



USA WRESTLING
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2026 Women's Freestyle
Senior Pan American Championships
Selection Procedures

Listed in rank order:

1. 2025 Senior Women's Freestyle World Medalist at the same weight class in which they won their 2025 Senior Women's Freestyle World medal.
 - a. Must declare by Monday, April 13, 2026 @ 6:00pm (Eastern Time).
2. If there are no 2025 Senior medals from the event listed above, the selection for that weight will be made by following rank order (Top 3 place finishers) from the 2026 Senior US Open.
3. If the weight is not filled after following #1 & #2 as noted above; the Women's Freestyle National Team Coaching staff will assign the athlete.

"WHERE OLYMPIC
JOURNEYS BEGIN"

