Criteria have been further revised. Currently these are:

- Must be a current USAT Annual Member through December 1 and have competed in at least 2 USAT or ITU sanctioned events combined; one event MUST be either an USAT Duathlon National Championship (Sprints, Standard or Long) or ITU Designated World Championships (Long or Multisport Festivals: Sprint & Standard). Priority of event consideration will be based on the composition of the competition pool. For instance, if the majority of those in contention for AOY-Duathlete are at Nationals verses Worlds and vice versa, that will be taken into consideration during the analysis process.
- AOY-Duathlete selection will be based on the following categories:
 - > Junior: Ages 15-19, for both Males & Females
 - Master: Ages 40-59 for Males, 40-54 for Females
 - ➤ Grand Master: Ages 60-69 for Males, 55-64 for Females
 - ➤ Great Grandmaster: Ages 70+ for Males, 65+ for Females
 - ➤ OVERALL: All Ages
- In determining who is named the Overall USAT Duathlete of the Year and Honorable Mentions, consideration will first be based upon the athlete's placing in the overall results from National and/or ITU World Championships/Multisport Festivals, regardless of their age category.
- As far as per category (Junior, Open, Master, Grand Master, and Great Grandmaster) in these races, an important part of the analysis is where the top contenders go head to head and how they place in the overall, not just their placings in their respective age categories, either at Nationals or Worlds and also at local and regional sanctioned races. For example, if a Master female, 53 wins gold at Worlds in the 50-54 AG, yet a Master female, 44 places higher in the overall results between the two of them, the Master female, 44 is given higher consideration for the Master Female Duathlete of the Year category.
- The USAT Annual Rankings will be considered if two athletes have very close results at Nationals and/or World Championships/Multisport Festivals.
- Selections for all AOY Duathlete Categories are made by members of the USAT National Duathlon AOY Subcommittee
- Athletes do not need to submit results from their races. Results submitted from the Race Directors throughout the year will be used.
- Depth verses size of the event dictates a higher consideration when reviewing results for all categories.