

MINUTES- PNW WSO COUNCIL 9/15/2024 (next meeting scheduled for 3rd Sunday of month unless otherwise determined)

Present: Lauren Hatmaker, Chelsea Hopkins, Jenn Sprague, Kim Douglas, Mira Kwon Gracia

Not Present:, Derek Kress, Celia Huddart, Isaac Marron

WSO Zoom with USAW – Jenn Sprague:

- Pedro, JP and Christina were presenting;
- “Event in a box”
 - Everything you need to run a WSO / State championship – one platform event EXCEPT the physical competition platform:
 - Digital scoring system and TV displays
 - Laptops to run the system
 - Competition weight sets including change plates
 - Warmup weight sets (6?)
 - Everything you need to run an event with 140-170 people over 2 days
 - Arrives in a traveling pod
 - Comes with tech support
 - \$5500 all in – great for WSO’s and meet directors who don’t have all the equipment in one place.
 - NOTE: PNW WSO registrations for 2 platforms, 2 days (250 athletes) collected: \$31588.
- 2025 Budget Process:
 - October – USAW Staff meet with WSO President;
 - BRING BIG IDEAS:
 - Scholarships
 - Wish list
 - Ongoing support to meet Mission Statement on a local WSO level.

Budget and Survey Discussion:

- Shared documents can be uploaded to the 2024 Folder that Mira Kwon Gracia manages for us.
- Kim Douglas volunteered to send the survey we discussed before sending out to active members on BARS. We reviewed the draft she prepared and approved sending.
- Council discussed and agrees to prepare educational posts and emails to share with the membership about the USAW mission and how we will apply local spending goals to those three main parts of the mission statement: (1) supporting athletes to achieve excellence in Olympic and world competition, (2) support and promote a diverse and inclusive community of weightlifting and use of the barbell in the PNW (3) educate the diverse and inclusive community of weightlifting and use of the barbell in the PNW.

WSO UPDATE from WSO subcommittee - Jenn Sprague:

- Meet director asked for double check by committee of the preliminary start list.

- Discussion about meet director access to export various Excel reports directly from BARS: financial report, member entries with information to create start list.
- Meet director reports difficulty sending event information through BARS. Council members report athletes and coaches who have not received meet information from meet director's personal email address. Jenn volunteered to assist meet director.
- Updates to meet director / council realistic responsibilities for championships. Much easier to promote with prepared social media posts to collaborate with and active links to sign up sheets and meet info.
- Lauren Hatmaker to meet up with Isaac Marron when he is in Eugene to pass along the WSO owned digital scoring system and WSO owned championship banner.
- Mira Kwon Gracia will add links for WSO champs when available: start list, volunteer sign ups, event information, etc.

Old Business –

- Jenn Sprague to follow up missing equipment owed by Dynamic Fitness (Todd Lyons) and report back. The previous Washington LWC council as well as recent PNW WSO council members have made a multitude of attempts to collect equipment or returned payment for equipment owed since around 2021. (10/3/24 update from Jenn Sprague: business address appears to be a residential address also. She did not make an attempt to contact him at a residence.

Mission Statement: Current PNW WSO mission statement closely mirrors USAW mission statement on a local level. We plan to apply the mission statement to make decisions on spending and resources. How do we, as a council, best represent USA Weightlifting on the local level with a local mission as below? This will guide our spending.

USAW 2024 MISSION STATEMENT: The mission of USA Weightlifting is to support United States athletes in achieving excellence in Olympic and world competition, and to support, promote and educate a diverse and inclusive community of weightlifting and the use of the barbell in the United States.