



# 2024-2025 Figure Skating Kickoff

Presented by the Artistic Sport Committee  
November 16th, 2024

# Where Can I Get Rules Information?

## 2024-2025 USARS Figure Rules Page -

<https://www.usarollersports.org/figure-w-full-nav/figure-skating-rules>

- All the rulebooks - youth, elite, adults
- Requirements grid
- Dance Diagrams (please use diagrams provided in this year's dance book)
- Technical Manuals
- 2024-2025 Dance Music Selections

USA ROLLERSPORTS Membership/Join Members & Clubs Events & Results Sport Discipline Governance Coaches & Officials Athlete Safety About Resources Team USA Athletes SafeSport/Athlete Safety Q

### Figure Skating Rules

- [World Skate Calculator - Determine Divisions by Age](#)
- [World Skate Technical Rules-9/9/24](#)
- [2023-2024 April 1 Draw](#)
- [USARS 2023-24 Adult Rulebook](#) Updates to Rule- Adult: AR AD.106
- [USARS 2023-24 Elite Rulebook](#)
- [USARS 2023-24 Youth Rulebook](#) Updated to Rule- Youth: AR YD.105
- [2024-2025 Requirements- 10/24/24](#)
- [2024-2025 Dance Book](#)
- [2025 Costume Rule Certification](#)
- [2024 Content Sheets](#)
- [2024 WS Music Certification Letter Template](#) Optional
- [2023-2024 OCD Rubric](#)
- [2022-2023 Dance Diagrams](#)
- [2023-2024 Tab Code- Spreadsheet](#)
- [New Figures Information - World Skate Federation](#)
- [Figure Technical Manual](#)
- [International Competitions Guidelines](#)
- [Officials Exam Study Guides/Mock Judging Forms](#)

MUSIC

[2024-25 Dance Music](#)

# Where Can I Submit Suggestions/Proposals?

## Best place - Your Regional Coaches Rep!

2024-2025 Coaches Regional Representatives:

South Central- Robyn Young- [robork8r@verizon.net](mailto:robork8r@verizon.net)

Southwest- Alexa Schlackman- [a.c.schlack@gmail.com](mailto:a.c.schlack@gmail.com)

Southeast- Cindy Schrader- [amschrader@aol.com](mailto:amschrader@aol.com)

Southern- Vickie Bateman- [astrosk8orlando@gmail.com](mailto:astrosk8orlando@gmail.com)

Great Lakes- Amber Burgess- [burgessamber28@gmail.com](mailto:burgessamber28@gmail.com)

Northwest- Carrie Youngren- [skagitskatefigureskating@gmail.com](mailto:skagitskatefigureskating@gmail.com)

North Central- Erin Drew Gaber- [erindrewgaber@gmail.com](mailto:erindrewgaber@gmail.com)

Northeast- Robin Orcutt- [robinmorcutt@gmail.com](mailto:robinmorcutt@gmail.com)

Eastern- Janet Jordan- [janetjordan02@verizon.net](mailto:janetjordan02@verizon.net)

Also an option - email the ASC!

[figurecommittee@usarollersports.org](mailto:figurecommittee@usarollersports.org)

Current ASC members: Jody Harrah (chair), Joyann Donaldson (vice-chair, athlete rep), Jaymee Meloy (secretary, athlete rep), Jamie Chekon, John Hultquist, Amy Waters, Katelyn Lee (athlete rep), Kristen Taylor, Stephanie Moore, Janet Pavidonis (non-voting)

# Costume Rule Clarifications

# Posted on October 28th



To summarize:

- For *domestic* competition, USARS is adopting the 2025 World Skate costume rules for Junior and Senior World Skate events ONLY.
- Exception: ALL World Skate figure events are exempt from the 2025 World Skate costume rules, *domestically*.
- All other events should follow the general costume rules in the USARS rulebook.

## 2024-2025 Costume Rule Clarifications from the Artistic Sport Committee

For all domestic competitions, including the 2025 National Championships, World Skate costume rules will be followed and enforced for Junior and Senior events in free skating, pairs, solo dance, team dance, quartet, precision, and show disciplines only. These costume rules can be found in the World Skate 2025 General Rulebook.

The above means that the World Skate costume rules will not apply to any World Skate figure events at any domestically held competition or qualifying championship.

The above also means that the World Skate costume rules will not apply to any event Youth and under for any discipline at any domestically held competition or qualifying championships.

Furthermore, all World Skate categories that are exempt from World Skate costume rules are expected to follow the USARS costume rules for the 2024-2025 season. Please see costume rules for 2023-2024 USARS season while our 2024-2025 rulebooks await approval at the fall board meeting this month. The USARS costume rules have not changed for the current season.

All skaters who plan to attend international competitions must be prepared to follow World Skate costume rules for all age groups and disciplines. This includes events such as the America's Cup, World Cup Series, Pan-American Championships, World Championships, World Figure Cup, etc. Please be aware that these costume rules are strictly enforced at these events, and this includes during official training. These costume rules can be found in the World Skate 2025 General Rulebook.

## Free skating, inline, dance, solo dance, and pairs

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- In all artistic competitive roller-skating events, the costumes should be in character with the music but should not be such to cause embarrassment to the skater, judges, or spectators.
- Training costumes are not required to be in character; however, all other costume rules apply in training.
- Costumes must be modest, dignified and appropriate for athletic competition - not **garish** or **theatrical** in design. The clothing must not give the effect of excessive nudity.
- Feathers and fringes will be considered a theatrical prop and penalized.
- Any piece of the costume including beads, buttons, crystals, mirrors, studs, pearls, half pearls, rhinestones etc. on the costumes must be very **securely stitched** so as not to cause obstruction to the following contestants. Rhinestones, stones, bigger than 4mm in any dimension ARE NOT PERMITTED. Sequins of any size are allowed. All decorative embellishments must be **securely stitched** to the fabric.
- Accessories and Props of any nature are not permitted.
- Costume remains the same throughout a performance with no additions during the performance, i.e. no use of props of any kind from beginning to the end.
- The painting of any part of the body is considered a “show” and is not allowed.

## World Skate Costume Rules

### Please note:

- ALL international competitions (including Americas Cup) will follow World Skate costume rules Tot through Senior.
- These rules apply to training costumes as well (see second bullet)
- In the fifth bullet, 4mm = size 16 stones or smaller.



# Adults

# Adult Event Updates

## AR AD.104 Divisions and Age Eligibility Requirements

| Division                 | Age            |
|--------------------------|----------------|
| <b>Bronze Division 1</b> | <b>18 – 44</b> |
| <b>Bronze Division 2</b> | <b>45 - 64</b> |
| Bronze Division 3        | 65 & Over      |
| <b>Silver Division 1</b> | <b>18 - 44</b> |
| <b>Silver Division 2</b> | <b>45 - 64</b> |
| Silver Division 3        | 65 & Over      |
| Gold Division 1          | 18 & Over      |
| Gold Division 2          | 18 - 54        |
| Gold Division 3          | 55 & Over      |
| Classic/Classic Gold     | 18 & Over      |

### AR AD.502 Team Eligibility

There may NOT be a substitution of team dance partners in between the Regional and National Championships



# Adult Circle Loop Judging Criteria

## AR AD.302 Number of Requirements & Judging Criteria

In this event (regardless of a youth event or adult event) there are expectations that the skating of these circles will provide the necessary background and experience for the ultimate inclusion of the loop itself.

The Judges will be considering the following criteria when scoring the Circle Loops:

1. The free leg must be trailing the skating foot at the entrance shoulder up to the long axis and should pass AT or IMMEDIATELY following the long axis
2. Correct execution of take-offs
3. Tracing without sub-curves or hitching
4. Correct execution of the change of edge
5. Adherence to the proper body posture baseline

There is NO specified point deduction in the Circle Loops. The judge's score will reflect all the criteria of the Circle Loop and the overall flow and execution.

# Classic Creative Solo Show

## Balance Maneuver

- Skaters will choose two (2) or more positions to present one after the other.
- Both positions must be clearly different and on one (1) foot.
- Each position must be held three (3) or more seconds once desired position is attained.
- Maximum three (3) steps may be used in between each position.
- No minimum number of steps in between positions required.
- Skaters must change direction in some way (forward to backward and/or clockwise to anticlockwise direction of travel, or vice versa) from the first position to the second position.
- *For duet: Must maintain some form of contact throughout and skaters may be in different positions.*

## Footwork sequence

Skaters will skate any steps of their choice on the selected baseline for the season. Potential baselines include:

- Diagonal
- Long axis
- Serpentine
- V
- *For duet: Can be in contact and/or not in contact but must be within twelve (12) feet of each other throughout.*

## Character Sequence

- Element must start from a stop or stop-and-go position.
- Skaters must cover as much floor as possible while in character to the music/theme. Should take no longer than thirty (30) seconds to complete.
- Skaters must attempt four (4) or more of the skating elements listed below. The four (4) chosen skating elements must each come from a different subgroup a-k:
  - a. Leap (stag jump, split jump, butterfly, fly camel, etc.)
  - b. Spin (on toe stop or wheels) two (2) revolutions or more
  - c. Full revolution jump (does not have to be a standard freestyle jump)
  - d. Spread eagle OR spread eagle variation (Ina Bauer, hackenmond, etc.)
  - e. Spiral OR spiral variation (Biellman, ring, invert, charlotte, etc.)
  - f. Illusion
  - g. Forward to backward choctaw
  - h. Closed mohawk
  - i. Change edge
  - j. Cross front
  - k. Cross chasse
- Skaters should use any linking steps, turns, etc. to connect the skating elements and to cover as much floor as possible in the suggested time frame.
- *For duet: Can be in contact and/or not in contact but must be within twelve (12) feet of each other throughout.*

| Classic        |                  |                            |                   |                    |                      |
|----------------|------------------|----------------------------|-------------------|--------------------|----------------------|
| Program Length | Balance Maneuver | Stationary Dancing Element | Footwork Sequence | Character Sequence | Travel Turn Sequence |
| Max 2:30       | YES              | NO                         | YES (Diagonal)    | YES                | NO                   |

# Classic Free Skating & Classic Inline Free Skating

## AR AD.405 Free Skating Requirements Classic Singles & Classic Inline Singles

### Classic & Classic Inline - 18 and over- 3:00 max

**One sequence of footwork must be included**

**Required pattern for 2024-2025: Diagonal**

|   |  |  |  |
|---|--|--|--|
| <b>Classic Inline (18+)</b><br>Max 3:00 | <ul style="list-style-type: none"> <li>Maximum twelve (12) jumps (including jumps used in combinations), consisting of 1 rotation jumps, axel, double toe loop, and double salchow, double flip, double loop, and double lutz.</li> <li>Maximum two (2) jump combinations – maximum four (4) jumps each.</li> <li>No repeated jumps permitted unless used in combination.</li> </ul> | <ul style="list-style-type: none"> <li>Maximum of three (3) spins, in which two (2) may be a combination/change spin (may use camel or sit positions).</li> <li>No repeated spins permitted unless used in combination.</li> </ul> | <ul style="list-style-type: none"> <li>One sequence of footwork must be included.</li> <li>Required pattern for 2024-2025: Diagonal</li> </ul> |
| <b>Classic</b><br>Max 3:00              | <ul style="list-style-type: none"> <li>Maximum twelve (12) jumps (including jumps used in combinations), consisting of 1 rotation jumps, axel, double toe loop, and double salchow, double flip, double loop, and double lutz.</li> <li>Maximum two (2) jump combinations – maximum four (4) jumps each.</li> <li>No repeated jumps permitted unless used in combination.</li> </ul> | <ul style="list-style-type: none"> <li>Maximum of three (3) spins, in which two (2) may be a combination/change spin (may use camel or sit positions).</li> <li>No repeated spins permitted unless used in combination.</li> </ul> | <ul style="list-style-type: none"> <li>One sequence of footwork must be included.</li> <li>Required pattern for 2024-2025: Diagonal</li> </ul> |

- Maximum twelve (12) jumps (including jumps used in combinations), consisting of 1 rotation jumps, axel, double toe loop, and double salchow, double flip, double loop, and double lutz.
- Maximum two (2) jump combinations – maximum four (4) jumps each.
- No repeated jumps permitted unless used in combination.
- Maximum of three (3) spins, in which two (2) may be a combination/change spin (may use camel or sit positions).
- No repeated spins permitted unless used in combination.

The image features a solid red background. In the top right corner, there is a decorative graphic consisting of several overlapping triangles and squares in various shades of red, creating a geometric pattern.

# Youth

# Youth Figures

Rule AR YD.200

**Compulsory Figures**

AR YD.201

**Figure Divisions**

Figure events shall consist of the following:

| Level (A)                | Level (B)            | Level (C) | Other                |
|--------------------------|----------------------|-----------|----------------------|
| Primary A                | Juvenile B           | Open C**  | Advanced Figures     |
| Juvenile A               | Elementary B         |           | <b>Cadet Figures</b> |
| Elementary A             | Freshman/Sophomore B |           | <b>Youth Figures</b> |
| Freshman/Sophomore A Men |                      |           |                      |
| Freshman A Girls         |                      |           |                      |
| Sophomore A Women        |                      |           |                      |



# Youth Rule Changes

- **Skaters may NOT participate in a Level (B) event and an International division of the same discipline at the same qualifying championship. (NOTE: Team Dance and Solo Dance are separate disciplines.)**

## AR YD.104 Level (A) Events – Open to All Skaters/Teams

- (a) In Team Dance, Solo Dance, **and Figures ONLY**, skaters/teams may skate one (1) Level (A) event AND one (1) International event in that discipline at the same qualifying championship. Placement in the International divisions has no effect on future eligibility in Level (A) divisions. (NOTE: Team Dance and Solo Dance are separate disciplines.)

## AR YD.105 Level (B) Events – Limited Participation

- (a) Skaters/teams who have never qualified for finals in a Level (A) event where there was an elimination round at the National Championships are eligible to skate Level (B) divisions in that discipline for future competitions.

# Youth Circle Loop Judging Criteria


## AR YD.305 Number of Repetitions & Judging Criteria

In this event (regardless of a youth event or adult event) there are expectations that the skating of these circles will provide the necessary background and experience for the ultimate inclusion of the loop itself.

The Judges will be considering the following criteria when scoring the Circle Loops:

1. The free leg must be trailing the skating foot at the entrance shoulder up to the long axis and should pass AT or IMMEDIATELY following the long axis
2. Correct execution of take-offs
3. Tracing without sub-curves or hitching
4. Correct execution of the change of edge
5. Adherence to the proper body posture baseline

There is NO specified point deduction in the Circle Loops. The judge's score will reflect all the criteria of the Circle Loop and the overall flow and execution.



# Youth Free Skating Updates

## AR YD.406 Free Skating Requirements – Domestic Events

### Advanced - 13 and over- 3:30 max

| Division                    | Jumps  | Spins  | Footwork  |
|-----------------------------|--|--|---|
| <b>Advanced</b><br>Max 3:30 | <ul style="list-style-type: none"><li>• Maximum twelve (12) jumps (including jumps used in combinations), consisting of 1 rotation jumps, axel, double toe loop, and double salchow, double flip, double loop, and double lutz.</li><li>• Maximum two (2) jump combinations – maximum four (4) jumps each.</li><li>• Axel and doubles cannot be performed more than twice. If performed twice, one must be in combination. The same 1 rotation jump cannot be performed more than three (3) times.</li></ul> | <ul style="list-style-type: none"><li>• Maximum three (3) spins allowed.</li><li>• One must be a combination spin (max 4 positions) and include a sit spin.</li><li>• One must be a solo spin.</li><li>• If a third spin is presented, it may be a solo spin or a combination spin (maximum three (3) positions).</li><li>• Camel, upright, and sit positions are allowed.</li></ul> | One (1) footwork sequence to cover $\frac{3}{4}$ of the skating floor. Should take no longer than thirty (30) seconds to complete. Must start from a stop and include at least 4 of: three turn, mohawk, traveling turn, spiral, bracket, rocker, counter, and Choctaw. |

Maximum twelve (12) jumps (including jumps used in combinations), consisting of 1 rotation jumps, axel, double toe loop, and double salchow, double flip, double loop, and double lutz.

- Maximum two (2) jump combinations – maximum four (4) jumps each.
- Axel and doubles cannot be performed more than twice. If performed twice, one must be in combination. The same 1 rotation jump cannot be performed more than three (3) times.
- Maximum three (3) spins allowed.
- One must be a combination spin (max 4 positions) and include a sit spin.
- One must be a solo spin.
- If a third spin is presented, it may be a solo spin or a combination spin (maximum three (3) positions).
- Camel, upright, and sit positions are allowed.

One (1) footwork sequence to cover  $\frac{3}{4}$  of the skating floor. Should take no longer than thirty (30) seconds to complete. Must start from a stop and include at least 4 of: three turn, mohawk, traveling turn, spiral, bracket, rocker, counter, and Choctaw.



# Youth Free Skating Updates

## AR YD.406 Free Skating Requirements – Domestic Events

### Juvenile B- 10 and under- 2:15 +/- 10

|                                  |   |  |  |
|----------------------------------|---|--|--|
| <b>Juvenile B</b><br>2:15 +/- 10 | <ul style="list-style-type: none"><li>• Maximum ten (10) jumps (including jumps used in combinations), consisting of 1 rotation jumps, waltz jump, and axle.</li><li>• Maximum two (2) jump combinations – One with a maximum of four (4) jumps and one with a maximum of two (2) jumps.</li><li>• Must include a toe loop, either solo or in combination.</li><li>• The same jump cannot be performed more than three (3) times.</li></ul> | <ul style="list-style-type: none"><li>• Maximum two (2) spins allowed.</li><li>• One must be a combination spin (max 3 positions) and include a sit spin.</li><li>• One must be a solo spin.</li><li>• Camel, upright, and sit positions are allowed (no heel, broken, or inverted).</li></ul> | One (1) footwork sequence to cover ¾ of the skating floor. Should take no longer than thirty (30) seconds to complete. Must start from a stop and include at least 3 of: cross in front, inside three turn, outside three turn, open mohawk, traveling turn. |
|----------------------------------|---|--|--|

**Maximum ten (10) jumps (including jumps used in combinations), consisting of 1 rotation jumps, waltz jump, and axle.**

- **Maximum two (2) jump combinations – One with a maximum of four (4) jumps and one with a maximum of two (2) jumps.**
- **Must include a toe loop, either solo or in combination.**
- **The same jump cannot be performed more than three (3) times.**
- **Maximum two (2) spins allowed.**
- **One must be a combination spin (max 3 positions) and include a sit spin.**
- **One must be a solo spin.**
- **Camel, upright, and sit positions are allowed (no heel, broken, or inverted).**

**One (1) footwork sequence to cover ¾ of the skating floor. Should take no longer than thirty (30) seconds to complete. Must start from a stop and include at least 3 of: cross in front, inside three turn, outside three turn, open mohawk, traveling turn.**

# Youth Free Skating Updates

## AR YD.406 Free Skating Requirements – Domestic Events

### Elementary B- 12 and under- 2:45 +/- 10

|                                    |   |   |  |
|------------------------------------|---|---|--|
| <b>Elementary B</b><br>2:45 +/- 10 | <ul style="list-style-type: none"><li>• Maximum twelve (12) jumps (including jumps used in combinations), consisting of 1 rotation jumps, waltz jump, axel, double toe loop, and double salchow.</li><li>• Maximum two (2) jump combinations – maximum four (4) jumps each.</li><li>• Must include an axel or waltz jump, either solo or in combination.</li><li>• Must include a toe loop (single or double), either solo or in combination.</li><li>• Axel and doubles cannot be performed more than twice. If performed twice, one must be in combination. The same 1 rotation jump cannot be performed more than three (3) times.</li></ul> | <ul style="list-style-type: none"><li>• Maximum three (3) spins allowed.</li><li>• One must be a combination spin (max 4 positions) and include a sit spin.</li><li>• One must be a solo spin.</li><li>• If a third spin is presented, it may be a solo spin or a combination spin (maximum three (3) positions).</li><li>• Camel, upright, and sit positions are allowed (no heel, broken, or inverted).</li></ul> | <p>One (1) footwork sequence to cover ¾ of the skating floor. Should take no longer than thirty (30) seconds to complete. Must start from a stop and include at least 4 of: three turn, mohawk, traveling turn, spiral, bracket, rocker, counter, and Choctaw.</p> |
|------------------------------------|---|---|--|

Maximum twelve (12) jumps (including jumps used in combinations), consisting of 1 rotation jumps, waltz jump, axel, double toe loop, and double salchow.

- Maximum two (2) jump combinations – maximum four (4) jumps each.
- Must include an axel or waltz jump, either solo or in combination.
- Must include a toe loop (single or double), either solo or in combination.
- Axel and doubles cannot be performed more than twice. If performed twice, one must be in combination. The same 1 rotation jump cannot be performed more than three (3) times.
- Maximum three (3) spins allowed.
- One must be a combination spin (max 4 positions) and include a sit spin.
- One must be a solo spin.
- If a third spin is presented, it may be a solo spin or a combination spin (maximum three (3) positions).
- Camel, upright, and sit positions are allowed (no heel, broken, or inverted).

One (1) footwork sequence to cover ¾ of the skating floor. Should take no longer than thirty (30) seconds to complete.

Must start from a stop and include at least 4 of: three turn, mohawk, traveling turn, spiral, bracket, rocker, counter, and Choctaw.

# Youth Free Skating Updates

## AR YD.406 Free Skating Requirements – Domestic Events

### Freshman/Sophomore B- 13 and over- 3:00+/-10

|   |   |   |   |
|---|---|---|---|
| <b>Freshman/<br/>Sophomore B</b><br>3:00 +/- 10 | <ul style="list-style-type: none"><li>• Maximum twelve (12) jumps (including jumps used in combinations), consisting of 1 rotation jumps, axel, double toe loop, and double saichow.</li><li>• Maximum two (2) jump combinations – maximum four (4) jumps each.</li><li>• Must include an axel, either solo or in combination.</li><li>• Must include a toe loop (single or double), either solo or in combination.</li><li>• Axel and doubles cannot be performed more than twice. If performed twice, one must be in combination. The same 1 rotation jump cannot be performed more than three (3) times.</li></ul> | <ul style="list-style-type: none"><li>• Maximum three (3) spins allowed.</li><li>• One must be a combination spin (max 4 positions) and include a sit spin.</li><li>• One must be a solo spin.</li><li>• If a third spin is presented, it may be a solo spin or a combination spin (maximum three (3) positions).</li><li>• Camel, upright, and sit positions are allowed (no heel, broken, or inverted).</li></ul> | One (1) footwork sequence to cover ¾ of the skating floor. Should take no longer than thirty (30) seconds to complete. Must start from a stop and include at least 4 of: three turn, mohawk, traveling turn, spiral, bracket, rocker, counter, and Choctaw. |
|---|---|---|---|

**Maximum twelve (12) jumps (including jumps used in combinations), consisting of 1 rotation jumps, axel, double toe loop, and double saichow.**

- **Maximum two (2) jump combinations – maximum four (4) jumps each.**
- **Must include an axel, either solo or in combination.**
- **Must include a toe loop (single or double), either solo or in combination.**
- **Axel and doubles cannot be performed more than twice. If performed twice, one must be in combination. The same 1 rotation jump cannot be performed more than three (3) times.**
- **Maximum three (3) spins allowed.**
- **One must be a combination spin (max 4 positions) and include a sit spin.**
- **One must be a solo spin.**
- **If a third spin is presented, it may be a solo spin or a combination spin (maximum three (3) positions).**
- **Camel, upright, and sit positions are allowed (noheel, broken, or inverted).**

**One (1) footwork sequence to cover ¾ of the skating floor. Should take no longer than thirty (30) seconds to complete. Must start from a stop and include at least 4 of: three turn, mohawk, traveling turn, spiral, bracket, rocker, counter, and Choctaw.**

# Youth Free Skating Updates

## AR YD.406 Free Skating Requirements – Domestic Events

### Open C- all ages- 2:00

| Division                | Jumps   | Spins  | Footwork  |
|-------------------------|---|--|---|
| All Level C<br>Max 2:00 | <ul style="list-style-type: none"><li>Maximum of eight (8) jumps (including jumps used in combinations), each not to exceed one (1) rotation.</li><li>Maximum of one (1) jump combination, containing a maximum of three (3) jumps (each of not more than a single rotation).</li><li>No repeated jumps unless used in the combination.</li></ul> | <ul style="list-style-type: none"><li>Maximum of three (3) spins allowed.</li><li>One (1) may be a combination/change spin (no camel spins, may only use upright and sit positions).</li><li>No repeated spins unless used in the combination.</li></ul> | <ul style="list-style-type: none"><li>One sequence of footwork must be included.</li><li>Required pattern for 2024-2025: Diagonal</li></ul> |

One sequence of footwork must be included. The required pattern will vary and may be determined by consulting the annual Roller Figure Skating Competitive Requirements

2024-2025 footwork: Diagonal

- Maximum of **eight (8) jumps (including jumps used in combinations)**, each not to exceed one (1) rotation.
- Maximum of one (1) jump combination, containing a maximum of three (3) jumps (each of not more than a single rotation).
- Maximum of three (3) spins, in which one (1) may be a combination/change spin (no camel spins, may only use upright and sit positions).
- No repeated items (spins or jumps) unless used in the combination.

# Youth Inline Free Skating Updates

## Rule AR YD.500 Inline Free Skating

|   |  |   |   |
|---|--|---|---|
| <b>Open Youth Inline (17-)<br/>Max 3:00</b> | <ul style="list-style-type: none"><li>• Maximum twelve (12) jumps (including jumps used in combinations), consisting of 1 rotation jumps, axel, double toe loop, and double salchow, double flip, double loop, and double lutz.</li><li>• Maximum two (2) jump combinations – maximum four (4) jumps each.</li><li>• No repeated jumps permitted unless used in combination.</li></ul> | <ul style="list-style-type: none"><li>• Maximum of three (3) spins, in which two (2) may be a combination/change spin (may use camel or sit positions).</li><li>• No repeated spins permitted unless used in combination.</li></ul> | <ul style="list-style-type: none"><li>• One sequence of footwork must be included.</li><li>• Required pattern for 2024-2025: Diagonal</li></ul> |
|---|--|---|---|

### Open Youth Inline Free Skating- 17 and under- 3:00 max

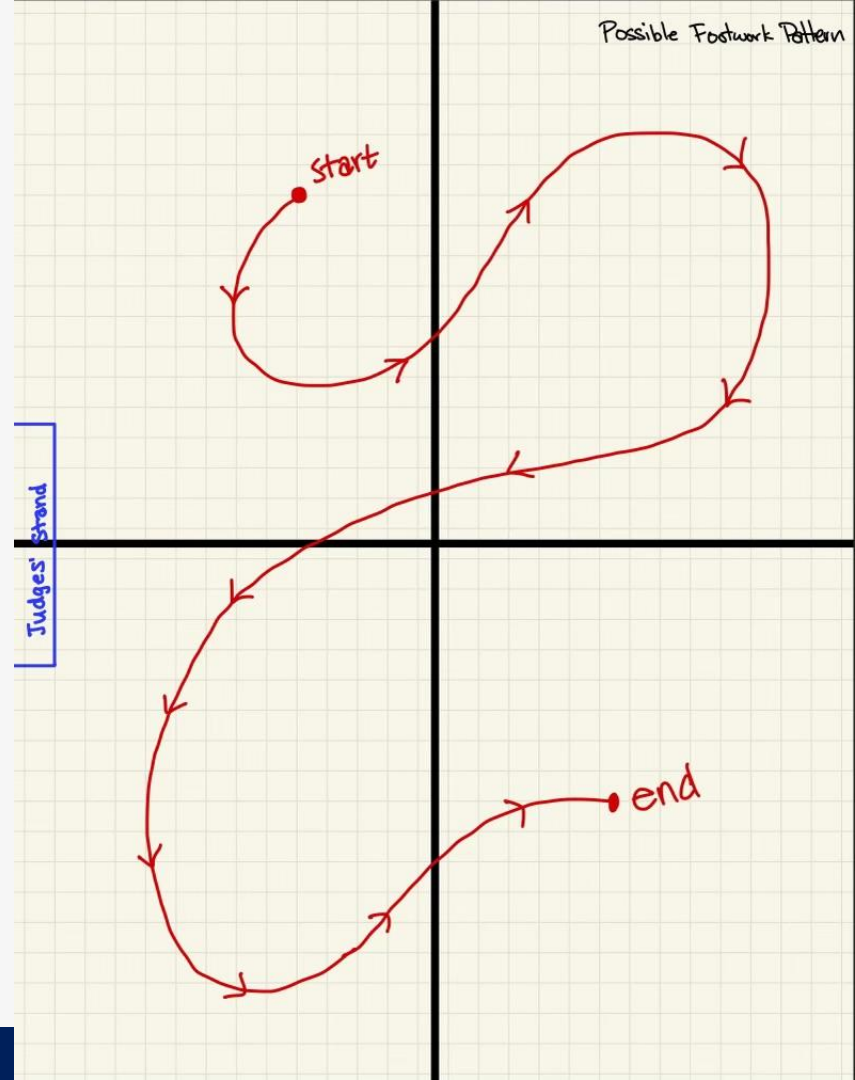
Maximum twelve (12) jumps (including jumps used in combinations), consisting of 1 rotation jumps, axel, double toe loop, and double salchow, double flip, double loop, and double lutz.

- Maximum two (2) jump combinations – maximum four (4) jumps each.
- No repeated jumps permitted unless used in combination.
- Maximum of three (3) spins, in which two (2) may be a combination/change spin (may use camel or sit positions).
- No repeated spins permitted unless used in combination.
- One sequence of footwork must be included. The chosen pattern for the year can be found by consulting the annual Roller Figure Skating Requirements.

2024-2025 Footwork Requirement: Diagonal

# Youth Free Skating Updates

$\frac{3}{4}$  of the floor  
footwork example



# Creative Solo & Duet Footwork Requirements for 2024-2025

Each season, three (3) elements from the below grid will be chosen for each creative solo and duet category

| Element                    | Description   |
|----------------------------|---|
| Balance Maneuver           | <ul style="list-style-type: none"> <li>Skaters will choose two (2) or more positions to present one after the other.</li> <li>Both positions must be clearly different and on one (1) foot.</li> <li>Each position must be held three (3) or more seconds once desired position is attained.</li> <li>Maximum three (3) steps may be used in between each position.</li> <li>No minimum number of steps in between positions required.</li> <li>Skaters must change direction in some way (forward to backward and/or clockwise to anticlockwise direction of travel, or vice versa) from the first position to the second position.</li> <li>For duet: Must maintain some form of contact throughout and skaters may be in different positions.</li> </ul>   |
| Stationary Dancing Element | <ul style="list-style-type: none"> <li>This element is performed in place (dancing within an approximate three-foot radius).</li> <li>Skaters should dance and move in place to the music for eight to twelve (8-12) seconds.</li> <li>Skaters may sit, kneel, or lie on the floor during this element.</li> <li>For duet: Can be in contact and/or not in contact throughout but must stay within the radius.</li> </ul>   |
| Footwork sequence          | <ul style="list-style-type: none"> <li>Skaters will skate any steps of their choice on the selected baseline for the season.</li> <li>Potential baselines include:               <ul style="list-style-type: none"> <li>Diagonal</li> <li>Long axis</li> <li>Serpentine</li> <li>V</li> </ul> </li> <li>For duet: Can be in contact and/or not in contact but must be within twelve (12) feet of each other throughout.</li> </ul>  |
| Character Sequence         | <ul style="list-style-type: none"> <li>Element must start from a stop or stop-and-go position.</li> <li>Skaters must cover as much floor as possible while in character to the music/theme. Should take no longer than thirty (30) seconds to complete.</li> <li>Skaters must attempt four (4) or more of the skating elements listed below. The four (4) chosen skating elements must each come from a different subgroup a-k:               <ol style="list-style-type: none"> <li>Leap (stag jump, split jump, butterfly, fly camel, etc.)</li> <li>Spin (on toe stop or wheels) two (2) revolutions or more</li> <li>Full revolution jump (does not have to be a standard freestyle jump)</li> <li>Spread eagle OR spread eagle variation (Ina Bauer, hackenmond, etc.)</li> <li>Spiral OR spiral variation (Bielman, ring, invert, charlotte, etc.)</li> <li>Illusion</li> <li>Forward to backward choctaw</li> <li>Closed mohawk</li> <li>Change edge</li> <li>Cross front</li> <li>Cross chasse</li> </ol> </li> <li>Skaters should use any linking steps, turns, etc. to connect the skating elements and to cover as much floor as possible in the suggested time frame.</li> <li>For duet: Can be in contact and/or not in contact but must be within twelve (12) feet of each other throughout.</li> </ul> |
| Travel Turn Sequence       | <ul style="list-style-type: none"> <li>Four to eight (4-8) consecutive three-turns on one (1) foot followed by four to eight (4-8) consecutive three-turns on the other foot AND/OR in the other direction.</li> <li>Maximum three (3) steps may be used in between each set of traveling turns.</li> <li>No minimum number of steps in between sets required.</li> <li>For duet: Must be shadowing throughout and must be within twelve (12) feet of each other.</li> </ul>  |

## Limitations:

- Maximum ONE (1) full rotation jump allowed (including any jump used in the above elements).
- Maximum ONE (1) spin allowed (including any spin used in the above elements). In this context, a spin is defined as any attempt at a spotted spin (on toe stop or wheels) of two revolutions or more on one foot or two feet.
- Cartwheels and other acrobatic moves where hands touch the floor are allowed, however do not have a technical value but rather should be used to characterize the music.
- Duet: Maximum ONE (1)\*non-overhead\* lift of two (2) revolutions or less.

# Required Creative Solo & Duet Footwork Patterns for 2024-2025

2024-2025 Selected Creative Solo & Duet Requirements

| Juvenile A     |                  |                            |                   |                    |                      |
|----------------|------------------|----------------------------|-------------------|--------------------|----------------------|
| Program Length | Balance Maneuver | Stationary Dancing Element | Footwork Sequence | Character Sequence | Travel Turn Sequence |
| Max 2:15       | YES              | YES                        | NO                | YES                | NO                   |

| Elementary A   |                  |                            |                   |                    |                      |
|----------------|------------------|----------------------------|-------------------|--------------------|----------------------|
| Program Length | Balance Maneuver | Stationary Dancing Element | Footwork Sequence | Character Sequence | Travel Turn Sequence |
| Max 2:15       | YES              | YES                        | NO                | YES                | NO                   |

| Open B         |                  |                            |                   |                    |                      |
|----------------|------------------|----------------------------|-------------------|--------------------|----------------------|
| Program Length | Balance Maneuver | Stationary Dancing Element | Footwork Sequence | Character Sequence | Travel Turn Sequence |
| Max 2:15       | YES              | YES                        | NO                | YES                | NO                   |

| Open A         |                  |                            |                   |                    |                      |
|----------------|------------------|----------------------------|-------------------|--------------------|----------------------|
| Program Length | Balance Maneuver | Stationary Dancing Element | Footwork Sequence | Character Sequence | Travel Turn Sequence |
| Max 2:30       | NO               | NO                         | YES (Diagonal)    | YES                | YES                  |

| Classic        |                  |                            |                   |                    |                      |
|----------------|------------------|----------------------------|-------------------|--------------------|----------------------|
| Program Length | Balance Maneuver | Stationary Dancing Element | Footwork Sequence | Character Sequence | Travel Turn Sequence |
| Max 2:30       | YES              | NO                         | YES (Diagonal)    | YES                | NO                   |

| Elementary Duet |                  |                            |                   |                    |                      |
|-----------------|------------------|----------------------------|-------------------|--------------------|----------------------|
| Program Length  | Balance Maneuver | Stationary Dancing Element | Footwork Sequence | Character Sequence | Travel Turn Sequence |
| Max 2:30        | YES              | YES                        | YES (Diagonal)    | NO                 | NO                   |

| Open Duet      |                  |                            |                   |                    |                      |
|----------------|------------------|----------------------------|-------------------|--------------------|----------------------|
| Program Length | Balance Maneuver | Stationary Dancing Element | Footwork Sequence | Character Sequence | Travel Turn Sequence |
| Max 2:30       | YES              | YES                        | YES (Diagonal)    | NO                 | NO                   |

2024-2025 Requirements can be found @

<https://www.usarollersports.org/figure-w-full-nav/figure-skating-rules>

## Reminder:

### AR YD.1105 Creative Solo Show Rules

(a) Skaters/teams who participate in Junior or Senior Free Skating, Pairs, Solo Dance, or Team Dance divisions may not compete in any Creative Solo Show event in the same competitive season.

(b) Skaters/teams who participate in any World Skate event may not compete in Open B Creative Solo Show in the same competitive season.



The image features a solid red background. In the top right corner, there is a decorative arrangement of geometric shapes: a dark red square, a medium red square, and a light red square, all partially overlapping and cut off by the edge of the frame. The word "Elite" is written in a white, sans-serif font on the left side of the image.

Elite

# Junior and Senior World Team Selections

AR ED.108 & 109

## World Team Selection (108-Senior Events, 109 - Junior Events)

### Key rule changes/clarifications:

- The USA World Team for Junior/Senior events are based on **receiving a qualifying placement (see page 10 of the World Skate General Rules 2.7)** at the National Qualifier along with achieving the USARS minimum score criteria. The qualifier may, or may not, be the USARS National Championships. In the event that it is not the National Championships, USARS will communicate as such to the membership in advance.
- In addition to the foregoing criteria, eligibility to become a member of the USA World Team in any Solo Dance event will depend on whether USARS, as a National Federation, enters a Dance Couple in the same category as the related Solo Dance category, although it is not necessary that the athletes enrolled in Solo Dance are the same as the Couple. This is intended to comply with the World Skate rule on this subject. **In the event that only one gender may go to the World Championships due to this rule, the skater with the highest score at the qualifying championships regardless of gender will decide the gender group chosen to compete at the World Championships.**
- The minimum score requirements are based on the total score.
- Skaters who do not meet the minimum score requirement may petition the ASC for participation based on previous results (**Criteria for submitting a petition includes** achieving the qualifying placement and achieving the minimum score in at least one competition over the previous year). If **extenuating circumstances arise (eg, WS requirement of a team in order to send both solo genders) petitions may be submitted.** Petitions must be submitted via Google Form no more than 24 hours following completion of the event at the qualifying competition. **Approval of all petitions is at the discretion of the ASC. In the event a petition is submitted, skaters/teams may not participate in World Team announcements while the petition is being discussed. Acceptance/denial of petitions will be sent out to the coach and skater within one week of completion of the event.**
- The World Team (**aside from petitioning athletes**) will be announced at the completion of the Elite events during the National Championships or qualifying competition.

## Junior and Senior World Team Selections - Minimum Scores

| Event | (Jr) Solo Dance | (Jr) Team Dance | (Jr) Free Skating | (Jr) Pairs | (Jr) Inline FS | (Jr) Quartet | (Jr) Precision |
|-------|-----------------|-----------------|-------------------|------------|----------------|--------------|----------------|
| Men   | 85              | 85              | 95                | 60         | 65             | 30           | 20             |
| Women | 85              |                 | 80                |            | 60             |              |                |

| Event | (Sr) Solo Dance | (Sr) Team Dance | (Sr) Free Skating | (Sr) Pairs | (Sr) Inline Free Skating | (Sr) Quartet | (Sr) Small Show | (Sr) Large Show | (Sr) Precision |
|-------|-----------------|-----------------|-------------------|------------|--------------------------|--------------|-----------------|-----------------|----------------|
| Men   | 90              | 90              | 130               | 110        | 90                       | 40           | 25              | 25              | 40             |
| Women | 90              |                 | 85                |            | 70                       |              |                 |                 |                |

# Example Programs to Obtain Minimum Score - Junior Men Free (95)

## Short Program

|                             |              |
|-----------------------------|--------------|
| 2A                          | 6.1          |
| 2F-NJ-2L-2T                 | 6.64         |
| 2L                          | 2.2          |
| HFD-S-S-U                   | 4.6          |
| CBD (with 20% bonus)        | 1.2          |
| St2                         | 3.3          |
| <b>Total TES</b>            | <b>24.04</b> |
| <b>Components (avg 3.5)</b> | <b>14</b>    |
| <b>Total Segment</b>        | <b>38.04</b> |

## Long Program (no time bonuses given)

|                             |              |
|-----------------------------|--------------|
| 2A                          | 6.1          |
| 2A-NJ-2T                    | 8.87         |
| 2F-NJ-2L                    | 4.79         |
| 2F-NJ-2S                    | 4.13         |
| 2L                          | 2.2          |
| HFD-S-S-U                   | 4.6          |
| CFD-S-CBD-U                 | 3.84         |
| St2                         | 3.3          |
| <b>Total TES</b>            | <b>37.83</b> |
| <b>Components (avg 3.5)</b> | <b>25.2</b>  |
| <b>Total Segment</b>        | <b>63.03</b> |

**Total Score**

**101.07**

\*Assuming all QOE's of 0

# Example Programs to Obtain Minimum Score - Junior Men Free (95)

## Short Program

|                           |              |
|---------------------------|--------------|
| 2A                        | 6.1          |
| 2F-NJ-2L-2T               | 6.64         |
| 3T (-1 QOE)               | 6.1          |
| CFD-S-S                   | 2.8          |
| CBD (with 20% bonus)      | 1.2          |
| St1                       | 2.3          |
| <b>Total TES</b>          | <b>25.14</b> |
| <b>Components (avg 3)</b> | <b>12</b>    |
| <b>Total Segment</b>      | <b>37.14</b> |

## Long Program (no time bonuses given)

|                           |              |
|---------------------------|--------------|
| 2A                        | 6.1          |
| 3T (-1 QOE)               | 6.1          |
| 3S (-1 QOE)               | 6.1          |
| 2A-NJ-2F                  | 9.3          |
| 3T-NJ-2T (-1 QOE 3T)      | 9.07         |
| 2L                        | 2.2          |
| CFD-S-S                   | 2.8          |
| CFD-CBD-CBD               | 3.2          |
| St1                       | 2.3          |
| <b>Total TES</b>          | <b>47.17</b> |
| <b>Components (avg 3)</b> | <b>21.6</b>  |
| <b>Total Segment</b>      | <b>68.77</b> |

**Total Score** **105.91**

\*Assuming all QOEs of 0 except -1 for triples

# Example Programs to Obtain Minimum Score - Junior Team (85)

## Style Dance

|                             |             |
|-----------------------------|-------------|
| GS1L1 (Pattern Dance)       | 3.1         |
| OPF2                        | 4.5         |
| NoH2                        | 6.3         |
| RtLi3                       | 4.5         |
| <b>Total TES</b>            | <b>18.4</b> |
| <b>Components (avg 4.5)</b> | <b>18</b>   |
| <b>Total Segment</b>        | <b>36.4</b> |

## Free Dance

|                             |             |
|-----------------------------|-------------|
| Ho2                         | 6.8         |
| Tr3                         | 6.0         |
| ChStS                       | 3.0         |
| StLi3                       | 4.5         |
| CliLi3                      | 5.0         |
| ClSq1                       | 4.0         |
| <b>Total TES</b>            | <b>29.3</b> |
| <b>Components (avg 4.5)</b> | <b>23.4</b> |
| <b>Total Segment</b>        | <b>52.7</b> |
| <b>Total Score</b>          | <b>89.1</b> |

\*Assuming all QOEs of 0

# Example Programs to Obtain Minimum Score - Junior Team (85)

## Style Dance

|                              |             |
|------------------------------|-------------|
| GS1L1 (Pattern Dance)        | 3.1         |
| OPF2                         | 4.5         |
| NoH2                         | 6.3         |
| RtLi3                        | 4.5         |
| <b>Total TES</b>             | <b>18.4</b> |
| <b>Components (avg 3.75)</b> | <b>15</b>   |
| <b>Total Segment</b>         | <b>33.4</b> |

## Free Dance

|                              |             |
|------------------------------|-------------|
| Ho2                          | 6.8         |
| Tr4 (0.8 bonus)              | 7.3         |
| ChStS                        | 3.0         |
| StLi4                        | 5.5         |
| CliLi3                       | 5.0         |
| CISq2                        | 5.3         |
| <b>Total TES</b>             | <b>32.1</b> |
| <b>Components (avg 3.75)</b> | <b>19.5</b> |
| <b>Total Segment</b>         | <b>51.6</b> |
| <b>Total Score</b>           | <b>85.8</b> |

\*Assuming all QOEs of 0

# Senior World Team Selection

## AR ED.502 Team Eligibility

- There may NOT be a substitution of partners in between the Regional and National Championships or the National and World Championships.

## Rule AR ED.800 Precision, Show, and Quartet

### AR ED.801 Elite Show Divisions (Precision, Show, & Quartet)

The following are the Elite Divisions for Precision, Show, and Quartet:

| Precision                           | Show Group   | Quartet                             |
|-------------------------------------|--|-------------------------------------|
| Junior (13 – 18)<br>4:30 +/- 0:10   | Large Show Group (13 & over)<br>4:30 – 5:00 +/- 0:10 | Senior (13 & over)<br>3:15 +/- 0:10 |
| Senior (13 & over)<br>4:30 +/- 0:10 | Small Show Group (13 & over)<br>4:30 – 5:00 +/- 0:10 | Junior (13 – 18)<br>3:15 +/- 0:10   |

- Team members cannot change by more than 51% between the Regional and National Championships or the National and World Championships for any Elite Show, Precision, or Quartet events.



# World Skate Updates

# Style Dance Clarification Posted on October 14th

## To summarize:

- Please look carefully at the Themes & Rhythms chart on page 17 of the 2025 World Skate Dance & Solo Dance Book.
- Since the posting of this clarification, they have added even further description/detail of the rhythms to pages 17 through 20.
- This clarification is very important for the following categories in the 2025 season:
  - Senior Couples
  - Senior Solo
  - Cadet Couples
  - Junior Solo
  - Cadet Solo

## 2025 Style Dance Clarification from the Artistic Sport Committee:

For all coaches/choreographers preparing style dances for the 2025 season, please be aware of the following clarifications regarding music selection.

The 2025 Themes & Rhythms chart (which can be found on page 17 of the World Skate 2025 Dance and Solo Dance Book) has been updated from the 2024 version. Many of them now include specific decades which must be taken into consideration when selecting music. It is advised that to avoid a rhythm deduction, the music selection must not only fit the provided theme but must also be written and recorded within the provided decades. Therefore, anything written and recorded from outside the chosen decades will receive penalty. This includes cover versions of songs that may have originally been written in the chosen decade but are being played/sung by an artist outside that decade. Original songs that have been *remastered* in recent decades would be allowed if they maintain the original music and vocals of the necessary decade. A remastering is an enhancement of the sound quality of an old recording versus a cover which is an original song rerecorded by a different artist. A simple internet search will provide the original date and artist of music selections.


Decade specific themes apply particularly to the following categories for the 2025 season:

- Senior Couples
- Senior Solo
- Cadet Couples

Also, please note that in the 2025 Themes & Rhythms chart, the word “traditional” has replaced the word “ethnic” and the theme now reads “Traditional Folk Medley.” It is advised that Junior soloists prepare music which is not modernized versions of what may sound like something ethnic, but rather music that is traditional from that culture or ethnicity. Proper research on the internet can help guide these selections.

A final reminder that Musical-Opera Medley refers to music that is performed from an onstage musical or opera, or from a film musical. Movie soundtracks do not fall into this category. For example, music from the *Harry Potter and the Chamber of Secrets* soundtrack would not fulfill the Musical-Opera Medley category since the Harry Potter films are not considered musicals. However, music from the film or stage versions of *The Music Man* would fulfill this category. For the 2025 season, this distinction is important to note for Cadet soloists.

# Other Dance & Solo Dance Updates

- New element - Choreo Stop
  - Time limit updated for travel turns and dance step sequence
  - All the group 4 features presented in the travel turns for the Style Dance will not be considered in the free dance.
  - No time limit on cluster
  - Pay close attention to the requirements for each component for each level (can be found in the grids at the end of the Dance Rulebook and the Solo Dance Rulebook).
  - Update to Dance Step point values.
- 




## Free Skating

- Espoir Long updates to the amount of jumps and spins allowed (max 8 jumps and two spins).
- Cadet - single jumps at the beginning and end of combinations receive no value but count toward jump total.
- Updated QOE values for some triple jumps.

## Inline

- Solo spin must be three revolutions minimum (instead of two).

## Pairs

- Values to some contact spins have been updated.
  - Updates to the requirements for the combination lift for Junior and Senior.
- 

## Show


- Updated rules for entering and exiting the floor.

## Quartet

- Like solo dance, the group 2 and 3 features (arm and leg features) will not be considered during the attempt of an extra feature (except the third set feature).



# All Disciplines

- Footwork pattern is now “free” and the “ $\frac{3}{4}$  of the floor” wording is no longer in the rulebook. However, still be cognizant of floor coverage.
  - Penalties:
    - Updated rule on how long each skater gets to enter and exit the floor.
    - Skating outside the boundaries of the skating surface and/or touching the barriers of the skating surface results in a penalty.
  - You are strongly encouraged to familiarize yourself with the World Skate rulebooks that coordinate with the disciplines you teach. Scan the documents for anything in **red** since those are new updates to the 2025 season.
  - World Skate seminar to be held in Venice at the end of this month should bring more clarifications.
- 

# World Skate Calendar

- **Venice Seminar & Athletes Camp** - Nov 22-Dec 1 - Venice, Italy
- **America's Cup** - January 19th-23rd, 2025 (valuable for ranking) - Florida USA
  - **Seminar with Nicola Genchi** - January 24-26th, 2025 - Florida USA
    - **Artistic International Series** (valuable for ranking): TBD
    - **Pan American Championships** (valuable for ranking) - TBD
    - **Junior Pan Am Games** - August 2025, Asuncion, Paraguay
- (1 male solo, 1 female solo, 1 male free - qualifier to be held at Ohio Cup in April 2025)
  - Ages born in 2003-2013. Using Jr requirements to qualify
    - **World Artistic Championships**- China TBD
    - **World Cup Figures**– TBD



# A Special Thank You to

Chance Becker, Lillian Gardner, and Sean Folstein for securing spots for Team USA for men's free skating, men's solo dance, and women's solo dance for the 2025 Junior Pan Ams



# Upcoming Championship Information

Details on dates, hotels, and  
location coming soon

2025 USARS National  
Championships will be held in  
Reno, Nevada!

Reno  
Tahoe


2025

See you  
there!



# Upcoming Championship & Training Information

## USA Roller Sports Artistic Seminar

 Semoran Skateway  
2670 Cassel Creek Blvd.  
Casselberry, FL 32707

  
**Nicola Genchi**  
World Skate ATC Chairman

 **SEMINAR FOR SKATERS,  
OFFICIALS, AND COACHES**

 **FREE SKATING,  
SOLO DANCE,  
COUPLES DANCE,  
AND PAIRS**



**Registration details  
coming soon!**

 **RULES, UPDATES,  
AND MORE!**

**In-rink  
Friday and  
Sunday.**

Semoran  
Skateway

**Saturday  
classroom  
lessons.**

Location TBD

**January 24-26, 2025**



Any questions?  
[artisticseminar25@gmail.com](mailto:artisticseminar25@gmail.com)



# Thank You Sk8 Academy Organizers!


Tracy Black, Danny Brown with special guests Pau Garcia, Oscar Molins, Michael Obrecht, David Ripp, and Patricia Bauler





Q&A

# Questions:

1. **Character sequence for CS?**
  2. **Are the creative requirements limited to those items flagged as yes. In other words, if you do all the required elements for your category but include something more (marked as a "no"), will you be penalized?**
  3. **Is there any further consideration being given to splitting up freshman / sophomore B?**
  4. **Can there be greater clarity regarding age thresholds between youth and adult events? In other words, when does someone actually age out of youth events? The way it's been denoted in the past, as "age 15 and above" seems to allow for 21 year olds to keep competing. But that also means 35 year olds can complete, or 50 year olds can compete in youth. What is the limiting principle and can it be more clearly defined in the rulebook? Maybe which "amateur card" you register for is what controls which events and rules you align with.**
  5. **Is there a penalty of any kind applied to a coach who lists a skater for an event for which the skater is not eligible?**
- 

# Questions

**6. I would like to know the rationale behind the figures selected for Freshman/Sophomore B. This is supposed to be a bridge event between C and A and there is nothing bridging toward that Sophomore A event or Freshman A event other than four 3-turn figures? These skaters would benefit from having a counter, a rocker, a bracket, anything to vary the technical requirements. While I realize and agree that it is our job as coaches to train them and all the different figures and all the different turns, it does no real competitive service to the skater providing them with only one type of turn to compete with during the season. Thank you.**

**7. National schedule being timed out better and more accurate.**

**8. Clarification on Classic International. Will we start to the left of the judges, and will we skate 1 skater at a time like we have been the past 2 years?**

**9. For Classic Original compulsory dance diagrams, some of us had high marks at regionals after following the Rubric, so we didn't feel the need to make any changes. But then we received significantly lower marks at Nationals and don't know why. I would like to understand what the issues were so I know how to fix them for this year. How can I get this feedback?**





Thank you for attending!