

## 2026 USA Diving Regional 12 Championships Schedule

Day 0	Open Training	Open Training	3:00 PM				8:00 PM				
			# of Dives	# of divers (SPLIT BOARD)	Seconds Per Dive	Event Time Minutes	Warm-Up Time Given (Minutes)	Warm-Up Start	Warm-Up End	Event Start	Event End
Day 1	Open Training	Open Training	7:00 AM				8:35 AM				
	Qualifying Event	Group A Girls 3-Meter	9	24	32	115.2	20	8:35 AM	8:55 AM	9:00 AM	10:55 AM
	Qualifying Event	Group B Girls 1-Meter	8	19	34	86.1	20	8:35 AM	8:55 AM	9:00 AM	10:26 AM
	Qualifying Event	Group A Boys 1-Meter	10	6	32	32.0	45	11:20 AM	12:05 PM	12:10 PM	12:42 PM
	Qualifying Event	Group B Boys 3-Meter	9	7	33	34.7	45	11:20 AM	12:05 PM	12:10 PM	12:44 PM
			# of Dives	# of divers (SPLIT BOARD)	Seconds Per Dive	Event Time Minutes	Warm-Up Time Given (Minutes)	Warm-Up Start	Warm-Up End	Event Start	Event End
Day 2	Open Training	Open Training	7:00 AM				8:35 AM				
	Qualifying Event	Group A Girls 1-Meter	9	27	32	129.6	20	8:35 AM	8:55 AM	9:00 AM	11:09 AM
	Qualifying Event	Group B Girls 3-Meter	8	16	34	72.5	20	8:35 AM	8:55 AM	9:00 AM	10:12 AM
	Qualifying Event	Group B Boys 1-Meter	9	7	34	35.7	45	11:30 AM	12:15 PM	12:20 PM	12:55 PM
	Qualifying Event	Group A Boys 3-Meter	10	6	32	32.0	45	11:30 AM	12:15 PM	12:20 PM	12:52 PM