

National Office Headquarters

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USA Triathlon's Guide to Setting up an Age Group Club

Here are items for you to consider as you establish a triathlon club.

- What is the mission and vision of your club?
- Register your club with USA Triathlon by clicking here.
- ➤ What age range are you targeting?
- ➤ How do you plan to involve parents if you will have youth members?
- Consider creating a survey for athletes to take prior to joining the club.
 - o Do they have triathlon experience?
 - o What equipment do they have?
 - Swimming: goggles, swimsuit
 - Biking: bike, helmet
 - Running: proper running shoes
 - o Do you have suggestions on local races?
- > Remind athletes that not having certain equipment is not a barrier. Consider purchasing or having equipment donated to your club to get it started.
- Consider having a monthly club meeting for athletes with a timeline and agenda for them to follow.
- > Create a club calendar that includes meetings, activities, and events.
- > Are you a Certified USA Triathlon Coach or have you identified one to assist with the club?
 - o USA Triathlon recommends using a **Certified Coach** for clubs.
- ➤ Have you identified a facility to use?
 - o Many clubs use fitness centers, YMCAs, recreation centers, etc. as options.
- ➤ What will you establish for your membership fee?
 - It is suggested that you develop a budget and then try to match an affordable membership fee with it. Perhaps consider a discount for multiple family members?
- > Do you have information on the USA Triathlon annual membership for your club members?
- What is your plan for recruiting volunteers, preparing for clinics, producing events, etc.?
- ➤ Will you develop a club code of conduct and by-laws?
 - It is suggested that you develop a code of conduct and by-laws for your club. This will
 ensure all members understand club expectations and how potential discipline will be
 handled.

When registering your club with USA Triathlon, you are eligible to purchase insurance. Information on club insurance can be found by clicking here.

USA Triathlon offers funding to support programs through the <u>USA Triathlon Grant</u> program.

Should you have more to add to this list, please contact Abbie Kohlman, Clubs & Member Operations Coordinator at clubs@usatriathlon.org.





