

Head Physiology Coach – U.S. Biathlon

Location:

Flexible (travel required; structure adaptable based on candidate)

About U.S. Biathlon

U.S. Biathlon is the national governing body for the Olympic sport of biathlon in the United States. Its role is to promote and grow the sport, and support athletes across all levels with the goal of achieving sustained international success.

Position Summary

U.S. Biathlon is seeking a Head Physiology Coach to serve as a central knowledge resource and performance consultant across all National Team programs.

This role is designed to support coaches and athletes through a combination of high-level planning, technical expertise, and targeted on-the-ground intervention. The Head Physiology Coach will collaborate closely with all Head Coaches and staff to enhance training quality, improve ski speed, and optimize athlete development trajectories.

This position is intentionally flexible and may be tailored to the experience and availability of the successful candidate.

Key Responsibilities

Program Support & Collaboration

- Collaborate with all National Team Head Coaches (Men's, Women's, Development, and Junior National Team) to understand individual athlete needs and program priorities
- Serve as a central resource for training methodology, physiology, and performance optimization

- Provide ongoing consultation to coaches on training decisions, adjustments, and problem-solving
 - Contribute to a unified and evolving U.S. Biathlon training system
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Training Planning & Performance Strategy

- Assist coaches in building annual training plans and periodized block structures
 - Support refinement of training methodologies across endurance, intensity distribution, and recovery
 - Help guide long-term athlete development trajectories and performance benchmarks
 - Monitor athletes' training logs and other performance data
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Athlete-Focused Intervention

- Work directly with athletes on targeted physiological and technical improvements
 - Provide 1:1 support to address specific performance limitations (e.g., ski speed, efficiency, technical execution)
 - Collaborate with coaches to implement and monitor interventions
 - Develop a deep understanding of individual athlete profiles, histories, and progression pathways
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On-Site Coaching Support

- Attend select training camps and competition tours to provide in-person support
 - Deliver targeted coaching sessions and assessments while on the ground
 - Support coaches and athletes in real-time problem solving during camps and competitions
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Travel Expectations

- Approximately 6-8 weeks during the winter competition season
 - Approximately 4-6 weeks during the summer training period
 - Additional travel may be arranged based on program needs and candidate availability
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Qualifications

- Extensive experience in high-performance endurance sport (biathlon or Nordic preferred)
 - Deep knowledge of training physiology, periodization, and performance development
 - Proven ability to support and mentor coaches
 - Strong analytical and problem-solving skills
 - Excellent communication and collaboration abilities
 - Experience working with elite athletes in an international competition environment preferred
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Compensation

- Salary: Commensurate with experience
 - Travel and program expenses covered
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How to Apply

Submit:

- Cover letter
- Resume/CV
- 2–3 references

To: careers@usbiathlon.org

Deadline: April 30, 2026