Pacific NW WSO Board meeting MINUTES 2/19/2022 430pm Zoom

<u>Future Meeting Schedule: 3rd Sunday of month, 430pm Pacific Time with adjustments for National Competition Calendar – NEXT MEETING 3/26/2023 (due to WSO Champs planning)</u>

<u>Present:</u> Lauren Hatmaker, Kora Nan, , Joe Beck, Joe Quinn, Brandi Miller, Nicole Sahlin, Shane Sevcik, Mira Kwon Gracia

Not Present: -

- Robyn Feder, Fairbanks Barbell Club, recently appointed to PNW WSO board council as alternate candidate withdrew from consideration.
- Washington LWC reclaimed funds (Joe Quinn confirmed amount was \$1800 and change.)
- Kora Nan reports he will be unavailable after May 2023 for an undetermined time.
- USAW matching scholarships (up to 2 for BIPOC and up to 2 for women coachs' certifications)
 - Confirmed our total for each from PNW WSO funds (2 BIPOC and 2 Women coaches)
 - Application window will be 3/1-3/31 for up to 8 coach certifications for 2023. Awards
 will be announced following receipt of applications, review, and vote by scholarship
 subcommittee (Mira Kwon Gracia, Nicole Sahlin, Brandi Miller). Alternate (in case of
 recusal) Lauren Hatmaker. No board council members will vote on any athletes who are
 on their own USAW club team.
- Finalize Bid process and subcommittee for 2023 WSO Championships
 - Lauren Hatmaker will review / edit / proof bid document for public consumption. Joe Beck will share bid document directly with potential meet directors for Washington venue 2023.
 - Joseph Quinn will reach out to Michael and Sheryl Cohen for a draft contract they use for Masters Event / Bid process. Joseph Quinn to draft ours based on final specs.
- The prospective meet director should furnish a bid request in writing to the board with a
 commitment to run a meet with the following parameters. Submissions should be made to the
 president for consideration by the entire board council. Application deadline of 3/25/2023.
 Lauren@WeightliftingEugene.com
- Ability to host between 150-300 athletes (and supporting coaches and audience members) over two to three days of competition.
- 2023 event to be held in Washington state. Preference for venues easily accessible to major airports or freeways.
- 2023 event to be held in September or October. This event could be held, with approval, as close as two weeks prior to the American Open Finals.
- Venue should be large enough to accommodate number of participants, coaches, and audience. Preference is given to available parking, weigh in rooms, nearby hotels and amenities for volunteers and athletes.
- Meeting registration fee is up to the meet director and should be commensurate with the level
 of the experience for athletes and coaches. It cannot exceed registration of a USAW National
 meet
- Meet director shall provide a small portion of scholarships for at-need athletes commensurate with size of athlete commitment. Either 10 full scholarships (can be a number of partial scholarships to add up to 10 full total) or 5% of total athlete spots.

- No fewer than 10 total scholarships.
- Registration held on BARS / affiliated with PNW WSO President and Meet Director (USAW sets up the sanction and meet details.)
- Use an electronic scoring system.
- The WSO can provide one referee box system for use with the Simonton Computer Technologies scorekeeper system.
- Lauren Hatmaker is available to assist with Les's scoring system excel workbook set up and execution IF the meet director wants to use.
- Competition should take place on a 12X12' or 4X4 meter platform and follow USAW / ICRR rules for competition.
- The WSO can provide up to two platform setups at no cost but they must be picked up and returned to their home in Portland OR by the meet director.
- Each warm up platform should have a full set of 140 kg plates and change plates as well as appropriate barbell for the lifters in that session.
- PR lifting has offered to support our event with the consideration that equipment loaned to the meet will be sold by the meet director.
- Awards shall be given to each age group and weight class 1st, 2nd, and 3rd place.
- Promotions must include PNW WSO official brand guidelines branding kit.
- Resources available to be shared from USAW running large meets and the WSO board council.

Meet Director responsibilities

- Responsible for securing location and signing any contracts both financially and professionally.
- USAW sanction includes liability insurance
- Load in set up and tear down and load out of all equipment and the crew necessary to do it.
- WSO will put out multiple requests for volunteers and forward contacts to meet director.
- Meet director is responsible for staffing loaders to run each session.
- Responsible for all budget outlays ie awards, software license fees, food for volunteers.
- Responsible for setting up start and schedule in the scoring system. Start list and preliminary schedule should be published no later than one week after close of entries. Responsible for submitting results within one week of completion of the event.
- TO duty roster. TO snack room. TO and loaders fed.
- Reporting to appointed PNW WSO Championships event liaison with benchmark updates in a timely fashion.
- Registration on BARS with President access per USAW policy and practice.
- Comp secretary tasks such as volunteer / TO sign up sheets and ensuring appropriate volunteer coverage throughout the event.