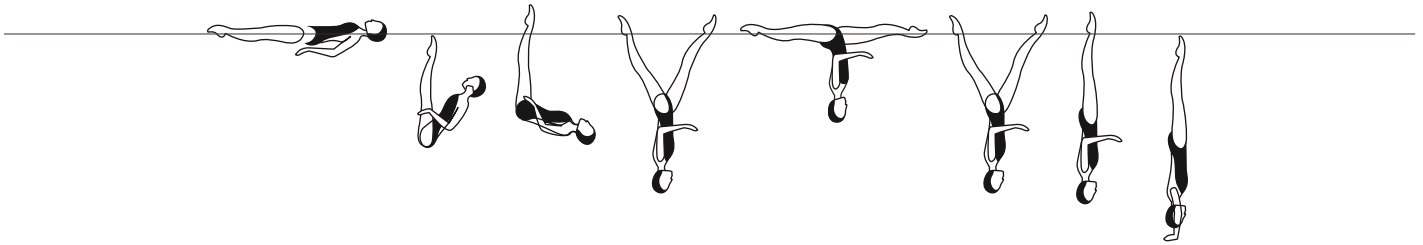
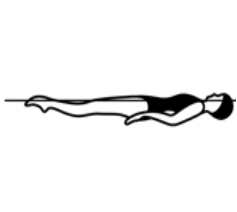

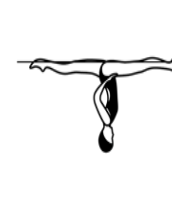
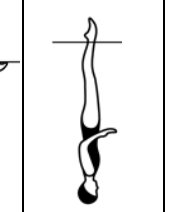
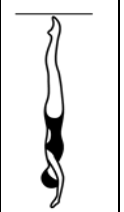


From a **Back Layout Position**, the trunk is lowered as the hips are bent to assume a **Submerged Back Pike Position**. The feet separate along the surface as the hips rise and the body assumes a **Split Position**. The legs join to assume a **Vertical Position** at ankle level. Maintaining the **Vertical Position**, the body descends along its longitudinal axis until the toes are submerged.



WEIGHTING for Blossom

					Total
NVT=	10.0	11.0	5.0	5.0	31.0
PV =	3.23	3.55	1.61	1.61	

Back Layout Position to Submerged Back Pike Position

Rule Book Description

Diagrams

Major Desired Actions

1. From a **Back Layout Position**, the legs are raised to vertical as the body is submerged to a **Back Pike Position** with the toes just under the surface.

1. Smoothly and simultaneously raising the legs and submerging the body, maintaining back straight and head in line. In the submerged **Back Pike Position**, the hips are directly beneath the position they occupied in **Back Layout Position**. Once established, the **Back Pike Position** degree of angle should not change prior to initiation of the unrolling action.



Submerged Back Pike Position to Split Position

Rule Book Description

Diagrams

Major Desired Actions

1. The feet separate along the surface as the a vertical upward movement of the trunk is executed as the body unrolls to assume a **Split Position**.

1. Smoothly and simultaneously raising the trunk as the legs reach BP 16 **Split Position**.



Split to Vertical at Submerged Vertical Transition

Rule Book Description

1. The legs are joined to assume a **Vertical Position** at the ankles

Diagrams



Major Desired Actions

1. Both legs achieve BP 6 **Vertical Position** simultaneously. Height of both legs to be at ankle level during closing to a **Vertical Position**.

BM 10 Vertical Descent

Rule Book Description





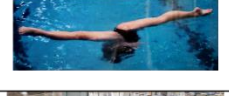
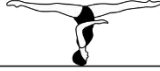


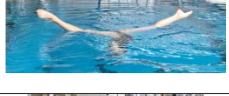







1. Maintaining a **Vertical Position**, the body descends along its longitudinal axis until the toes are submerged.

Diagrams



Major Desired Actions

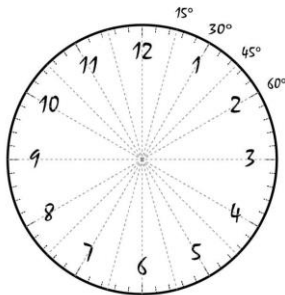
1. See BP 6 **Vertical Position**. Unless otherwise stated, tempo of descent is uniform and at the same speed as the rest of the figure.

Score range		Angle of Split (degree)		Water level	
Excellent/ Near Perfect	9.5	180 (flat)			Crotch & legs dry
Very Good	8.5	170 - 180			Legs dry
Good	7.5	160 - 170			Legs almost dry
Competent	6.5	150 - 160			lower legs dry Crotch underwater
Satisfactory	5.5	130 - 140			lower legs dry Crotch underwater
Deficient	4.5	110 - 120			feet above the surface, legs under water
Weak	3.5	up to 100			feet come out vertically
Hardly recognisable	0.1 – 2.9	scissors			feet come out vertically

Deduction Guidelines for Blossom

Figure/Transition	Small Deviation – 0.2 1-15 degrees	Medium Deviation – 0.5 16-30 degrees	Large Deviation – 1.0 31 degrees or more
Back Layout to Submerged Back Pike Position	Head tucked in Submerged Back Pike Position	Back rounded in Submerged Back Pike Position.	
	Legs lifted to mid-thigh level.	Below knees is only part of legs lifted.	Buttocks move forward as legs drop below surface without any lift.
Submerged Back Pike Position to Split Position	**See the angle chart for splits		
	Legs 15 to 30 degrees from perpendicular.	Legs 31 to 45 degrees from perpendicular.	Legs 46 degrees or more from perpendicular.

Visible scales of angle deviation



Apply to plumb line points of reference when evaluating vertical and horizontal alignments required.

Small deviation	1-15 degrees	0.2
Medium deviation	16-30 degrees	0.5
Large deviation	31 degrees or more	1.0

