

Candidate for Chair

World Boxing Medical & Anti-Doping Committee

Dr. Ingrid Carter

Nominated by USA Boxing

Beyond the Ring

A Medical Leader's Promise to Protect Every Boxer, Empower Every Nation.

Medical expertise | Ringside experience

Board-Certified Emergency and Sports Medicine Physician

USA Boxing ringside doctor since 2017 • World Boxing Doctor since 2023

Dear Fellow Champions of Boxing,

Every boxer who steps through the ropes carries more than gloves and determination — they carry dreams. Dreams of Olympic glory, national pride, and a future built through discipline and sacrifice. As delegates representing over 80 nations, *you* are the guardians of those dreams. And today, I am honored to ask for your trust to help protect them.

I have spent my career standing at the intersection of medicine and sport — as a Board-Certified Emergency and Sports Medicine Physician, as a ringside doctor for USA Boxing since 2017, and proudly as a World Boxing Doctor since 2023. I have been there in the corner, in the ring, in the critical moments when a boxer's health and future hang in the balance. I know this sport. I know its demands. And I know what it means when the medical system around a boxer fails them.

That is why I am running — because every boxer deserves better, and every federation deserves more.

My vision is built on four powerful pillars. First, **Athlete Safety and Ringside Excellence** — because no title, no medal, no moment of glory is worth a life or a career. Stronger concussion protocols, emergency readiness, and trauma standards will be our foundation. Second, **Physician Education and Mentorship** — because a well-trained ringside doctor is a boxer's last line of defense. We will build a certified physician handbook, digital learning modules, and hands-on mentorship programs that elevate medical standards across every nation. Third, **Digital Operations and Electronic Medical Records** — because your federation should never be buried in paperwork. A centralized, paperless system means faster health clearances, better continuity of care, and real-time access to boxer health data that crosses borders seamlessly. And fourth, **Accessible Anti-Doping and Mobile Labs** — because clean sport must be *achievable* sport. Through IOC partnership, we will reduce testing costs, bring mobile units closer to your athletes, and ensure fair and dignified sex eligibility testing for all.

Protecting Every Boxer • Supporting Every Federation • Preserving Olympic Dreams



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My governance values are simple but unwavering: **Visible. Accessible. Collaborative.** I will not lead from a distance. I will listen. I will travel. I will sit across the table from your federation doctors, your coaches, your athletes — because real leadership is built on real relationships.

Boxing has given so much to the world. It has given us heroes, unity, and the extraordinary human spirit of those willing to fight for something greater than themselves. We owe it to every boxer — from the superpower nations to the smallest emerging programs — to give them a medical committee worthy of their courage.

Together, let us build a World Boxing that protects every boxer, supports every federation, and preserves the Olympic dreams that unite us all.

With deep respect and unwavering commitment,

Dr. Ingrid Carter *Candidate for Chair, World Boxing Medical and Anti-Doping Committee Nominated by USA Boxing*

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