











# **2023 JUNIOR NEXUS CHAMPIONSHIP** ATHLETE INFORMATION PACKET

VIRGINA BEACH REGIONAL TRAINING CENTER VIRGINIA BEACH, VA JULY 6 - 16, 2023



# **CONGRATULATIONS!**

USA Field Hockey would like to congratulate you on your selection to the 2023 Junior Nexus Championship, presented by Osaka Hockey. Your advancement makes you part of an elite group of USA Field Hockey athletes poised to propel the United States forward as an international field hockey powerhouse. Best wishes for a great, fun tournament and the continued pursuit of your Olympic aspirations.

Please carefully read the following information. Additional details on arrival and departure times, athlete registration, meeting times, team practice schedule, housing, required forms, vendors and raffle tickets are included in this athlete packet.

## THE NEXT CONNECTION IN YOUR **USA FIELD HOCKEY DEVELOPMENT!**

### **VENUE INFORMATION**

### VIRGINIA BEACH REGIONAL TRAINING CENTER

72044 Landstown Centre Way Virginia Beach, VA 23456

\*All competition activities will take place at the Virginia Beach Regional Training Center



### **ARRIVAL & DEPARTURE DATES**

Division	Arrival	Athlete Arrival	Competition	Athlete Departure	Departure Time
U-14	July 6	Before 8:00 AM	July 6-8	July 8	After 4:00 PM
U-16	July 9	Before 8:00 AM	July 9-11	July 11	After 12:00 PM
U-18	July 12	Before 8:00 AM	July 12-14	July 14	After 3:00 PM
U-21	July 14	Before 3:00 PM	July 15-16	July 16	After 4:00 PM

Visit the Junior Nexus Championship Event Page by clicking here!

# **ATHLETE PACKET**

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### **TEAM REGISTRATION & MEETING**

Athletes will be required to check in with their team at the facility prior to their first practice. Team uniforms (2 uniform tops, 2 pairs of socks) will be distributed by the head coach. Please pack black shorts for uniform.

Assigned coaches will reach out to you and your team no later than June 29th.

## **TEAM PRACTICE SCHEDULES**

### U-14: July 6, 2023

Practice Time	Field	Team 1	Team 2	Team 3
8:00 AM - 8:55 AM	1	Los Angeles	Paris	Lake Placid
	2	Salt Lake City	Rome	Squaw Valley
9:00 AM - 9:55 AM	1	Amsterdam	St. Louis	Berlin
	2	Athens	Atlanta	Barcelona
10:00 AM - 10:55 AM	1	Montreal	London	
	2	Vancouver	Milan	

### U-16: July 9, 2023

Practice Time	Field	Team 1	Team 2	Team 3
8:00 AM - 8:55 AM	1	Los Angeles	Salt Lake City	Paris
	2	Squaw Valley	Lake Placid	Rome
9:00 AM - 9:55 AM	1	St. Louis	Montreal	Vancouver
	2	Atlanta	Barcelona	Berlin

### U-18: July 12, 2023

Practice Time	Field	Team 1	Team 2	Team 3
8:00 AM - 8:55 AM	1	Los Angeles	Paris	Lake Placid
	2	Salt Lake City	Rome	Squaw Valley
9:00 AM - 9:55 AM	1	Amsterdam	St. Louis	Berlin
	2	Athens	Atlanta	Barcelona
10:00 AM - 10:55 AM	1	Montreal	London	
	2	Vancouver	Milan	

### U-21: July 14, 2023

Practice Time	Field	Team 1	Team 2	Team 3
3:00 PM - 3:55 PM	1	Los Angeles	St. Louis	
	2	Salt Lake City	Atlanta	

**ATHLETES ARE REQUIRED TO ATTEND THEIR PRACTICE!** 

### PRE-EVENT CHECKLIST

Make sure you run through this checklist prior to departing for the event. Have you... Sold raffle tickets (see below for information on 2023 NXC raffle tickets) Booked a hotel through Team Travel Source <<<u>Click Here to Book Your Hotel</u>>> Followed USA Field Hockey on Facebook and Twitter @USAFieldHockey for event updates 

- and promotions

## **RAFFLE TICKETS**

Now that it's tournament time, we ask you to continue to showcase your leadership skills off the field. Each year, USA Field Hockey hosts a fundraising raffle that benefits the future of the field hockey community. The funds raised in the raffle will help make field hockey more accessible and inclusive to all and introduce the sport to aspiring athletes and provide increased opportunities to those that couldn't participate without financial assistance. These gifts ensure that field hockey continues to grow across the nation and helps develop the game from grassroots through the Olympic Development Pathway. The financial assistance given each year allows more than a hundred athletes to participate in the Olympic Development Pathway.

Each athlete is required to sell a minimum of fifteen (15) raffle tickets at \$6.00 per ticket. We also encourage athletes to rise to the challenge and sell even more than that. Tickets are entered into the main raffle drawing for cash prizes as shown on the raffle tickets. The cash prize drawing will take place after the Nexus Championship!

### **NEW FOR 2023! ONLINE RAFFLE TICKETS**

Introducing a new Raffle Ticket submission! All raffle ticket will now be purchased online. Once you register for 2023 Junior Nexus Championship, you will receive an email to register for your account through RallyUp. From there, you will be able to share a link with your family and friends, as well as purchase tickets yourself. They will have the chance at checkout to make sure their donations go toward you and your team! While viewing RallyUp, you can see which team is on the top of the leaderboard with the most raffle ticket sales!

**TEAM COMPETITION CHALLENGE:** The Junior Nexus Championship team that sells the most combined raffle tickets will receive a gift from our presenting sponsor, Osaka Hockey, for the ENTIRE TEAM!

USA Field Hockey would like to thank you for your participation in this fundraising initiative. Without your support, USA Field Hockey wouldn't be able to provide athletes, like you, with the opportunity to succeed both on and off the field.

# ATHLETE PACKET

# **ATHLETE PACKET**

### **PACKING CHECKLIST**

When packing for the Junior Nexus Championship, don't forget to throw the following items into your suitcase. Note: Team uniforms will be provided by USA Field Hockey.

- Nexus Reversible/Goalkeeper Jersey
- Hockey stick/Goalkeeper equipment
- Shin guards
- Turf shoes
- $\square$ Black shorts
- Mouthguard

- Penalty Corner Masks  $\square$ Water bottle
- Sunblock
- Mask
- $\square$ Extra socks

## **2023 SELECTION OPPORTUNITIES**

Through your participation at the Junior Nexus Championship, you will have the opportunity for selection to advance within USA Field Hockey's Olympic Development Pathway. The following selection opportunities are available directly from the Nexus Championship:

### **AAU JUNIOR OLYMPIC GAMES**

### August 2 - 5, 2023 | Grant Field at University of Iowa | Iowa City, Iowa

The Amateur Athletic Union's premier multi-sport event, the AAU Junior Olympic Games, brings together more than 14,000 athletes to compete in 20 sports. The 2023 AAU Junior Olympic Games are based in Des Moines, Iowa and the specific field hockey location will be held at the University of Iowa. The event provides U-14 and U-16 athletes with the opportunity to experience an Olympic-like multi-sport competition on a College water-based turf, while enjoying the camaraderie and inspiration from top athletes in other featured sports. Invited athletes are responsible for all of their expenses, including the AAU tournament fee, travel, housing and food.

Selections for the AAU Junior Olympic Games will be announced following 2023 Nexus Championship.

Estimated Cost for AAU Junior Olympic Games: \$275.00 plus room and board, travel, food and AAU fees. This is a stay to play event for AAU and there is host hotel for all field hockey athletes less than 3 miles from the field.

For more information, go to: aaujrogames.org



## VIRGINIA BEACH REGIONAL TRAINING CENTER



### PARKING

Parking is free in the large lot located just outside the main Stadium at the Virginia Beach Regional Training Center.



2044 Landstown Centre Way, Virginia Beach, VA 23456 | (757) 427-2990 | beachsportsplex.com

## **SPONSORS**

## OSAKA HOCKEY OSAKA 关 世界

The 2023 Junior Nexus Championship is presented by Osaka Hockey! They will have a tent in the circle drive which will have apparel and field hockey equipment available for purchase!

## NEXT LEVEL VIDEO

Need a video package or livestream? Look no further! All games on all fields are filmed from an elevated position by video parter, Next Level Video (NLV).

A complimentary livestream will be provided for this event for all of those that purchase a video package. It will be accessible inside the account/dashboard during the event. \*\*PLEASE NOTE\*\* the live stream is a free bonus to all customers that order for this event and in no way factored into the price of the video package. As there is limited infrastructure the stream may experience cut outs, buffering, or any other unforeseen technical difficulties. Click here to purchase or for more information!

## **BUSCH GARDENS WILLIAMSBURG**



Make your stay in Virginia Beach even more memorable with a side trip to Busch Gardens Williamsburg and/or Water Country USA. As a USA Field Hockey Member and Nexus athlete, you can enjoy some exciting special privileges and discount pricing. Click here to learn more.

AAE

Official Competition Goal Sponsor





Official College Coach Hospitality Sponsor



GATORADE

Official Sports Beverage Provider

# SAFESPORT RESOURCES

## **MINOR ATHLETE ABUSE PREVENTION POLICIES (MAAPP)**

The MAAPP is made up of a series of policies to help prevent opportunities for abuse or misconduct of minor athletes. These policies are: One-on-One Interactions

- Meeting and Training Sessions
- Athletic Training Modalities, Massages, and Rubdowns
- Locker Rooms and Changing Areas
- Electronic Communications
- Transportation Lodging

NOTE: One-on-One Interaction is the foundation of the MAAPP. All One-on-One Interactions between Adult Participants and Minor Athletes must be observable and interruptible.

In the MAAPP, there are multiple areas where exceptions have been built into the Required Prevention Policies to address common relationships and situations that occur throughout the U.S. Olympic and Paralympic Movement. If an exception applies to a specific policy, it will be listed as a possible exception, along with any additional requirements. MAAPP Exceptions: Emergency

- Athlete
- Personal Care Assistant The Adult Participant is a Personal Care Assistant and has met all the requirements

In-Program Contact: For an interaction to be In-Program Contact, three components must be present: (1) Adult Participant, (2) Minor Athlete, and (3) An activity related to participation in sport.

#### WHAT IS AN ADULT PARTICIPANT? Any adult (18 years of age or older) who is:

- A member or license holder of an NGB, PSO, LAO, or USOPC;
- An employee or board member of an NGB, PSO. LAO. or USOPC:
- Athletes.

WHAT IS AN MINOR ATHLETE PARTICIPANT? An amateur athlete under 18 years of age who participates in, or participated within the previous 12 months in, an event, program, activity, or competition that is part of, or partially or fully under the jurisdiction of, an NGB, PSO, USOPC, or LAO.

WHAT IS AN ACTIVITY RELATED TO PARTICIPATION IN SPORT? These activities could include but are NOT limited to: competitions, practices, camps/clinics, pre/post game or practice meals or outings, training/instructional sessions, team travel, review of film, strategy sessions, banquets, award banquets, teambuilding activities, community service, or sport education.





• Dual Relationship - the Adult Participant has an existing relationship with the Minor Athlete outside of the sport program • Close-in-Age - the Adult Participant has no Authority over the Minor Athlete and is not more than four years older than the Minor

• Within the governance or disciplinary jurisdiction of an NGB, PSO, LAO, or USOPC; • Authorized, approved, or appointed by an NGB, PSO, LAO, or USOPC to have Regular Contact with or Authority over Minor



**VISIT USA FIELD HOCKEY'S** SAFE SPORT WEBSITE



## U.S. CENTER FOR

## SAFESPORT RESOURCES

## **EDUCATION & TRAINING**

If you have Regular Contact with or Authority over a Minor Athlete, or if you are an employee or board member of an NGB, PSO, LAO or the USOPC, you are required to complete the SafeSport Trained Core and subsequent Refresher Courses.

- Regular Contact is defined as: ongoing interactions during a 12-month period wherein an Adult Participant is in a role of direct and active engagement with any Minor Athlete
- Position of Authority is defined as: when a person's position over another person is such that, based on the totality of the circumstances, they have the power or right to direct, control, give orders to, or make decisions for that person

### ADULT PARTICIPANTS WHO ALSO ARE MEDICAL PROVIDERS OBLIGATED TO COMPLETE TRAINING CAN TAKE THE HEALTH PROFESSIONALS COURSE IN LIEU OF THE SAFESPORT TRAINED CORE.

### STAFF AND BOARD MEMBERS OF USA FIELD HOCKEY AND **USA FIELD HOCKEY CLUBS**

Adult Participants must complete training:

- Before Regular Contact with a Minor Athlete begins; and
- Within the first 45 days of initial membership or upon beginning a new role subjecting the adult to this policy

Note: this policy applies to athletes who turn 18 during the season and continue to play with athletes under 18. These athletes must complete SafeSport upon turning 18 (or shortly before with permission from a parent or quardian) and prior to contact with minor athletes.





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**VISIT USA FIELD HOCKEY'S** SAFE SPORT WEBSITE

> **USAFIELDHOCKEY.COM**

# LOCKER ROOM SIGNAGE











**EXPOSE THEMSELVES** 







THIS LOCKER ROOM IS UNDER THE JURISDICTION OF USA FIELD HOCKEY AND IS MONITORED REGULARLY AND RANDOMLY.

# **PHOTOGRAPHS**

# **RECORDING DEVICES**

**ADULT PARTICIPANTS MUST NOT CHANGE CLOTHES OR INTENTIONALLY** 

## **ADULT PARTICIPANTS MAY NOT SHOWER WITH MINOR ATHLETES**



**USAFIELDHOCKEY.COM** 

## SAFESPORT RESOURCES

## REPORTING

All Adult Participants are mandatory reporters and must report all misconduct or abuse within 24 hours

### **REPORTING TO SAFESPORT:**

- If you witness, or have reasonable suspicion of any sexual misconduct or abuse, you must report to SafeSport, either online, at uscenterforsafesport.org/report-a-concern, or by phone (833) 587-7233
- Reports can be made anonymously

### **REPORTING TO LAW ENFORCEMENT:**

• If you witness, or have reasonable suspicion of any child abuse, you must report to law enforcement: childwelfare.gov/topics/responding/reporting/how

### **REPORTING TO USA FIELD HOCKEY:**

- If you witness any violations of the MAAPP, or any emotional or physical misconduct or abuse, you must report it to USA Field Hockey, at FieldHockeySafe@usafieldhockey.com.
- Reports can be made anonymously through our online reporting form, which can be found on the USA Field Hockey website







**USAFIELDHOCKEY.COM** 

## SAFESPORT

### AT-A-GLANCE 2022 MINOR ATHLETE ABUSE PREVENTION POLICIES

In September 2020, the U.S. Center for SafeSport (the Center) published the Minor Athlete Abuse Prevention Policies (MAAPP) with Mandatory Components that NGBs, PSOs, and the USOPC were required to adopt. Insert Organization Name Here adopted its Insert Policy Name Here On Insert Policy Adoption Date This document is based on the minimum mandatory components of the Center's Model MAAPP. Every Organization may choose to go beyond these minimum requirements and set standards that are stricter. Additionally, Adult Participants must be familiar with their respective Organization's policies and be aware of all requirements.

### EDUCATION AND TRAINING

### **REMEMBER:**

- Refresher Courses.
- Course in lieu of the SafeSport Trained Core.
- Adult Participants must complete training:
- » Before Regular Contact with a Minor Athlete begins; and

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• If you have Regular Contact with or Authority over a Minor Athlete, or if you are an employee or board member of an NGB, PSO, LAO or the USOPC, you are required to complete the SafeSport Trained Core and subsequent

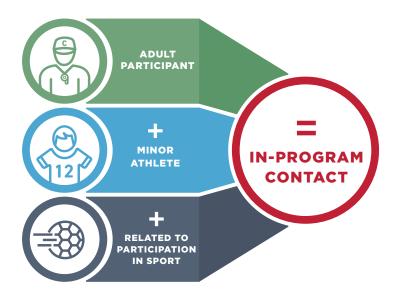
· Adult Participants who also are medical providers obligated to complete training can take the Health Professionals

» Within the first 45 days of initial membership or upon beginning a new role subjecting the adult to this policy

### **IN-PROGRAM CONTACT**

As the equation illustrates, all three components (Adult Participant, Minor Athlete, and Related to Participation in Sport) must be present for the MAAPP to apply. If one component is absent, then the interaction or activity would NOT be considered In-Program and thus not covered by the MAAPP.

**ADULT PARTICIPANT** + MINOR ATHLETE + RELATED TO **PARTICIPATION IN SPORT** = IN-PROGRAM CONTACT



#### 1 ADULT PARTICIPANT: Any adult (18 years of age or older) who is:

- A member or license holder of an NGB, PSO, LAO, or USOPC;
- B An employee or board member of an NGB, PSO, LAO, or USOPC;
- **C** Within the governance or disciplinary jurisdiction of an NGB, PSO, LAO, or USOPC;
- D Authorized, approved, or appointed by an NGB, PSO, LAO, or USOPC to have Regular Contact with or Authority over Minor Athletes.
- 2 MINOR ATHLETE: An amateur athlete under 18 years of age who participates in, or participated within the previous 12 months in, an event, program, activity, or competition that is part of, or partially or fully under the jurisdiction of, an NGB, PSO, USOPC, or LAO.

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# SAFESPORT RESOURCES

Common examples of activities Related to Participation in Sport:



#### **REGULAR CONTACT**

Ongoing interactions during a 12-month period wherein an Adult Participant is in a role of direct and active engagement with any Minor Athlete(s). Some examples of NGB/PSO/USOPC/LAO members who MAY have Regular Contact with Minor Athletes include:

- Coaches
- Adult Athletes on teams with Minor Athletes
- •
- Athletic Trainers •
- Health Professionals •
- Officials

\*\*REMEMBER: NGB/LA0/PS0/US0PC Staff and Board Members are required to complete the SafeSport Trained Core/Health Professionals Course and subsequent Refreshers regardless of whether they have Regular Contact with or Authority over Minor Athletes.

#### **AUTHORITY**

When one person's position over another person is such that, based on the totality of the circumstances, they have the power or right to direct, control, give orders to, or make decisions for that person.



BRATIONS D AWARD REMONIES		COMPETITION SITE VISITS	COMMUNITY SERVICE		
5 / .S	REVIEW OF GAME FILM				
	PRE/PO GAME M OR OUT	EALS	TEAM- BUILDING ACTIVITIES		

Volunteers in positions of Regular Contact (e.g., locker room monitors, parent chaperones)

### **REQUIRED PREVENTION POLICIES**



that applies in all areas of the MAAPP.

### MAAPP EXCEPTIONS:

In the MAAPP, there are multiple areas where exceptions have been built into the Required Prevention Policies to address common relationships and situations that occur throughout the U.S. Olympic & Paralympic Movement. If an exception applies to a specific policy, it will be listed as a possible exception, along with any additional requirements. The exceptions found in the MAAPP are:

#### **1** AN EMERGENCY.

- 2 CLOSE-IN-AGE: When an Adult Participant does not have Authority over the Minor Athlete and is no more than four years older than the Minor Athlete.
- **3 PERSONAL CARE ASSISTANT (PCA):** When an Adult Participant is a Personal Care Assistant and has met the following requirements:
  - a. The Minor Athlete's parent/guardian must provide written consent to the Organization for the PCA to provide care/work with their Minor Athlete.
  - b. The PCA must complete the required training as defined in the Education & Training Policy.
  - c. The PCA must meet all screening requirements of the Organization.
- 4 **DUAL RELATIONSHIPS:** When an Adult Participant has a relationship with a Minor Athlete that is outside of the sport program. A parent/guardian must provide written consent to the Organization on an annual basis for this exception to be granted.

## SAFESPORT RESOURCES

#### **ONE-ON-ONE INTERACTIONS POLICY**

- Policy Jurisdiction: All In-Program Contact.
- All one-on-one interactions between an Adult Participant and Minor Athlete MUST be:
  - » Observable
  - » Interruptible
- Exceptions to the One-on-One Interactions Policy:
  - » Emergency Circumstances
- » Dual Relationships
- » Close-In-Age
- » Personal Care Assistant who meets the requirements

### **MEETING AND TRAINING SESSIONS**

- Must follow One-on-One Interactions Policy when Minor Athletes are present.
- Individual Training Sessions.
  - » Policy Jurisdiction: All In-Program Contact.
- » Consent required from parent/guardian annually. Can be withdrawn at any time.
- » Parents/Guardians must be allowed to observe.
- Meetings with licensed mental health care professionals and health care providers.
  - » Policy Jurisdiction: At facilities that are partially or fully under the jurisdiction of the Organization.
  - » Meetings do not need to be observable and interruptible if the following requirements are met: a. Door is unlocked.

    - c. Organization is aware of the meeting.

### ATHLETIC TRAINING MODALITIES, MASSAGES, AND RUBDOWNS

- Must follow One-on-One Interactions Policy.
- Must ALWAYS have a second Adult Participant in the room during treatment.
- Required consent from parent/guardian that needs to be documented at least annually.
- During treatment Minor Athlete's breast, buttocks, groin, and genitals MUST always be covered.
- Parents/Guardians must be allowed to attend treatment unless in a restricted area.
- No policy exceptions.

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One-on-One Interactions Policy Exceptions are allowed for In-Program meetings and individual training sessions.

b. Another adult is present in the facility and is aware of the meeting.

d. The provider obtains appropriate consent as required by law and ethical standards.

### LOCKER ROOMS AND CHANGING AREAS

- Must follow One-on-One Interactions Policy.
- The photographic or recording capabilities of any device (cell phones, cameras, tablets) cannot be used by any Participant in locker rooms or changing areas during In-Program activities.
- Adult Participants MUST NOT change clothes or behave in a way that exposes their breast, buttocks, groin, or genitals to a Minor Athlete.
- Adult Participants **CANNOT** shower with a Minor Athlete unless:
  - » The Adult Participant is an athlete with no Authority over the Minor Athlete and there is no more than four years age difference (Close-in-Age Exception).
  - » The Adult Participant and Minor Athlete are wearing swimwear and the shower is part of a pre-or post-activity rinse.
- Media and Championship Celebration recordings are allowed if they meet specific requirements.
- Monitoring must occur for all locker rooms and changing areas at sanctioned events and facilities partially or fully under Organization's jurisdiction.
- A semi-private or private area to change must be provided to all Minor Athletes at sanctioned events and facilities partially or fully under the Organization's jurisdiction.

#### **ELECTRONIC COMMUNICATIONS**

- Must be Open and Transparent, meaning that:
  - » Communication between an Adult Participant and a Minor Athlete must include a parent/guardian, another adult family member of the Minor Athlete, or another Adult Participant.
  - » This includes all communication started by a Minor Athlete.
- Only electronic platforms that can be Open and Transparent should be used.
- All team communication or communications with multiple Minor Athletes from an Adult Participant must copy or include another Adult Participant, or all the Minor Athletes' parents/guardians.
- All communication must be professional in nature.
- Organizations must honor a parent/guardian's request to discontinue communication with their Minor Athlete unless there is an emergency.
- One-one-One exceptions are allowed.



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## SAFESPORT RESOURCES



#### TRANSPORTATION

- Must follow One-on-One Interactions Policy, unless an exception exists or appropriate consent is obtained.
- In-Program transportation requirements are met if the Adult Participant is accompanied by another Adult Participant or at least two minors.
- One-on-One In-Program travel is permitted between an Adult Participant and a Minor Athlete when advance written consent is obtained from a parent/guardian on an annual basis. Can be withdrawn at any time.
- Written consent must be obtained from a parent/guardian annually for all transportation sanctioned by the Organization.
- One-on-One Exceptions are allowed.

#### LODGING

- Must follow One-on-One Interactions Policy.
- during In-Program lodging except:
- » When there is a Dual Relationship and written consent is provided by a parent/guardian prior to the lodging arrangement.
- » When there is a Close-In-Age Exception and written consent is provided by a parent/guardian prior to the lodging arrangement.
- » When there is a Personal Care Assistant Exception, all PCA requirements have been met, and written consent in provided by a parent/guardian prior to the lodging arrangement.
- Written consent is required for all In-Program lodging at least annually.
- Adult Participants traveling with an Organization overnight:
  - » Must agree to and sign the Organization's lodging policy annually.
- » Are assumed to have "Authority" and must comply with the Center's Education & Training Policy.



• An Adult Participant CANNOT share a hotel room or otherwise sleep in the same room with a Minor Athlete

### **RECOMMENDED POLICIES FOR KEEPING YOUNG ATHLETES SAFE**

#### **OUT-OF-PROGRAM CONTACT**

- Adult Participants should not have Out-of-Program Contact with Minor Athletes, unless an exception exists, or appropriate consent has been obtained.
- Out-of-Program Contact should be avoided even if the contact is not one-on-one.

#### GIFTING

- Adult Participants should not give personal gifts to Minor Athletes unless an applicable exception exists (Close-in-Age or Dual Relationship).
- Gifts are permitted if distributed equally for all athletes.
- · Gifts that serve a motivational or educational purpose are permitted.

#### PHOTOGRAPHY/VIDEO

- Photographs or videos of athletes should only be taken in public view.
- Must observe generally accepted standards of decency.
- · Adult Participants should not share or post photos or videos of Minor Athletes unless proper consent has been obtained from the Minor Athlete and the Minor Athlete's parent/guardian.



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## SAFESPORT RESOURCES

## U.S. CENTER FOR

### **ATHLETIC TRAINING MODALITIES, MASSAGES, AND RUBDOWNS POLICY**

2022 MINOR ATHLETE ABUSE **PREVENTION POLICIES** 

#### **POLICY APPLICATION**

Policy applies to all In-Program athletic training modalities, massages, and rubdowns no matter the location.

#### **POLICY REQUIREMENTS**

- 1 Must follow ALL aspects of the One-on-One Interactions Policy. All interactions must be:
  - Observable
  - Interruptible
- 2 Must ALWAYS have a second Adult Participant present in the room of treatment.
- **3** Consent is required.
  - Documented consent is required from Minor Athlete's parent/guardian.
  - Consent must be documented on an annual basis by the provider, or the Organization.
  - Must be collected prior to ANY treatment.
  - Consent can be withdrawn at any time.
- and genitals **MUST** always be covered.
- 5 Parents **MUST** be allowed to attend treatment; the exception being events in which the treatment area is restricted for athlete safety.

### **\*THERE ARE NO POLICY EXCEPTIONS**

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4 Treatment to be done with the Minor Athlete fully or partially clothed. The Minor Athlete's breasts, buttocks, groin,

### **COMMON QUESTIONS**

If a parent is present in the room when treatment occurs, does this satisfy the requirement for a second Adult Participant to be present in the room?



**A:** Possibly. The parent **must** be an Adult Participant who has completed the *SafeSport Trained* Core. If the parent is not an Adult Participant, there is still a requirement for a second Adult Participant to be present during treatment.

If the second Adult Participant is in an adjacent room where they can see the treatment, does this satisfy the requirement for a second Adult Participant to be present during treatment?

A: No. The second Adult Participant **must** be in the same room as treatment.