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Saturday, April 12th, 2025

**United Sports
 1426 Marshallton-Thorndale Road
 Downingtown, PA 19335-3673**



**Online Registration is only available at
[USA Taekwondo Sport80](#)**

(Registration Closes & Payment due by 4/7/2025 (Monday) at 11:59 PM EST)

OPEN TO ALL USAT ATHLETES

No on-Site Registration!

	Registration DEADLINE (Must register on-line by Monday, April 7th, 2025. Registration closes at 11:59 PM EST)
Entry Fee	\$125
Division Fee	\$25 Each division
Coach Registration	\$65
	Any Belt/Weight Changes after Registration Closes will cost \$50.00 CASH
General Admission	\$15 CASH @ DOOR (5 and Under FREE)
Board Pricing	\$4 each CASH -- <i>must be purchased at the tournament</i>

FRIDAY – April 11th

***Sparring Weigh-In ~ Check-in* 4-8 PM at Venue (Address above)**
(CONFIRMED ATHLETES)

SATURDAY – April 12th at United Sports

7:30 – 9:00 a.m. Check-in ~ Credential Pick Up
(CONFIRMED POOMSAE and BREAKING ATHLETES ONLY)

9:30 a.m. (SHARP) Breaking / Poomsae – All
 Sparring – (Will start immediately after Breaking / Poomsae)
 Lunch (Refreshments can be purchased on site)

Events:

POOMSAE – FREESTYLE POOMSAE – BREAKING – SPARRING – PARA DIVISION

Equipment:

Martial Arts equipment and supplies may be available for purchased on site

(Item availability not guaranteed)

Please Verify your BELT COLOR in your Sport80 profile before Registering

Rules and Regulations

The current USAT rules and regulations will govern this tournament. Athletes must compete in the age category according to the age he/she will be as of December 31st, 2025.

Membership Requirements & How to Register for an Event

COACHES

Each coach is required to be a member of USA Taekwondo, take and clear the USAT background check every two years and have, at minimum, an AC certification to participate in the event. To obtain a USA Taekwondo CIDP AC certification, please use the following link.

Steps to become a USAT Coach

Other [Coaching Resources](#)

All coaches will be given an identification lanyard to allow staff to know who is permitted on the competition floor.

SPARRING

For current Sparring rules please refer to the following link, [USATKD Competition Rules](#)

Exhibition matches will be granted for athletes at the discretion of the tournament director. Matches will be judged by a center referee and a safety observer. Exhibition matches will **NOT** be scored.

Black belt rings will use the Daedo PSS Generation 2 System for Scoring
(Electronic Hogu's and E-Headgear will be used/provided for Black belts only)

- *Black belt competitors **must provide their own socks** (Sock will be available for sale, while supplies last)
- *Color belts **will use electronic Hogu's (Provided) and Socks (not provided) and must provide their own WT approved Headgear and must provide their own socks** (Sock will be available for sale, while supplies last)

POOMSAE

For current Poomsae rules please refer to the link below.

Required colored belt Poomsae: Yellow Belts—Taegeuk 1&2, Green Belts—Taegeuk 3 & 4, Blue Belts—Taegeuk 5 & 6, Red Belts—Taegeuk 7 & 8.

Colored belt Poomsae will be conducted using the bracketed system. The required Black Belt Poomsae will be posted when available.

[USATKD Competition Rules](#)

BREAKING

For current breaking rules please refer to the following link,
[USATKD Competition Rules](#)

Boards must be purchased at the tournament.

2025 USAT National Championships Qualifications

For Qualifying Division, please refer to the USAT State-Championship Manual at the following link; [USATKD Competition Rules](#)