



2025 Nationals Qualification Overview for 2026 World Triathlon Championships

Worlds Top 5 Finishers

Priority 1 Automatic qualification for the respective World Championship the following year for place 1-5 @ World Championships

National Championships

Priority 2 Review specific qualification criteria for each National Championship below

Two Week Rule

Priority 3 For any USAT National Championship race taking place within 2 weeks of a World Championship race, World Championship Top race finishers, in order of qualifying finish place, will qualify for remaining spots (after Priority 1 & 2) for the same respective following year World Championship race.

For 2025 USAT Multisport National Championships, Sprint/Standard Duathlon & Aquathlon, are within 2 weeks of 2025 Pontevedra Multisport Sprint/Standard Duathlon & Aquathlon World Championships, so these races are Two Week Rule Qualifiers.

Scholastic Qualifiers

Priority 4 Path 1 - Youth & Junior Pathway: Top 50% of finishers of 2025 USAT Youth & Junior Nationals (16-19 as of 12/31/2026) qualify for remaining spots for 2026 Draft-Legal Sprint Triathlon Worlds. Junior athletes have priority over aging up Youth athletes (within top 25% finishers).

Path 2 - NCAA Pathway: Top 50% of U.S. Citizens at the Women's Collegiate Nationals Championship qualify for remaining female slots for 2023 Draft-Legal Sprint Triathlon World Championships.

Path 3 - Collegiate Club Pathway: Top 50% of both the 2025 Collegiate Club Draft-Legal and Olympic Distance National Championships for their respective World Championship (Draft-Legal & Standard Triathlon). Draft-Legal Triathlon will be filled first, followed by the Standard Distance qualifying for Standard Distance Worlds.

Rankings

Priority 5 Remaining (after spots are filled from Priority 1-4) spots available per age group for 2026 World Championship races, will be awarded to Top 20 per age group from finalized 2025 USAT National Rankings.

WINTER NATIONAL CHAMPIONSHIPS

February 15th-16th

Breckebeiner - Breckenridge, CO

Winter Triathlon & Duathlon World Championships: TBD

Automatic qualification to 2026 Winter World Championships in either discipline for all finishers

MULTISPORT NATIONAL CHAMPIONSHIPS FESTIVAL

June 4-8th

Multisport National Championships Festival - Omaha, NE

Aquathlon World Championships: Abu Dhabi, United Arab Emirates

Top 18 per AG (roll down to Top 30 & within 5% of 18th place)

Standard Aquabike World Championships: Pontevedra, Spain

Top 18 per AG (roll down to Top 30 & within 5% of 18th place)

Draft-Legal Sprint Triathlon World Championships: Pontevedra, Spain

Top 10 per AG (rolling down to Top 20 & within 10% of 10th place)

*Non-Draft Sprint Triathlon @ US National Championships: 8 slots available for Qualification

*Scholastic Qualifiers also qualify for remaining slots in this WC event

Draft-Legal Sprint Duathlon World Championships: Abu Dhabi, United Arab Emirates

Top 18 per AG (roll down to Top 30 & within 5% of 18th place)

Standard Duathlon World Championships: Abu Dhabi, United Arab Emirates & Alsdorf, Germany (TBD)

Top 18 per AG (roll down to Top 30 & within 5% of 18th place)

Mixed Relay World Championships: Pontevedra, Spain

10 teams per 10-year age group (ex: AG 20-29)

CROSS NATIONAL CHAMPIONSHIPS

July 13th

Hagg Lake Triathlon & Trail Festival - Henry Hagg Lake, OR

Cross Triathlon World Championships: Abu Dhabi, United Arab Emirates

Top 18 per AG (roll down to Top 30 & finish within 5% of 18th place)

Cross Duathlon World Championships: Abu Dhabi, United Arab Emirates

Top 18 per AG (roll down to Top 30 & finish within 5% of 18th place)

SPRINT & OLYMPIC DISTANCE NATIONAL CHAMPIONSHIPS

August 8-10th

SPRINT & OLYMPIC DISTANCE NATIONAL CHAMPIONSHIPS - MILWAUKEE, WI

Draft Legal Sprint Triathlon World Championships: Pontevedra, Spain

Top 8 per AG (roll down to Top 20 & finish within 10% of 8th place)

*National Qualifier is Non-Draft but corresponding Worlds is Draft-Legal

*DL Sprint Tri @ Multisport Nationals is also Qualifier for 10 slots

*Scholastic Qualifiers for any remaining slots

Standard Triathlon World Championships: Pontevedra, Spain

Top 18 per AG (roll down to Top 30 & within 5% of 18th place)

ULTRA DISTANCE NATIONAL CHAMPIONSHIPS

August 17th

PeasantMan - Penn Yan, NY

Long Course Triathlon World Championships: Abu Dhabi, United Arab Emirates

Ultra Distance Triathlon & Aquabike: Top 2 athletes per AG (roll down to top 4 & within 5% of 2nd place)

Long Course Aquabike World Championships: Abu Dhabi, United Arab Emirates

Top 2 athletes per AG (roll down to Top 4 & finish within 5% of 2nd place)

Long Course Duathlon World Championships: Zofingen, Switzerland

Top 2 athletes per AG (roll down to top 4 & within 5% of 2nd place)

GRAVEL NATIONAL CHAMPIONSHIPS

August 24th

Lauf Gravel Worlds presented by M GRILLS: Lincoln, NE

Cross Triathlon World Championships: Abu Dhabi, United Arab Emirates

Priority 1: Standard Distance Gravel Tri: Top 4 per AG (roll down to Top 5 & finish within 5% of 4th place after spots have been exhausted from Cross Nationals)

Priority 2: Sprint Distance Gravel Tri: Top 4 per AG (roll down to Top 5 & finish within 10% of 1st place) fill remaining spots after spots have been exhausted from Cross Nationals

Cross Duathlon World Championship: Abu Dhabi, United Arab Emirates

Priority 1: Standard Distance Gravel Du: Top 4 per AG (roll down to Top 5 & finish within 5% of 4th place after spots have been exhausted from Cross Nationals)

Priority 2: Sprint Distance Gravel Du: Top 4 per AG (roll down to Top 5 & finish within 10% of 1st place) fill remaining spots after spots have been exhausted from Cross Nationals

LONG COURSE NATIONAL CHAMPIONSHIPS

September 20th

Wildman - Lawrenceburg, KY

Long Course Triathlon World Championship: Abu Dhabi, United Arab Emirates

Top 18 per AG (roll down to Top 30 & finish within 5% of 18th place)

Long Course Aquabike World Championships: Abu Dhabi, United Arab Emirates

Top 18 per AG (roll down to Top 30 & finish within 5% of 18th place)

Long Course Duathlon World Championships: Zofingen, Switzerland & Alsdorf, Germany (TBD)

Top 18 per AG (roll down to Top 30 & finish within 5% of 18th place)



-Current as of April 29th, 2025-