



2026 USA Diving Winter Nationals Qualifier Criteria

Criteria for Qualifying to the 2026 USA Diving Winter National Championships

December 9-10, 2026

O'Shaughnessy Diving Center
Midland, TX

Just prior to the 2026 USA Diving Winter National Championships, USA Diving will host the 2026 USA Diving Winter National Championship Qualifier Event in Midland, TX as a qualifying opportunity for divers who are not already qualified to the Winter National Championships.

Please note: This Qualifier Event will serve as a preliminary part of the 2026 USA Diving Winter National Championships and is therefore a national team tryout competition meeting the criteria of NCAA bylaw [16.8.1.2 \(a\)](#).

Contested events

- a. Men's 1-meter, 3-meter, and 10-meter (ONE LIST ONLY)
- b. Women's 1-meter, 3-meter, and 10-meter (ONE LIST ONLY)

Note: There are no DD requirements to enter the Winter Nationals Qualifier. If a diver advances to the Winter National Championships, they must meet the DD minimums listed in Table 2 below, with the following exception: Junior divers must perform all dives from 10-meter but are not required to meet the DD minimums. A junior diver's list may include no more than two voluntary dives. However, to be considered for international team selection, junior divers must meet the DD requirements.

Advancing to the 2026 USA Diving Winter National Championships from the Qualifier:

All athletes seeking to qualify for the 2026 USA Diving Winter National Championships are eligible to compete at the Winter National Qualifier. This event serves as the final opportunity to earn qualification.

- **1-meter, 3-meter and 10-meter:** In the 1-meter, 3-meter and 10-meter events, any diver who places in the top 6 OR meets the qualifying score listed in Table 1 will earn a spot at Winter Nationals.

Please see the [Event Page](#) on the USA Diving website for the most up to date information.

Registration for the 2026 USA Diving Winter National Championship Qualifier:

All Athletes and Coaches must have current USA Diving memberships, and they shall register for the event through [DiveMeets.com](https://dive-meets.com). Late fees will go into effect at 5 p.m. Eastern **on November 24, 2026**. Online registration will still be available after 5 p.m. Eastern on November 24, 2026, with a \$100/diver late fee.

Athletes who qualify for the 2026 USA Diving Winter National Championships from the qualifier will be required to register for the USA Diving Winter National Championships and pay the applicable entry fees but will not be charged the late entry fee.

*Note: Every International Participant must have a current USA Diving membership, be a member in good standing of their home federation and have permission from their federation to compete. A request from the federation must be submitted to Mike Retcher (michael.retcher@usadiving.org) for approval. All requests received by 5 p.m. ET on November 16, 2026, will receive full consideration for approval; any requests received after the deadline will be subject to review at USA Diving's discretion.

In cases where a non-U.S. citizen holds lawful permanent residency in the United States and is not currently affiliated with a foreign federation, USA Diving may approve eligibility directly without requiring a federation letter.

International divers will be eligible to receive a place finish and move on to Winter Nationals but will not displace a U.S. diver from a qualification slot.

2026 WINTER NATIONAL CHAMPIONSHIPS STANDARDS FOR ELIGIBILITY

Table 1: Minimum qualifying score requirements for event eligibility 2026 Winter Nationals

EVENT	Senior Women	Senior Men
1-meter	235 (47/opt)	318 (53/opt)
3-meter	260 (52/opt)	360 (60/opt)
Platform	250 (50/opt)	330 (55/opt)

Table 2: Eligibility to compete at the 2026 Winter Nationals/ minimum degree of difficulty for individual events

Event	Women	Men
1-meter	11.9	15.9
3-meter	13.7	17.2
10-meter	13.3	17.1