



Masters Event & Rules Updates

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Master's Committee is composed of:

- Masters Chair: Nancy Weiman nancyweiman@gmail.com
- Athlete Rep: Holly Seguire hseguine@hotmail.com
- Athlete Rep: Chrissy Stabile 1600m90s@gmail.com
- East Zone Rep: Anna Georgieva annageorgievakondic@gmail.com
- North Zone Rep: Linda Gilliam linda.gilliam2kids@gmail.com
- South Zone Rep: Joanne Wright mnjwright@verizon.net
- West Zone Rep: Lorri Geiger lg_cct@yahoo.com
- Rules Committee Member: Sue Nesbitt synchrosue@sbcglobal.net

World Aquatics updated their rules for Masters competitions. The rules in their entirety are supposed to be posted January 2024, but previously the changes to the rules were posted on the World Aquatics site. The changes have been posted here:

<https://www.worldaquatics.com/news/3733952/masters-rule-changes-approved-by-world-aquatics>

Significant Changes to note:

- Free and Technical events are now awarded separately.
- Changing the time limits for Technical and Free routines to:
 - Technical Routine Solo: 2 minutes
 - Free Routine Solo: 2 minutes 15 seconds
 - Technical Routine Duet & Mixed Duet: 2 minutes 20 seconds
 - Free Routine Duet and Mixed Duet: 2 minutes 45 seconds
 - Technical Routines Teams: 2 minutes 50 seconds
 - Free Routines Team: 3 minutes 30 seconds
 - 10 seconds maximum for deck work
 - No minimum times, maximum of 5 seconds overtime limits above
- Technical elements follow the order on the Technical Element Card
- We are still verifying the wording and intention on the Traveling Ballet Leg technical element.

It has been traditional that USAAS aligns their rules to the international rules. This is for master's as well as elite and age group competitions. The master's committee has been looking at and verifying the full intent of the rules and is working on rules changes for the 2024 season. The new international rules go into effect in 2024 with the World Aquatics Masters Championships. The masters committee is hoping that the new rules can be approved by the end of January to help accommodate writing of new routines for the 2024 season.



2024 Event Opportunities:

- World Aquatics Masters Championships: Doha, Qatar from February 23 - March 3, 2024.
- The Canadian Masters Artistic Swimming Championships: Montreal, Quebec, Canada from May 10-12, 2024.
- The PanAm Masters Championships: Trinidad & Tobago from July 18-24, 2024.
- US Masters Championship: Location TBD in October, 2024.

Contact Betty Hazle for information bettyhazle@yahoo.com on club options for international events by January 31, 2024.