



**USA WRESTLING**  
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***\*2026 U15 Pan American Selection Process (Girl's Freestyle)***

*Birth Years: 2011-2013*

Location: Spokane, Washington

Date: April 9<sup>th</sup> – 12<sup>th</sup>, 2026

<u>UWW U15 Weights (kgs)</u>	<u>USAW U15 Weights (lbs)</u>
29 - 33 kg	63 -72 lbs
36 kg	79 lbs
39 kg	85 lbs
42 kg	92 lbs
46 kg	101 lbs
50 kg	110 lbs
54 kg	119 lbs
58 kg	127 lbs
62 kg	136 lbs
66 kg	145 lbs

Above are the ten UWW U15 weights that correspond with the ten USAW U15 weights that will be used in determining the 2026 Pan American U15 team.

Athletes will be required to make scratch weight at the U15 Pan American Championships. The U15 Pan American Championships are currently scheduled for July 23<sup>rd</sup> – 25<sup>th</sup>, 2026 in Mexico City, Mexico.

\*A passport will be required, so it is highly recommended that you plan on securing a passport at your earliest convenience. USA Wrestling will work down the list in rank order (1<sup>st</sup> – 8<sup>th</sup>). If for any reason an athlete can't make the weight, USA Wrestling reserves the right to take the necessary steps to fill the team as quickly as possible.

This is a fully funded tour.

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JOURNEYS BEGIN"

