

Carolinas WSO Board Meeting Minutes

March 31, 2022 / 7:30 PM EST / Virtual Meeting

Attendees

Taylor Harris-Rigsby

Sean Rigsby

Olga Pisarskiy- Note Taker

Stephen Butcher

Caine Wilkes

Katherine Lee

Michael Garrett

Christina Brockington

Not in Attendance

James Page

Agenda

1. Roll Call
2. Brief Statement from Tayler
3. Bylaws/Variance Overview
4. Financials Overview
5. Metrics of Evaluation
 - List from USAW
 - Numbers as of 2022 Q1
6. Membership Communication
7. WSO Championships
8. Other New Business
9. Date/Time for Next Meeting?

Notes

- Brief Welcome Statement from Tayler
- By Laws and Variance discussion. The board was made aware that all changes to bylaws must be made through an official variance proposal to USAW.

- Financials were discussed with a spreadsheet presentation of the current budget provided by USAW. It was discussed that all cash flow is managed by USAW and requests have to be made to USAW either upfront or for a refund.

- Board members must attend 3 trainings. BARS (currently available), Best Practices, and Diversity later this year.

- WSO Metrics were presented by Tayler
 - % Retention of USA Weightlifting Members
 - Net Increase in USA Weightlifting Members
 - Net Increase in WSO Sanctioned Events
 - % Increase in participation of Minority Communities.
 - % Women participation as Coaches
 - % Women participation as Athletes
 - Number of new Members registered as a direct impact of WSO Programs.
 - Participation in WSO Training & Best Practice meetings.
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- Membership Communication was discussed in depth. Including website creation, Quarterly newsletter, social media.

- The board took a vote to request funding from USAW for a website. 8 Votes for Yes, and 1 Member not present to vote.

- Internal Committee creation. The importance of having roles dispersed. Will discuss at the next board meeting.

- WSO Championships
 - Proposed Dates. October 8-9, 2022 and October 15-16, 2022. Dates will be decided based on venue availability.
 - Discussed a central location for WSO Championships registration fees, participant cap. Requirements to attend Championships include having competed in a local meet in the Carolinas WSO within the calendar year.
 - Ideas on how to make the WSO State Championship more respectable and reputable.
 - In 2023 add a bidding process for those wanting to host the WSO Championship. Bidding criteria will need to be laid out in future meetings.

- Reviewed priority Action Items

Action Items

- Priority Finding a venue for WSO State Championships and take a vote on date within 1 week - Sean, Stephen, Christina
- Funding request for WSO website from USAW - Tayler
- WSO Logo Design and Colors- Caine
- Social Media- Instagram Account -Christina

Next Meeting Agenda

- Outline subcommittee metrics, responsibilities and assign roles
- Discuss reaching out to Sponsors
- Continue discussion on WSO Championship preparation