

NY WSO Board Meeting – Sunday, August 24, 2025.

Zoom Meeting

The meeting was called to order by WSO President James McDermott at 7:05 PM.

Board Members Present: Jerry Dunne, Chris Smith, Michelle Woogen, Frank Ford, Alyssa Garrison, James McDermott, and Joe Rodriguez.

Absent: Erica Caso, Brian DeGennaro.

Agenda

NYS Championships Updates

Meeting Minutes

NYS Championships

Apparel: A majority of t-shirt sizes have been received from participants. After August 31st, James will guess the t-shirt size based on weight class for those who haven't responded to emails. Four attempts have been made to acquire apparel size: 1 at registration and 3 by James. Discussion on the apparel color and design color for this year – James showed a few options.

Medals & Plaques: Have arrived and look great.

Sponsors: LMNT, FitAid, and Planet Fitness are on board. James is in discussion with a footwear company – this may need to be carried over to next year.

Volunteers: Red is 100% staffed and blue is 98% staffed for Saturday. Red is 90% staffed and blue is 95% staffed for Sunday. We'll schedule three loaders for some of the youth sessions to keep the platform moving quickly. James will re-confirm all volunteers are still attending the meet and send out specific volunteer emails mid-September. Discussion was had on the set-up and breakdown plan.

Equipment: Discussion was had on who can fill in some of the gaps on the equipment list. Suggestions on who to contact in the community were made.

Preliminary Schedule: A live document is being used and the schedule is being adjusted based on withdrawals.

Q-Points vs. Sinclair: Discussion was had on USAW switching to Q-Points, a new formular for determining best lifter statistics. The meet will continue to use Sinclair for this year.

Age Groups: James reminded everyone that only Youth athletes may go up in weight class at the weigh-in. No athletes can move down.

OWLCMS: James mentioned that we should be able to display records in the software, he'll update the USAW document. Joe Rodriguez is working to integrate the speaker microphone into the livestream.

Storage Unit Change: James discussed upgrading the storage unit to a 10 x 10 with the current being a 5 x 10. He will be taking a trip to Binghamton in a few weeks to make this change and organize/stage equipment before the event.

Moving Help: Emphasis was placed on the need for moving help Friday and Sunday after lifting. James discussed the need for board members to help as much as they can so that others aren't left to do the lion's share late into the night.

Meeting adjourned at 8:01 PM.

Next meeting: TBD.