

2025 USAW Masters National Championships

Date	Session	Platform	Weigh-In	Start	Gndr	Age Group	Weight Category	Entry Total	# Lifters Grp	Ses
Thu Apr 3	1	RED	6:00 AM	8:00 AM	F	W65	55 – 87 A	60 - 98	9	11
						W70	71 A	100 - 100	1	
						W80	71 A	64 - 64	1	
		BLUE	6:00 AM	8:00 AM	M	M70	61 – 96 A	90 - 125	7	10
						M75	61 – 89 A	110 - 127	2	
						M80	89 A	90 - 90	1	
	2	RED	8:00 AM	10:00 AM	F	W60	49 – 87+ A	57 - 105	12	12
		BLUE	8:00 AM	10:00 AM	M	M65	73 – 109+ A	110 - 145	9	10
						ADAP	89 A	75 - 75	1	
	3	RED	10:00 AM	12:00 PM	F	W55	55 – 64 A	70 - 100	7	7
		BLUE	10:00 AM	12:00 PM	M	M55	67 – 96 A	140 - 166	8	12
						M60	61 – 102 A	109 - 160	4	
	4	RED	11:40 AM	1:40 PM	F	W55	71 – 87+ A	80 - 131	13	13
		BLUE	12:00 PM	2:00 PM	M	M55	81 – 102 A	170 - 227	8	12
						M60	73 – 102 A	167 - 216	4	
	5	RED	2:00 PM	4:00 PM	F	W50	45 – 59 A	70 - 136	9	9
		BLUE	2:00 PM	4:00 PM	F	W50	64 – 71 A	95 - 160	7	7
	6	RED	3:40 PM	5:40 PM	M	M50	67 – 89 A	168 - 210	16	16
		BLUE	3:40 PM	5:40 PM	F	W50	76 – 87+ A	98 - 138	12	12
Fri Apr 4	7	RED	6:00 AM	8:00 AM	F	W45	49 – 55 A	85 - 125	9	9
		WHITE	6:00 AM	8:00 AM	F	W45	59 A	87 - 145	9	9
		BLUE	6:00 AM	8:00 AM	M	M50	96 – 109 A	184 - 225	10	10
	8	RED	7:50 AM	9:50 AM	F	W45	64 A	97 - 140	12	12
		WHITE	7:50 AM	9:50 AM	F	W45	71 A	92 - 155	11	11
		BLUE	7:50 AM	9:50 AM	M	M45	67 – 81 A	163 - 210	11	11
	9	RED	9:50 AM	11:50 AM	F	W45	76 – 81 A	103 - 174	12	13
		ADAP					76 A	90 - 90	1	
		WHITE	9:50 AM	11:50 AM	F	W45	87 – 87+ A	112 - 164	12	12
	10	BLUE	9:50 AM	11:50 AM	M	M45	89 A	184 - 246	8	8
		RED	11:50 AM	1:50 PM	F	W40	64 B	100 - 121	13	13
		WHITE	11:50 AM	1:50 PM	F	W40	49 – 59 A	100 - 152	12	12
	11	BLUE	11:30 AM	1:30 PM	M	M45	96 – 109+ A	200 - 275	14	14
		RED	1:50 PM	3:50 PM	F	W40	64 A	125 - 180	12	12
		WHITE	1:50 PM	3:50 PM	F	W40	59 A	129 - 146	9	9
	12	BLUE	1:50 PM	3:50 PM	M	M40	61 – 81 A	169 - 249	15	15
		RED	3:50 PM	5:50 PM	F	W40	71 B	109 - 120	11	11
		WHITE	3:40 PM	5:40 PM	M	M40	89 – 96 A	202 - 275	9	9
	13	RED	6:00 AM	8:00 AM	F	W40	71 A	122 - 135	10	10
		WHITE	6:00 AM	8:00 AM	F	GA U13	30 – 64 A	30 - 70	7	13
						GA U15	59 – 64 A	90 - 100	2	
						GA U17	71 – 76 A	128 - 135	2	
						GAJR	49 – 71 A	90 - 150	2	
	14	BLUE	6:00 AM	8:00 AM	M	M40	102 A	211 - 260	8	8
		RED	7:50 AM	9:50 AM	F	W40	76 – 87 B	110 - 123	10	10
		WHITE	7:30 AM	9:30 AM	M	M40	109 – 109+ A	211 - 290	11	11
		BLUE	7:50 AM	9:50 AM	M	GA U13	49 – 55 A	40 - 95	3	12
						GA U15	61 – 89+ A	80 - 110	3	
						GA U17	96 – 102+ A	180 - 220	2	

Sat Apr 5						GAJR	67 – 96 A	180 - 230	4	
	15	RED	9:40 AM	11:40 AM	M	M35	67 – 73 A	181 - 250	13	13
		WHITE	9:30 AM	11:30 AM	F	GA W35	87 A	67 - 67	1	11
						GA W40	76 – 87+ A	90 - 112	3	
						GA W50	64 – 71 A	65 - 110	2	
						GA	59 – 81 A	65 - 106	5	
		BLUE	9:50 AM	11:50 AM	F	W40	71 A	138 - 175	10	10
	16	RED	11:40 AM	1:40 PM	M	M35	81 A	200 - 265	11	11
		WHITE	12:00 PM	2:00 PM	F	W40	76 – 87 A	125 - 150	12	12
		BLUE	11:30 AM	1:30 PM	M	GAM35	73 – 102 A	135 - 179	3	13
						GAM40	109 A	166 - 166	1	
						GAM45	81 A	140 - 140	1	
						GAM50	89 – 102 A	152 - 160	2	
						GAM55	96 A	130 - 130	1	
						GAM65	73 A	92 - 92	1	
						GA	81 – 102 A	170 - 200	4	
		RED	1:40 PM	3:40 PM	F	W40	81 – 87+ A	114 - 190	15	15
		WHITE	2:00 PM	4:00 PM	F	W40	76 – 87 A	154 - 175	11	11
	17	BLUE	2:00 PM	4:00 PM	M	GAM35	89 A	210 - 210	1	13
						GA	67 – 102 A	204 - 270	12	
	18	RED	4:00 PM	6:00 PM	F	W35	45 – 55 A	79 - 145	10	10
		WHITE	3:50 PM	5:50 PM	F	GA W35	76 A	128 - 128	1	14
						GA W40	71 A	115 - 115	1	
						GA	64 – 87+ A	115 - 190	12	
		BLUE	4:20 PM	6:20 PM	M	M35	89 A	207 - 260	15	15
Sun Apr 6	19	RED	6:00 AM	8:00 AM	F	W35	64 B	104 - 130	10	10
		WHITE	6:00 AM	8:00 AM	M	M35	102 – 109 A	226 - 265	8	8
		BLUE	6:00 AM	8:00 AM	F	W35	71 B	110 - 131	13	13
	20	RED	8:00 AM	10:00 AM	M	M35	96 A	200 - 340	11	11
		WHITE	7:45 AM	9:45 AM	F	W35	59 A	100 - 166	14	14
		BLUE	8:00 AM	10:00 AM	F	W35	64 A	131 - 154	9	9
	21	RED	10:00 AM	12:00 PM	F	W35	76 A	115 - 200	13	13
		WHITE	10:00 AM	12:00 PM	F	W35	71 A	133 - 170	13	13
		BLUE	10:00 AM	12:00 PM	F	W35	81 A	117 - 183	12	12
	22	RED	12:00 PM	2:00 PM	F	W35	87 A	125 - 181	11	11
		WHITE	12:00 PM	2:00 PM	M	M35	102 – 109+ A	265 - 350	9	9
		BLUE	12:00 PM	2:00 PM	F	W35	87+ A	120 - 200	11	11