



# **2025 U.S. Paralympics Track Cycling Open**

**June 14-15, 2025**

Velo Center  
Carson, CA



**Event Information**

## Race Regulations

### Organization

The 2025 U.S. Paralympics Track Cycling Open is organized U.S. Paralympics Cycling under the regulations of USA Cycling and the International Cycling Union. The event will be held from June 14-15 at the Velo Center in Carson, CA

The President of the Commissaire's Panel for the race is Bonnie Walker.

### Type of event

All races are categorized by USA Cycling under permit #2025-10973. The event is held under the rules of the USA Cycling and the UCI.

### Participation

The event is open to Para-cyclists in the C and B categories. Participants must hold a Domestic or International License from USA Cycling and be Nationally or Internationally classified. No foreign athletes may participate.

#### Field Minimums:

- **Scratch Races:** Require a minimum of two (2) bikes for a medal event and require a minimum of five (5) bikes to race independently on the track.
  - MC1-3 and MC4-5 combined on the track if < 5 bikes in each
  - WC1-3 and WC4-5 combined on the track if < 5 bikes in each
    - *If < 3 bikes total, will be combined with the men on the track*
- **Elimination Races:**
  - M/W C1-3 combined
  - M/W C4-5 combined

*\*Both races may be combined on the track if there are too few competitors*

### Race Headquarters

The race headquarters shall be open starting at 8:00am Friday, June 13, and is located at: VELO Sports Center, 18400 S Avalon Blvd, Carson, CA 90746.

### Registration, Enrollment and Technical Meeting

Riders must confirm their registration and collect race numbers between 1:00pm and 2:00pm on Friday, June 13 at the VELO Sports Center, 18400 S Avalon Blvd, Carson, CA 90746. The Technical Meeting is scheduled for 5:00pm on Friday, June 13 and will be held virtually. Meeting link will be emailed to all participants.

Riders may register at the following link:

<https://www.bikereg.com/us-paralympics-track-cycling-open>

## **ATHLETE SAFETY REQUIREMENTS**

All U.S. participants in this competition are subject to the requirements outlined in the USOPC Athlete Safety Policy available at: <http://www.teamusa.org/usopcathletesafetypolicy>. Adult Participants are also required to be familiar with, and comply with the USOPC Minor Athlete Abuse Prevention Policies (MAAPP) available at: [www.teamusa.org/maapp](http://www.teamusa.org/maapp). Participating in our events also comes with certain responsibilities, such as requirements to report Prohibited Conduct, to include violations of the MAAPP, as outlined in Section 6 of the USOPC Athlete Safety Policy, as well as completing training as outlined below.

### **U.S. Center for SafeSport Training**

All U.S. athletes (18 years and older), coaches, officials, and support staff (including PCAs) must complete, or have completed within the last calendar year, the U.S. Center for SafeSport's SafeSport™ Trained Core training, or applicable Refresher training course if they have previously taken the SafeSport™ Trained Core training. The training must be completed prior to arrival at the event and must be valid through the conclusion of the event. Please note, USA Cycling membership with SafeSport training that is valid through the conclusion of the event will be accepted.

If you are not in compliance with training, depending on the required course, it will take between 30 to 90 minutes to complete the training. Taking the SafeSport™ Trained Core or Refresher training is free for registered event participants. Please email Lindsay Griswold at [lindsay.griswold@usopc.org](mailto:lindsay.griswold@usopc.org) if you need help accessing the training. You must submit proof of completion and expiration date of your most recent SafeSport training to Lindsay at least two weeks prior to the event.

If you are a minor athlete, completing SafeSport training is not required, however, we recommend you work with your parent/guardian to take the free youth training course offered by the U.S. Center for SafeSport. The U.S. Center for SafeSport also has resources available to parents/guardians regarding abuse prevention in sport, to include the [Parent Handbook](#), and free online training. These resources, and information regarding the training for both minor athletes and parents/guardians is available at: <https://uscenterforsafesport.org/training-and-education/safesport-courses-for-all/>.

### **USOPC Background Check**

All U.S. participants requesting a Team Staff (coaches, officials, and support staff including PCAs) accreditation for this competition are required to undergo a background check utilizing the National Center for Safety Initiatives (NCSI) as further described in the USOPC's Background Check Policy & Procedures, which can be viewed on the USOPC Athlete Safety page at <https://www.usopc.org/safe-sport>. The background check must be completed prior to the start of competition. Any individual receiving a "Red Light" may be precluded by the USOPC from participating in the competition. Please note, USA Cycling membership with a background check that is valid through the conclusion of the event will be accepted. Please submit proof of completion and expiration date of your most recent background check to Lindsay Griswold at [lindsay.griswold@usopc.org](mailto:lindsay.griswold@usopc.org).

For additional information regarding the USOPC's Athlete Safety Program, or to report an allegation of misconduct or abuse please visit: <https://www.usopc.org/safe-sport>.

## Classification

U.S. Paralympics will not offer classification at this event. Athletes who do not have a National or International classification should contact Tyler Carter and submit a U.S. Paralympics Medical Diagnostics form. Medical forms for classification can be found at <http://www.teamusa.org/US-Paralympics/Sports/Cycling/Classification>. Once the forms are completed, please send the forms to: [tyler.carter@usopc.org](mailto:tyler.carter@usopc.org)

Medals will be provided for each event in the table below, provided the event has one (1) or more competitors, unless otherwise noted:

<ul style="list-style-type: none"><li>- MB Tandem 4k Individual Pursuit</li><li>- WB Tandem 4k Individual Pursuit</li><li>-MC1 1 Kilometer Time Trial</li><li>-MC2 1 Kilometer Time Trial</li><li>-MC3 1 Kilometer Time Trial</li><li>-MC4 1 Kilometer Time Trial</li><li>-MC51 Kilometer Time Trial</li><li>-WC1 1 Kilometer Time Trial</li><li>-WC2 1 Kilometer Time Trial</li><li>-WC3 1 Kilometer Time Trial</li><li>-WC4 1 Kilometer Time Trial</li><li>-WC5 1 Kilometer Time Trial</li><li>-MB 1 Kilometer Time Trial</li><li>-WB 1 Kilometer Time Trial</li></ul>	<ul style="list-style-type: none"><li>- MC1-3 Scratch Race (see <i>"field minimums"</i> above)</li><li>- WC1-3 Scratch Race (see <i>"field minimums"</i> above)</li><li>- MC4-5 Scratch Race (see <i>"field minimums"</i> above)</li><li>- WC4-5 Scratch Race (see <i>"field minimums"</i> above)</li><li>-Men/Women C1-3 Elimination Race</li><li>-Men/Women C4-5 Elimination Race (see <i>"field minimums"</i> above)</li></ul>
Additional, non-medal event: Mass Start test	

**Penalties:** The USA Cycling penalty scale is applicable.

**Results:** Results will be released and posted onsite, as well as online after approval by the Chief Judge.

## Competition Schedule

[illegible]

## **Neutral Support**

Neutral Support (NRS) will be available in the velodrome infield.

## **Medical Services**

Medical Services will be provided by AMR. Athletes and staff are encouraged to seek out the assistance of the medical staff for any injuries or illnesses and report any incidents to the event staff.

Event Staff Contact: Ian Lawless 719-272-2761 | Jenny Ryan 719-338-6331

**Area Hospital** The closest hospital is Memorial Hospital of Gardena. Memorial Hospital is located at: 1145 W Redondo Beach Blvd, Gardena, CA 90247.

## **Anti-doping**

Anti-Doping will be carried out by the United States Anti-Doping Association (USADA).

Tests will take place onsite. Please see the anti-doping page for more information.

## **Awards Ceremony**

There will be independent awards ceremonies for each competition throughout the event. See the schedule in this document for times. The top-3 finishers for all events are required to attend and participate in the awards ceremony, wearing racing attire.

## **Official Training**

Official Training times for Para riders preceding the event are as follows:

- Thursday, 10:00 AM – 1:00 PM
- Friday, 10:00 AM – 1:00 PM

Athletes arriving in Carson early, seeking additional track training time can train at the open sessions, or can contact Hector Nava: [hnava@velosportscenter.com](mailto:hnava@velosportscenter.com) for more information about training times.

## **Anti-Doping**

All Athletes, Athlete Support Personnel and other Persons, by virtue of their participation in the Olympic, Paralympic, Pan American, Parapan American or Youth Olympic Games, participation in an Event or Competition organized or sanctioned by the USOPC or an NGB, an International Federation ("IF"), the International Olympic Committee ("IOC"), the International Paralympic Committee ("IPC") or other Major Event Organization, participation on a national team, utilization of an Olympic and Paralympic Training Center ("OPTC"), receipt of benefits from the USOPC or an NGB, inclusion in the Registered Testing Pool ("RTP") or Clean Athlete Program ("CAP"), or otherwise subject to the Code agree to be bound by the USOPC National Anti-Doping Policy and by the USADA Protocol. It is the duty of Athletes, Athlete Support Personnel and other Persons to comply with all anti-doping rules of the World Anti-Doping Agency (WADA), the IPC, the USOPC National Anti-Doping Policy, and of the U.S. Anti-Doping Agency (USADA), including the USADA

Protocol for Olympic and Paralympic Movement Testing (USADA Protocol) and all other policies and rules adopted by WADA, the IPC, the USOPC and USADA. Athlete participants agree to submit to drug testing by the IPC and/or USADA or their designees at any time and understand that the use of methods or substances prohibited by the applicable anti-doping rules make them subject to penalties including, but not limited to, disqualification and suspension. If it is determined that an individual participant may have committed a doping violation, the participant agrees to submit to the results management authority and processes of USADA, including arbitration under the USADA Protocol, or to the results management authority of the IPC, if applicable or referred by USADA. More information about the USOPC National Anti-Doping Policy can be found at: <https://www.usopc.org/governance-athletengb-policies>

More information about banned substances and doping control can be found by visiting: [www.usada.org](http://www.usada.org). All athletes who compete in the U.S. Paralympics Cycling Open are subject to drug testing. If athletes are notified for drug testing they must bring an ID with them and are allowed and strongly encouraged to have one representative to accompany them through the drug testing process.

## **Accommodations**

### **Hotels nearby**

Hampton Inn  
Los Angeles/Carson/Torrance  
767 E Albertoni St  
Carson, CA 90746  
310-768-8833  
1.6 miles from Velodrome

Holiday Inn  
Los Angeles Gateway-Torrance  
19800 S Vermont Ave  
Torrance, CA 90502  
310-781-9100  
2.9 miles from Velodrome



## **Mass Start Test Detail**

### **General:**

The mass start test will be used to evaluate an athlete's potential for high performance in mass start races (elimination and scratch race). The test is conducted to measure both the endurance and sprint capacity of a rider in a mass start (non-time trial) position. All timed sections are considered "flying" efforts where an athlete can use the track banking to build up speed prior to their times being taken.

### **Athlete/bike rules:**

- Rider has 1 number and can be placed on their body the same as a pursuit/time trial position (center of back).
- Bike and rider must be mass start legal with a UCI approved mass start position and equipment. (i.e. Handlebars cannot be further than 10cm ahead of front axle, no front disc, helmets must be mass start legal, etc.).
- Rider has the right to select their own starter and coach track side for lap splits.
- Rider has the right to select their own preferred gearing (For the sake of development, training purposes, and future refinements, athletes are asked to report what gear they're riding during the test prior to or immediately following their race.)
- Lap times will be taken from the finish line.
- In the event of a crash or mechanical failure, rider is allowed one restart

### **Test Structure**

**Total event length:** 14.5 laps

2.5 laps up to speed

**8 laps (2,000m) timed endurance section**

2 laps relief

**2 laps (500m) timed sprint section**

### **Details and steps:**

1. Athlete is pushed off from back stretch and when passing home stretch, the rider will see 10 laps to go
2. Rider has 2 laps to get up to speed.
3. A bell will be rung with 9 laps to go (1 lap prior to starting to time for endurance section)
4. Then lap times taken from 8 laps to go until 0.
5. Bell will be rung 1 lap prior end of endurance section. After completion of endurance section,
6. athlete then has 4 laps remaining (2 relief, and 2 timed)
7. Athlete must ride above the blue relief line after completion of endurance section, for 2 laps, until the start of their sprint section.
8. A bell will be rung with 3 laps to go (1 lap prior to starting to time for sprint section)
9. Then lap times will be taken from 2 laps to go until 0.
10. A bell will be rung 1 lap prior to end of sprint 500m section.



**Results:**

Results will be displayed as a table as shown below:

Endurance time (2,000m)	% of Standard	Sprint Time (500m)	% of standard	Final % of standard (Average of column 2 and Column 4)

**Additional Information**

Additional Information, including results can be found on the U.S. Paralympics Cycling website:

<https://www.teamusa.org/US-Paralympics/Sports/Cycling/Events/>

Athletes with additional questions not answered in this guide may contact U.S. Paralympics Staff:

Jenny Ryan, Associate Director, Para-cycling Sport Operations

[Jenny.Ryan@usopc.org](mailto:Jenny.Ryan@usopc.org)

719.338.6331

Ian Lawless, Director, Paralympic Cycling

[ian.lawless@usopc.org](mailto:ian.lawless@usopc.org)

719.272.1761