



WE MOVE AS
ONE

2025 CONVENTION SCHEDULE

September 4th - 6th, 2025 | Omaha, Nebraska



WE MOVE AS
ONE

2025 CONVENTION

Thursday, September 4th

TIME	JUDGE & COACH	ATHLETE
7:55		Athlete Meeting
9:00	Welcome Address	
9:30	Coach/Officials Connections	Athlete Connections
11:00	Nutrition is Key	Technique, Technique, Technique
12:00	Lunch & SPEAKER: My Nutrition Journey - Katie Spada	
1:30	Technique, Technique, Technique	Nutrition is Key
2:30	Rules Committee Meeting 1	
4:00	Collegiate Committee Meeting	
4:00	Masters Committee Meeting	
5:00	AWD Committee Meeting	
6:00	IR Committee Meeting	

**Lunch provided by USAAS*



**WE MOVE AS
ONE**

2025 CONVENTION

Friday, September 5th

TIME	JUDGE & COACH	ATHLETE
7:00	Rules Committee Meeting 2	
9:00	Meet the Candidates	
9:35	How Do your Athletes Hear You?	What Makes You Love Artistic Swimming
10:35	Membership & Event Registration System Training	
11:45	Lunch - Educational Platform, Technology Program & Trivia Contest	
1:15	Athlete Meeting 2	
1:30	Judges and Officials Meeting	
2:30	Zone Meetings	
6:00	Foundation Reception	

**Lunch provided by USAAS*

NOTES



**WE MOVE AS
ONE**

2025 CONVENTION

Saturday, September 6th

TIME	JUDGE & COACH	ATHLETE
7:30	Judge Testing	
8:00	Pure Barre Class	
9:00		Athlete Meeting 2
9:00	Foundation and BOD Meeting	
10:00	Board of Directors & Board of Governors Meeting	
12:00	Lunch & Keynote Speaker - Paralympian Brent Rasmussen	
1:30	Board of Directors & Board of Governors Meeting	
6:00	Awards Reception	

**Lunch provided by USAAS*



WE MOVE AS
ONE

2025 CONVENTION

Sunday, September 7th

TIME

JUDGE & COACH

ATHLETE

8:30

Board of Directors Meeting (old and new BOD members)

**Lunch provided by USAAS*

NOTES