



SEPTEMBER 3RD-5TH



THURS, SEP 3RD

*One day or
day one.
The choice is
now.*

TIME	
7:30AM	FOUNDATION AND BOD MEETING
7:55 AM	ATHLETE MEETING 1
9:00 AM	WELCOME ADDRESS
9:30 AM	ART SWIM CHAMPIONS CHALLENGE LAUNCH
10:30AM	CLUB MEMBERSHIP GROWTH
10:30 AM	ATHLETE CAREER TRANSITION
11:30 AM	SEASON LONG TRAINING PLAN
11:30 AM	ATHLETE TO COACH COMMUNICATION
12:30 PM	LUNCH PROVIDED BY USAAS - ESTHER WILLIAMS EXTRAVAGANZA
2:00 PM	APNEA/TRE/FIGURE SESSION
4:05 PM	MEET THE CANDIDATES
5:00 PM	IR, MASTERS & AWD COMMITTEE MEETINGS

COLOR GUIDE

EVERYONE

PROFESSIONAL

ATHLETE

SPECIALTY





FRIDAY, SEP 4TH

*What you
delay today
becomes the
regret of
tomorrow.*

TIME	
7:00 AM	RULES COMMITTEE MEETING
9:00AM	PARENTS! ARE YOU MANAGING OR PARTNER?
9:00 AM	ATHLETE MEETING 2
10:30 AM	PLAN THE FUTURE OF JUDGING (PART 1) INPUT FROM ALL
11:45AM	BILLIE MACKELLAR AWARD LUNCHEON
1:10PM	COACH TO ATHLETE COMMUNICATION
1:10PM	SEASON LONG GOAL SETTING AND STEPS TO ACHIEVE
1:15PM	PLAN THE FUTURE OF JUDGING (PART 2) JUDGES ONLY
2:15PM	WHAT ARE YOUR TAKEAWAYS?
2:15PM	WHAT ARE YOUR TAKEAWAYS?
3:00PM	ZONE MEETINGS
6:00PM	FOUNDATION RECEPTION

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TICKETED EVENT





SATURDAY, SEP 5TH

*Now is not a
moment.
It's a mindset.*

TIME	
7:00AM	PURE BARRE CLASS
8:00AM	ATHLETE MEETING 3
9:30AM	OPEN WITH MONA'S AI PRESENTATION BOD & BOARD OF GOVERNORS MEETING
12:00PM	LUNCH PROVIDED BY USAAS ART SWIM CHAMPIONS CHALLENGE FINALE
1:30PM	BOARD OF DIRECTORS & BOARD OF GOVERNORS MEETING
6:00PM	AWARDS RECEPTION

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