



The National Governing Body For
Swimming, Water Polo, Diving,
Artistic Swimming &
Open Water Swimming

Affiliated To World Aquatics

JAPAN AQUATICS

JAPAN SPORT OLYMPIC SQUARE
4-2, Kasumigaokamachi, Shinjuku-ku,
Tokyo 160-0013 Japan
Phone : (81-3)-6812-9061
Fax : (81-3)-6812-9062
E-mail : office-japan@aquatics.or.jp

IMPORTANT NOTICE:

The deadline for Preliminary Entries has been extended.
New deadline: March 31, 2026 – 12:00 noon (JST)

INVITATION

The 102nd Japan Swimming Championships (FY2026) Artistic Swimming

DATE

May 21–24, 2026

(Official Practice: May 21, 2026)

ARRIVAL AND DEPARTURE

- Recommended arrival date: **Wednesday, May 20, 2026**
 - Recommended departure date: **Monday, May 25, 2026**
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VENUE

Tokyo Aquatics Centre

2-2-1 Tatsumi, Koto-ku, Tokyo, Japan

<https://www.tef.or.jp/e.apk.hp.transer.com/tac/>

COMPETITION POOL

- 50m indoor pool (Main Pool)
- Water depth: **3.0 m**

ACCESS FROM AIRPORTS

- **From Haneda Airport (HND):**
Distance: approximately **15 km**
Travel time: approximately **30–40 minutes**
- **From Narita International Airport (NRT):**
Distance: approximately **65 km**
Travel time: approximately **70–90 minutes**

(Travel times are estimates and may vary depending on traffic and transportation conditions.)



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ORGANIZER

Japan Aquatics (Public Interest Incorporated Foundation)

TECHNICAL ORGANIZER

Tokyo Swimming Association (Public Interest Incorporated Foundation)

OFFICIALS

Referee: MIWAKO HOMMA

Others: To be announced

COMPETITION RULES

The competition will be conducted in accordance with the World Aquatics Artistic Swimming Rules and the Artistic Swimming Rules of the Japan Aquatics, with possible adaptations where applicable.

<https://www.worldaquatics.com/artistic-swimming/rules>

EVENTS

Each federation or club may enter one (1) routine in each of the following events: Women Solo (Technical and Free), Men Solo (Technical and Free), Women Duet (Technical and Free), Mixed Duet (Technical and Free), Team (Technical and Free), and one (1) Acrobatic Routine.

- Women Solo Technical
- Men Solo Technical
- Women Duet Technical
- Mixed Duet Technical
- Team Technical
- Women Solo Free
- Men Solo Free
- Women Duet Free
- Mixed Duet Free
- Team Free
- Acrobatic Routine



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Team Events and Acrobatic Routine may include up to two (2) male athletes.

Events with fewer than three (3) entries will be held as exhibition events.

TIME LIMITS

EVENT	TECHNICAL	FREE
Women / Men Solo	2:00	2:15
Women / Mixed Duet	2:20	2:45
Team	2:50	3:30
Acrobatic Routine	—	3:00

COMPETITION SCHEDULE (TENTATIVE)

May 22

Women Solo Technical / Men Solo Technical / Women Duet Technical /
Acrobatic Routine

May 23

Mixed Duet Technical / Women Solo Free / Men Solo Free / Team Technical

May 24

Women Duet Free / Mixed Duet Free / Team Free

KEY DATES

- Preliminary Entry Deadline: **March 31, 2026 – 12:00 noon (JST)**
(Deadline extended from March 15, 2026)
 - Final Entry Deadline: **April 15, 2026 – 12:00 noon (JST)**
 - Coach Cards & Music Submission: **May 14, 2026**
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ELIGIBILITY

- Minimum age: born on or before April 1, 2014
 - This competition is a Senior-level event.
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ENTRY FOR OVERSEAS ATHLETES

Overseas athletes and teams may participate through:

- **Nomination by their National Federation, or**
- **Direct entry by clubs affiliated with a National Federation recognized by World Aquatics.**

All entries must comply with World Aquatics regulations and be submitted in accordance with the procedures established by the Organizer.

ENTRY FEES (PER ATHLETE - JPY)

EVENT	TECHNICAL	FREE
Women / Men Solo	¥7,000	¥7,000
Women / Mixed Duet	¥6,000	¥6,000
Team	¥5,000	¥5,000
Acrobatic Routine	—	¥5,000

CONDITIONS FOR ENTRY – Judge and Technical Controller

Each participating federation or club may nominate, at its own expense, up to one (1) World Aquatics certified judge and up to one (1) World Aquatics certified technical controller, with a maximum of two (2) officials in total.

MUSIC

Music must be submitted by the designated method.

Teams must bring a USB backup on the day of competition.

ACCREDITATION (AD CARDS)

AD Cards will be used for this competition.

Details will be provided in the Entry Procedure Guidelines.

DOPING CONTROL

The Japan Anti-Doping Code shall apply.

Athletes under the age of 18 must submit a Parental Consent Form.



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AWARDS

- Medals and certificates: 1st – 3rd place
- Certificates: 4th – 8th place

Awards will be presented to athletes who actually performed the routine.

TEAM LEADERS' MEETING (TENTATIVE)

- **Date & Time:** Thursday, May 21, 2026 – 15:00 (JST)
Venue: Conference Room, Tokyo Aquatics Centre

VISA INFORMATION

Participants are advised to contact the nearest Japanese Embassy or Consulate for detailed visa requirements.

ACCOMMODATION AND TRAVEL

KEIO TRAVEL AGENCY Co., Ltd.

Tokyo #1 Branch

2F Shinjukugyoen Bldg.,

2-3-10, Shinjuku, Shinjuku-ku,

Tokyo 160-0022, Japan

Tel: +81 3 5312 6540

Fax: +81 3 5379 0740

Email: t.yamawaki@keio-kanko.co.jp

EVENT CONTACT

ORGANIZING COMMITTEE

THE 102nd JAPAN ARTISTIC SWIMMING CHAMPIONSHIPS

Email: artisticjapanopen@nikkansports.co.jp