



**U.S. NATIONAL TEAM PATHWAY**

**SENIOR - SPARRING**

**2024-2025**



# SENIOR BLACK BELTS

EVENT PATHWAY TO US NATIONAL TEAM MEMBER

## DOMINANT ATHLETE

### DOMESTIC PATH

Win 3 of 4 of these USATKD Majors and become the Domestic Dominant Athlete



USATKD MAJOR EVENTS

QUALIFYING EVENTS

### INTERNATIONAL PATH

Win 3 medals at WT\* G-Rated Events  
- 2 (Two) Gold Medals  
- Any 1 (one) other Medal

-OR-

Be ranked in the Top 20 of the World Taekwondo World Kyorugi Rankings (as of 12/31/24)\*

\*A WT bracket must have at least four (4) athletes from four (4) different countries for the medal to count towards the international path.

\*Completed Results/Brackets must be emailed to Eric Winger at [ewinger@usatkd.org](mailto:ewinger@usatkd.org).



2024 event results determine the athletes who will be invited to compete at the 2025 USATKD Team Trials.

The winner of the 2025 USATKD Team Trials becomes the USA Taekwondo National Team Member.



# SENIOR BLACK BELTS

EVENT PATHWAY TO US TKD NATIONAL TEAM MEMBER

## TO QUALIFY FOR THE 2024 US NATIONAL TKD CHAMPIONSHIP

Win 1st place or 2nd place at 1 (one) 2024  
USATKD State Championship

-OR-

Participate at 1 (one) 2024 US Regional  
Qualifier Event (East or West)

## TO QUALIFY FOR THE 2024 US FINAL CHAMPIONSHIP EVENT

-Win any medal at a 2024 US Regional  
Qualifier Event (East or West)

-Win any medal at the 2024 US National  
Taekwondo Championship

-Top four highest ranked athletes from the  
USATKD Ranking Points not qualified via a  
2024 US Regional Qualifier or 2024 US  
National Taekwondo Championships

## TO QUALIFY FOR THE 2025 USATKD TEAM TRIALS

All Athletes who medal at any of the following  
events:

- 2024 US Open
- 2024 US Taekwondo National Championship
- 2024 US Final

#1 USATKD Ranked Athlete as of 12/31/24

Top 20 WT World Kyorugi Ranked athlete as of  
12/31/24

International Dominant Athlete

Domestic Dominant Athlete

2024 USATKD Senior National Team Member

2024 Olympic Athlete



# SENIOR BLACK BELTS

## 2025 US TEAM TRIAL INFORMATION

### 2025 USATKD TEAM TRIALS

#### 2025 USATKD NATIONAL TEAM MEMBER

The 2025 USATKD National Team Member will represent the United States while competing at the 2025 World Taekwondo Championships in Wuxi, China, and/or any Pan American Championships.

The 2025 USATKD National Team Member will have the opportunity to train with the United States Coaches.

#### 2025 USATKD ALTERNATE NATIONAL TEAM MEMBER

The 2025 Alternate USATKD National Team Member will be called upon to fill the position of the 2025 USATKD Team Member if circumstances are applicable.

The 2025 Alternate USATKD National Team Member may be given training and/or competition opportunities with the US coaches and team or Regional coaches.

### TEAM TRIAL COMPETITION FORMAT

The 2025 USATKD Team Trial competition format will consist of one single elimination bracket.

The single elimination bracket will include athletes:

- International Dominant Athlete
- Aged up eligible Junior division athletes
- #1 USATKD Ranked Athlete (as of 12/31/24)
- Domestic Dominant Athlete
- 2024 US National Team Member
- 2024 Olympic athlete
- Top 20 World Taekwondo - World Kyorugi Ranked athletes (as of 12/31/24)
- Athletes who have earned a Gold, Silver or Bronze Medal at any one (1) of the USATKD Major Events:
  - US Taekwondo National Championship
  - US Final
  - US Open

\*If there are four or less athletes in a division, that division will be round robin. Including a bracket where there is more than one Top 6 WT Ranked athlete.

\*If there are only two athletes in a division, that division will be the best two out of three matches. Including a division where there is more than one Top 6 WT Ranked athletes.



# SENIOR BLACK BELTS

EVENT PATHWAY TO US TKD NATIONAL TEAM MEMBER

## SEEDING: IF THERE ARE TWO (2) TOP 6 WT- WORLD KYORUGI RANKED ATHLETES

The TWO (2) Top 6 athletes (as of 12/31/24) will compete for the 2025 USATKD National Team Member Position.

The winner of the US Team Trial competition will be named the 2025 US Taekwondo National Team Member.  
The 2nd place athlete will be named the 2025 US Taekwondo ALTERNATE National Team Member.

All other athletes who qualified for the US Team Trial in this division will compete in a separate bracket from the two (2) Top 6 athletes. The 1st and 2nd place winners from this bracket at the US Team Trial will become the 3rd & 4th place athletes in depth charts for this division.

## SEEDING: IF THERE ARE TWO (2) TOP 6 WT- WORLD KYORUGI RANKED ATHLETES

The Top 6 WT Ranked athletes (as of 12/31/24) automatically earns the 2025 US National Team Member position.

With the reset of WT points, qualified athletes can move up or down one weight division from where they qualified for the 2025 Team Trials.

## TEAM TRIAL COMPETITION FORMAT

- Seed 1: 2024 Olympic Team Member
- Seed 2: World Taekwondo top 20 World Kyorugi Athlete
- Seed 3: 2024 US National Team Member
- Seed 4: International Dominant Athlete
- Seed 5: Domestic Dominant Athlete
- Seed 6: 2024 US Open Gold Medalist
- Seed 7: 2024 US Final Gold Medalist
- Seed 8: 2024 US Taekwondo National Championship Gold Medalist
- Seed 9: #1 USATKD Ranked Athlete (as of 12/31/24)
- Seed 10: 2024 US Open Silver Medalist
- Seed 11: 2024 US Final Silver Medalist
- Seed 12: 2024 US Taekwondo National Championship Silver Medalist

\*All other seeds will be filled in with qualified athletes based on their USATKD Ranking.

\*If there are multiple international dominant athletes or WT event medal winners, the WT Kyorugi World Rankings will be used to determine the highest seed. All other athletes will move down in seed based off the number of international dominant athletes or WT event gold medalist.

\*If there is not a qualified athlete to fill a seed, the lower seeds will move up to the next highest seed.