

**2026 Pan American Junior Championships Rankings - Women**

Rankings as of 4/13/2026

	<b>Athlete Name</b>	<b>Body Weight</b>	<b>Total</b>	<b>% of A Standard</b>	<b>Age as of 12/31/26</b>	<b>Competition Total Achieved</b>
1	Ella Nicholson	86	251	115.14%	20	2026 Virus Series 1
*	Ella Nicholson	77	245	114.49%	20	2025 Virus Weightlifting Finals
2	Grace Montgomery	77	220	102.80%	20	2026 National University Championships
3	Allison Rebutillo	69	208	99.05%	18	2026 National University Championships
4	Kimberly Wiese	69	206	98.10%	20	2025 Virus Weightlifting Finals
5	Jade Morales	53	173	96.65%	19	2026 National University Championships
6	Elle Bays	77	206	96.26%	18	2025 Virus Weightlifting Finals
*	Adelyn Jones	69	200	95.24%	17	2026 Virus Series 1

<b>A Standard</b>	
48	163
53	179
58	194
63	203
69	210
77	214
86	218
86+	237

<b>B Standard - Minimum</b>	
48	154
53	169
58	183
63	191
69	198
77	202
86	206
86+	224