



## USA Weightlifting Coach Advancement Application

Name:		Member ID:	
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\*Please check all that apply. All requirements must be completed for each level to receive a specific coach ranking designation.\*

### Status Requested:

- National Coach
- International Coach
- Senior International Coach

### I confirm the below items are current in my membership profile: (base requirements)

- USAW Coach or Coach & Athlete membership
- USAW Coach Certification
- USADA Coach Advantage Tutorial
- U.S. Center for SafeSport Training
- Background Screen

### Athlete Production Requirements

Please see the below athlete production requirements pertaining to your desired level of coaching advancement. The points system is explained on pages 3-5 of this document. Please include any and all evidence to support your application that you have satisfied the athlete production requirement set out below.

National Coach – 12 Points  
International Coach – 4 Points  
Senior International Coach – 4 Points (additional)

I confirm that I was the material coach of the athletes listed below, meaning that I wrote the programming for the athlete, was the primary competition coach (inclusive of presence at any national event cited for advancement) and was acknowledged in the USA Weightlifting membership system as the Coach 1 for the athlete at the time of the competition cited and date of this application (or alternative statement from the athlete described below), **AND**

I confirm that to my knowledge, no other coach has advanced on the basis of coaching the athlete(s) listed below, **OR:**

I included evidence to show that I have advanced the athlete(s) in accordance with the exception/requirements listed below. (Additional evidence documentation can be emailed to [usaw@usaweightlifting.org](mailto:usaw@usaweightlifting.org).)





## USA Weightlifting Coach Advancement Stipulations

### **(National Coach, International Coach, Senior International Coach)**

A points system has now been incorporated to advance from Level 2 Coach to National Coach, National Coach to International Coach or International Coach to Senior International Coach. The athlete production requirement must be met and established by submitting a USAW Coach Advancement Application to the National Office at [usaw@usawweightlifting.org](mailto:usaw@usawweightlifting.org).

An athlete can be claimed once per advancement application. For clarity, the coach must produce different athletes (i.e., an athlete attending the North American Open Finals AND National Junior Championships counts as 1x athlete).

A coach may claim an athlete for National Coach then again for International and Senior International if the athlete attains the next level(s) under their guidance. Points are assigned to certain events in each bullet indicated in the lists below. Attaining the next level therefore means an athlete advances from a 2-point event to a 4-point event, etc. *The sole exception is if an athlete advances to the Olympic Games from any other international event worth 4 points, then it is considered a higher level for a Senior International advancement application.*

An athlete may be claimed 1x per level by one coach (i.e., an athlete attending National Championships cannot be claimed by a new coach if a prior coach already brought them to the National level and claimed them for advancement to National Coach).

*Exception for International and Senior International only: If the total of the athlete increases more than 10% under a new coach, or the athlete moves up a competition level under a new coach (for example an athlete moves from appearing at Junior World Championships to Senior World Championships, or from World Championships to Olympic Games), where the athlete also increases their total by at least 5%, they may be claimed for advancement by a new coach. All total increases must be verified via USAW Membership platform or IWF database as appropriate. (If said athlete changes to a lower weight category and does not meet the required total increase an appeal can be filed.)*

The coach must be listed as the athlete's primary coach (Coach #1) in USAW's membership system at the time of the achievement and time of application. Alternatively, the athlete at their exclusive discretion may submit written attestation that the applying coach was the athlete's primary coach at the time of the achievement.

In addition to being listed as the primary coach for an athlete in USAW's membership system, an applicant coach must confirm and attest they were the material coach of the athlete listed on the application for at least 6 months leading into the achievement. This is defined as writing the programming for the athlete and acting as the primary competition coach of the athlete (inclusive of presence at any national event cited for advancement).



For National Coach advancement applications, the coach must be physically present for the athlete achievement. For any National event contested after 1/1/19 the coach must also be registered to attend the claimed event in USAW's membership system. For International and Senior International applications the coach is not required to be physically present at the event.

All advancement applications require the athletes listed to physically compete at the claimed events. In this context physically competing is defined as taking at least one snatch and one clean and jerk attempt on the competition platform. If the athlete qualifies for and declines participation or is unable to compete, for any reason, the event is ineligible for an advancement application.

Online events are ineligible for coach advancement.

Non U.S. athletes are not eligible for athlete production credit. All claimed athletes on an application must be USAW members who have their Sport Nationality listed as the United States.

## USA Weightlifting Coach Advancement: Athlete Production

### **National Coach: 12 Points**

Level 2 Coach with base requirements noted above.

- 1 athlete to National Championships = 6 points
- 1 athlete to North American Open Finals\*, National Junior Championships, an IWF Calendar event (Youth/Junior/Senior), or winning Masters World Championships\*\* = 3 points
- 1 athlete to North American Open Series, or National University Championships, who meet the NAO Final (open/senior division) qualifying total for that year at the event attended = 3 points
- 1 athlete to National Youth Championships (16-17 age group only) = 2 points
- 1 athlete to National Youth Championships (under 16-17 age group)\*\*\* or earning Masters National Champion = 1 point

*\* If the athlete qualified and competed at the NAOF with a Youth, Junior or Masters qualifying total, they must meet the (open/senior) qualifying total at the event. An athlete (from any age category) who qualified with an open division total is eligible if they compete.*

*\*\* Champions from Masters Worlds prior to 2023 are eligible. 2023 Masters World Championships are ineligible. Post 2023, must be UMWF World Championships.*

*\*\*\*A Youth athlete, under the age of 16, that attends National Youth Championships and finishes with a total equal to or higher than the corresponding 16-17 age group qualifying total for the bodyweight category they would be in is eligible for 1 point. A maximum of 2 athletes under 16 years of age can be included per application for National Coach. For Masters, must be USAW Masters Nationals.*



### **International Coach: 4 Points**

National Coach with base requirements noted above.

- 1 athlete to Olympic Games, IWF World Championships (Senior), IWF World Cup, Youth Olympic Games or Pan American Games (Senior or Junior) = 4 points
- 1 athlete to IWF Junior World Championships or Pan American Championships (Senior) = 2 points
  - 1 point bonus if the athlete earns a medal in total at IWF Junior World Championships or Pan American Championships.
- 1 athlete to IWF Youth Worlds, Pan American Championships (Junior, Youth, U15) = 1 point
  - 1 point bonus if the athlete earns a medal in total at IWF Youth World Championships
- 1 athlete to IWF Grand Prix or other international events previously labeled IWF Gold or Silver level events\* = 1 point

*\* Gold, Silver, Bronze events from 2017-2020 quadrennial only as these designations have been retired and discontinued in the 2021-2024 quad*

### **Senior International Coach: 4 Points (in addition to International coach)**

International Coach with base requirements noted above.

- 1 athlete to Olympic Games, IWF World Championships (Senior), IWF World Cup, Youth Olympic Games or Pan American Games (Senior or Junior) = 4 points
- 1 athlete to IWF Junior World Championships or Pan American Championships (Senior) = 2 points
  - 1 point bonus if the athlete earns a medal in total at IWF Junior World Championships or Pan American Championships.
- 1 athlete to IWF Youth World Championships = 1 point
  - 1 point bonus if the athlete earns a medal in total at IWF Youth World Championships