

2025 Pan Am Junior Championships Rankings - Women

Rankings as of 10/23/24

Athlete Name	Body Weight	Total	% of A Standard	Age as of 12/31/25	Competition Total Achieved
1 Ella Nicholson	76	244	117.31%	19	2024 IWF Junior World Championships
2 Sophia Shaft	64	217	111.86%	20	2024 National Championships
3 Nicole Caamano	71	215	104.88%	20	2024 IWF Junior World Championships
4 Jade Morales	55	175	98.87%	18	2024 National Championships
5 Anna Rucker	64	191	98.45%	20	2024 Pan American Junior Championships
6 Kailey Papas	59	191	98.45%	20	2024 IWF Junior World Championships
7 Jaycee Mann	55	170	96.05%	20	2024 National Championships
8 Jaedyn Orton	45	132	95.65%	16	2024 Pan American Youth Championships

A Standard	
45	138
49	165
55	177
59	194
64	194
71	205
76	208
81	210
87	212
87+	231

B Standard (Minimum)	
45	130
49	156
55	167
59	183
64	183
71	194
76	196
81	198
87	200
87+	218