

2023 U.S. Taekwondo National Championships Designated Poomsae

Black Belt World Class Divisions

FEMALE CADET 12-14	FEMALE JUNIOR 15-17	FEMALE UNDER 50 41-50	FEMALE UNDER 60 51-60	FEMALE UNDER 65 61-65	FEMALE OVER 65 66+
PRELIMINARIES	PRELIMINARIES	PRELIMINARIES	PRELIMINARIES	PRELIMINARIES	PRELIMINARIES
Taegeuk 5	Koryo	Taebak	Hansu	Hansu	Sipjin
SEMI FINALS	SEMI FINALS	SEMI FINALS	SEMI FINALS	SEMI FINALS	SEMI FINALS
Taegeuk 8	Taebak	Cheonkwon	Sipjin	Sipjin	Jitae
FINALS	FINALS	FINALS	FINALS	FINALS	FINALS
Keumgang	Taegeuk 6	Taegeuk 8	Pyongwon	Keumgang	Cheonkwon
Taegeuk 4	Taegeuk 7	Sipjin	Koryo	Pyongwon	Hansu

MALE CADET 12-14	MALE JUNIOR 15-17	MALE UNDER 50 41-50	MALE UNDER 60 51-60	MALE UNDER 65 61-65	MALE OVER 65 66+
PRELIMINARIES	PRELIMINARIES	PRELIMINARIES	PRELIMINARIES	PRELIMINARIES	PRELIMINARIES
Taegeuk 4	Taegeuk 5	Jitae	Cheonkwon	Hansu	Pyongwon
SEMI FINALS	SEMI FINALS	SEMI FINALS	SEMI FINALS	SEMI FINALS	SEMI FINALS
Koryo	Taegeuk 7	Sipjin	Taebaek	Koryo	Jitae
FINALS	FINALS	FINALS	FINALS	FINALS	FINALS
Keumgang	Taebak	Cheonkwon	Jitae	Keumgang	Taebak
Taegeuk 7	Taegeuk 6	Pyongwon	Hansu	Pyongwon	Sipjin

FEMALE UNDER 30 18-30	FEMALE UNDER 40 31-40	MALE UNDER 30 18-30	MALE UNDER 40 31-40
Round of 64	Round of 64	Round of 64	Round of 64
Taegeuk 8		Taebaek	
Pyongwon		Taegeuk 7	
Round of 32	Round of 32	Round of 32	Round of 32
Sipjin		Pyongwon	
Koryo		Taegeuk 8	
Round of 16	Round of 16	Round of 16	Round of 16
Taegeuk 6	Koryo	Sipjin	Taegeuk 8
Taebaek	Taegeuk 8	Taegeuk 6	Keumgang
Quarterfinals	Quarterfinals	Quarterfinals	Quarterfinals
Pyongwon	Keumgang	Koryo	Sipjin
Taegeuk 7	Taegeuk 6	Taegeuk 7	Taebaek
SemiFinals	SemiFinals	SemiFinals	SemiFinals
Taegeuk 8	Pyongwon	Pyongwon	Koryo
Sipjin	Taebaek	Keumgang	Taegeuk 6
Finals	Finals	Finals	Finals
Koryo	Taegeuk 7	Taegeuk 8	Pyongwon
Keumgang	Sipjin	Taebaek	Taegeuk 7

FEMALE YOUTH TEAM 10-11	MALE YOUTH TEAM 10-11	FEMALE CADET TEAM 12-14	MALE CADET TEAM 12-14	FEMALE JUNIOR TEAM 15-17	MALE JUNIOR TEAM 15-17	FEMALE 1ST TEAM 18-30	MALE 1ST TEAM 18-30	FEMALE 2ND TEAM 31+	MALE 2ND TEAM 31+
SEMIFINALS	SEMIFINALS	SEMIFINALS	SEMIFINALS	SEMIFINALS	SEMIFINALS	SEMIFINALS	SEMIFINALS	SEMIFINALS	SEMIFINALS
Taegeuk 7	Taegeuk 8	Taegeuk 5	Taegeuk 6	Taebaek	Taegeuk 8	Sipjin	Pyongwon	Pyongwon	Koryo
FINALS	FINALS	FINALS	FINALS	FINALS	FINALS	FINALS	FINALS	FINALS	FINALS
Taegeuk 2	Taegeuk 6	Taegeuk 4	Taegeuk 8	Taegeuk 6	Keumgang	Koryo	Taegeuk 7	Jitae	Sipjin
Koryo	Taegeuk 3	Keumgang	Koryo	Taegeuk 5	Taegeuk 4	Taegeuk 8	Taebaek	Taebaek	Taegeuk 8

YOUTH PAIRS 10-11	CADET PAIRS 12-14	JUNIOR PAIRS 15-17	1ST PAIRS 18-30	2ND PAIRS 31+	3RD PAIRS 51+
PRELIMINARIES	PRELIMINARIES	PRELIMINARIES	PRELIMINARIES	PRELIMINARIES	PRELIMINARIES
		Taegeuk 6			
SEMI FINALS	SEMI FINALS	SEMI FINALS	SEMI FINALS	SEMI FINALS	SEMI FINALS
Taegeuk 4	Taegeuk 7	Koryo	Taegeuk 6	Keumgang	Pyongwon
FINALS	FINALS	FINALS	FINALS	FINALS	FINALS
Koryo	Taegeuk 6	Taegeuk 7	Pyongwon	Cheonkwon	Koryo
Taegeuk 5	Keumgang	Taegeuk 5	Keumgang	Jitae	Keumgang

FEMALE 3RD TEAM 51+	MALE 3RD TEAM 51+
SEMI FINALS	SEMI FINALS
Taebaek	Cheonkwon
FINALS	FINALS
Jitae	Pyongwon
Koryo	Sipjin

PARA	P30 FEMALE Junior (12-15)	P30 MALE Junior (12-15)	P30 FEMALE UNDER 30 (16-29)	P30 MALE UNDER 30 (16-29)	P30 FEMALE OVER 30 (30+)	P30 MALE OVER 30 (30+)
	FINALS	FINALS	FINALS	FINALS	FINALS	FINALS
	Koryo	Taegeuk 8	Koryo	Taegeuk 6	Koryo	Taegeuk 8
	Taegeuk 5	Koryo	Pyongwon	Taegeuk 7	Cheonkwon	Jitae

P20 Para division will select any two forms from the compulsory list

Any division with 70 or more competitors begins in the Preliminary 1 round

Any division with 20 - 69 competitors begins in the Preliminary round

Any division with 9 - 19 competitors advances to Semi Final round

Any division with less than 9 competitors advances straight to Final round



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	FEMALE DRAGON 6-7	FEMALE TIGER 8-9	FEMALE YOUTH 10-11	FEMALE CADET 12-14	FEMALE JUNIOR 15-17	FEMALE UNDER 18-30	FEMALE UNDER 31-40	FEMALE UNDER 41-50	FEMALE UNDER 51-60	FEMALE UNDER 61-65	FEMALE OVER 65 66+	FEMALE OVER 70 71+
YELLOW	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>
	Taegeuk 1	Taegeuk 2	Taegeuk 1	Taegeuk 2	Taegeuk 2	Taegeuk 2	Taegeuk 2	Taegeuk 1	Taegeuk 2	Taegeuk 1	Taegeuk 2	Taegeuk 2
	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>
	Taegeuk 2	Taegeuk 1	Taegeuk 2	Taegeuk 1	Taegeuk 1	Taegeuk 1	Taegeuk 1	Taegeuk 2	Taegeuk 1	Taegeuk 2	Taegeuk 1	Taegeuk 1

GREEN	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>
	Taegeuk 2	Taegeuk 2	Taegeuk 4	Taegeuk 3	Taegeuk 2	Taegeuk 4	Taegeuk 3	Taegeuk 3	Taegeuk 2	Taegeuk 3	Taegeuk 2	Taegeuk 1
	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>
	Taegeuk 1	Taegeuk 4	Taegeuk 2	Taegeuk 4	Taegeuk 3	Taegeuk 2	Taegeuk 1	Taegeuk 1	Taegeuk 3	Taegeuk 1	Taegeuk 4	Taegeuk 4

BLUE	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>
	Taegeuk 6	Taegeuk 4	Taegeuk 4	Taegeuk 3	Taegeuk 6	Taegeuk 5	Taegeuk 4	Taegeuk 5	Taegeuk 3	Taegeuk 5	Taegeuk 6	Taegeuk 3
	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>
	Taegeuk 5	Taegeuk 3	Taegeuk 3	Taegeuk 5	Taegeuk 4	Taegeuk 6	Taegeuk 3	Taegeuk 4	Taegeuk 6	Taegeuk 4	Taegeuk 4	Taegeuk 6

RED	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>
	Taegeuk 4	Taegeuk 5	Taegeuk 8	Taegeuk 5	Taegeuk 7	Taegeuk 4	Taegeuk 8	Taegeuk 5	Taegeuk 6	Taegeuk 4	Taegeuk 7	Taegeuk 4
	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>
	Taegeuk 8	Taegeuk 8	Taegeuk 4	Taegeuk 6	Taegeuk 8	Taegeuk 8	Taegeuk 6	Taegeuk 8	Taegeuk 4	Taegeuk 8	Taegeuk 6	Taegeuk 6

BLACK	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>									<i>SEMIFINALS</i>
	Taegeuk 3	Koryo	Taegeuk 5									Jitae
	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>									<i>FINALS</i>
	Taegeuk 7	Taegeuk 5	Taegeuk 2									Keumgang

	MALE DRAGON 6-7	MALE TIGER 8-9	MALE YOUTH 10-11	MALE CADET 12-14	MALE JUNIOR 15-17	MALE UNDER 30 18-30	MALE UNDER 40 31-40	MALE UNDER 50 41-50	MALE UNDER 60 51-60	MALE UNDER 65 61-65	MALE OVER 65 66+	MALE OVER 70 71+
YELLOW	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>
	Taegeuk 1	Taegeuk 1	Taegeuk 2	Taegeuk 1	Taegeuk 1	Taegeuk 2	Taegeuk 1	Taegeuk 2	Taegeuk 1	Taegeuk 2	Taegeuk 1	Taegeuk 1
	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>
	Taegeuk 2	Taegeuk 2	Taegeuk 1	Taegeuk 2	Taegeuk 2	Taegeuk 1	Taegeuk 2	Taegeuk 1	Taegeuk 2	Taegeuk 1	Taegeuk 2	Taegeuk 2

GREEN	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>
	Taegeuk 4	Taegeuk 3	Taegeuk 4	Taegeuk 3	Taegeuk 2	Taegeuk 4	Taegeuk 3	Taegeuk 3	Taegeuk 1	Taegeuk 1	Taegeuk 2	Taegeuk 3
	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>
	Taegeuk 1	Taegeuk 1	Taegeuk 3	Taegeuk 1	Taegeuk 1	Taegeuk 3	Taegeuk 1	Taegeuk 4	Taegeuk 3	Taegeuk 4	Taegeuk 1	Taegeuk 2

BLUE	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>
	Taegeuk 3	Taegeuk 3	Taegeuk 5	Taegeuk 4	Taegeuk 3	Taegeuk 3	Taegeuk 3	Taegeuk 3	Taegeuk 5	Taegeuk 5	Taegeuk 5	Taegeuk 6
	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>
	Taegeuk 5	Taegeuk 4	Taegeuk 3	Taegeuk 3	Taegeuk 4	Taegeuk 6	Taegeuk 6	Taegeuk 4	Taegeuk 6	Taegeuk 4	Taegeuk 4	Taegeuk 4

RED	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>
	Taegeuk 4	Taegeuk 5	Taegeuk 8	Taegeuk 5	Taegeuk 7	Taegeuk 4	Taegeuk 8	Taegeuk 5	Taegeuk 6	Taegeuk 4	Taegeuk 6	Taegeuk 4
	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>
	Taegeuk 5	Taegeuk 4	Taegeuk 6	Taegeuk 6	Taegeuk 5	Taegeuk 5	Taegeuk 4	Taegeuk 7	Taegeuk 8	Taegeuk 6	Taegeuk 7	Taegeuk 8

BLACK	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>									<i>SEMIFINALS</i>
	Koryo	Taegeuk 6	Taegeuk 3									Taeback
	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>									<i>FINALS</i>
	Taegeuk 8	Taegeuk 4	Taegeuk 8									Hansu

Divisions of more than 20 competitors (21+) will be split into flights with each flight competing separately from the other flight(s) and each flight being awarded medals

Final round for the top eight from the preliminary round (no semifinal round)

Any division with less than 9 competitors advances straight to Final round

