

2026 Junior World Championships Rankings - Women

Rankings as of 12/9/25

	Athlete Name	Body Weight	Total	% of A Standard	Age as of 12/31/26	Competition Total Achieved
1	Ella Nicholson	77	245	114.49%	20	2025 Junior Pan Am Games
2	Grace Montgomery	77	212	99.07%	20	2025 Virus Weightlifting Finals
3	Kimberly Wiese	69	206	98.10%	20	2025 Virus Weightlifting Finals
4	Jade Morales	53	174	97.21%	19	2025 National Championships
5	Elle Bays	77	206	96.26%	18	2025 Virus Weightlifting Finals

Invited as an 86kg

A Standard - New BW's	
48	163
53	179
58	194
63	203
69	210
77	214
86	218
86+	237

B Standard - New BW's	
48	154
53	169
58	183
63	191
69	198
77	202
86	206
86+	224