlifting.org](mailto:usaw@usaweightlifting.org)