

Hello Taekwondo Athletes and Fans!

Welcome to the 6th Lions Cup – and thank you for being part of our growing tradition of excellence! We’re incredibly grateful to everyone who made last year’s tournament a huge success, and we’re excited to bring you an even more dynamic and inspiring experience this year.

Our goal remains the same: to provide a top-notch tournament experience that showcases your skills and brings out the best in each of you.

With valuable feedback from past tournaments, we’ve fine-tuned every detail to ensure a smooth, professional, and exciting experience for all participants, coaches, and spectators. Taking place in Pasadena, our spacious venue offers both convenience and a vibrant atmosphere that sets the perfect stage for a memorable competition.

Get ready for thrilling matches as athletes from all over come together to compete under the latest WT rules, demonstrating their skills and determination in the spirit of true martial arts excellence.

We’re excited to bring back a signature event to elevate the competitive experience: the 6th Lions Cup, exclusively for Black Belts. After seeing the success and positive feedback from last year, we’re continuing this format to give high-level athletes a focused and rewarding opportunity to compete.

We can’t wait to witness your skills and spirit at the 6th Lions Cup—let’s make it our best one yet!

# **Sanctioned / Tournament Ranking**

USATKD Ranking: 10.0

# **Dates**

October 19, 2025

# **Registration**auth.sport80.com

# **Venue Location**

### PASADENA CONVENTION CENTER

300 E Green St., Pasadena, CA 91101

# **Hotel Information**

### HOTEL DENA

303 Cordova St., Pasadena, CA 91101

Group rate locked link for hotel: $199 per night (limited supply)
[Reservation-Link](https://www.marriott.com/event-reservations/reservation-link.mi?id=1745431999094&key=GRP&guestreslink2=true&app=resvlink)

# **Updates/Changes**

Any and all updates will be posted on the Official USA TKD event page: auth.sport80.com

# **Admission**

**NO CASH WILL BE ACCEPTED.**

**ALL PURCHASES MUST BE THROUGH EVENTBRITE FOR ADMISSION.**

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| **Admission Purchase Date:** | **1 Day Pass:** | **2 Day Pass:** |
| Early Bird Special: Jun 15, 2025 – Sep 30, 2025 | $25 | $40 |
| Regular:Oct 1, 2025 – Oct 19, 2025 | $30 | $50 |
| All Tickets are available to Purchase at Eventbrite: [Click the link](https://www.eventbrite.com/e/lions-challenge-6th-lions-cup-international-admission-tickets-only-tickets-1383185949409?aff=oddtdtcreator)  |

Children (Ages 5 and under): Admission is free.

# **Competition Rules**

# The current WT and PATU competitions rules will be used in this event. <http://www.worldtaekwondo.org/rules-wt/rules.html>

# **Equipment Requirements**

All Sparing Competitors must have all the following gear:

## **Chest Guards (hogu):**

Electronic Daedo Chest guards will be used for all sparring divisions. This will be provided.

# **Head Protector:**

Divisions that do not have head contact will need to provide their own white head protector. Red and Blue helmets may also be worn but must match hogu color.

Divisions with head contact will use Electronic Daedo Helmets. This will be provided.

## **Mouth guard:**

Mouthguards must be clear or white. Other mouthguards will not be allowed. If the competitor has braces, both top and bottom braces must be completely covered.

## **Forearm guards:**

All competitors are required to wear their own forearm guards.

## **Shin guards:**

All competitors are required to wear their own shin guards.

## **Male and female Groin cup protectors:**

All competitors, male and female, are required to wear a groin cup under their uniform. If it is worn on top, you will be required to put it on properly.

## **Daedo Socks:**

All sparring competitors are required to wear their own Daedo socks. (You may use Gen 2 Electronic socks only)



# **Official Uniforms:**

OFFICIAL SPARRING UNIFORM (DOBOK)

All contestants must wear a white Taekwondo V-neck uniform (dobok) in good condition. Color belts must wear white-collared uniforms; color belts cannot wear black-collared uniforms. No tape will be allowed on any part of the uniform.

OFFICIAL POOMSAE UNIFORM (DOBOK)

All contestants must wear a white Taekwondo V-neck uniform or WT approved Poomsae competition uniform in good condition, and appropriate to the contestants’ division. Color belts may not wear black-collared uniforms.

# Registration:

## Competitor Registration

All participants must register at <https://usataekwondo.sport80.com/>. All payments are non-refundable.

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| **Registration Date:** | **One Event:Registration fee, admin fee and 1 division** | **Each Additional Event:** |
| Early Registration: June 15, 25 – Sept 8, 2025 | $165 | $50 |
| Final Registration:Sept 9, 25 – Oct 10, 2025 | $195 | $60 |

## Coach Registration

All coach registrations must register at <https://usataekwondo.sport80.com/>

All coaches must follow rules and regulations and keep in Martial Arts conducts and abide by

USATKD/PATU/WT rules and regulations. Must comply with all USATKD Coach Rules. OUR PRIORITY IS THE SAFETY OF ALL OUR ATHLETES.

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| **Registration Date:** | **Registration:** |
| Early Registration: June 15, 25 – Sept 8, 2025 | $80 |
| Final Registration:Sept 9, 25 – Oct 10, 2025 | $100 |

## Check-In/Credential Pick-Up

All competitors must check in the day prior to their competition date and pick up their credentials. A valid photo ID is required to pick up credentials and check-in. (valid ID includes Passport Book or Card, School ID or Report Card, Valid Driver’s License or Government Issued ID, or Military ID). The head of the team should pick up the packet for all the competitors. Failure to check in will result in disqualification.

## Weigh-Ins

All sparring competitors must weigh in at the weight class they registered for the day prior to their competition day (you must weigh in on Saturday; see full schedule).

To change weight classes, you must change your weight class on the Sport80 portal before the registration period ends. After registration is closed, you must change your weight class there is a

$70 division change fee day of event.

Any irregular action by the competitor or coach during the weigh-in may result in disqualification from event participation.

A maximum of two (2) Official Weigh-Ins are allowed per athlete. All Official Weigh In, must occur during the Check-in/Weigh-In Period. If an athlete is unable to make their weight division, they must change their division prior to their 2nd official weigh-in. If you do NOT make weight, you will not be allowed to compete.

## Sparring Divisions

World-Class weights classes will be used. Cadets (ages 12-14) will have the option to compete in either World Class or Grass Roots Divisions.

World Class Cadet Divisions will have full head contact.

## Seeding

All bracketing will be made by rank provided by USATKD. If there is no ranking data, there will be a random draw. All brackets are final and will NOT be changed. After weigh-ins close, brackets will be processed and posted online.

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| **6 Lion’s Cup** |
| **Date** | **Event** | **Time** | **Division** |
| September 8th, 2025 | Early Registration Deadline | 11:59PM MT | All Divisions |
| October 10th, 2025 | Final Registration Deadline | 11:59PM MT | All Divisions |
| October 10th, 2025 | Designated Poomsae |  | Designated Poomsae Posted Online |
| October 18th, 2025 | Check-in/Weigh in | 5:00 PM - 8:00 PM | Sparring Dragon (6-7) - M/F - Black BeltsTiger (8-9) - M/F - Black BeltsYouth (10-11) - M/F - Black Belts Cadet (12-14) - M/F - Black Belts Junior (15-17) - M/F – Black BeltsSenior (18-32) - M/F - Black BeltsUltra (33-45) - M/F - Black Belts | PoomsaeIndividual - Black belts (Dragon 6-7) Individual - Black belts (Tiger 8-9) Individual - Black belts (Youth 10-11) Individual - Black belts (Cadet 12-14)Individual - Black belts (Junior 15-17)Individual - Black belts (Under 30) Individual - Black belts (Under 40) Individual - Black belts (Under 50) Individual - Black belts (Under 60) Individual - Black belts (Under 65) Individual - Black belts (over 65) - Recognized - Pairs Ultra (46+)  - Recognized - Team Female  - Recognized - Team Male - Freestyle - Individual Male  - Freestyle - Individual Female  - Freestyle - Individual Mixed  - Freestyle - Pairs Mixed  - Freestyle - Teams |

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| October 19th, 2025 | Competition | 9AM –TBD | Sparring Dragon (6-7) - M/F - Black BeltsTiger (8-9) - M/F - Black BeltsYouth (10-11) - M/F - Black Belts Cadet (12-14) - M/F - Black Belts Junior (15-17) - M/F – Black BeltsSenior (18-32) - M/F - Black BeltsUltra (33-45) - M/F - Black Belts | PoomsaeIndividual - Black belts (Dragon 6-7) Individual - Black belts (Tiger 8-9) Individual - Black belts (Youth 10-11) Individual - Black belts (Cadet 12-14)Individual - Black belts (Junior 15-17)Individual - Black belts (Under 30) Individual - Black belts (Under 40) Individual - Black belts (Under 50) Individual - Black belts (Under 60) Individual - Black belts (Under 65) Individual - Black belts (over 65) - Recognized - Pairs Ultra (46+)  - Recognized - Team Female  - Recognized - Team Male- Freestyle - Individual Male  - Freestyle - Individual Female  - Freestyle - Individual Mixed  - Freestyle - Pairs Mixed  - Freestyle - Teams |