

ATHLETES WITH DISABILITIES PENALTIES
(as of 1/1/26)
USAAS

TIER DIVISION _____

CLUB _____ START # _____

CIRCLE INFRACTION

- 1) 1 POINT PENALTY
 - a) Deviation from the specified routine time limit allowed for the routine; deducted from *Routine score*
- 2) 2 POINT PENALTY – All deducted from Routine score
 - a) Competitors execute stacks, towers or human pyramids during the deck movements in the routine
 - b) Competitor has made deliberate use of the bottom of the pool during a routine to propel themselves
 - c) Competitor has made deliberate use of the bottom of the pool during a routine to assist another competitor.

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 - d) Exceeds designated spin amount

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