



**USA PENTATHLON MULTISPORT
ATHLETE SELECTION PROCEDURES
2025 Youth and Junior World Championships
January 6, 2025**

I. SELECTION SYSTEM

- A. Provide the minimum eligibility requirements for an athlete to be considered for nomination to the Team:
1. Citizenship/Residency:
Athletes must meet UIPM eligibility requirements.
 2. Athletes must be a member in good standing with USAPM and must possess a UIPM Athletes License to participate in the trials process. Licenses may be obtained by contacting USA Pentathlon Multisport.
- B. 1. Tryout Events: Provide the event names, dates, and location of all selection trials.
1. 2025 USAPM Peachtree Pentathlon Regional, March 8-9, Atlanta, GA
 2. 2025 USAPM Charlotte Invitational 1, Charlotte, NC, March 22-23
 3. 2025 USAPM Colorado Regional and Recruitment Camp, Colorado Springs, CO, March 27-30, 2025
 4. 2025 USAPM Charlotte Invitational 2, Charlotte, NC, April 5-6
 5. 2025 USAPM New Mexico Regional, Roswell, NM, April
 6. 2025 USAPM Wolfpack Regional Pentathlon, San Jose, CA, TBC
 7. 2025 USAPM Texas Regional, San Antonio, TX, TBC
 8. 2025 USAPM New York/Connecticut Regional, TBC
 9. 2025 USAPM Davis Regional, first weekend in May
 10. 2025 USAPM Youth and Junior World Championships Qualifier, Colorado Springs, CO - TBC (May 15-18?)
 11. 2025 USAPM Chicago Regional, early June

See www.usapentathlon.org for the current calendar of USAPM events.

- C. Provide a comprehensive, step-by-step description of the method that explains how athletes will go through the selection process to become Team

nominees for the 2025 Youth or Junior World Championships.

Team size may be up to 8 (4 male/4 female). Final confirmation will be posted on <http://usapentathlon.org/>, if different from the above.

Up to four highest ranking male and four female athletes from the 2025 USA Pentathlon Multisport Youth or Junior Ranking List will be named to the 2025 Youth or Junior World Championships Team based on the best result of an athlete's one Invitational competition, the best combined (added) results of two USAPM Regional Competitions using the PPS (Pentathlon Point System) points system (see attachment A) and 2025 Youth and Junior World Championships Qualifier.

Best efforts will be made so that final confirmation of these domestic events will be posted at www.usapentathlon 21 days prior to the domestic competition.

Minimum Qualifying Scores to be selected for the World Championships Team

Junior women:

Swim: 2:26 (short course meters**) 258 points

3000m Track Run: 11:15 (6:00 mile pace) 625 points

*or a total of 883 points

Junior men:

Swim: 2:12 (short course meters**) 286 points

3000m Track Run: 9:45 (5:12 mile pace) 715 points

*or a total of 1001 points

Youth U19 women:

Swim: 2:28 (short course meters**) 254 points

3000m Track Run: 11:50 (6:19 mile pace) 590 points

*or a total of 844 points

Youth U19 men:

Swim: 2:14 (short course meters**) 282 points

3000m Track Run: 10:00 (5:20 mile pace) 700 points

*or a total of 982 points

Youth U17 women:

Swim: 2:30 (short course meters**) 250 points

3000m Track Run: 12:30 (6:40 mile pace) 550 points

*or a total of 800 points

Youth U17 men:

Swim: 2:18 (short course meters**) 274 points
3000m Track Run: 10:30 (5:36 mile pace) 670 points
*or a total of 944 points

Youth U15 women:
Swim: 1:11 (100m short course**) 268 points
3000m Track Run: 13:15 (7:04 mile pace) 505 points
*or a total of 773 points

Youth U15 men:
Swim: 1:06 (100m short course**) 278 points
3000m Track Run: 11:10 (5:57 mile pace) 630 points
*or a total of 908 points

2025 Youth or Junior World Championships Selection Tie Breaker: If athletes are tied for team selection for the World Championships with the same number of USA Pentathlon Multisport Youth or Junior Ranking List points (from the PPS table – Attachment A), the higher placing athlete, per gender, at the most recent **mutually contested** event. Should there continue to be a tie, then the results of the following disciplines shall be compared, in order, until said tie is “broken” with the higher scoring athlete prevailing. The order shall be for tie-breaking purposes, Combined event (run/shoot), Fencing, Obstacle Race, and finally Swimming.

D. Relay Team Selection for the 2025 Youth and Junior World Championships

Athletes are selected to compete in relay events (two gender relays and a mixed relay) at the discretion of the National Team coaches. Recommendations for coaches on how to select relay teams are below.

Two athletes (1 male and 1 female) will compete in the Mixed Relay events. One male and one female athlete with the highest score at the individual event at the same competition (Youth and Junior World Championships Qualifier or World Championships) will be invited to compete in the Mixed Relay event. If an athlete declines the invitation, the next athlete with the highest score in individual competition will be invited.

Two female athletes and two male athletes will compete in women and men gender relays, respectively. Two female and two male athletes with the 2nd and 3rd highest scores at the individual event at the same competition (Youth and Junior World Championships Qualifier or World Championships) will be invited to compete in the Gender Relay event. If an athlete declines the invitation, the next athlete with the highest score in individual competition will be invited.

In case if relay events are scheduled before the individual competition, it is recommended to select the highest placed athletes at Youth and Junior

World Championships Qualifier for the Mixed Relay event and the 2nd and 3rd highest athletes at National Championships for the Gender Relay events.

E. USAPM Principles of Discretionary Selection

The purpose of a discretionary choice is to ensure selection of the most competitive team. Creating watertight, finite criteria for discretionary choices is impossible, since by their very nature they are meant to account for unanticipated circumstances, which inevitably elude the principles of objective criteria. Based on the context of the situation, the USAPM PPC (Pentathlon Performance Committee) may select up to one (1) athlete to participate at the 2025 Youth or Junior World Championships subject to its sole discretion. Such discretion may be based but not limited to ability and/or competitive record and/or injury or illness and/or Pentathlon Performance Committee discretion and/or any or all of the above.

If an athlete declines or is unable to attend the competition(s) for which they have qualified, the PPC will rely upon the above Principles of Discretionary Selection to fill the spot. The PPC also reserves the right to not fill the vacated spot.

F. Provide the names of all committees/groups who oversee the selection process, including the names and titles of the current members.

Rob Stull	USA Pentathlon Multisport Managing Director
Genadijus Sokolovas	USA Pentathlon Multisport Recruitment and Development
Nathan Schrimsher	USA Pentathlon Multisport Athlete Rep.

II. REMOVAL OF ATHLETES

A. USA Pentathlon Multisport has jurisdiction over potential nominees.

An athlete who is to be nominated to the Team by USA Pentathlon Multisport may be removed as a nominee for any of the following reasons, as determined by USA Pentathlon Multisport:

- Voluntary withdrawal. Athlete must submit a written letter to the USA Pentathlon Multisport Managing Director.
- Injury or illness as certified by an approved USA Pentathlon Multisport physician (or medical staff). If an athlete refuses verification of his/her illness or injury by an approved USA Pentathlon Multisport physician (or medical staff), his/her injury will be assumed to be disabling and he/she may be removed.

- Violation of USA Pentathlon Multisport Code of Conduct (Attachment B).

An athlete who is removed from the Team pursuant to this provision or violates any provision in II.A or point #16 may be subject to USAPM disciplinary action. The athlete has the right to a hearing per the USA Pentathlon Multisport Bylaws, Article 14.

An athlete may be removed as a nominee to the Team or from the Team at any time for violation of IOC, PASO, IPC, WADA, IF, USADA and/or USOPC anti-doping protocol, policies and procedures, as applicable. In such instances, the adjudication process will be managed through the USADA.

III. REPLACEMENT OF ATHLETES

- A. Describe the process by which the replacement pool of athletes will be identified:

Replacement athletes will be nominated based on the 2025 USA Pentathlon Multisport National Team Youth/Junior Ranking List. The next highest ranked athlete per gender not already nominated to the 2025 Youth/Junior World Championships will be the replacement.

- B. Identify the group or committee that will be responsible for making athlete replacement determinations:

Rob Stull	USA Pentathlon Multisport Managing Director
Genadijus Sokolovas	USA Pentathlon Multisport Recruitment and Development
Nathan Schrimsher	USA Pentathlon Multisport Athlete Rep.

IV. SUPPORTING DOCUMENTS

USA Pentathlon Multisport will retain the approved Selection Procedures and all supporting documents, including scouting or evaluation forms, etc., and data from the selection process for six months past the date of the Closing Ceremonies of the 2025 Youth/Junior World Championships.

V. REQUIRED DOCUMENTS

The following documents are required to be signed by an athlete as a condition of nomination to the World Championships and are included as attachments:

USA Pentathlon Multisport Code of Conduct (See Attachment B)

VI. PUBLICITY/DISTRIBUTION OF PROCEDURES

The USOPC approved Selection Procedures (complete and unaltered) will be posted/published by USA Pentathlon Multisport in the following locations.

A. NGB/PSO Web site:

www.usapentathlon.org

B. NGB/PSO Official Publication (if any):

N/A

VII. MANDATORY TRAINING AND/OR COMPETITION

Athletes nominated to the 2025 Youth/Junior World Championships are required to attend the Training Camp and designated competitions. If an athlete cannot attend, they must submit in writing why they are unable to attend at least 48 hours following notification--and will be given a written response by USAPM Within 72 hours of receiving the athletes letter, the Modern Pentathlon Coach and High Performance Staff designated by USA Pentathlon Multisport will provide in writing, the determination if the athlete is or is not excused from training camp or competition. Unexcused athletes may be removed from the team.

VIII. ANTI-DOPING REQUIREMENTS

Athletes must adhere to all IOC, IPC, PASO, WADA, IF, USADA and USOPC anti-doping protocols, policies and procedures, as applicable. This includes participation in Out-of-Competition Testing as required by the IOC, IPC, PASO, WADA, IF, USADA and USOPC Rules, as applicable.

IX. DEVELOPMENT OF SELECTION PROCEDURES

The following committee/group (include names and titles) was responsible for creating these Selection Procedures:

Rob Stull	USA Pentathlon Multisport Managing Director
Genadijus Sokolovas	USA Pentathlon Multisport Recruitment and Development
Nathan Schrimsher	USA Pentathlon Multisport Athlete Rep.

X. NGB/PSO BYLAWS AND GRIEVANCE PROCEDURES

The USA Pentathlon Multisport Bylaws and Grievance Procedures can be found at:

www.usapentathlon.org

XI. INTERNATIONAL DISCLAIMER

These procedures are based on IOC, USAPM, PASO, as applicable, and/or UIPM rules and regulations as presently known and understood. Any change in the selection procedures caused by a change in IOC, USAPM, PASO, as applicable, and/or UIPM rules and regulations will be distributed to the affected athletes immediately. The selection criteria are based on the latest information available to USA Pentathlon Multisport. However, the selections are always subject to unforeseen, intervening circumstances, and realistically may not have accounted for every possible contingency.

If any force of nature, or force majeure, should cause the alteration or cancellation of any of the selection events listed in this document, these selection procedures will be revised, pursuant to their resubmission to the USOPC.


XII. ATHLETE OMBUDSMAN



Athletes who have questions regarding their opportunity to compete that are not answered by USA Pentathlon Multisport may contact the USOPC Athlete Ombudsman by:

- Telephone at (719) 866-5000
- Email at ombudsman@usathlete.org
- <https://www.teamusa.org/athlete-ombudsman>

XIII. NGB/HPMO SIGNATURES

I certify that I have read and understand the standards/criteria set by our IF and/or CF (PAG/PPAG only) and incorporated those standards/criteria into our Selection Procedures. I further certify that the information provided herein regarding Athlete Selection Procedures represents the method approved by USA Pentathlon Multisport.

Position	Print Name	Signature	Date
NGB/HPMO President or CEO/Executive Director	Rob Stull		01/06/2025

Nat. Team Coach, Head Coach, or Nat. Program Director	Genadijus Sokolovas		01/06/2025
USOPC Athletes' Advisory Council Representative*	Nathan Schrimsher		01/06/2025

*If the USOPC AAC Representative has delegated authority to the Alternate AAC Representative to sign the Selection Procedures, attach a letter from the AAC Representative indicating the reason he/she has delegated authority.

*Signature by the Athlete Representative constitutes that he/she has read and understands the Selection Procedures. If the Athlete Representative reads and does not agree with the Athlete Selection Procedures being submitted by the NGB/HPMO, he/she may submit those reasons in writing to his/her Sport Performance Team.

*If, for some reason, a sport does not have an elected USOPC AAC Representative, the NGB/HPMO must designate an athlete from that sport to review and sign the Selection Procedures.

ATTACHMENT A

2025 PPS YOUTH/JUNIOR Points

Final placing in competition	2025 U.S. Pentathlon Multisport Youth/Junior World Championships Qualifier	2025 USAPM Invitational (Best of four meets counts for selection)	2025 Regional Competitions (Best single result counts for selection)
1	40	20	10
2	35	17	8
3	30	15	7
4	26	13	6
5	22	12	5
6	19	11	4
7	16	10	3

8	14	9	2
9	12	8	1
10	11	7	1
11	10	6	1
12	9	5	1
13	8	4	1
14	7	3	1
15	6	2	1
16	5	1	1
17	4	1	1
18	3	1	1
19	2	1	1
20 and below	1	1	1

ATTACHMENT B

USA Pentathlon Multisport Code of Conduct

ATHLETE PLEDGE

I pledge to uphold the spirit of the USA Pentathlon Multisport Code of Conduct (the “Code”), which offers a guide to my conduct as a member of the USA National Team (the “Team”). I acknowledge that I have a right to a hearing if my opportunity to compete is denied or if I am charged with a violation of this Code.

I have familiarized myself with the Code and understand that acceptance of its provisions is a condition of my selection to the Team.

As an athlete Member of the Team, I hereby promise and agree that:

- I will abide by all published rules related to the Team selection procedures as approved by USA Pentathlon Multisport;
- I have acted and will act in a sportsmanlike manner consistent with the spirit of fair play and responsible conduct;
- I will maintain a level of fitness and competitive readiness that will permit my performance to be at the maximum of my abilities;
- I will submit to a physical examination by USA Pentathlon Multisport medical personnel if my ability to compete is compromised due to physical injury and I understand that such injury may be cause for my not being selected to the Team, being removed from the Team, or not being allowed to participate if I remain on the Team.
- I will not commit a doping violation as defined by the International Olympic Committee (IOC), World Anti-Doping Agency (WADA), the United States Anti-Doping Agency (USADA), the United States Olympic Paralympic Committee (USOPC) or the Union International de Pentathlon Moderne (UIPM) rules;
- I am not currently serving a doping violation and/or do not have a pending or unresolved doping charge;
- I will not engage in any conduct that is criminal under any laws applicable to me, including, but not limited to laws governing the possession and use of drugs and alcohol and providing of drugs to any person and of alcohol to minors.
- I will not participate or assist in any gambling or betting activities associated with any event related to my sport or my participation;
- I am eligible to compete under the rules of Union International de Pentathlon Moderne and I am in possession of a valid USA passport, that will not expire prior to six months following the conclusion of the international competition, should I be chosen for an international team that requires a passport;
- I will refrain from conduct detracting from my ability or that of my teammates to attain peak performance and I will respect the property of others whether personal or public.
- I will respect all members of my Team delegation, other teams, spectators and officials, and I will engage in no form of discriminatory behavior or verbal, physical or sexual harassment or abuse to include bullying either verbal, written or via social media.

- I will support all members of my team. I will not criticize or in any way disparage a team member, their ability or performance or in any way engage in any conversation or action not in the interest of promoting harmony and team spirit.
- I will follow my Team's written rules, including by way of example, rules regarding curfew, required attendance at team meetings, consumption of alcoholic beverages and prohibitions on the release of confidential team information;
- I am aware that USA Pentathlon Multisport sponsors, suppliers and licensees provide critical support for the Team and, in recognition of this fact, I will wear designated USA Pentathlon Multisport apparel at all official Team functions and events when requested.
- USAPM Team Apparel is typically designed to be used for one season. Therefore, I will not trade or sell my USA Team apparel until authorized to do so. If I lose my team apparel I will pay to replace it if requested.
- I will not conceal or cover-up any USA Pentathlon Multisport sponsor, supplier or licensee brand or other identification appearing on my USA Pentathlon Multisport apparel, and I will abide by the rules of the Union International de Pentathlon Moderne concerning allowable trademark identification on clothing and equipment worn or used in competition or on visible body tattoos.
- I agree to be filmed and photographed by the official photographer(s) and network(s) of USA Pentathlon Multisport under conditions authorized by USA Pentathlon Multisport and give event organizers and USA Pentathlon Multisport the right to use my name, picture, likeness, and biographical information before, during and after the period of my participation in these activities to promote the activity in which I participate or to promote the success of the team on which I compete; in no event may USA Pentathlon Multisport or the event organizers use or authorize the use of my name, picture, likeness, voice and biographical information for the purpose of trade, including any use in a manner that would imply an endorsement of any company, product, or service, without my written permission.
- I will not use or authorize the use of photographs, films or videos of myself in my USA Pentathlon Multisport apparel or equipment or the use of the USA Pentathlon Multisport logo for the purpose of trade, without the prior written consent of USA Pentathlon Multisport;
- I will attempt to participate in media activities if compatible with my training and competitive schedule, when requested by USA Pentathlon Multisport;
- I will compete to the best of my ability if selected to a USAPM relay team; and If I must withdraw due to injury or illness I will notify the NGB or its representative at the earliest possible moment.
- I understand that if I require legal representation because of I am accused of a doping violation or am accused of criminal misconduct, or if for any other reasons I require the services of an attorney, I will be personally responsible for payment of such legal fees and expenses;

- I will act in a way that will bring respect and honor to myself, my teammates, USA Pentathlon Multisport and the United States; and I will remember that at all times I am an ambassador for my sport, my country and the Olympic Movement.

ATHLETE OMBUDSMAN

I may contact the USOPC Athlete Ombudsman,
(719) 866-5000 or by email at ombudsman@usathlete.org
for further information regarding my rights under this Code.

PARTICIPANTS' AFFIRMATION

I have read and accept this Code of Conduct. I agree to the rules, guidelines, jurisdiction and procedures stated in these documents as a condition of being selected to participate as a member of the Team.

Signature

Date

Print Name

PARENT/GUARDIAN CERTIFICATION – for underage athletes

Signature

Date

Print Name and Relationship (Parent or Guardian)