



2026 U.S. OPEN CHAMPIONSHIPS



MARCH 05-08
LAS VEGAS, NEVADA

PARA-POOMSAE
INFORMATION PACKET



PROMOTER

USATKD
One Olympic Plaza
Colorado Springs, Colorado 80909
1-719-866-2423

SANCTIONED BY

World Taekwondo
10th Floor, Booyoung Taepyeong Building 55, Sejong-daero, Jung-gu, Seoul Republic of Korea
04513

Pan American Taekwondo Union
General Guadalupe Victoria 214, Zona Centro, 20000 | Aguascalientes, Mexico
events@panamericantaekwondounion.org

ORGANIZER

USATKD
One Olympic Plaza
Colorado Springs, Colorado 80909
1-719-866-2423

Christine Simmons, Managing Director
cssimmons@usatkd.org

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ewininger@usatkd.org

Katie Cleveland, Associate Director of Events
kcleveland@usatkd.org

Michael Newman, Events Assistant Manager
mnewman@usatkd.org

VENUE

Westgate Resort and Casino Las Vegas Paradise Event Center
3000 Paradise Road
Las Vegas, Nevada 89109

ACCOMMODATION

Hotel accommodation

All accredited club/teams participating at the event are strongly recommended to book their hotel accommodation via the Organizing Committee in the Official Hotels through [Group Housing](#).

REGISTRATION & ACCREDITATION

March 4-8, 2026
Westgate Las Vegas Resort & Casino Paradise Event Center
3000 Paradise Road
Las Vegas, Nevada 89109

DRAW SHEETS & DESIGNATED POOMSAE

Poomsae draws and brackets will be published after the Technical Meeting on the USATKD website and Facebook page.

[2026 U.S. OPEN TAEKWONDO CHAMPIONSHIP | USA Taekwondo](#)

SEEDING

All Athletes with World Para Taekwondo Ranking points will be seeded in accordance with the World Para Taekwondo Ranking Bylaw based on the March 2026 World Para Taekwondo Ranking including all results and deductions until February 28, 2026.

HEAD OF TEAM MEETING

The head of team meeting will be ... TBD

COMPETITION RULES

World Taekwondo Poomsae Rules will be followed.

To view Para Poomsae rules, please see the World Taekwondo website: [CLICK HERE](#)

CONTEST TIME

Recognized Poomsae
Individual competitions between 20 to 120 seconds for each Poomsae.

ATHLETE ELIGIBILITY REQUIREMENTS

1. Holder of a valid WT Global Athlete License.
2. Member of the team/club of a pertinent Member National Association, recognized by the Pan American Taekwondo Union or World Taekwondo.
3. Holder of a Para Taekwondo Dan issued or recognized by WT or an 8th-1st Geup certificate issued or recognized by WT.
4. A Para Taekwondo Poomsae Athlete shall be at least 16 years old in the year of 2026 (born no later than December 31, 2010)
5. Athlete must go through International Classification in accordance with the World Para Taekwondo Athlete Classification Rules and be assigned a Sport Class and Sport Class Status prior to the tournament. Athletes found Not Eligible (NE) or with a Classification Not Complete (CNC) will not be able to compete.

NO ONSITE REGISTRATION WILL BE ACCEPTED FOR ATHLETES

COACH ELIGIBILITY REQUIREMENTS

- Minimum age of 18 years.
- Holder of a valid WT Global Official License.
- Coach is not allowed to wear a Dobok while coaching.

Coaches are required to have at minimum a World Taekwondo Level I Poomsae Coach certification. Any member that cannot provide proof of a WT coach certification will not be allowed to coach at this tournament.

NO ONSITE REGISTRATION WILL BE ACCEPTED FOR COACHES

USA Coaches

USA Coaches are required to complete and pass a background check (every two years), complete the U.S. Center for SafeSport training (every year).

The SafeSport and background check can be completed from your [Sport80](#) profile.
First Time SafeSport - <https://sport80.zendesk.com/hc/en-us/articles/360054619112-How-do-I-take-SafeSport-core-training->

SafeSport Refreshers - <https://sport80.zendesk.com/hc/en-us/articles/360054619252-How-do-I-take-a-SafeSport-refresher-course->

These will update on Sport80 automatically every 24 hours if you follow the link through your [Sport80](#) profile.

POOMSAE DIVISIONS

SPORT CLASSES		
	Men	Women
P21 (II1)	Senior	Senior
P22 (II2)	Senior	Senior
P23 (II3)	Senior	Senior
P31	Senior	Senior
P32	Senior	Senior
P33	Senior	Senior
P34	Senior	Senior
P35	Senior	Senior
P51	Senior	Senior
P52	Senior	Senior
P53	Senior	Senior
P72	Senior	Senior

COMPULSORY POOMSAE

Compulsory Poomsae determined based on [Article 9 of WT Para Poomsae Rules](#).

For all Sport Classes there is a free choice to athletes to choose one Poomsae from Group 1 and one Poomsae from Group 2 for each round.

REGISTRATION & FEES

Team and athlete entries will only be accepted through the WT GMS online registration system Simply Compete.

Registration of athletes is only possible with a valid WT Global License (GAL issued by assigned GMS club, Edition and MNA Administrators only).

<https://worldtkd.simplycompete.com/>

ATHLETES	
EARLY BIRD DEADLINE	ONE DIVISION
January 28, 2026	\$155
REGULAR DEADLINE	ONE DIVISION
February 18, 2026	\$180
COACHES	
DEADLINE	FEE
February 18, 2026	\$100

PAYMENT ENTRY

All entry fees will be paid in advance to USATKD through Simply Compete registration system. **PAYMENT FOR REGISTRATION WILL NOT BE ACCEPTED ON SITE.** If a wire transfer needs to be done directly to USA Taekwondo due to national policies of MNA, please refer to the following info:

Beneficiary: USA Taekwondo
Name of the bank: Wells Fargo
Account Number: 1690251853
Routing Number: 102000076
BIC/SWIFT: WFBIUS6S
Bank address: 90 S Cascade Ave. Colorado Springs, CO 80903

SUBMIT A COPY OF YOUR PAYMENT TO: kcleveland@usatkd.org.

Athletes and coaches must pay IN FULL by the final registration deadline to compete.

USATKD has a NO REFUND policy.

CREDENTIALS

All athletes will receive a physical credential onsite at the event. Please come to the registration desk to pick up during the designated registration desk times.

All coaches will receive a physical credential onsite at the event. Please come to the registration desk for credential pickup during the designated registration desk times.

VISA REQUEST

The visa invitation letter for each registered individual will be automatically generated from WT GMS platform if the visa is requested during the registration for the event. All members who need an entry visa to the USA must be registered for the event in GMS. You must then use this letter to apply for your or your team member's visa.

If you need assistance with a Visa letter you can email mnewman@usatkd.org.

SPORT EQUIPMENT

Mats

WT Recognized mats will be used at the event.

Dobok

Contestants shall wear WT-approved Poomsae competition uniform or the standard white taekwondo uniform at WT-promoted Para Poomsae Championships. See list of recognized products at: <https://www.worldtaekwondo.org/wtpartners-wt/recognize.html>

AWARDS

INDIVIDUAL AWARDS	
1st Place	Gold Medal
2nd Place	Silver Medal
3rd Place	Bronze Medal
3rd Place	Bronze Medal

TEAM AWARDS	
1st Place	7 points
2nd Place	3 points
3rd Place	1 point
3rd Place	1 point

Team awards will be given out to the top three (3) teams in each of the Men's and Women's Poomsae per medalist.

Special awards

Best Male and Best Female athlete in the Senior Para Poomsae Division

Best Male and Female Para Poomsae International Referees

Best Male and Female Para Poomsae Team Coach.

Awards would be given out after the conclusion of the Para Poomsae event.

ANTI-DOPING

Applicable medical rules

The WT Medical Code, WT mouthguard, bracing, taping, padding, and piercing rules are applicable, which all MNA participating in this event must comply.

Applicable doping rules

The WT Anti-Doping Rules and the WADA Anti-Doping Code are applicable. Compulsory random doping tests will be conducted among all athletes. World Taekwondo and/or WADA may carry out random out-of-competition testing prior to the event.

Therapeutic Use Exemption

Athletes who take any substance or medicine listed in the "Prohibited List" of the WT Anti-Doping Rules and WADA Anti-Doping Code for therapeutic purposes are requested to submit TUE applications via ADAMS, together with the required medical information. Otherwise, please download the TUE Application Form (found on <https://ita.sport/TUE>), and once duly completed and signed, send it together with the required medical file to tue@ita.sport. Report TUE applications also to the WT Sport Department via antidoping@worldtaekwondo.org by no later than 2 January 2026.

ADAMS login

For ADAMS login, please contact National Anti-Doping Organization (NADO) in your country or tue@ita.sport with copy to antidoping@worldtaekwondo.org

For more details, please visit:

<http://www.wada-ama.org/en/ADAMS/>

http://www.worldtaekwondo.org/anti_doping-wt/therapeutic.html

INTERNATIONAL ATHLETE CLASSIFICATION

There is no Classification prior the US Open 2026 in Para Poomsae.

MEDICAL

Athletic Trainers & Taping of Athletes

Sports Med Staff will be ringside and in the medical tent to provide injury and illness care for all participants. Please remember when taping ankles or instep pads, competitors must comply with the rules set forth by World Taekwondo and USATKD.

MEDIA

Registered media and press officials or official photographers are entitled to receive a media credential. For more information, please contact the USATKD at media@usatkd.org.

SPECTATORS TICKETS

Admission to the US Open is by credential or ticket only. Event tickets can be ordered directly online through Easy Event Tickets. No onsite ticket sales will be available for purchase. Online ticket sales will be available through the conclusion of the event.

[CLICK HERE TO BUY TICKETS](#)

TICKETS (Early Bird Deadline 2/18/2025)

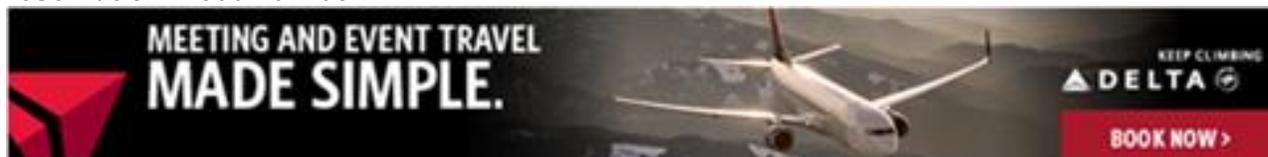
TICKET TYPE	EARLY BIRD PRICE	REGULAR PRICE
ADULT SINGLE DAY	\$20.00	\$25.00
ADULT ALL WEEKEND (4-DAY) PASS	\$72.00	\$77.00
CHILD SINGLE DAY	\$15.00	\$20.00
CHILD ALL WEEKEND (4-DAY) PASS	\$52.00	\$57.00
SENIOR (65 & OLDER) SINGLE DAY	\$17.00	\$22.00
SENIOR (65 & OLDER) WEEKEND (4-DAY) PASS	\$60.00	\$65.00

Wristbands will be given in exchange for your tickets at the tournament. Wristbands must be worn at all times and are good for the time allotted on your ticket (Single Day = only for the appropriate day purchased).

Delta Air Lines is pleased to offer special discounts for **USA Taekwondo**

You may also call Conferences and Events® at 1.800.328.1111* Monday–Friday, 8:00 a.m. – 6:30 p.m. (EST) and refer to Meeting Event Code **NY49H**

****Please note there is not a service fee for reservations booked and ticketed via our reservation 1-800 number.***



SAFESPORT & MAAP

If you need crisis intervention, referrals, or emotional support at any time, contact the 24-hour SafeSport Helpline at 866-200-0796.

If you are facing a life-threatening emergency, contact 911. Please use this link to report a Safe Sport incident - safesport-i.sight.com/portal.

How to report a Safe Sport concern -

Please call 833 5US Safe

safesport-i.sight.com/portal

USA Taekwondo, SafeSport and the MAAPP Policy

Safe Sport is an initiative that is mandatory for all USOPC National Governing Bodies to develop and to implement. USA Taekwondo has done so, and it is now a requirement that people in supervisory positions with our Taekwondo athletes must undergo and successfully complete a background check. Of course, the emphasis here is on the safety of our athletes and the strong motivation to keep them safe from all kinds of abuse, including harassment, bullying and improper touching. We will also be providing training for our membership regarding Safe Sport and its implementation.

We are partnering with the USOPC to bring this training to our membership. Athlete safety concerns our entire membership, and SafeSport is a great initiative that has been instituted by the U.S. Olympic & Paralympic Committee to help to protect all of our athletes.

The Minor Athlete Abuse Prevention Policies (MAAPP) limits one-on-one adult/minor interactions and sets standards for training and sport settings that prevent abuse and misconduct. Sport organizations invested in keeping young athletes free of abuse are strongly encouraged to adopt the MAAPP—now required throughout the U.S. Olympic and Paralympic Movement.

Click [here](#) to view USATKD's SafeSport Details including Reporting and MAAPP

Click [here](#) to view the US Center for SafeSport

SCHEDULE

DATE	TIME	EVENT	LOCATION
March 4, 2026	13:00 – 17:00	Accreditation Pick Up (Poomsae Athletes and Coaches)	Paradise Event Center
	13:00 – 17:00	Training	
March 5, 2026	7:30 – 17:00	Accreditation Pick Up (Kyorugi Athletes and Coaches)	Paradise Event Center
	7:30 – 17:00	Spectator Wrist Band Pick Up + Member Services Desk	
	8:30 – 17:00	Poomsae Competition	
		Para Poomsae Competition	
	9:00 – 17:00	Training	
	10:00-12:00	Junior + Para Kyorugi Weigh In	
10:00-4:00	Para Kyorugi Classification		
March 6, 2026	7:30 – 17:00	Accreditation Pick Up (Kyorugi Athletes and Coaches)	Paradise Event Center
	7:30 – 17:00	Spectator Wrist Band Pick Up + Member Services Desk	
	8:30 – 17:00	Junior Kyorugi Competition	
		Para Kyorugi Competition	
	9:00 – 17:00	Training	
	10:00 – 12:00	Cadet Weigh In	
12:00 – 14:00	Ultra, Youth, Tiger, Dragon Weigh In		
March 7, 2026	7:30 – 17:00	Accreditation Pick Up (Kyorugi Athletes and Coaches)	Paradise Event Center
	7:30 – 17:00	Spectator Wrist Band Pick Up + Member Services Desk	
	8:30 – 17:00	Cadet, Youth, Tiger, Dragon, Ultra Kyorugi Competition	
	9:00 – 17:00	Training	
	10:00 – 12:00	Senior Weigh In	
March 8, 2026	5:30	Senior Random Weigh In List Posted	Paradise Event Center
	6:30	Senior Random Weigh In	
	6:30 – 17:00	Accreditation Pick Up (Kyorugi Athletes and Coaches)	
	7:30 – 17:00	Senior Kyorugi Competition	

MEDIA RELEASE

By registering for this event, I hereby agree to be filmed, videotaped and photographed, and to have my name, image, picture, likeness, voice and biographical information otherwise recorded, in any media, by USA Taekwondo (USATKD) and its official photographers, film crews and video crews, and by any other entity authorized by USA Taekwondo (the "Footage").

I hereby grant the USA Taekwondo and its assigns the irrevocable, perpetual, fully paid-up, worldwide right and license to use, and to authorize third parties to use, in all media, the Footage for: (1) news and information purposes, (2) promotion of me and the specific competition(s) in which I compete, (3) promotion of the USA Taekwondo Teams, and (4) promotion of USA Taekwondo (including, but not limited to in videos, blogs, episodes, shows or other promotions distributed digitally through a USA Taekwondo YouTube Channel) without the need to seek any further consent from me.

I acknowledge and agree that the programming in which the Footage is used, and the media through which the Footage is distributed, may contain advertising and sponsorships; provided that, in no event may USA Taekwondo use or authorize the commercial use of the Footage in any manner that would imply my endorsement of any company, product, or service, without my written permission. My permission will not be unreasonably withheld, delayed or conditioned provided that the proposed commercial association does not create sponsor conflicts for me.

USA Taekwondo may edit my appearance as it sees fit. USA Taekwondo shall have all right, title and interest in any and all results and proceeds from usage of the Footage. USA Taekwondo is not obliged to make any use of my performance or exercise any of the rights granted by this Release.