

ROUTINE PENALTIES
USAAS & WORLD AQUATICS (as of 1/1/26)
INTERMEDIATE/NOVICE/COLLEGIATE DEVELOPMENTAL/MASTERS

EVENT _____ START # _____

SWIMMER/TEAM _____

1) ALL ROUTINES

1 POINT PENALTY – All deducted from Routine score

- a) Exceeding time limit of 20/30 seconds for deck walk-on
- b) Exceeding time limit of ten (10) seconds for deck movements
- c) Deviation from the specified routine time limit allowed (+5 seconds)

2 POINT PENALTY – All deducted from Routine score

- a) Routine is interrupted by a competitor during the deck movements and a new start is allowed; deducted from Routine score
- b) Competitor(s) has made deliberate use of the bottom of the pool during a routine to propel themselves or assist another competitor; deducted from Routine score per violation

2) NOVICE ROUTINE

0.5 POINT PENALTY – All deducted from Element score

- a) Technical Required Element not performed parallel to the sides of the pool where the panels of judges have been placed (Solo, Duet, Mixed Duet, Trio only) per violation
- b) Element not performed simultaneously per violation
- c) Technical Required Element performed as mirror action per violation
- d) More than one free hybrid performed
- e) Acrobatic movement performed per violation

2 POINT PENALTY – All deducted from Element score

- a) Technical Required Element performed incorrectly
- b) Technical Required Elements not performed in order as stated in Appendix L
- c) The number of elements exceeds the predetermined maximum allowance; deducted from Elements score per violation

3) INTERMEDIATE ROUTINE

0.5 POINT PENALTY – All deducted from Element score

- a) Technical Required Element not performed parallel to the sides of the pool where the panels of judges have been placed (Solo, Duet, Mixed Duet, Trio) per violation
- b) Technical Required Element performed as mirror action per violation
- c) Additional elements not performed per violation

2 POINT PENALTY – All deducted from Element score

- a) Technical Required Element performed out of order
- b) The number of elements exceeds the predetermined maximum allowance per violation

ZERO – All deducted from Element score

- a) One or more swimmers omit or perform incorrect action in a Technical Required Element

4) MASTERS ROUTINE

0.5 POINT PENALTY

- a) Additional elements not performed per violation

2 POINT PENALTY – All deducted from Element score

- a) Technical Required Element performed incorrectly
- b) Technical Required Elements not performed in order as declared on Coach Card or as stated in Appendix L

5) FREE COMBINATION – MASTERS

1 POINT PENALTY

- a) New part does not start in very close proximity to the previous part; deducted from Routine score

2 POINT PENALTY – All deducted from Routine score

- a) Does not have two parts fewer than three athletes and two parts with all athletes
- b) Theme not portrayed; not necessary on Coach Card

6) DISQUALIFICATION

- a) One or more competitors stop swimming before the routine is completed. If cessation is caused by circumstances beyond control of the competitor(s), the Referee may allow the routine to be re-swum two routines after
- b) Failure to notify Scoring of scratches/changes

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