

## **Position Title:** **Triathlon Head Coach**

### **To apply:**

Email your resume to: [ucitriclub@gmail.com](mailto:ucitriclub@gmail.com) with subject line “Coaching Application”

For questions or concerns please email Team President Courtney Klein at the same email.

**Deadline: *September 15th.*** (Note: we will be interviewing on a rolling basis)

### **Our Team: Triathlon Club at UCI**

We are a collegiate club level team of undergraduate and graduate students who train and compete in triathlons within the West Coast Collegiate Triathlon Conference (WCCTC). Our team is a mix of athletes from beginners with no triathlon experience to those who are highly ranked within our conference. Last season we had 20+ active members and we are working on continuously growing the team. We do structured training from September through April and we do casual training the rest of the year. We attend approximately eight races throughout the season, including USAT Collegiate Club Nationals. In a space where we have a lot of athlete turn-over due to graduations, we are looking for a head coach who can provide some continuity and support to our team from season to season.

### **The Position: You will**

- Create a weekly training plan that can be adjusted for beginner and seasoned athletes
- Create a season training plan outlining build weeks, taper, races, etc
- Attend two weekday (M-F) practices a week (run & swim)
  - Coach athletes on form and pacing
- Attend select weekend practices throughout the season (these may include open water swim, transition training, bike rides, etc.)
- Attend any required coaching meetings through races or WCCTC
- Communicate with athletes who ask for extra aid or questions
- Estimated 5-10 hours/week (not including races)

### **Preferred Experience**

- Coaching beginner and experienced triathletes
- Coaching in a team setting
- USAT Coaching Certified
- Sports nutrition
- Supporting athletes using periodization, training data, etc.

### **Benefits**

- As a self-funded club sport we are able to provide \$2000/quarter for the 2 active training quarters
- Reimbursement for travel and accommodations for away races
- Reimbursement for Anteater Recreation Center access