

2026 Pan Am Senior Championships Rankings - Women

Rankings as of 1/26/2026

	Athlete Name	Body Weight	Total	% of A Standard	Competition Total Achieved	
1	Olivia Reeves	77	278	116.81%	2025 IWF World Championships	Accepted
*	Olivia Reeves	69	268	115.02%	2025 Pan American Championships	
2	Mary Theisen-Lappen	86+	278	105.70%	2025 Pan American Championships	Accepted
3	Mattie Rogers	77	249	104.62%	2025 Pan American Championships	Accepted
4	Sophia Shaft	63	233	103.56%	2025 National Championships	Accepted
*	Ella Nicholson	77	245	102.94%	2025 Junior Pan Am Games	Declined
5	Katie Estep	63	229	101.78%	2025 National Championships	Accepted
6	Katelyn Witte	86	245	101.24%	2025 Virus Weightlifting Finals	Accepted
7	Miranda Ulrey	58	217	100.93%	2025 Pan American Championships	Accepted
*	Jenny Arthur	86	243	100.41%	2025 National Championships	Declined alternate spot
8	Anna McElderry	86	240	99.17%	2025 Virus Weightlifting Finals	Accepted
*	Jourdan Delacruz	53	196	98.49%	2025 Pan American Championships	Declined alternate spot
*	D. Irizarry	48	177	97.79%	2025 Virus Series 2	Declined alternate spot
*	Anna McElderry	77	231	97.06%	2025 Pan American Championships	
*	Victoria Jefferson	86	231	95.45%	2025 National Championships	
9	Estelle Rohr	69	222	95.28%	2025 National Championships	
*	Sarah Barnett	86	230	95.04%	2025 Virus Weightlifting Finals	
*	Darci Molina	77	226	94.96%	2025 National Championships	
*	Abigail Cooper	69	221	94.85%	2025 Virus Weightlifting Finals	

A Standard - New BW's	
48	181
53	199
58	215
63	225
69	233
77	238
86	242
86+	263

B Standard - New BW's	
48	172
53	189
58	204
63	214
69	221
77	226
86	230
86+	250