



U.S. NATIONAL TEAM PATHWAY

CADET - SPARRING

2024-2025



CADET BLACK BELT

EVENT PATHWAY TO USATKD TEAM MEMBER

DOMESTIC PATH

Win 3 of 4 of these USATKD Majors
and become the
Domestic Dominant Athlete



USATKD MAJOR EVENTS



QUALIFYING
EVENTS



2025
USATKD
TEAM
TRIALS

2024 event results
determine the athletes
who will be invited to
compete at the 2025
USATKD Team Trials.

The winner of the 2025
USATKD Team Trials
becomes the USA
Taekwondo National
Team Member.



CADET BLACK BELTS

EVENT PATHWAY TO USATKD TEAM MEMBER

TO QUALIFY FOR THE 2024 US NATIONAL TKD CHAMPIONSHIP

Win 1st place or 2nd place at 1 (one) 2024 USATKD State Championship.

-OR-

Participate at 1 (one) 2024 US Regional Qualifier Event (East or West)

TO QUALIFY FOR THE 2024 US FINAL CHAMPIONSHIP EVENT

Win any medal at a 2024 US Regional Qualifier Event (East or West)

-OR-

Win any medal at the 2024 US National Taekwondo Championship

TO QUALIFY FOR THE 2025 USATKD TEAM TRIALS

ALL ATHLETES MUST PARTICIPATE AT THE 2024 US NATIONAL TAEKWONDO CHAMPIONSHIPS

-AND-

All Athletes who medal at any of the following events:

- 2024 US Open
- 2024 US National Taekwondo Championships
- 2024 US Final Championship

#1 USATKD Ranked Athlete as of 12/31/24

All 2024 USATKD Cadet National Team Members

Domestic Dominant Athlete

AGING UP CADET ATHLETES

14 year old Cadet athletes aging up qualify to compete as a Junior at the 2025 USATKD Team Trial if one of the following has been earned in 2024:

- 2024 Domestic Dominant Athlete Status
- 2024 US Final Championship Gold Medalist (Domestic)
- 2024 US Open Gold Medalist (International)
- 2024 US National Team Member