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CA★STATE CHAMPIONSHIP 2024

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FRESNO CONVENTION CENTER
SELLAND ARENA
700 M STREET
FRESNO, CA 93721

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CALIFORNIA
USATKD
STATE CHAMPIONSHIP

E Productions



DOUBLE TREE BY HILTON HOTEL
FRESNO CONVENTION CENTER



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2023 Binationals, Tijuana, Baja California, Mexico
CUTA Youth, Cadet & Junior Team
Took First Place

GENERAL INFORMATION

EVENT CONTACT

cutastates@gmail.com

COMPETITION VENUE

Fresno Convention Center Selland Arena
700 M Street
Fresno, CA 93721

CHECK-IN & WEIGH-IN

Double Tree Hilton Hotel & Conference Center
2233 Ventura St.
Fresno, CA 93721

EVENT SPECTATOR TICKETS

Children (5 & younger)	Friday Poomsae Spectator Entrance (purchase wristbands at check in)	Single Day Pass (6+ years)
Free	\$20	\$25

VENUE INFORMATION & BAG POLICY

<http://bit.ly/2uMVdLf> - COVID-19 regulations will be the current City of Fresno rules & regulations.

COMPETITOR REGISTRATION

ALL participants MUST register at <https://catkd.org/events/>.

*Competition age based on calendar year (for example: cadet 12-14 born in 2010-2012).

NO REFUNDS will be given for any reason.

- To obtain the early registration price, the registration fee must be paid online by the early registration deadline. If the registration fee is not paid by the corresponding deadline, the entry fee will automatically be changed to the fee in force **at the time of payment**.

COACH REGISTRATION

All coach registrations must take place on the <https://catkd.org/events/>.

- All coaches must follow rules and regulations, keep in Martial Arts conduct, and abide by USATKD/PATU/WT rules and regulations. **Must not be named on [USATKD Suspension List](#).**

OUR PRIORITY IS THE SAFETY OF ALL OUR ATHLETES.



COMPETITION REGISTRATION FEES & DEADLINES

Events	Ages	Belts
Poomsae	All Ages	All Ranks
Grassroots Poomsae	6-7, 8-9	Black Belts Only
Sports Poomsae	Youth, Cadet, Junior, U30, U40, U50, U60, U65, O65	Black Belts Only
Pair & Team Sports Poomsae	Youth, Cadet, Junior, U30, O30	Black Belts
Freestyle Indiv, Pair & Team	12-17 & 18+	Black Belts
Sparring	All Ages	All Belts
Grassroots Sparring	12-14	Black Belts
World Class Sparring	12-32	Black Belts

ATHLETES

Registration Type	Tournament Registration	Registration Close Dates 2024	Add Event: Sparring or Individual Poomsae
Early Bird	\$100	January 27	\$25
Regular	\$115	March 9	\$25
Late	\$120	<i>March 28</i>	\$25

In order to register, make sure you choose the correct age (date of birth) and you must choose a rank (Color Belt) to let you choose a division and let you make a payment.

Payments must be made by registration due dates. If registration is not finalized by March 28, 2024, your registration and information will not be sent to us, and your registration will not be processed. Therefore, no pending registration will be accepted after the close of registration date: March 28, 2024.

COACHES

Early Registration	Early Registration Deadline	Final Registration	Final Registration Date
\$55	March 28, 2024	\$75	After March 28, 2024

COACHES - Coaches must have current and up-to-date Safe Sport Training and Background Check in order to participate.

NO ONSITE REGISTRATION FOR ATHLETES OR COACHES. THIS INCLUDES ADDING EVENTS. ANY CHANGES ON SITE WILL HAVE A MINIMUM CHARGE OF \$30 CASH PAID ON SITE.

****Registration Deadline is at 11:59 pm (Pacific)****

Referee

Register	https://catkd.org/events/	Final by March 13
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EVENT SCHEDULE

2024 CALIFORNIA STATE TAEKWONDO CHAMPIONSHIPS EVENT SCHEDULE

Saturday, March 30, 2024

11:59 pm	Designated Poomsae Published	CUTA Website (https://catkd.org)
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Sunday, March 31, 2024

6:00 pm	Coach Meeting (sparring first then poomsae (6:30PM))	Via Zoom & will be posted on CUTA's YouTube
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Friday, April 5, 2024

	Poomsae: Black Belt World Class Sports Poomsae: 10+ Black Belt World Class Sports Poomsae Pair & Team: (Youth, Cadet, Junior, U30, O30) All Freestyle Poomsae (Individual, Pair, and Team) All Para Poomsae
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TIME	DESCRIPTION OF EVENT	LOCATION
11:00am - 2:00pm 4:00pm - 7:00pm	Coaches check-in & credential pickup. (Coach must pick up with valid ID; credentials also available for pick up on Saturday starting at 10 am)	Double Tree Hilton Hotel
11:00am - 12:00pm	Participant check-in, Friday Poomsae Competitors Only	Double Tree Hilton Hotel
12:00pm - 2:00pm	Participant check-in & Weigh-in for all Saturday Sparring Competitors	Double Tree Hilton Hotel
4:00pm - 7:00pm	Participant check-in & Weigh-in for all Saturday Sparring Competitors	Double Tree Hilton Hotel
2:00pm	Competition Starts for Poomsae Full schedule posted day of event CUTA website	Selland Arena

All FRIDAY Poomsae Competitors must check-in by 12:00 pm. Double Tree Hilton Hotel
All SATURDAY participants must Check-in AND or Weigh-in by 7:00 pm.

Schedule subject to change without notice.

If you compete on Sunday but want to enter the event venue another day, you must come to check-in to pick up your venue access during open hours.

Saturday, April 6, 2024

Sparring:

Color Belts: All ages

Black Belts all grassroots Dragons (6-7), Tigers (8-9),
All Ultra (33 & over), All Grassroots (Cadet)

Poomsae:

All Color Belts & All Grassroots Black Belts
Black Belts 9 and Under

TIME	DESCRIPTION OF EVENT	LOCATION
8:00am	Arena Doors Open	Selland Arena
9:00am	6 & 7 year old poomsae report to staging 8 & 9 year old be in venue	Selland Arena Staging Area
10:00am – 12:00pm 2:00pm – 4:00pm	Coach credentials pick up, Participant check-in competitors Weigh-in for all Sunday Competitors	Double Tree Hilton Hotel
9:30am	Competition Starts	Selland Arena
To Be Posted	The rest of Poomsae & Sparring Schedule will be posted night before event <u>by bracket numbers</u>	CUTA Website & Facebook

All SUNDAY Sparring Competitors must check-in AND weigh-in by 4:00 pm.

Schedule subject to change without notice.

Sunday, April 7, 2024

Sparring:

Black Belt Sparring: Youth (10–11)

Black Belt Sparring World Class: Cadet (12-14), Junior (15-17),
Senior (18-32) World Class

TIME	DESCRIPTION OF EVENT	LOCATION
8:00am	Arena Doors Open	Selland Arena
9:00am	Youth Male & Female, Sr Male & Female	Staging
9:30am	Competition Starts	Selland Arena
To Be Posted	Sparring Schedule will be posted night before event <u>by bracket number</u>	CUTA Website & Facebook

Schedule subject to change without notice.



EVENT REGISTRATION

REGISTRATION HELP CONTACT (make sure you have entered your rank, World Class update your citizenship)

Michael Newman- mnewman@usatkd.org

CHECK-IN & WEIGH IN

Double Tree Hilton Hotel & Conference Center
2233 Ventura St.
Fresno, CA 93721

ALL COMPETITORS must check-in at registration for credential pick-up the **day before** their competition to be included in their division brackets. Friday competitors must be checked in by 12:00 pm to be included in the brackets; otherwise, they will be disqualified.

CHECKLIST

Completing all items on this list will help ensure a speedy check-in and weigh-in process at the 2024 California State Taekwondo Championships.

- Ensure you registered online & input your correct weight and belt (rank)
- NO ONSITE registrations will be allowed.
- A valid form of ID: ID, U.S. Birth Certificate, U.S. Passport Book or Card, School ID or Report Card, Valid Driver's License or Government Issued ID, or Military ID.
- Sparring competitors: bring appropriate attire - refer to "Weigh-In Rules."
- Poomsae ONLY competitors must still check-in the day before (or Friday) in order to be on brackets, if not, they will be disqualified.
- Bring payment if required: cash or credit/debit only. No Checks.
- Coaches must pick up during credential pick up times ONLY, no exceptions.

WEIGH-IN RULES

Weigh-In is MANDATORY for ALL SPARRING COMPETITORS. DAY BEFORE YOUR EVENT.

- ALL sparring competitors MUST weigh-in the **DAY BEFORE** the scheduled competition. A maximum of two (2) weigh-ins are allowed per athlete. The 2nd weigh-in must occur before registration is officially closed.
- Contestants are required to show a valid form of ID to weigh-in.
- Any irregular action by the competitor or coach during the weigh-in may result in disqualification from event participation.
- ***There is a \$30 division change fee cash only.***
- ******NOTE:*** Weigh-ins, for both males and females, shall be done in athletic clothing. Athletes 17 years old and under, will be given a 0.2 kgs allowance from the weight on the scale. Athletes 18 years old and over, by the time of event date, may weigh-in in undergarments. But will only be given the 0.1 kgs allowance when weighed in undergarments. ***Under NO circumstance may an athlete weigh-in in the nude in the U.S. No sports bras or crop tops for females, and males must wear a T-shirt.***



COACH REQUIREMENTS

In addition to the coach's attire and conduct requirements as outlined in the rules, there will be the following requirements:

- Coach courtesy hold and match management
 - First-round we will make accommodations for coaches with multiple athletes in separate rings
 - Due to the scale and scheduling of this event, referees will be instructed to hold matches for a maximum of **one minute** prior to starting the match
 - Once the division brackets and match orders are set by officials, no changes will be accepted on the floor
- Coach etiquette (sparring and poomsae)
 - No recording video or pictures ringside or on the competition floor
 - No phones, headsets, earbuds, etc. at ringside or on the competition floor
 - No loitering behind the ring table
 - No questions during the competition
 - Follow all Coaches rules & Regulations

*****NOTE: Violations of etiquette may be penalized with a yellow card (sanction).**



AWARDS

SPARRING

California Medals will be given out to the top 4 athletes in their respective divisions and weight categories: 1st Place, 2nd Place, 3rd Place and 3rd Place.

POOMSAE

California Medals will be given to the top 4 athletes in each division: 1st Place, 2nd Place, 3rd Place and 3rd Place.

BRACKETING

***Competition age based on calendar year (for example: youth 10-11 born in 2013-2014).**

SPARRING DIVISIONS

We will use USATKD rules and regulations, Best 2 of 3 rounds will be criteria used for sparring.

FEMALE SPARRING AGE DIVISIONS & WEIGHT CATEGORIES

AGE CLASSES	**AGE DIVISIONS	BELT COLOR	*WEIGHT CATEGORIES (KG)	WEIGHT CLASSES
DRAGONS	6-7 YEARS OLD	YELLOW, GREEN, BLUE, RED & BLACK	U19, U23, U27 & O27	FIN, LIGHT, MIDDLE & HEAVY
TIGERS	8-9 YEARS OLD	YELLOW, GREEN, BLUE, RED & BLACK	U21, U25, U30 & O30	FIN, LIGHT, MIDDLE & HEAVY
YOUTH	10-11 YEARS OLD	YELLOW, GREEN, BLUE, RED & BLACK	U30, U35, U40 & O40	FIN, LIGHT, MIDDLE & HEAVY
^CADET	12-14 YEARS OLD	YELLOW, GREEN, BLUE, RED & BLACK	U29, U33, U37, U41, U44, U47, U51, U55, U59, O59	FIN, FLY, BANTAM, FEATHER, LIGHT, WELTER, LT. MIDDLE, MIDDLE, LT. HEAVY & HEAVY
JUNIOR	15-17 YEARS OLD	YELLOW, GREEN, BLUE & RED	U42, U44, U46, U49, U52, U55, U59, U63, U68 & O68	FIN, FLY, BANTAM, FEATHER, LIGHT, WELTER, LT. MIDDLE, MIDDLE, LT. HEAVY & HEAVY
^JUNIOR	15-17 YEARS OLD	BLACK	U42, U44, U46, U49, U52, U55, U59, U63, U68 & O68	FIN, FLY, BANTAM, FEATHER, LIGHT, WELTER, LT. MIDDLE, MIDDLE, LT. HEAVY & HEAVY
SENIOR	17-32 YEARS OLD	YELLOW, GREEN, BLUE & RED	U46, U49, U53, U57, U62, U67, U73, O73	FIN, FLY, BANTAM, FEATHER, LIGHT, WELTER, MIDDLE, & HEAVY
^SENIOR	17-32 YEARS OLD	BLACK	U46, U49, U53, U57, U62, U67, U73, O73	FIN, FLY, BANTAM, FEATHER, LIGHT, WELTER, MIDDLE, & HEAVY
ULTRA	33+ YEARS OLD	YELLOW, GREEN, BLUE, RED & BLACK	U49, U57, U67 & O67	FIN, LIGHT, MIDDLE & HEAVY

U= Under, O=Over



MALE SPARRING AGE DIVISIONS & WEIGHT CATEGORIES

AGE CLASSES	**AGE DIVISIONS	BELT COLOR	*WEIGHT CATEGORIES (KG)	WEIGHT CLASSES
DRAGONS	6-7 YEARS OLD	YELLOW, GREEN, BLUE, RED & BLACK	U19, U23, U27 & O27	FIN, LIGHT, MIDDLE & HEAVY
TIGERS	8-9 YEARS OLD	YELLOW, GREEN, BLUE, RED & BLACK	U21, U25, U30 & O30	FIN, LIGHT, MIDDLE & HEAVY
YOUTH	10-11 YEARS OLD	YELLOW, GREEN, BLUE, RED & BLACK	U30, U35, U40 & O40	FIN, LIGHT, MIDDLE & HEAVY
^CADET	12-14 YEARS OLD	YELLOW, GREEN, BLUE, RED & BLACK	U33, U37, U41, U45, U49, U53, U57, U61, U65, O65	FIN, FLY, BANTAM, FEATHER, LIGHT, WELTER, LT. MIDDLE, MIDDLE, LT. HEAVY & HEAVY
JUNIOR	15-17 YEARS OLD	YELLOW, GREEN, BLUE & RED	U45, U48, U51, U55, U59, U63, U68, U73, U78 & O78	FIN, FLY, BANTAM, FEATHER, LIGHT, WELTER, LT. MIDDLE, MIDDLE, LT. HEAVY & HEAVY
^JUNIOR	15-17 YEARS OLD	BLACK	U45, U48, U51, U55, U59, U63, U68, U73, U78 & O78	FIN, FLY, BANTAM, FEATHER, LIGHT, WELTER, LT. MIDDLE, MIDDLE, LT. HEAVY & HEAVY
SENIOR	17-32 YEARS OLD	YELLOW, GREEN, BLUE & RED	U54, U58, U63, U68, U74, U80, U87, O87	FIN, FLY, BANTAM, FEATHER, LIGHT, WELTER, MIDDLE, & HEAVY
^SENIOR	17-32 YEARS OLD	BLACK	U54, U58, U63, U68, U74, U80, U87 & O87	FIN, FLY, BANTAM, FEATHER, LIGHT, WELTER, MIDDLE, & HEAVY
ULTRA	33+ YEARS OLD	YELLOW, GREEN, BLUE, RED & BLACK	U58, U68, U80 & O80	FIN, LIGHT, MIDDLE & HEAVY

U=Under, O=Over



SPARRING MATCH FORMAT

Best of 3 System (win by rounds) shall be followed for all matches

APPLICATION OF HEAD CONTACT RULES FOR CALIFORNIA STATE			Duration of Rounds Round-Times-Rest
Age	Belt Color	Applicable Rules	
Dragon 6 - 7 years	Yellow	No Head Contact	All Divisions Three - 60 seconds - 30 seconds rest
	Green		
	Blue		
	Red		
	Black		
Tigers 8-9 years	Yellow	No Head Contact	All Divisions Three - 60 seconds - 30 seconds rest
	Green		
	Blue		
	Red		
	Black		
Youth 10 - 11 years	Yellow	No Head Contact	All Color Belts Three - 60 seconds - 30 seconds rest All Black Belts Three - 60 seconds 30 seconds rest
	Green		
	Blue		
	Red		
	Black		
Cadet 12 - 14 years	Yellow	MHC (Including Black Belt Grassroots) Senior Rules	All Divisions Three - 60 seconds - 30 seconds rest
	Green		
	Blue		
	Red		
	Black Belt Grassroots World Class Black		
Junior 15 - 17	Yellow	MHC Senior Rules	All Color Belts Three - 60 seconds - 30 seconds rest World Class Black Belts Three - 90 seconds 30 seconds rest
	Green		
	Blue		
	Red		
	World Class Black		
Senior	Yellow	MHC Senior Rules	All Color Belts Three - 60 seconds - 30 seconds rest World Class Black Belts Three - 90 seconds 30 seconds rest
	Green		
	Blue		
	Red		
	World Class Black		
Ultra	Yellow	MHC Senior Rules	All Belts Three - 60 seconds 30 seconds rest
	Green		
	Blue		
	Red		
	World Class Black		

Modified Head Contact (MHC) was previously known as Junior Safety Rules (JSR)

*** CUTA reserves the right to modify the number of rounds at their discretion. ***

Modified Head Contact (MHC) Rules: *Attacks to the head with light contact are allowed.* The Referee will penalize the athlete for excessive contact. The referee can decide the winner of RSC (Referee Stop Contest) in case of a significant difference of competing ability between two athletes. ***Competition age based on calendar year (for example: juniors 15-17 born in 2007-2009).**



POOMSAE INFORMATION

(Designated Poomsae will be posted on CUTA Website March 30, 2024)***

INDIVIDUAL COLOR BELT

Consists of 1 Male or 1 Female with belts from WHITE TO RED for the following age divisions: Dragon (6-7), Tiger (8-9), Youth (10-11), Cadet (12-14), Juniors (15-17), Senior (-30,-40,-50,-65,+65)

Belt	Compulsory Poomsae	Compulsory Poomsae
Yellow	Taegeuk 1	Taegeuk 2
Green	Taegeuk 3	Taegeuk 4
Blue	Taegeuk 5	Taegeuk 6
Red	Taegeuk 7	Taegeuk 8



RECOGNIZED SPORT POOMSAE

INDIVIDUAL POOMSAE

Consists of 1 competitor for the following age divisions: Cadet (12-14), Juniors (15-17), U30 (18-30), U40 (31-40), U50 (41-50), U60 (51-60), U65 (61-65) O65 (66+)

PAIRS POOMSAE (CO-ED)

Consists of 1 Male and 1 Female competitors for the following age divisions: Youth (10-11), Cadet (12-14), Juniors (15-17), U30 Pairs (18-30) & O30 Pairs (31+) Pairs Poomsae.

TEAM POOMSAE

Consists of 3 competitors of the same gender for the following age divisions: Youth (10-11), Cadet (12-14), Junior (15-17), U30 Team (18-30) & O30 Team (31+) Team Poomsae.

AGE	Individual Compulsory Poomsae
YOUTH	Taegeuk 2, Taegeuk 3, Taegeuk 4, Taegeuk 5, Taegeuk 6, Taegeuk 7, Taegeuk 8, Koryo
CADET	Taegeuk 4, Taegeuk 5, Taegeuk 6, Taegeuk 7, Taegeuk 8, Koryo, Keumgang
JUNIOR	Taegeuk 4, Taegeuk 5, Taegeuk 6, Taegeuk 7, Taegeuk 8, Koryo, Keumgang, Taeback
U30	Taegeuk 6, Taegeuk 7, Taegeuk 8, Koryo, Keumgang, Taeback, Pyongwon, Shipjin
U40	
U50	Taegeuk 8, Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Chonkwon, Jitae
U60	Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Chonkwon, Jitae, Hansu
U65	
O65	

AGE	Pair and Team Compulsory Poomsae
YOUTH	Taegeuk 2, Taegeuk 3, Taegeuk 4, Taegeuk 5, Taegeuk 6, Taegeuk 7, Taegeuk 8, Koryo
CADET	Taegeuk 4, Taegeuk 5, Taegeuk 6, Taegeuk 7, Taegeuk 8, Koryo, Keumgang
JUNIOR	Taegeuk 4, Taegeuk 5, Taegeuk 6, Taegeuk 7, Taegeuk 8, Koryo, Keumgang, Taeback
U30	Taegeuk 6, Taegeuk 7, Taegeuk 8, Koryo, Keumgang, Taeback, Pyongwon, Shipjin
O30	Taegeuk 8, Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Chonkwon, Jitae

REGISTRATION

Ensure competitors are registered for ALL events they plan on participating in by the time registration closes. NO ONSITE registrations will take place. Meaning, if you plan on competing in a Team or in Pairs, but one (1) member did not register, your team or pair will be disqualified.

**2024 California State Taekwondo Championships will not have Dragon & Tiger Pairs Poomsae, or Color belt Co-Ed Pairs.*

POOMSAE PRE-COMPETITION REQUIREMENTS

Athletes competing in Recognized Poomsae Pairs, Recognized Poomsae Teams, and all have additional pre-competition requirements to ensure smooth competition. Pairs and Teams are required to report their team membership. You will need a Google account (e.g. a Gmail account) to access the form. Use your web browser to go to <https://forms.gle/9ZWJdyCDLwee15wXA> or use your phone camera on the QR code on the right and choose to go to the Google Form in your web browser.



FREESTYLE MUSIC REVIEW AND APPROVAL

All Freestyle athletes must upload their edited music files using the Google Form linked below by Friday, March 22, 2024. Freestyle pairs and teams must also declare their pair or team membership using the same Google Form linked below. Athletes that do not have approved music at the time of their competition will be disqualified.



You will need a Google account (e.g. a Gmail account) to access the form. Use your web browser to go to <https://forms.gle/gxp6jnMhSG9RwqgW9> or use your phone camera on the QR code on the left and choose to go to the Google Form in your web browser.

Music must be edited to 90-100 seconds and shall not contain lyrics or spoken words in any language. The music file cannot be more than 10 MB in size, and MP3 format is preferred.

After submission, you will receive an approval code or request to resubmit within 1-2 business days. Approval codes will be issued for each individual, pair, or team, so even if the music file is the same for multiple athletes, please request approval for each individual, pair, or team. Please upload your music early, in case resubmission is required, to ensure your music is ready for your competition time.

COMPETITION EQUIPMENT

OFFICIAL SPARRING UNIFORM (DOBOK)

- All contestants must wear a white Taekwondo V-neck PATU/WT uniform (dobok) in good condition.
All competitors may wear black taekwondo pants for any division (NEW as of 2024).
- Black belts must wear black-collared uniforms.
- Poom rank (14 and under black belts) may wear poom uniforms with black and red collars.
- Color belts must wear white-collared uniforms; color belts cannot wear black-collared uniforms.
- No tape will be allowed on any part of the uniform.



White V-Neck
Color Belts



Poom V-Neck
Black Belts U14



Black V-Neck
Black Belts

OFFICIAL POOMSAE UNIFORM (DOBOK)

- All contestants must wear a white Taekwondo V-neck PATU/WT approved uniform or WT approved Poomsae competition uniform in good condition, and appropriate to the contestants' division.
Contestants may also wear black taekwondo pants for any division (NEW as of 2024).
- Black Belts must wear black-collared white uniforms or WT approved Poomsae competition uniform.
- Only black belt athletes 14 and under may wear a poom belt.
- Color belts may not wear black-collared uniforms.

DAEDO PSS & PROTECTIVE EQUIPMENT



GEN 2

DAEDO SOCKS - REQUIRED FOR ALL



GEN 2



CUTA Sponsor Truescore/Daedo will be at the event selling socks. To purchase socks before event, visit <http://bit.ly/3aTqDQI>. You can also call Truescore at 510-556-5516 (option 1) or email karina@truescore.com.

FOREARM GUARDS - REQUIRED



SHIN GUARDS - REQUIRED



HAND GLOVES - RECOMMENDED FOR ALL BLACK BELT DIVISIONS, REQUIRED FOR BLACK BELT WORLD CLASS YOUTH, CADET, JUNIOR & SENIOR COMPETITORS



HEADGEARS - REQUIRED FOR ALL COMPETITORS

BRING YOUR OWN HEADGEAR. We will use an electronic headgear adaptor that inserts on top of your own helmet for sanitary reasons. White, red, or blue Helmets - blue or red must match hogu color. Headgear must be in good condition, i.e. not have any cracks and must strap securely to the head.



MOUTHGUARD - REQUIRED (Any color except RED)

Athletes with dental braces must wear special dentist-prescribed mouthguards for braces, that cover both upper and lower teeth, along with a note for clearance-to-compete from their dentist.



FEMALE & MALE PROTECTORS - REQUIRED



**#CUTA and #2024CUTASates in preparation for the
2024 CUTA State Championship.
We'll see you in Fresno!
Thank you!**