

AmCup Ladies

Rankings

	<u>No.</u>		<u>Name</u>	<u>Best</u>	<u>Combined</u>	<u>Points</u>
1	133	CAN	Miao Qi	1	3	102
2	110	USA	Kamryn Lute	2	7	55
3	131	CAN	Emanuelle Leclerc	3	12	26
4	111	USA	Danielle Amos	2	20	23
5	119	USA	Jenell Berhorst	4	13	21
6	109	USA	Rebecca Simmons	3	16	18
7	128	CAN	Sarah-Eve Wille	6	20	7
8	121	USA	Una Willhoite	7	25	3
9	120	USA	Katherine Liu	6	30	3
10	108	USA	Louisiana Stahl	7	36	2
11	127	CAN	Sarah-Maude Cloutier	9	32	0
12	113	USA	Kyubin Oh	9	38	0
13	122	CAN	Victoria Lencinas	11	42	0
14	123	CAN	Mathilde St-Pierre	10	43	0
15	129	CAN	Frederike Beland	12	45	0
16	126	CAN	Ariel Marchand	13	46	0
17	107	USA	Mary Magnus	14	47	0
18	125	CAN	Frederique Rousseau	13	48	0
19	124	CAN	Sherise Gratton	12	49	0
20	185	USA	Renee Miller	18	58	0

AmCup Men

Rankings

	<u>No.</u>		<u>Name</u>	Best	Combined	<u>Points</u>
1	158	USA	Jonathan So	1	3	102
2	137	USA	Benjamin Thornock	2	9	47
3	166	USA	Wesley Park	2	10	39
4	168	USA	Alec Sklutovsky	3	13	28
5	169	USA	Seung-Min Kwon	4	16	14
6	181	CAN	David Seal	4	25	11
7	155	USA	Gunnar Olsen	4	34	9
8	154	USA	Marcus Howard	5	27	5
9	159	USA	Stephen Muir	8	27	2
10	161	USA	Dylan Woodbury	7	44	2
11	178	CAN	Iohann Paquette	7	57	2
12	136	USA	DARIN SHIM	10	36	0
13	179	CAN	Nathan Vallieres	10	37	0
14	134	USA	S. Marshall Shupe II	9	42	0
15	184	CAN	William Lyons	12	50	0
16	183	HKG	Sidney Chu	14	52	0
17	176	CAN	Miguel Berard	11	53	0
18	160	USA	George Wheelock	13	54	0
19	175	CAN	Rafal Asri	13	57	0
20	182	CAN	Benjamin Petit	18	57	0
21	174	CAN	Philippe Lamontagne	9	58	0
22	135	USA	Hudson Halling	16	60	0
23	172	CAN	Felix Larochelle	16	63	0
24	165	USA	Carl Tatelli	9	67	0
25	167	USA	Hira Hanson	18	69	0
26	180	CAN	Ethan Demel	24	75	0
27	156	USA	Ryan Shane	23	77	0
28	164	USA	Arron Kopp	26	83	0
29	171	CAN	Sebastian Lencinas	14	85	0
30	162	USA	John Schnor	26	85	0

AmCup Men

Rankings

31	173	CAN	Raphael Cote	27	105	0
32	157	USA	Clyde Gill	31	113	0

AmCup 3

1 of 22

Competition results

Event 1 - AmCup F 1500 meters Quarterfinals

Picking top 4 and 2 fastest 5ths

	<u>No.</u>	<u>Heat 1 of 3 (A)</u>	<u>Time</u>	<u>Qual</u>
1	133	Miao Qi	2:35.060	Q
2	109	Rebecca Simmons	2:36.665	Q
3	111	Danielle Amos	2:38.234	Q
4	107	Mary Magnus	2:40.756	Q
5	124	Sherise Gratton	2:41.669	Q
6	108	Louisiana Stahl	2:41.746	
7	125	Frederique Rousseau	2:44.973	

	<u>No.</u>	<u>Heat 2 of 3 (A)</u>	<u>Time</u>	<u>Qual</u>
1	110	Kamryn Lute	2:42.267	Q
2	113	Kyubin Oh	2:43.000	Q
3	127	Sarah-Maude Cloutier	2:43.608	Q
4	121	Una Willhoite	2:43.787	Q
5	123	Mathilde St-Pierre	2:45.322	
6	129	Frederike Beland	2:47.254	
7	185	Renee Miller	2:55.333	

	<u>No.</u>	<u>Heat 3 of 3 (A)</u>	<u>Time</u>	<u>Qual</u>
1	131	Emanuelle Leclerc	2:36.572	Q
2	128	Sarah-Eve Wille	2:37.128	Q
3	119	Jenell Berhorst	2:37.714	Q
4	122	Victoria Lencinas	2:39.697	Q
5	126	Ariel Marchand	2:41.080	Q
6	120	Katherine Liu	-	

Event 2 - AmCup M 1500 meters Quarterfinals

Picking top 4 and 1 fastest 5ths

	<u>No.</u>	<u>Heat 1 of 5 (A)</u>	<u>Time</u>	<u>Qual</u>
1	169	Seung-Min Kwon	2:43.147	Q
2	135	Hudson Halling	2:44.358	Q
3	181	David Seal	2:44.517	Q
4	176	Miguel Berard	2:44.933	Q
5	172	Felix Larochelle	2:45.010	
6	173	Raphael Cote	2:46.932	

AmCup 3

2 of 22

Competition results

	<u>No.</u>	<u>Heat 2 of 5 (A)</u>	<u>Time</u>	<u>Qual</u>
1	158	Jonathan So	2:39.034	Q
2	154	Marcus Howard	2:39.247	Q
3	161	Dylan Woodbury	2:39.910	Q
4	182	Benjamin Petit	2:40.746	Q
5	160	George Wheelock	2:40.873	
6	180	Ethan Demel	2:41.804	
7	164	Arron Kopp	2:45.496	

	<u>No.</u>	<u>Heat 3 of 5 (A)</u>	<u>Time</u>	<u>Qual</u>
1	137	Benjamin Thornock	2:38.965	Q
2	168	Alec Sklutovsky	2:39.228	Q
3	136	DARIN SHIM	2:40.330	Q
4	179	Nathan Vallieres	2:40.356	Q
5	184	William Lyons	2:40.867	Q
6	156	Ryan Shane	2:45.501	
7	162	John Schnor	2:48.011	

	<u>No.</u>	<u>Heat 4 of 5 (A)</u>	<u>Time</u>	<u>Qual</u>
1	166	Wesley Park	2:30.030	Q
2	178	Iohann Paquette	2:33.290	Q
3	175	Rafal Asri	2:40.570	Q
4	171	Sebastian Lencinas	2:45.310	Q
5	157	Clyde Gill	2:51.150	
PEN	155	Gunnar Olsen	-	

	<u>No.</u>	<u>Heat 5 of 5 (A)</u>	<u>Time</u>	<u>Qual</u>
1	159	Stephen Muir	2:41.730	Q
2	134	S. Marshall Shupe II	2:42.293	Q
3	167	Hira Hanson	2:42.454	Q
4	165	Carl Tatelli	3:06.372	Q
PEN	174	Philippe Lamontagne	-	
PEN	183	Sidney Chu	-	

Event 3 - AmCup F 500 meters Heats

Picking top 3

	<u>No.</u>	<u>Heat 1 of 4 (A)</u>	<u>Time</u>	<u>Qual</u>
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AmCup 3

3 of 22

Competition results

1	109	Rebecca Simmons	48.626	Q
2	119	Jenell Berhorst	48.790	Q
3	108	Louisiana Stahl	48.868	Q
4	126	Ariel Marchand	49.018	
5	185	Renee Miller	52.959	

	<u>No.</u>	<u>Heat 2 of 4 (A)</u>	<u>Time</u>	<u>Qual</u>
1	133	Miao Qi	47.283	Q
2	128	Sarah-Eve Wille	48.466	Q
3	121	Una Willhoite	49.383	Q
4	125	Frederique Rousseau	49.940	
5	122	Victoria Lencinas	50.203	

	<u>No.</u>	<u>Heat 3 of 4 (A)</u>	<u>Time</u>	<u>Qual</u>
1	131	Emanuelle Leclerc	48.348	Q
2	111	Danielle Amos	48.548	Q
3	127	Sarah-Maude Cloutier	48.987	Q
4	123	Mathilde St-Pierre	49.148	
5	124	Sherise Gratton	51.872	

	<u>No.</u>	<u>Heat 4 of 4 (A)</u>	<u>Time</u>	<u>Qual</u>
1	110	Kamryn Lute	47.247	Q
2	120	Katherine Liu	47.367	Q
3	129	Frederike Beland	51.587	Q
4	113	Kyubin Oh	51.925	
PEN	107	Mary Magnus	-	

Event 4 - AmCup M 500 meters Heats

Picking top 2 and 2 fastest 3rds

	<u>No.</u>	<u>Heat 1 of 7 (A)</u>	<u>Time</u>	<u>Qual</u>
1	134	S. Marshall Shupe II	44.080	Q
2	159	Stephen Muir	44.450	Q
3	161	Dylan Woodbury	44.950	
4	175	Rafal Asri	45.430	

	<u>No.</u>	<u>Heat 2 of 7 (A)</u>	<u>Time</u>	<u>Qual</u>
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AmCup 3

4 of 22

Competition results

1	179	Nathan Vallieres	45.756	Q
2	183	Sidney Chu	46.008	Q
3	162	John Schnor	46.950	
4	164	Arron Kopp	47.360	
ADV	155	Gunnar Olsen	48.720	Q

	<u>No.</u>	<u>Heat 3 of 7 (A)</u>	<u>Time</u>	<u>Qual</u>
1	181	David Seal	45.367	Q
2	172	Felix Larochelle	45.895	Q
3	171	Sebastian Lencinas	46.274	
ADV	136	DARIN SHIM	57.126	Q

	<u>No.</u>	<u>Heat 4 of 7 (A)</u>	<u>Time</u>	<u>Qual</u>
1	137	Benjamin Thornock	44.423	Q
2	160	George Wheelock	45.529	Q
3	178	Iohann Paquette	46.238	
4	135	Hudson Halling	57.585	
PEN	157	Clyde Gill	-	

	<u>No.</u>	<u>Heat 5 of 7 (A)</u>	<u>Time</u>	<u>Qual</u>
1	168	Alec Sklutovsky	44.366	Q
2	166	Wesley Park	44.570	Q
3	174	Philippe Lamontagne	45.051	
4	173	Raphael Cote	46.557	

	<u>No.</u>	<u>Heat 6 of 7 (A)</u>	<u>Time</u>	<u>Qual</u>
1	169	Seung-Min Kwon	44.557	Q
2	154	Marcus Howard	45.301	Q
3	156	Ryan Shane	45.937	
4	165	Carl Tatelli	46.000	
5	180	Ethan Demel	46.314	

	<u>No.</u>	<u>Heat 7 of 7 (A)</u>	<u>Time</u>	<u>Qual</u>
1	158	Jonathan So	44.235	Q
2	184	William Lyons	45.911	Q
3	167	Hira Hanson	1:08.338	
4	176	Miguel Berard	1:09.203	
5	182	Benjamin Petit	1:09.507	

Event 5 - AmCup F 500 meters Quarterfinals

Picking top 2 and 2 fastest 3rds

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AmCup 3

5 of 22

Competition results

	<u>No.</u>	<u>Heat 1 of 3 (A)</u>	<u>Time</u>	<u>Qual</u>
1	133	Miao Qi	46.949	Q
2	119	Jenell Berhorst	48.229	Q
3	120	Katherine Liu	48.259	
4	121	Una Willhoite	49.114	

	<u>No.</u>	<u>Heat 2 of 3 (A)</u>	<u>Time</u>	<u>Qual</u>
1	110	Kamryn Lute	47.276	Q
2	111	Danielle Amos	47.602	Q
3	128	Sarah-Eve Wille	47.872	Q
4	129	Frederike Beland	51.845	

	<u>No.</u>	<u>Heat 3 of 3 (A)</u>	<u>Time</u>	<u>Qual</u>
1	131	Emanuelle Leclerc	47.550	Q
2	109	Rebecca Simmons	47.920	Q
3	108	Louisiana Stahl	48.160	Q
4	127	Sarah-Maude Cloutier	48.750	

Event 6 - AmCup M 500 meters Quarterfinals

Picking top 2

	<u>No.</u>	<u>Heat 1 of 8 (B)</u>	<u>Time</u>	<u>Qual</u>
1	174	Philippe Lamontagne	44.025	Q
2	167	Hira Hanson	45.577	Q
3	182	Benjamin Petit	45.643	
4	173	Raphael Cote	45.737	

	<u>No.</u>	<u>Heat 2 of 8 (B)</u>	<u>Time</u>	<u>Qual</u>
1	171	Sebastian Lencinas	45.350	Q
ADV	176	Miguel Berard	45.494	Q
3	178	Iohann Paquette	46.055	
PEN	135	Hudson Halling	-	

	<u>No.</u>	<u>Heat 3 of 8 (B)</u>	<u>Time</u>	<u>Qual</u>
1	180	Ethan Demel	46.479	Q
2	156	Ryan Shane	46.968	Q
ADV	164	Arron Kopp	-	Q
4	162	John Schnor	-	

AmCup 3

6 of 22

Competition results

	<u>No.</u>	<u>Heat 4 of 8 (B)</u>	<u>Time</u>	<u>Qual</u>
1	161	Dylan Woodbury	45.498	Q
2	175	Rafal Asri	45.939	Q
3	165	Carl Tatelli	48.393	
4	157	Clyde Gill	-	

	<u>No.</u>	<u>Heat 5 of 8 (A)</u>	<u>Time</u>	<u>Qual</u>
1	158	Jonathan So	43.272	Q
2	154	Marcus Howard	43.966	Q
3	136	DARIN SHIM	44.033	
4	179	Nathan Vallieres	44.172	

	<u>No.</u>	<u>Heat 6 of 8 (A)</u>	<u>Time</u>	<u>Qual</u>
1	169	Seung-Min Kwon	43.679	Q
2	137	Benjamin Thornock	43.793	Q
3	184	William Lyons	45.575	
4	172	Felix Larochelle	45.708	

	<u>No.</u>	<u>Heat 7 of 8 (A)</u>	<u>Time</u>	<u>Qual</u>
1	181	David Seal	45.244	Q
2	168	Alec Sklutovsky	45.358	Q
3	183	Sidney Chu	45.480	
4	160	George Wheelock	45.497	

	<u>No.</u>	<u>Heat 8 of 8 (A)</u>	<u>Time</u>	<u>Qual</u>
1	166	Wesley Park	44.539	Q
2	155	Gunnar Olsen	44.694	Q
3	134	S. Marshall Shupe II	44.718	
4	159	Stephen Muir	44.814	

Event 7 - Relay X 2000 meters Semifinals

Picking top 2

		<u>Time</u>	<u>Qual</u>
1	Team 3 - Purple	2:57.585	Q
2	Team 4 - Yellow	2:57.895	Q
3	Team 6 - Purple	3:00.632	
4	Team 7 - Red	3:03.031	

AmCup 3

7 of 22

Competition results

	<u>Heat 2 of 2 (A)</u>	<u>Time</u>	<u>Qual</u>
1	Team 2 - Blue	2:56.544	Q
2	Team 1 - Red	2:56.636	Q
3	Team 5 - Yellow	3:05.739	
PEN	Team 8 - Poke A Dot	-	

Event 8 - Relay M 3000 meters Semifinals

Picking top 2

	<u>Heat 1 of 2 (A)</u>	<u>Time</u>	<u>Qual</u>
1	Team 4 - Yellow	4:17.420	Q
2	Team 3 - Purple	4:17.435	Q
3	Team 6 - Purple	4:24.101	
PEN	Team 7 - Red	-	

	<u>Heat 2 of 2 (A)</u>	<u>Time</u>	<u>Qual</u>
1	Team 1 - Red	4:19.944	Q
2	Team 2 - Blue	4:22.151	Q
3	Team 8 - Poke A Dot	4:28.319	
4	Team 5 - Yellow	4:31.059	

Event 9 - AmCup F 1500 meters Semifinals

Picking top 3 and 1 fastest 4ths

	<u>No.</u>	<u>Heat 1 of 2 (A)</u>	<u>Time</u>	<u>Qual</u>
1	110	Kamryn Lute	2:37.866	Q
2	131	Emanuelle Leclerc	2:39.331	Q
3	119	Jenell Berhorst	2:39.811	Q
4	113	Kyubin Oh	2:41.629	
5	124	Sherise Gratton	2:43.688	
6	107	Mary Magnus	2:44.324	
7	122	Victoria Lencinas	2:44.949	

	<u>No.</u>	<u>Heat 2 of 2 (A)</u>	<u>Time</u>	<u>Qual</u>
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AmCup 3

8 of 22

Competition results

1	133	Miao Qi	2:36.401	Q
2	109	Rebecca Simmons	2:36.508	Q
3	128	Sarah-Eve Wille	2:37.196	Q
4	111	Danielle Amos	2:37.229	Q
5	121	Una Willhoite	2:40.775	
6	126	Ariel Marchand	2:46.028	
7	127	Sarah-Maude Cloutier	-	

Event 10 - AmCup M 1500 meters Semifinals

Picking top 2 and 1 fastest 3rds

	<u>No.</u>	<u>Heat 1 of 5 (B)</u>	<u>Time</u>	<u>Qual</u>
1	155	Gunnar Olsen	2:40.301	Q
2	160	George Wheelock	2:40.710	Q
3	180	Ethan Demel	2:40.772	
4	162	John Schnor	2:41.910	
5	156	Ryan Shane	2:42.671	

	<u>No.</u>	<u>Heat 2 of 5 (B)</u>	<u>Time</u>	<u>Qual</u>
1	183	Sidney Chu	2:38.913	Q
2	172	Felix Larochelle	2:39.835	Q
3	173	Raphael Cote	2:43.198	
4	164	Arron Kopp	-	
5	157	Clyde Gill	-	
6	174	Philippe Lamontagne	-	

	<u>No.</u>	<u>Heat 3 of 5 (A)</u>	<u>Time</u>	<u>Qual</u>
1	137	Benjamin Thornock	2:37.136	Q
2	169	Seung-Min Kwon	2:37.266	Q
3	154	Marcus Howard	2:38.001	
4	165	Carl Tatelli	2:39.389	
5	167	Hira Hanson	2:39.488	
6	161	Dylan Woodbury	2:39.722	
7	182	Benjamin Petit	2:40.156	

	<u>No.</u>	<u>Heat 4 of 5 (A)</u>	<u>Time</u>	<u>Qual</u>
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AmCup 3

9 of 22

Competition results

1	158	Jonathan So	2:27.656	Q
2	181	David Seal	2:28.705	Q
3	179	Nathan Vallieres	2:28.715	Q
4	159	Stephen Muir	2:28.844	
5	134	S. Marshall Shupe II	2:29.493	
6	135	Hudson Halling	2:30.326	
7	184	William Lyons	2:30.848	

	<u>No.</u>	<u>Heat 5 of 5 (A)</u>	<u>Time</u>	<u>Qual</u>
1	166	Wesley Park	2:29.241	Q
2	168	Alec Sklutovsky	2:30.159	Q
3	176	Miguel Berard	2:31.880	
4	175	Rafal Asri	2:35.602	
ADV	178	Iohann Paquette	-	
6	171	Sebastian Lencinas	-	
PEN	136	DARIN SHIM	-	

Event 11 - AmCup F 500 meters Semifinals

Picking top 2

	<u>No.</u>	<u>Heat 1 of 4 (C)</u>	<u>Time</u>	<u>Qual</u>
1	107	Mary Magnus	50.037	Q
2	126	Ariel Marchand	50.167	Q
3	122	Victoria Lencinas	50.212	
4	124	Sherise Gratton	51.910	

	<u>No.</u>	<u>Heat 2 of 4 (C)</u>	<u>Time</u>	<u>Qual</u>
1	123	Mathilde St-Pierre	49.338	Q
2	125	Frederique Rousseau	49.339	Q
3	113	Kyubin Oh	51.243	
4	185	Renee Miller	52.548	

	<u>No.</u>	<u>Heat 3 of 4 (A)</u>	<u>Time</u>	<u>Qual</u>
1	133	Miao Qi	46.320	Q
2	111	Danielle Amos	47.041	Q
3	109	Rebecca Simmons	48.174	
4	108	Louisiana Stahl	48.181	

	<u>No.</u>	<u>Heat 4 of 4 (A)</u>	<u>Time</u>	<u>Qual</u>
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AmCup 3

10 of 22

Competition results

1	110	Kamryn Lute	47.049	Q
2	131	Emanuelle Leclerc	47.108	Q
3	119	Jenell Berhorst	47.223	
4	128	Sarah-Eve Wille	47.987	

Event 12 - AmCup M 500 meters Semifinals

Picking top 2

	<u>No.</u>	<u>Heat 1 of 6 (C)</u>	<u>Time</u>	<u>Qual</u>
1	161	Dylan Woodbury	45.094	Q
2	171	Sebastian Lencinas	45.329	Q
3	175	Rafal Asri	45.635	
4	164	Arron Kopp	47.240	
PEN	167	Hira Hanson	-	

	<u>No.</u>	<u>Heat 2 of 6 (C)</u>	<u>Time</u>	<u>Qual</u>
1	174	Philippe Lamontagne	44.758	Q
2	176	Miguel Berard	44.886	Q
3	182	Benjamin Petit	45.611	
4	180	Ethan Demel	46.183	
5	156	Ryan Shane	47.342	

	<u>No.</u>	<u>Heat 3 of 6 (B)</u>	<u>Time</u>	<u>Qual</u>
1	134	S. Marshall Shupe II	44.427	Q
2	159	Stephen Muir	44.736	Q
3	183	Sidney Chu	44.772	
4	160	George Wheelock	44.848	

	<u>No.</u>	<u>Heat 4 of 6 (B)</u>	<u>Time</u>	<u>Qual</u>
1	136	DARIN SHIM	45.465	Q
2	184	William Lyons	45.619	Q
3	172	Felix Larochelle	45.799	
4	179	Nathan Vallieres	45.942	

	<u>No.</u>	<u>Heat 5 of 6 (A)</u>	<u>Time</u>	<u>Qual</u>
1	158	Jonathan So	43.792	Q
2	137	Benjamin Thornock	44.384	Q
3	168	Alec Sklutovsky	44.646	
4	181	David Seal	44.950	

AmCup 3

11 of 22

Competition results

	<u>No.</u>	<u>Heat 6 of 6 (A)</u>	<u>Time</u>	<u>Qual</u>
1	169	Seung-Min Kwon	43.158	Q
2	166	Wesley Park	43.917	Q
3	155	Gunnar Olsen	44.347	
4	154	Marcus Howard	44.552	

Event 13 - AmCup F 1500 meters Finals

	<u>No.</u>	<u>Final A</u>	<u>Time</u>	<u>Points</u>
1	133	Miao Qi	2:36.157	34
2	110	Kamryn Lute	2:36.346	21
3	109	Rebecca Simmons	2:36.957	13
4	119	Jenell Berhorst	2:37.656	8
5	131	Emanuelle Leclerc	2:38.677	5
6	128	Sarah-Eve Wille	2:46.167	3
7	111	Danielle Amos	3:14.232	2

	<u>No.</u>	<u>Final B</u>	<u>Time</u>	<u>Points</u>
8	121	Una Willhoite	2:43.913	1
9	127	Sarah-Maude Cloutier	2:45.414	0
10	113	Kyubin Oh	2:46.051	0
11	122	Victoria Lencinas	2:46.770	0
12	124	Sherise Gratton	2:47.197	0
13	126	Ariel Marchand	2:47.280	0
14	107	Mary Magnus	2:47.710	0

	<u>No.</u>	<u>Final C</u>	<u>Time</u>	<u>Points</u>
15	120	Katherine Liu	2:57.397	0
16	108	Louisiana Stahl	3:00.107	0
17	129	Frederike Beland	3:01.943	0
18	185	Renee Miller	3:06.171	0
19	123	Mathilde St-Pierre	3:19.997	0
20	125	Frederique Rousseau	3:40.484	0

Event 14 - AmCup M 1500 meters Finals

	<u>No.</u>	<u>Final A</u>	<u>Time</u>	<u>Points</u>
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AmCup 3

12 of 22

Competition results

1	158	Jonathan So	2:44.706	34
2	137	Benjamin Thornock	2:45.005	21
3	168	Alec Sklutovsky	2:45.690	13
4	181	David Seal	2:45.893	8
5	166	Wesley Park	2:46.655	5
6	169	Seung-Min Kwon	2:47.526	3
7	178	Iohann Paquette	2:49.565	2

	<u>No.</u>	<u>Final B</u>	<u>Time</u>	<u>Points</u>
8	159	Stephen Muir	2:40.718	1
9	165	Carl Tatelli	2:40.894	0
10	179	Nathan Vallieres	2:41.006	0
11	176	Miguel Berard	2:41.077	0
12	154	Marcus Howard	2:41.420	0
13	175	Rafal Asri	2:44.289	0
DNS	171	Sebastian Lencinas	-	0

	<u>No.</u>	<u>Final C</u>	<u>Time</u>	<u>Points</u>
15	136	DARIN SHIM	2:29.320	0
16	161	Dylan Woodbury	2:29.923	0
17	135	Hudson Halling	2:30.331	0
18	167	Hira Hanson	2:30.442	0
19	184	William Lyons	2:32.120	0
20	182	Benjamin Petit	2:32.248	0
21	134	S. Marshall Shupe II	2:39.118	0

	<u>No.</u>	<u>Final D</u>	<u>Time</u>	<u>Points</u>
22	155	Gunnar Olsen	2:43.251	0
23	183	Sidney Chu	2:43.960	0
24	160	George Wheelock	2:44.066	0
25	172	Felix Larochelle	2:44.716	0
26	180	Ethan Demel	2:46.030	0
27	173	Raphael Cote	2:46.818	0
28	162	John Schnor	2:50.656	0

	<u>No.</u>	<u>Final E</u>	<u>Time</u>	<u>Points</u>
29	156	Ryan Shane	2:34.373	0
30	164	Arron Kopp	2:39.053	0
31	157	Clyde Gill	-	0
32	174	Philippe Lamontagne	-	0

Event 15 - AmCup F 500 meters Finals

2/16/2020 12:50:42 PM

AmCup 3

13 of 22

Competition results

	<u>No.</u>	<u>Final A</u>	<u>Time</u>	<u>Points</u>
1	133	Miao Qi	46.216	34
2	111	Danielle Amos	47.308	21
3	110	Kamryn Lute	47.433	13
4	131	Emanuelle Leclerc	47.472	8

	<u>No.</u>	<u>Final B</u>	<u>Time</u>	<u>Points</u>
5	119	Jenell Berhorst	47.678	5
6	128	Sarah-Eve Wille	48.052	3
7	108	Louisiana Stahl	48.333	2
PEN	109	Rebecca Simmons	-	0

	<u>No.</u>	<u>Final C</u>	<u>Time</u>	<u>Points</u>
9	120	Katherine Liu	47.819	0
10	121	Una Willhoite	48.515	0
11	127	Sarah-Maude Cloutier	48.698	0
12	129	Frederike Beland	53.057	0

	<u>No.</u>	<u>Final D</u>	<u>Time</u>	<u>Points</u>
13	125	Frederique Rousseau	49.031	0
14	123	Mathilde St-Pierre	49.045	0
15	126	Ariel Marchand	49.078	0
16	107	Mary Magnus	49.237	0

	<u>No.</u>	<u>Final E</u>	<u>Time</u>	<u>Points</u>
17	122	Victoria Lencinas	50.978	0
18	124	Sherise Gratton	51.688	0
19	113	Kyubin Oh	51.857	0
20	185	Renee Miller	52.066	0

Event 16 - AmCup M 500 meters Finals

	<u>No.</u>	<u>Final A</u>	<u>Time</u>	<u>Points</u>
1	158	Jonathan So	43.025	34
2	137	Benjamin Thornock	43.569	21
3	166	Wesley Park	43.818	13
4	169	Seung-Min Kwon	43.822	8

AmCup 3

14 of 22

Competition results

	<u>No.</u>	<u>Final B</u>	<u>Time</u>	<u>Points</u>
5	154	Marcus Howard	44.867	5
6	181	David Seal	44.899	3
7	168	Alec Sklutovsky	45.259	2
8	155	Gunnar Olsen	45.918	1

	<u>No.</u>	<u>Final C</u>	<u>Time</u>	<u>Points</u>
9	134	S. Marshall Shupe II	44.355	0
10	136	DARIN SHIM	44.433	0
11	159	Stephen Muir	44.530	0
12	184	William Lyons	44.880	0

	<u>No.</u>	<u>Final D</u>	<u>Time</u>	<u>Points</u>
13	160	George Wheelock	45.560	0
14	179	Nathan Vallieres	45.688	0
15	183	Sidney Chu	45.951	0
16	172	Felix Larochelle	46.092	0

	<u>No.</u>	<u>Final E</u>	<u>Time</u>	<u>Points</u>
17	174	Philippe Lamontagne	44.785	0
18	176	Miguel Berard	45.398	0
19	182	Benjamin Petit	45.513	0
PEN	161	Dylan Woodbury	-	0
DNS	171	Sebastian Lencinas	-	0

	<u>No.</u>	<u>Final F</u>	<u>Time</u>	<u>Points</u>
22	167	Hira Hanson	45.984	0
23	175	Rafal Asri	46.150	0
24	180	Ethan Demel	46.466	0
25	156	Ryan Shane	46.637	0
26	164	Arron Kopp	1:11.606	0

	<u>No.</u>	<u>Final G</u>	<u>Time</u>	<u>Points</u>
27	135	Hudson Halling	45.948	0
28	173	Raphael Cote	46.070	0
29	165	Carl Tatelli	46.119	0
30	178	Iohann Paquette	46.284	0
31	162	John Schnor	48.437	0
DNS	157	Clyde Gill	-	0

Event 17 - Relay X 2000 meters Finals

2/16/2020 12:50:42 PM

AmCup 3

15 of 22

Competition results

	<u>Final A</u>	<u>Time</u>	<u>Points</u>
1	Team 1 - Red	2:53.486	34
2	Team 2 - Blue	2:53.727	21
3	Team 3 - Purple	2:54.114	13
4	Team 4 - Yellow	3:13.066	8

	<u>Final B</u>	<u>Time</u>	<u>Points</u>
5	Team 5 - Yellow	3:04.107	5
PEN	Team 6 - Purple	-	1
PEN	Team 7 - Red	-	1
PEN	Team 8 - Poke A Dot	-	1

Event 18 - Relay F 3000 meters Finals

	<u>Final A</u>	<u>Time</u>	<u>Qual</u>
1	Team 2 - Blue	4:40.761	Q
2	Team 4 - Yellow	4:41.664	Q
3	Team 1 - Red	4:44.201	Q
PEN	Team 3 - Purple	-	

Event 19 - Relay M 3000 meters Finals

	<u>Final A</u>	<u>Time</u>	<u>Points</u>
1	Team 3 - Purple	4:15.647	34
2	Team 2 - Blue	4:16.562	21
PEN	Team 4 - Yellow	-	8
PEN	Team 1 - Red	-	8

	<u>Final B</u>	<u>Time</u>	<u>Points</u>
5	Team 8 - Poke A Dot	4:21.804	5
6	Team 6 - Purple	4:22.772	3
7	Team 7 - Red	4:34.123	2
DNS	Team 5 - Yellow	-	0

Event 20 - AmCup M 1000 meters Heats

Picking top 2 and 6 fastest 3rds

AmCup 3

16 of 22

Competition results

	<u>No.</u>	<u>Heat 1 of 7 (A)</u>	<u>Time</u>	<u>Qual</u>
1	166	Wesley Park	1:44.535	Q
2	179	Nathan Vallieres	1:44.851	Q
DNS	157	Clyde Gill	-	
DNS	171	Sebastian Lencinas	-	

	<u>No.</u>	<u>Heat 2 of 7 (A)</u>	<u>Time</u>	<u>Qual</u>
1	168	Alec Sklutovsky	1:33.775	Q
2	155	Gunnar Olsen	1:34.323	Q
3	183	Sidney Chu	1:34.479	Q
4	156	Ryan Shane	1:35.397	

	<u>No.</u>	<u>Heat 3 of 7 (A)</u>	<u>Time</u>	<u>Qual</u>
1	134	S. Marshall Shupe II	1:38.369	Q
2	160	George Wheelock	1:38.476	Q
3	154	Marcus Howard	1:38.530	Q
4	178	Iohann Paquette	1:49.372	

	<u>No.</u>	<u>Heat 4 of 7 (A)</u>	<u>Time</u>	<u>Qual</u>
1	161	Dylan Woodbury	1:37.873	Q
2	135	Hudson Halling	1:37.933	Q
3	184	William Lyons	1:38.162	Q
4	165	Carl Tatelli	1:39.667	

	<u>No.</u>	<u>Heat 5 of 7 (A)</u>	<u>Time</u>	<u>Qual</u>
1	136	DARIN SHIM	1:36.738	Q
2	181	David Seal	1:36.844	Q
3	169	Seung-Min Kwon	1:37.021	Q
4	180	Ethan Demel	1:38.791	
5	164	Arron Kopp	1:51.836	

	<u>No.</u>	<u>Heat 6 of 7 (A)</u>	<u>Time</u>	<u>Qual</u>
1	158	Jonathan So	1:38.520	Q
2	159	Stephen Muir	1:38.728	Q
3	172	Felix Larochelle	1:38.888	
4	176	Miguel Berard	1:39.037	
5	162	John Schnor	1:53.749	

	<u>No.</u>	<u>Heat 7 of 7 (A)</u>	<u>Time</u>	<u>Qual</u>
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AmCup 3

17 of 22

Competition results

1	137	Benjamin Thornock	1:34.782	Q
2	167	Hira Hanson	1:35.302	Q
3	174	Philippe Lamontagne	1:35.639	Q
ADV	182	Benjamin Petit	1:55.236	Q
PEN	175	Rafal Asri	-	

Event 21 - AmCup F 1000 meters Quarterfinals

Picking top 2 and 2 fastest 3rds

	<u>No.</u>	<u>Heat 1 of 4 (A)</u>	<u>Time</u>	<u>Qual</u>
1	119	Jenell Berhorst	1:43.236	Q
2	109	Rebecca Simmons	1:43.283	Q
3	121	Una Willhoite	1:43.388	Q
4	107	Mary Magnus	1:43.692	
5	124	Sherise Gratton	1:47.715	

	<u>No.</u>	<u>Heat 2 of 4 (A)</u>	<u>Time</u>	<u>Qual</u>
1	110	Kamryn Lute	1:44.054	Q
2	128	Sarah-Eve Wille	1:45.312	Q
3	108	Louisiana Stahl	1:45.699	
4	126	Ariel Marchand	1:47.283	
PEN	122	Victoria Lencinas	-	

	<u>No.</u>	<u>Heat 3 of 4 (A)</u>	<u>Time</u>	<u>Qual</u>
1	131	Emanuelle Leclerc	1:43.770	Q
2	123	Mathilde St-Pierre	1:45.067	Q
ADV	113	Kyubin Oh	1:47.622	Q
4	185	Renee Miller	1:54.287	
PEN	111	Danielle Amos	-	

	<u>No.</u>	<u>Heat 4 of 4 (A)</u>	<u>Time</u>	<u>Qual</u>
1	133	Miao Qi	1:42.900	Q
2	120	Katherine Liu	1:43.782	Q
3	129	Frederike Beland	1:44.806	
4	127	Sarah-Maude Cloutier	1:45.146	
5	125	Frederique Rousseau	1:45.233	

Event 22 - AmCup M 1000 meters Quarterfinals

Picking top 2 and 2 fastest 3rds

2/16/2020 12:50:42 PM

AmCup 3

18 of 22

Competition results

	<u>No.</u>	<u>Heat 1 of 4 (A)</u>	<u>Time</u>	<u>Qual</u>
1	137	Benjamin Thornock	1:37.368	Q
2	166	Wesley Park	1:37.392	Q
3	181	David Seal	1:37.678	
PEN	184	William Lyons	-	
5	183	Sidney Chu	-	

	<u>No.</u>	<u>Heat 2 of 4 (A)</u>	<u>Time</u>	<u>Qual</u>
1	158	Jonathan So	1:33.597	Q
2	154	Marcus Howard	1:33.717	Q
3	136	DARIN SHIM	1:33.996	
4	135	Hudson Halling	1:35.860	
5	179	Nathan Vallieres	1:37.125	

	<u>No.</u>	<u>Heat 3 of 4 (A)</u>	<u>Time</u>	<u>Qual</u>
1	161	Dylan Woodbury	1:37.286	Q
2	159	Stephen Muir	1:37.365	Q
3	160	George Wheelock	1:38.401	
4	182	Benjamin Petit	1:38.464	
5	134	S. Marshall Shupe II	1:38.712	

	<u>No.</u>	<u>Heat 4 of 4 (A)</u>	<u>Time</u>	<u>Qual</u>
1	168	Alec Sklutovsky	1:33.861	Q
2	169	Seung-Min Kwon	1:34.592	Q
ADV	174	Philippe Lamontagne	1:35.563	Q
ADV	155	Gunnar Olsen	1:37.385	Q
YC	167	Hira Hanson	-	

Event 23 - AmCup F 1000 meters Semifinals

Picking top 2 and 1 fastest 3rds

	<u>No.</u>	<u>Heat 1 of 4 (B)</u>	<u>Time</u>	<u>Qual</u>
1	122	Victoria Lencinas	1:48.735	Q
2	127	Sarah-Maude Cloutier	1:48.765	Q
3	126	Ariel Marchand	1:49.159	
4	129	Frederike Beland	1:49.413	
5	124	Sherise Gratton	1:50.059	

	<u>No.</u>	<u>Heat 2 of 4 (B)</u>	<u>Time</u>	<u>Qual</u>
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AmCup 3

19 of 22

Competition results

1	111	Danielle Amos	1:43.654	Q
2	108	Louisiana Stahl	1:43.777	Q
3	125	Frederique Rousseau	1:45.238	
4	107	Mary Magnus	1:45.374	
5	185	Renee Miller	1:50.278	

	<u>No.</u>	<u>Heat 3 of 4 (A)</u>	<u>Time</u>	<u>Qual</u>
1	131	Emanuelle Leclerc	1:44.513	Q
2	119	Jenell Berhorst	1:44.663	Q
3	120	Katherine Liu	1:45.628	
4	123	Mathilde St-Pierre	1:46.997	
5	113	Kyubin Oh	1:47.190	

	<u>No.</u>	<u>Heat 4 of 4 (A)</u>	<u>Time</u>	<u>Qual</u>
1	110	Kamryn Lute	1:37.693	Q
2	133	Miao Qi	1:37.771	Q
3	109	Rebecca Simmons	1:38.059	Q
4	128	Sarah-Eve Wille	1:40.676	
5	121	Una Willhoite	1:42.254	

Event 24 - AmCup M 1000 meters Semifinals

Picking top 2 and 1 fastest 3rds

	<u>No.</u>	<u>Heat 1 of 7 (C)</u>	<u>Time</u>	<u>Qual</u>
1	172	Felix Larochelle	1:36.237	Q
2	165	Carl Tatelli	1:37.029	Q
3	162	John Schnor	1:37.648	

	<u>No.</u>	<u>Heat 2 of 7 (C)</u>	<u>Time</u>	<u>Qual</u>
1	175	Rafal Asri	1:46.681	Q
2	180	Ethan Demel	1:46.864	Q
3	176	Miguel Berard	1:47.044	

	<u>No.</u>	<u>Heat 3 of 7 (C)</u>	<u>Time</u>	<u>Qual</u>
1	178	Iohann Paquette	1:36.265	Q
2	156	Ryan Shane	1:36.791	Q
3	164	Arron Kopp	1:40.505	

	<u>No.</u>	<u>Heat 4 of 7 (B)</u>	<u>Time</u>	<u>Qual</u>
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AmCup 3

20 of 22

Competition results

1	134	S. Marshall Shupe II	1:37.691	Q
2	181	David Seal	1:38.043	Q
3	160	George Wheelock	1:38.563	
ADV	179	Nathan Vallieres	1:52.159	Q

	<u>No.</u>	<u>Heat 5 of 7 (B)</u>	<u>Time</u>	<u>Qual</u>
1	136	DARIN SHIM	1:35.805	Q
ADV	183	Sidney Chu	1:36.128	Q
3	182	Benjamin Petit	1:36.168	
PEN	135	Hudson Halling	-	
DNS	184	William Lyons	-	

	<u>No.</u>	<u>Heat 6 of 7 (A)</u>	<u>Time</u>	<u>Qual</u>
1	158	Jonathan So	1:30.744	Q
2	137	Benjamin Thornock	1:30.863	Q
3	166	Wesley Park	1:30.938	
4	154	Marcus Howard	1:31.939	
5	174	Philippe Lamontagne	1:32.017	

	<u>No.</u>	<u>Heat 7 of 7 (A)</u>	<u>Time</u>	<u>Qual</u>
1	168	Alec Sklutovsky	1:33.679	Q
2	155	Gunnar Olsen	1:34.046	Q
3	159	Stephen Muir	1:34.113	
4	161	Dylan Woodbury	1:34.171	
5	169	Seung-Min Kwon	1:35.063	

Event 25 - AmCup F 1000 meters Finals

	<u>No.</u>	<u>Final A</u>	<u>Time</u>	<u>Points</u>
1	133	Miao Qi	1:39.074	34
2	110	Kamryn Lute	1:39.639	21
3	131	Emanuelle Leclerc	1:40.517	13
4	119	Jenell Berhorst	2:03.208	8
PEN	109	Rebecca Simmons	-	5

	<u>No.</u>	<u>Final B</u>	<u>Time</u>	<u>Points</u>
6	120	Katherine Liu	1:43.857	3
7	121	Una Willhoite	1:44.013	2
8	128	Sarah-Eve Wille	1:45.699	1
9	113	Kyubin Oh	1:48.481	0
10	123	Mathilde St-Pierre	2:09.955	0

AmCup 3

21 of 22

Competition results

	<u>No.</u>	<u>Final C</u>	<u>Time</u>	<u>Points</u>
11	111	Danielle Amos	1:47.514	0
12	127	Sarah-Maude Cloutier	1:48.832	0
13	108	Louisiana Stahl	1:48.849	0
14	122	Victoria Lencinas	1:53.525	0
15	125	Frederique Rousseau	1:55.648	0

	<u>No.</u>	<u>Final D</u>	<u>Time</u>	<u>Points</u>
16	129	Frederike Beland	1:52.790	0
17	107	Mary Magnus	1:53.070	0
18	126	Ariel Marchand	1:53.320	0
19	124	Sherise Gratton	1:53.680	0
20	185	Renee Miller	1:54.010	0

Event 26 - AmCup M 1000 meters Finals

	<u>No.</u>	<u>Final A</u>	<u>Time</u>	<u>Points</u>
1	158	Jonathan So	1:34.236	34
2	166	Wesley Park	1:34.425	21
3	168	Alec Sklutovsky	1:34.555	13
4	155	Gunnar Olsen	1:35.663	8
PEN	137	Benjamin Thornock	-	3

	<u>No.</u>	<u>Final B</u>	<u>Time</u>	<u>Points</u>
6	169	Seung-Min Kwon	1:34.131	3
7	161	Dylan Woodbury	1:34.538	2
8	159	Stephen Muir	1:35.179	1
9	174	Philippe Lamontagne	1:36.020	0
PEN	154	Marcus Howard	-	0

	<u>No.</u>	<u>Final C</u>	<u>Time</u>	<u>Points</u>
11	136	DARIN SHIM	1:40.368	0
12	134	S. Marshall Shupe II	1:40.861	0
13	179	Nathan Vallieres	1:41.022	0
14	183	Sidney Chu	1:41.048	0
DNS	181	David Seal	-	0

	<u>No.</u>	<u>Final D</u>	<u>Time</u>	<u>Points</u>
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AmCup 3

22 of 22

Competition results

16	135	Hudson Halling	1:45.695	0
17	160	George Wheelock	1:45.913	0
18	182	Benjamin Petit	1:45.996	0
DNS	184	William Lyons	-	0

	<u>No.</u>	<u>Final E</u>	<u>Time</u>	<u>Points</u>
20	178	Iohann Paquette	1:44.124	0
21	175	Rafal Asri	1:44.281	0
22	172	Felix Larochelle	1:45.693	0
23	156	Ryan Shane	2:11.890	0
YC	165	Carl Tatelli	-	0

	<u>No.</u>	<u>Final F</u>	<u>Time</u>	<u>Points</u>
24	176	Miguel Berard	1:35.198	0
25	180	Ethan Demel	1:35.466	0
26	162	John Schnor	1:37.845	0
27	164	Arron Kopp	1:47.803	0

AmCup 3

Time Classification

AmCup Men			
	<u>No.</u>	<u>1500 Meters</u>	<u>Best Time</u>
1	158	Jonathan So	2:27.656
2	181	David Seal	2:28.705
3	179	Nathan Vallieres	2:28.715
4	159	Stephen Muir	2:28.844
5	166	Wesley Park	2:29.241
6	136	DARIN SHIM	2:29.320
7	134	S. Marshall Shupe II	2:29.493
8	161	Dylan Woodbury	2:29.923
9	168	Alec Sklutovsky	2:30.159
10	135	Hudson Halling	2:30.326
11	167	Hira Hanson	2:30.442
12	184	William Lyons	2:30.848
13	176	Miguel Berard	2:31.880
14	182	Benjamin Petit	2:32.248
15	178	Iohann Paquette	2:33.290
16	156	Ryan Shane	2:34.373
17	175	Rafal Asri	2:35.602
18	137	Benjamin Thornock	2:37.136
19	169	Seung-Min Kwon	2:37.266
20	154	Marcus Howard	2:38.001
21	183	Sidney Chu	2:38.913
22	164	Arron Kopp	2:39.053
23	165	Carl Tatelli	2:39.389
24	172	Felix Larochelle	2:39.835
25	155	Gunnar Olsen	2:40.301
26	160	George Wheelock	2:40.710
27	180	Ethan Demel	2:40.772
28	162	John Schnor	2:41.910

AmCup 3

Time Classification

29	173	Raphael Cote	2:43.198
30	171	Sebastian Lencinas	2:45.310
31	157	Clyde Gill	2:51.150
32	174	Philippe Lamontagne	-

	<u>No.</u>	<u>500 Meters</u>	<u>Best Time</u>
1	158	Jonathan So	43.025
2	169	Seung-Min Kwon	43.158
3	137	Benjamin Thornock	43.569
4	166	Wesley Park	43.818
5	154	Marcus Howard	43.966
6	174	Philippe Lamontagne	44.025
7	136	DARIN SHIM	44.033
8	134	S. Marshall Shupe II	44.080
9	179	Nathan Vallieres	44.172
10	155	Gunnar Olsen	44.347
11	168	Alec Sklutovsky	44.366
12	159	Stephen Muir	44.450
13	183	Sidney Chu	44.772
14	160	George Wheelock	44.848
15	184	William Lyons	44.880
16	176	Miguel Berard	44.886
17	181	David Seal	44.899
18	161	Dylan Woodbury	44.950
19	171	Sebastian Lencinas	45.329
20	175	Rafal Asri	45.430
21	182	Benjamin Petit	45.513
22	167	Hira Hanson	45.577
23	172	Felix Larochelle	45.708
24	173	Raphael Cote	45.737
25	156	Ryan Shane	45.937

AmCup 3

Time Classification

26	135	Hudson Halling	45.948
27	165	Carl Tatelli	46.00
28	178	Iohann Paquette	46.055
29	180	Ethan Demel	46.183
30	162	John Schnor	46.950
31	164	Arron Kopp	47.240
32	157	Clyde Gill	-

	<u>No.</u>	<u>1000 Meters</u>	<u>Best Time</u>
1	158	Jonathan So	1:30.744
2	137	Benjamin Thornock	1:30.863
3	166	Wesley Park	1:30.938
4	154	Marcus Howard	1:31.939
5	174	Philippe Lamontagne	1:32.017
6	168	Alec Sklutovsky	1:33.679
7	136	DARIN SHIM	1:33.996
8	155	Gunnar Olsen	1:34.046
9	159	Stephen Muir	1:34.113
10	169	Seung-Min Kwon	1:34.131
11	161	Dylan Woodbury	1:34.171
12	183	Sidney Chu	1:34.479
13	176	Miguel Berard	1:35.198
14	167	Hira Hanson	1:35.302
15	156	Ryan Shane	1:35.397
16	180	Ethan Demel	1:35.466
17	135	Hudson Halling	1:35.860
18	182	Benjamin Petit	1:36.168
19	172	Felix Larochelle	1:36.237
20	178	Iohann Paquette	1:36.265
21	181	David Seal	1:36.844
22	165	Carl Tatelli	1:37.029

AmCup 3

Time Classification

23	179	Nathan Vallieres	1:37.125
24	162	John Schnor	1:37.648
25	134	S. Marshall Shupe II	1:37.691
26	184	William Lyons	1:38.162
27	160	George Wheelock	1:38.401
28	164	Arron Kopp	1:40.505
29	175	Rafal Asri	1:44.281
30	157	Clyde Gill	-
30	171	Sebastian Lencinas	-

AmCup Ladies

	<u>No.</u>	<u>1500 Meters</u>	<u>Best Time</u>
1	133	Miao Qi	2:35.060
2	110	Kamryn Lute	2:36.346
3	109	Rebecca Simmons	2:36.508
4	131	Emanuelle Leclerc	2:36.572
5	128	Sarah-Eve Wille	2:37.128
6	111	Danielle Amos	2:37.229
7	119	Jenell Berhorst	2:37.656
8	122	Victoria Lencinas	2:39.697
9	107	Mary Magnus	2:40.756
10	121	Una Willhoite	2:40.775
11	126	Ariel Marchand	2:41.080
12	113	Kyubin Oh	2:41.629
13	124	Sherise Gratton	2:41.669
14	108	Louisiana Stahl	2:41.746
15	127	Sarah-Maude Cloutier	2:43.608
16	125	Frederique Rousseau	2:44.973
17	123	Mathilde St-Pierre	2:45.322
18	129	Frederike Beland	2:47.254

AmCup 3

Time Classification

19	185	Renee Miller	2:55.333
20	120	Katherine Liu	2:57.397

	<u>No.</u>	<u>500 Meters</u>	<u>Best Time</u>
1	133	Miao Qi	46.216
2	111	Danielle Amos	47.041
3	110	Kamryn Lute	47.049
4	131	Emanuelle Leclerc	47.108
5	119	Jenell Berhorst	47.223
6	120	Katherine Liu	47.367
7	128	Sarah-Eve Wille	47.872
8	109	Rebecca Simmons	47.920
9	108	Louisiana Stahl	48.160
10	121	Una Willhoite	48.515
11	127	Sarah-Maude Cloutier	48.698
12	126	Ariel Marchand	49.018
13	125	Frederique Rousseau	49.031
14	123	Mathilde St-Pierre	49.045
15	107	Mary Magnus	49.237
16	122	Victoria Lencinas	50.203
17	113	Kyubin Oh	51.243
18	129	Frederike Beland	51.587
19	124	Sherise Gratton	51.688
20	185	Renee Miller	52.066

	<u>No.</u>	<u>1000 Meters</u>	<u>Best Time</u>
1	110	Kamryn Lute	1:37.693
2	133	Miao Qi	1:37.771
3	109	Rebecca Simmons	1:38.059
4	131	Emanuelle Leclerc	1:40.517
5	128	Sarah-Eve Wille	1:40.676

AmCup 3

Time Classification

6	121	Una Willhoite	1:42.254
7	119	Jenell Berhorst	1:43.236
8	111	Danielle Amos	1:43.654
9	107	Mary Magnus	1:43.692
10	108	Louisiana Stahl	1:43.777
11	120	Katherine Liu	1:43.782
12	129	Frederike Beland	1:44.806
13	123	Mathilde St-Pierre	1:45.067
14	127	Sarah-Maude Cloutier	1:45.146
15	125	Frederique Rousseau	1:45.233
16	113	Kyubin Oh	1:47.190
17	126	Ariel Marchand	1:47.283
18	124	Sherise Gratton	1:47.715
19	122	Victoria Lencinas	1:48.735
20	185	Renee Miller	1:50.278