



**US NATIONAL TEAM PATHWAY**

**YOUTH - SPARRING**

**2024-2025**



# YOUTH BLACK BELTS

EVENT PATHWAY TO USATKD TEAM MEMBER

## DOMINANT ATHLETE



QUALIFYING  
EVENTS

### DOMESTIC PATH

Win 3 of 4 of these USATKD Majors  
and become the  
Domestic Dominant Athlete



USATKD MAJOR EVENTS



The winner of the  
2024 US  
Taekwondo  
National  
Championships  
becomes the USA  
Taekwondo  
National Team  
Member for July  
2024 - June 2025.



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EVENT PATHWAY TO USATKD TEAM MEMBER

## TO QUALIFY FOR THE 2024 US NATIONAL TKD CHAMPIONSHIP

Win 1st place or 2nd place at 1 (one) 2024 USATKD State Championship.

-OR-

Participate at 1 (one) 2024 US Regional Qualifier Event (East or West)

## TO QUALIFY FOR THE 2024 US FINAL CHAMPIONSHIP EVENT

Win any medal at a 2024 US Regional Qualifier Event (East or West)

-OR-

Win any medal at the 2024 US Taekwondo National Championship

## AGING UP YOUTH ATHLETES

11 year old youth athletes aging up qualify to compete as a cadet at the 2025 USATKD Team Trial if one of the following has been earned in 2024.

- 2024 Domestic Dominant Athlete Status
- 2024 US Taekwondo National Championships Gold Medalist
- 2024 US Final Gold Medalist



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EVENT PATHWAY TO US NATIONAL TEAM MEMBER



## 2024 USATKD TEAM TRIALS

### 2024 USATKD NATIONAL TEAM MEMBER\*

The 2024 USATKD National Team Member will represent the United States while competing at international team event/s in 2024

The 2024 USATKD National Team Member will have the opportunity to train with the US Coaches.

\*No events announced at this time

### 2024 USATKD ALTERNATE NATIONAL TEAM MEMBER\*

The 2024 Alternate USATKD National Team Member will be called upon to fill the position of the 2024 USATKD Team Member if circumstances are applicable.

The 2024 Alternate USATKD National Team Member may be given training and/or competition opportunities with the US coaches and/or Regional Coaches.

## TEAM TRIALS UPDATES

Beginning in 2024 the US Taekwondo National Championships will also serve as the Team Trials for the Youth divisions. Should there be a team event announced.

As we transition to this new timeline. If there are any events for the Youth division in 2024 the winner of the Team Trials from January in Charlotte, North Carolina will have the first opportunity to take the National Team Spot. The spot will be offered to athletes in that division until the spot is filled. If no one from the January Team Trials accepts the spot, the winner of the 2024 US Taekwondo National Championships will be offered the National Team Spot.

If there are any events for the Youth Division from January 2025 until the 2025 US Taekwondo National Championships, the winner of the 2024 US Taekwondo National Championships will be offered the spot.

Beginning in 2025 the winner of the US Taekwondo National Championships will be offered any National Team Spots from July 2025 – June 2026. If an athlete has aged up, the spot will be offered to the next highest finishing athlete in the division.