
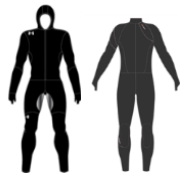







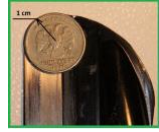


Safety Equipment – required (x) and recommended

	Skinsuit	Cut resistant suit or underwear	Helmet	Eyewear	Neck guard	Cut resistant gloves white	Cut resistant or plastic knee pads	Cut resistant or plastic shin guards	Cut resistant ankle protection	Rounded blades (front and back)
				 <small>Must meet ANSI Z87.1 or ASTM F803 standard</small>		 <small>Must meet at least EN388 Cut resistant Level 3. (predominantly white)</small>	Usually sewn into the suit	 <small>Can be integrated in skin suite</small>		 <small>ISU Communication 2195</small>
Long Track	X			recommended						X
Mass Start	X	X	X	recommended	X	X	X	X	X	X
Pack Style	X	X	X	recommended	X	X	X	X	X	X
Team Sprint	X	X	X	recommended	X	X	recommended	recommended	X	X
Team Pursuit	X	X	X	recommended	X	X	recommended	recommended	X	X
Short Track	X	X	X	recommended	X	X	X	X	X	X

*in addition refer to ISU Communcation [#2636](#) (or most recent revision), for levels of certification for specific competitions.

Speak to your coach if you have any questions about equipment