

Iowa 16U Women's Freestyle Roster

FIRST	LAST	WEIGHT CLASS
Georgia	Edwards	95
Piper	Phillips	95
Mya	Van Beek	95
Ainsley	McLaren	100
Kielly	Kasal	100
Cassidy	McCallister	100
Tess	Darrow	100
Alyssa	Wheeler	105
Scarlett	Reiter	105
Shelby	Croatt	105
Ainsley	Hemann	105
Kate	Eggleston	110
kate	martin	110
Lauren	Watson	110
Ella	Als	110
Addison	McGinness	115
Cadence	Christensen	115
Erica	Irvine	115
Clara	Ball	115
Amya	Bass	115
Isla	Schemmel	120
Aileen	Aragon	120
Carleigh	Arjes	120
Kate	Krause	125
Lilli	Cooper	125
Karlie	Kruse	125
Isobella	Villarreal	125
Addyson	Bowers	130
Brielle	Parke	130
Isabella	Miller	130
Georgia	Smith	130
Ellie	Hancock	135
Breanne	Grap	135
Mia	Luck	135
Damayah	Williams	140
Lily	Weinreich	140

Jammie	Krah	140
BethAnn	Templeman	140
Eve	Skrocki	145
Reagan	Stephenson	145
Haley	Togba	145
Teryn	Vander Beek	155
Leiah	Thomas	155
Anastasia	Simon	155
Peyten	Van Dyke	155
Aurora	Lloyd	170
Liv	Lonergan	170
Stella	Beattie	170
Amalia	Djoumessi	170
Aniyah	Smith	235
Kinley	Jimenez	235

Iowa 16U Men's Freestyle Roster

FIRST	LAST	WEIGHT CLASS
Cyrus	Millage	88
Shay	Lundvall	88
Johnathan	Thompson	88
Lincoln	Pochinski	88
Maddex	Maurer	88
Ty	Martin	88
Knox	Ayala	94
Curran	Meyer	94
Kruz	Keller	94
Easton	Landas	94
Ace	Cochrane	100
Hudson	Cox	100
Kaleb	Gordon	100
Luke	Walsh	100
Diego	Robertty	106
Karson	Wuebker	106
Carver	Hinz	106
Cruz	Gannon	106
Cain	Crosson	106
Abe	Heysinger	106

Austen	Fry	113
Mathew	Prine	113
Coy	Mehlert	113
Riker	Dewitt	113
Chase	Watkinson	113
Oliver	Lange	120
Weston	Porter	120
Slater	Thomas	120
Hendrix	Schwab	120
Kash	Koopmans	120
Kipton	Lewis	120
Eddie	Woody, Jr.	120
Kayden	Eller	126
Keaton	Henry	126
Caleb	Arroyo	126
Joseph	Leick	126
Adam	Carey	126
Ryan	Fletcher	126
Deshawn	Parrow	126
Carl	Shew	132
Gabe	Kingery	132
Avery	Van Zelderren	132
Camron	Bennett	138
Riley	Watts	138
Jasper	Sonberg	138
Jaimon	Mogard	138
Gavin	Carolan	138
Rex	Edmonds	138
Adrian	Phetxoumphone	138
Chase	Krantz	144
Hayden	Hutt	144
Carver	Wieland	144
Calvin	Rathjen	144
Mandius	Volentine	144
Colton	Shaffer	144
Braxton	Winkey	150
Croix	Gudenkauf	150
Liam	Weber	157
Parker	Casey	157

Jake	Dunn	157
Lane	Gudenkauf	157
Colin	Sesker	157
William	Fullhart	165
Shannon	Hughes	165
Daniel	Murphy	165
Macklin	Penner	175
Kieran	Dahms-Cox	175
Ryland	Morgan	175
Tyde	Nelsen	175
Braylen	Bieber	190
Caleb	Christensen	190
Fletcher	Mick	190
Kyle	Youngbear	190
Eaghan	Fleshman	215
Victor	Esparza	215
Meric	Hagarty	215
Joseph	Hauser	215
Grayson	Nagle	215
Colton	Mouw	215
Joe	Constable	285
Oliver	Dykes	285
Lucas	Feuerbach	285
Lakyr	Peska	285
Travin	Thomas	285

Iowa 16U Greco-Roman Roster

FIRST	LAST	WEIGHT CLASS
Cyrus	Millage	88
Shay	Lundvall	88
Nico	Ballantini	88
Ty	Martin	88
John	King	88
Kruz	Keller	94
Curran	Meyer	94
David	March	94
Damien	Yeoman	100
Spencer	Dare	100

Cole	Wibholm	100
Carver	Hinz	106
Gunner	Fry	106
Abe	Heysinger	106
Coy	Mehlert	113
Chase	Watkinson	113
Riker	Dewitt	113
Kiernan	Dunlay	113
Bode	McIlravy	113
Mathew	Prine	113
Hendrix	Schwab	120
Weston	Porter	120
Jett	Kramer	120
Meison	Tollefson	120
Brody	Black	120
Caleb	Arroyo	126
Cale	Johnson	126
Isaac	McCleish	126
Gabe	Showers	126
Adam	Carey	132
Carl	Shew	132
Keaton	Henry	132
Grayson	Manning	132
Carter	Roland	138
TJ	Lovell	138
Riley	Watts	138
Luke	Reed	138
Jaimon	Mogard	138
Camron	Bennett	138
Colton	Shaffer	144
Chase	Krantz	144
Mandius	Volentine	144
Carver	Wieland	144
Aydan	Groom	144
Isaac	Bates	144
Hayden	Hutt	144
Miles	Vander Velde	150
Eli	McCleish	150
Luke	Lindaman	150

Colin	Sesker	157
Greyson	Willett	157
Trevor	Kaut	157
Riley	ODonnell	157
William	Fullhart	165
Parker	Casey	165
Shannon	Hughes	165
Tyde	Nelsen	175
Macklin	Penner	175
Ryland	Morgan	175
Emmett	Shedek	175
Kellen	Wegner	175
Alexander	Graeve	175
Tatian	Freeman	190
Braylen	Bieber	190
Fletcher	Mick	190
Caleb	Christensen	190
Grayson	Nagle	215
Colton	Mouw	215
Carter	Eddy	215
Lucas	Feuerbach	285
Joe	Constable	285
Travin	Thomas	285
Oliver	Dykes	285