

2026 Junior World Championships Rankings - Men

Rankings as of 11/14/25

	Athlete Name	Body Weight	Total	% of A Standard	Age as of 12/31/26	Competition Total Achieved
1	Ryan McDonald	88	332	100.61%	19	2025 National Championships
2	Zakaria Naas	79	303	97.12%	20	2025 National Championships
3	Christopher Cruz	65	265	96.72%	20	2025 National Championships
4	Kyle Martin Jr.	94	326	96.45%	20	2025 National Championships
5	Carter Sing	79	295	94.55%	18	2025 Pan American Youth Championships
6	Angel Quintero	71	276	94.20%	20	2025 National Championships

A Standard - New BW's	
60	253
65	274
71	293
79	312
88	330
94	338
110	349
110+	369

B Standard - New BW's	
60	239
65	258
71	276
79	295
88	312
94	320
110	330
110+	349