2025 USA Taekwondo OREGON STATE CHAMPIONSHIPS





Where Olympic Journeys Begin™

March 23, 2025 WARNER PACIFIC UNIVERSITY PORTLAND, OREGON

2219 SE 68th Ave, Portland, OR 97215

Poomsae, Sparring, Board Breaking, Weapons & Demo Team DAEDO PSS will be used for Red Belt & Above Sparring Divisions





2025 USA TKD Oregon State Taekwondo Championship

Dear Athletes, Coaches, Instructors and Parents, We welcome you to another exciting year in your Taekwondo Journey. On behalf of Oregon Taekwondo I would like to thank you all for your support.

Your time and effort are greatly appreciated! Wishing you the Best!

Master George C. Hristescu - Oregon State President

ONLINE REGISTRATION ONLY - SPORT 80

●Information: Text: 503 516 3605 ●Email: usatoregon.office@gmail.com

ORGANIZER: USA Taekwondo Oregon Foundation

15285 NW CENTRAL DR PORTLAND OREGON 97229

SANCTIONED BY: USA Taekwondo - One Olympic Plaza Colorado Springs, CO 80909

REFEREE CHAIRMAN: Master Ranjit SHUDDHODAN

DATE: SUNDAY - March 23, 2025

PLACE: WARNER PACIFIC UNIVERSITY

2219 SE 68TH Ave, Portland Oregon 97215

TIME: COMPETITION SCHEDULE WILL BE ANNOUNCED ON MARCH 17, 2025

on USA Taekwondo Oregon's Facebook page.

REGISTRATION: Online Registration will END at 23:59PM MST MARCH 17, 2025 absolutely No Registration Accepted

AFTER MARCH 17, 2025. Registration can only be done through SPORT 80

USAT MEMBERSHIP: All participants must be current USA Taekwondo members. Register or renew online ON SPORT 80

WEIGH-IN: Weigh-In is Required for all Sparring Athletes. Credential Pick up starts at 9:30am and ends at 1:30pm sharp. Weigh - Ins will be held on SATURDAY, MARCH 22, 2025 at:

WARNER PACIFIC UNIVERSITY 2219 SE 68TH Ave, Portland Oregon 97215 - CAMPUS GYM 9:30AM TO 1:30PM

*Competitors may change weight on-site but must do so before stepping on the official weigh-in scale and must pay the \$100.00 administrative fee before change in weight category to be approved.

PLEASE DO NOT MAKE SCHEDULE CHANGE REQUESTS.

It is the competitors responsibility to abide to weigh-in schedule listed above.

AWARDS: Medals will be awarded to 1st, 2nd, and 3rd place.

BOARD BREAKING: Flying Side Kick Only - Athletes who jump the longest at their belt level height and break the board shall be the winner. Maximum of 2 attempts only if first attempt fails. One DEMO Board will be provided at ringside with breaking event registration.

EQUIPMENT: V-neck uniform only (no color trim except on black belt v-neck). All White, Yellow, Green and Blue Belt Kyorugi competitors must wear: white, red or blue head gear (red & blue headgear must be matched with chest protector color) and, red and blue reversible chest protector, forearm guard, shin and instep guard, groin cup (males only, worn inside) and CLEAR mouthpiece. Each competitor must provide his or her own equipment. Electronic Chestguards will be provided at ringside to all Red and Black Belt Kyorugi competitors.

All RED & BLACK BELT Kyorugi competitors MUST PROVIDE OWN DAEDO GENERATION 2 SENSOR SOCKS. Daedo Socks will be available for sale from a third party on March 22, 2025 during weigh in time. Price \$165

POOMSAE: - V-neck WHITE uniforms (white V for color belts or black V for Black Belts) and Y-neck Poomsae uniforms are permitted in this event. <u>USA Taekwondo Poomsae designation applies to all Poomsae divisions</u>. Single Elimination. Designated Poomsae will be announced on Sunday March 16 2025. Current USAT Competition rules will govern this championships.

