

ATHLETES WITH DISABILITIES PENALTIES  
(as of 1/1/26)  
USAAS

TIER DIVISION \_\_\_\_\_

CLUB \_\_\_\_\_ START # \_\_\_\_\_

**CIRCLE INFRACTION**

- 1) **1 POINT PENALTY**
  - a) Deviation from the specified routine time limit allowed for the routine; deducted from *Routine score*
- 2) **2 POINT PENALTY – All deducted from Routine score**
  - a) Competitors execute stacks, towers or human pyramids during the deck movements in the routine
  - b) Competitor has made deliberate use of the bottom of the pool during a routine to propel themselves
  - c) Competitor has made deliberate use of the bottom of the pool during a routine to assist another competitor.

REFEREE \_\_\_\_\_

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  - c) Competitor has made deliberate use of the bottom of the pool during a routine to assist another competitor.
  - d) Exceeds designated spin amount

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