

WSO PA-WV MEETING

March 9, 2022

Meeting Called by: Jim Rutter, President at 7:38pm

Attendees:

Jim Rutter
Kyle Fields
Tom Duer
Fred Dorman
Alfred Rizk
Kristen Erickson
Mariah Park
Michelle Picking

AGENDA ITEMS: Old Business

State Championship Info:

Date: August 13 & 14

Location: Dorman's Sport Performance, Altoona

Hotels: Fred has 2 hotels he's used in past – will communicate about block rates

Logistics: Kyle and Fred will start, with assistance from Tom and Michelle

Sponsors: Tom has a list from previous competition, will forward to group for us to begin calling. If anyone else has suggestions, please get us information so we can begin reaching out

Information to be sent out to all clubs prior to next meeting by Jim

Roles, Responsibilities and Committees:

Meeting Minutes and Communications – handled by Michelle

Social Media –

Kyle to set up IG platform

Managed by multiple people based on how IG will allow

Items and Info to feature:

Monthly or bimonthly athlete feature

Big lifts

Coaching Tips

Google Drive/Photos set up by Kyle for all to drop items into for ease of access

****Head Shots/Bio's from each of us for use on Website/IG/FB etc.**

Records – handled by Kristen

Researching previous LWC Records – PA & WV

Setting up database for what will become the new records after the championship

Jim has place to start from previously archived records

Michelle to help if needed

Elite Athlete Liaison – Mariah

List of current athletes to be emailed to Mariah so she can reach out

Finding out how we can better assist and support these athletes

Question was proposed as to what defines an elite athlete? How is that determined and how is assistance to be handled?

Proposed Ideas to be voted on at next meeting:

- 1. Tiered System**
 - a. Qualify for youth, Jr, or Senior Nationals**
 - b. Medal at these meets**
 - c. Make teams from these meets**
- 2. Kyle proposed using the tiered system for 1440 Collective as a guideline as well – he'll send it out for all of us to review prior to meeting**
- 3. Stipend list based on performance – NRS last 3 years**
- 4. From previous LWC – anyone who medaled at AO2, received prize money**

Mentorship Program – Jim to spearhead w/committee

Working to support up and coming coaches/clubs/athletes with a network of support, how to's like counting, and important information they may not have access to – like qualifying for national level teams

Please make sure to notify Jim or myself of your commitment to this so we know who is officially on the committee.

New Business:

WSO Camps –

Dates

Based on Age Groups or how are they divided

Coaching Seminars

Mastermind Meeting –

Gathering as many coaches prior to start of championship as possible.

Discussions around help with counting, what qualifications are for certain meets, etc.

NEXT MEETING SCHEDULED: APRIL 13TH, 2022 AT 7:30PM

Meeting called by Jim Rutter at 8:38pm